

## COLLECTION AND TRANSPORT OF STOOL SAMPLES FOR SANITARY AND EPIDEMIOLOGICAL PURPOSES

Payment by card or cash. It is recommended to prepare the deductible amount due.

### General information

- swabs with transport medium and laboratory request form should be acquired at Sample Collection and Results Desk (Punkt Przyjmowania Próbek i Wydawania Wyników) in Voivodeship Sanitary and Epidemiological Station in Bydgoszcz
- for Salmonella and Shigella testing, samples should be collected in three consecutive days
- in case of difficulties in obtaining stool samples for the test, the maximum time period between collecting the first and the third sample cannot exceed 7 days

**Samples are taken in** Voivodeship Sanitary and Epidemiological Station in **Bydgoszcz**:

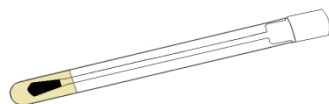
- **Monday, Wednesday from 7:30 a.m. to 12:00 p.m**
- **Tuesday from 7:30 a.m. to 12:00 p.m, additionally on Tuesday from 2 p.m. to 5 p.m**
- You can obtain the results after 4 working days since delivering the last sample:  
In Voivodeship Sanitary and Epidemiological Station in **Bydgoszcz every day from 7:30 a.m. to 2:00 p.m. and on Tuesday until 5 p.m.**
  - 1) • to receive the test results, ID are needed and the authorization to receive test results, if necessary
- It is recommended to prepare the deductible amount due

### Sample collecting guide:

1. Stool should be collected to a clean, dry container.
2. Obtain the sample by inserting the swab into the stool several times and rotating it (see picture 1)
3. Place the swab in the tube containing transport medium. The stool sample should be inside the medium (see picture 2). Incorrectly collected or transported samples will not be accepted!
4. Sign the tube with your name and collection date and store in a cool place (2-8°C)
5. Samples collected this way should be delivered to the Station in up to 48 hours



Picture 1



Picture 2

### Please note!

- **Do not place a stool inside the transport medium (tube).**
- Only the cotton swab (with visible stool residue over the entire surface) should be placed inside the tube.
- Incorrectly collected specimen will not be analysed!