SELF-ASSESSMENT REPORT ON THE QUALITY OF EDUCATION IN THE DOCTORAL SCHOOL

Szkoła doktorska Akademii Wychowania Fizycznego im. Polskich Olimpijczyków we Wrocławiu

Akademia Wychowania Fizycznego im. Polskich Olimpijczyków we Wrocławiu



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PART A

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VISITING CARD

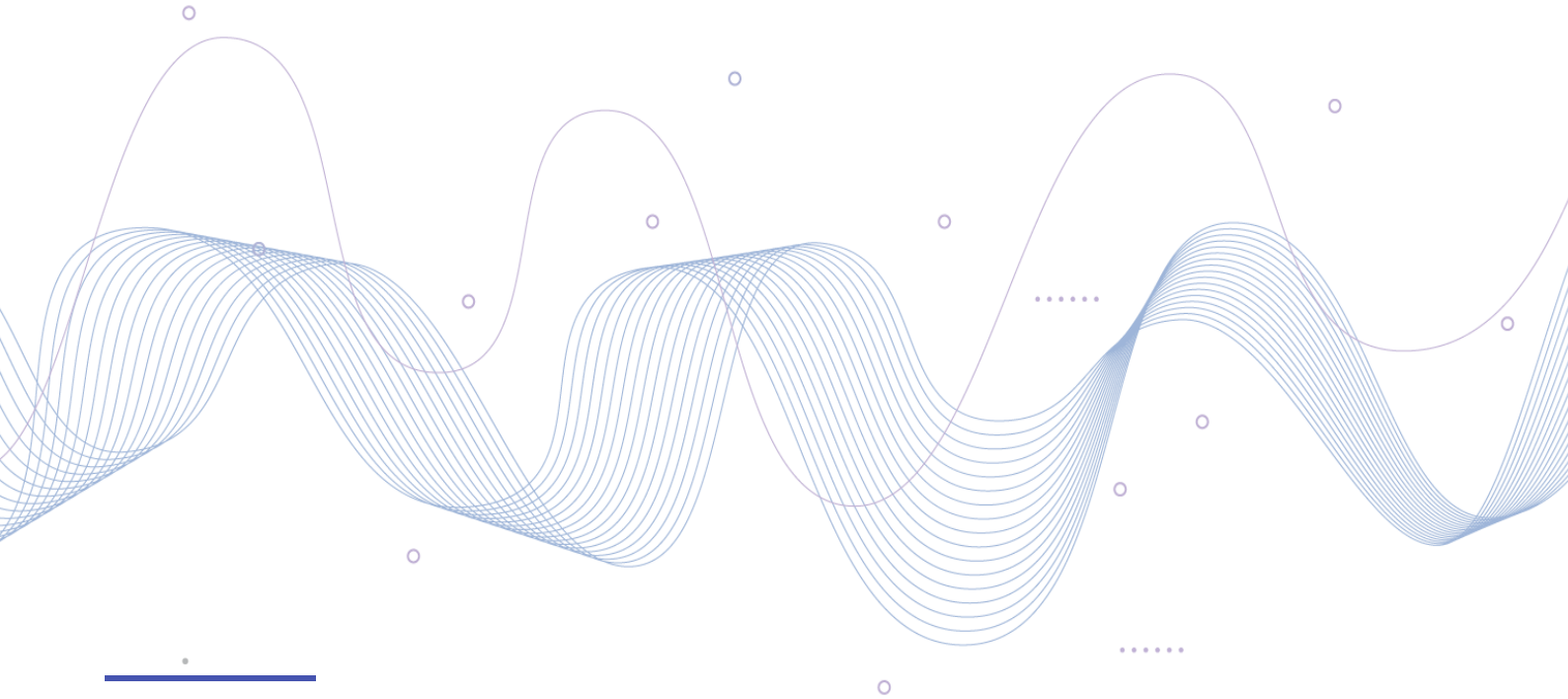
Basic Information about the Doctoral School

Year of Creation

2019

Institution running the doctoral school

Akademia Wychowania Fizycznego im. Polskich Olimpijczyków we Wrocławiu



Field of Education	Education Disciplines
Medical and health sciences	physical culture science

Name/Scope of the Education Program (PL)	Name/Scope of the Education Program (EN)
Ramowy program kształcenia	Framework education program
Ramowy program kształcenia	Framework education program
Ramowy program kształcenia	Framework education program
Ramowy program kształcenia IV	Framework education program IV
Ramowy program kształcenia V	Framework education program V
Ramowy program kształcenia VI	Framework education program VI

Characteristics of the Doctoral School

The Doctoral School (DS) at the Wroclaw University of Health and Sport Sciences (AWF Wroclaw) has been educating doctoral students in the field of medical and health sciences, in the discipline of physical culture sciences (PCS) since 1 October 2019. The DS was established by decision of the Rector, based on Rector's Ordinance No. 30/2019 of 17 April 2019 concerning the establishment of the DS, which defined the fundamental organisational principles of the School and the education of doctoral students. The concept of the DS was developed by the Working Group for the Preparation of the Assumptions of the DS, composed of dr hab. M. Mraz, prof. AWF, prof. dr hab. K. Kisiel-Sajewicz, prof. dr hab. T. Koszczyc, prof. dr hab. K. Maćkała, dr hab. D. Mroczek, prof., and representatives of the Doctoral Students' Government: mgr O. Kahl, mgr K. Michalik. Training for doctoral students who began their studies in the 2019/2020 academic year, from 1 July 2019 to 31 December 2023, was carried out within the NCBiR project under the Operational Programme Knowledge Education Development, POWR.03.05.00-00-ZR65/18-00, "Integrated Programme of the AWF Wroclaw", through which external funding of PLN 915,956.00 was obtained to support the creation and implementation of the interdisciplinary programme of the DS and to subsidise participation in specialist training courses and workshops for doctoral students. The DS prepares candidates to conduct independent research projects and to publish their findings. The aim of the programme is to equip doctoral students with the knowledge, skills and competences required to conduct high-level scientific research leading to a doctoral dissertation in PCS, and to undertake activities supporting their own development in the academic sector as well as in the sector of advanced services, healthcare, education and areas focused on modern technological solutions supporting rehabilitation and sports performance. The DS curriculum includes compulsory courses, electives and practical components. In accordance with the programme framework, classes are aligned with the learning outcomes for Level 8 of the Polish Qualifications Framework. Compulsory courses include, among others, contemporary research concepts in PCS, statistics in scientific research, English-language literature studies, research methodology and design, ethics in the academic community, public speaking methodology and basics of university teaching. The programme aims to develop doctoral students' capacity for critical thinking, rigorous data collection and effective scientific communication. These skills, combined with a high level of disciplinary knowledge, analytical competence and independence in problem-solving, enable graduates to pursue professional careers both within and beyond academia. As a result, our graduates emerge as experts in the field of medical and health sciences within the discipline of physical culture sciences. Doctoral students conduct research across physiological, biomechanical, behavioural and psychosocial determinants of human movement, as well as within the sociocultural analysis of the role and function of physical activity. Given the interdisciplinary nature of challenges faced by researchers within this discipline, academic supervision is provided by academic teachers who offer targeted guidance using a mentorship model. The selection of staff, including supervisors, auxiliary supervisors and teaching personnel, covers academic teachers with substantial scientific achievements who apply research methods and tools from the fields of biological, social, pedagogical, medical and health sciences, as well as biological sciences. Doctoral students at the DS are encouraged to collaborate with academic teachers and draw on their specialist expertise in defined research areas, which are presented on the website of the DS of the AWF Wroclaw, enabling candidates to independently select potential supervisors. The DS of the AWF Wroclaw fosters a collaborative environment for researchers and early-career scientists, promoting innovation and high-quality research

in the field of PCS. Doctoral students at the AWF Wroclaw work within national and international research teams (University of Lisbon; Masaryk University; University of South Carolina; Georgia State University), as reflected in their published work. These teams provide opportunities for collaboration with scholars across various scientific fields and disciplines, as well as with practising professionals in healthcare (physicians, physiotherapists, nurses), education (teachers), biomedical engineering and sport (coaches, sport managers). Staff members who meet the requirements for doctoral supervision conduct research across a wide spectrum of topics, including: physiology and pathophysiology of skeletal muscles, the nervous, cardiovascular and respiratory systems; clinical and sport biomechanics; nutrition and exercise metabolism; health; ageing; prevention and treatment of chronic diseases; rehabilitation and prehabilitation; athlete motor performance; sport training; and advanced analyses supporting the optimisation of training processes across different sport disciplines. The University offers internal competitions for funding doctoral research. The curriculum equips doctoral students with the knowledge and skills needed to apply for external grants. Doctoral students receive support in this process from both the Research Office and the Project Management Centre. Academic staff may also supplement research funding with external sources (grants) to support the admission of candidates, in line with the admission regulations. The overarching aim of the DS is to identify research opportunities in movement sciences and to provide doctoral students with the expertise and skills necessary to collaborate within interdisciplinary and international teams, enabling the exchange of ideas and the development of research addressing societal needs. Between 2019 and 2025, doctoral students published scientific papers with a combined Impact Factor of 259.621 and a total of 10,930 ministerial points. They worked in international teams and undertook research placements abroad. The innovative nature of their research projects and the published results have made a significant contribution to the advancement of physical culture sciences. Their publications present original experimental findings integrating insights from biology, physiology, pedagogy, psychology, and sociology to better understand phenomena related to human movement and health. They also propose effective methods for improving physical performance and quality of life in healthy individuals across different age groups, in clinical populations, and among high-performance athletes. These publications reflect an interdisciplinary perspective and the use of modern research methodologies in shaping knowledge within the field of physical culture sciences.

Additional Information about the Doctoral School

Educating Staff

Numerical data for the evaluation period

Educating Staff	Instructors	Supervisors	Assistant Supervisors
Number of people	27	26	7

Doctoral Students

Number of doctoral students (total): 34

Recruitment during the evaluation period	2019/ 2020	2020/ 2021	2021/ 2022	2022/ 2023	2023/ 2024	2024/ 2025	Total
Number of recruited doctoral students	10	4	5	5	5	5	34
Number of doctoral students who completed the doctoral school	7	4	3	0	0	0	14
Number of doctoral students removed from the doctoral student list	3	0	0	0	0	0	3

Mid-term evaluation results	Positive	Negative
Number of Doctoral Students	22	0

Educational Programs	Number of Doctoral Students
Framework education program	0
Framework education program	0
Framework education program	5
Framework education program IV	6
Framework education program V	6
Framework education program VI	5

Additional Numerical Data on Doctoral Students

Number of foreign doctoral students	0
Number of doctoral students with disabilities	2
Number of doctoral students in the Implementation Doctorate program	0
Number of doctoral students in the EU program	18
Number of doctoral students employed by the institution running the doctoral school as academic teachers or research staff	5

Graduates

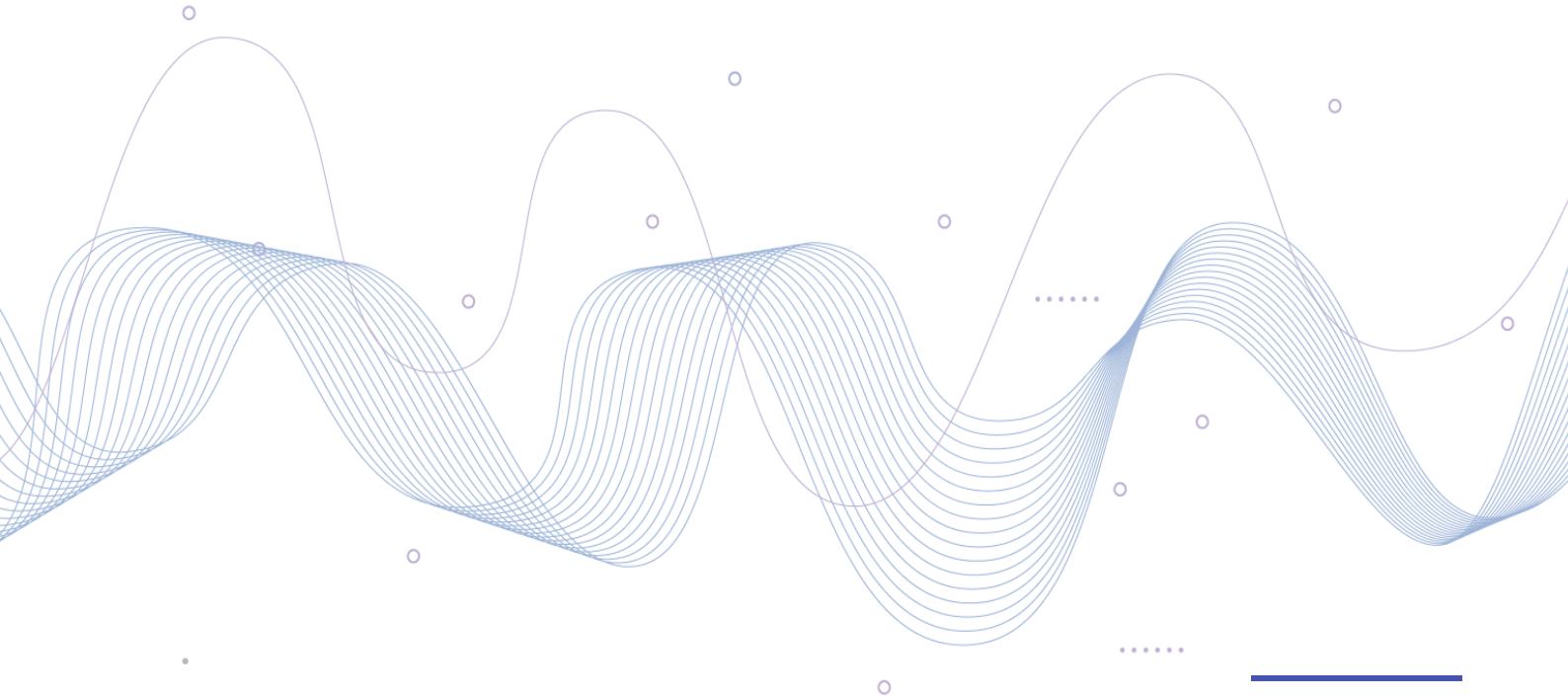
Numerical data for the evaluation period

Number of graduates who applied for initiation of proceedings for the award of a doctoral degree	13
Number of doctoral students who completed the doctoral school	8

INFORMATION ON THE ENTITY'S COOPERATION WITH THE DOCTORAL STUDENTS' COUNCIL

The Doctoral Students' Government (DSG) represents doctoral students in their relations with the DS and is headed by the President. One of its responsibilities is to review and provide opinions on the content and amendments to the Statute and Regulations of the DS. Although the Government's representative is not a formal member of the DS Council, they participate in meetings concerning key matters such as the admission process and mid-term assessments. This ensures that DSG has a genuine influence on the functioning and development of the School. In cooperation with the DSG, the following have been agreed: the DS Regulations, the appointment of the Director, the composition of the academic staff involved in teaching within the DS, as well as opinions on the curriculum, admission principles and mid-term assessment procedures. The cooperation between the DSG and the DS is constructive and based on partnership. DSG supports the work of the DS by disseminating information about scientific events, grant competitions and lectures, while also drawing on the University's organisational support in carrying out its own initiatives, such as elections or activities that foster integration within the doctoral community. The Director of the DS sets the organisation of the academic year and the timetable in consultation with the DSG, and the curriculum, approved by the University Senate, is subject to the DSG opinion. DSG delegates its representatives to the Senate, its committees, Scientific Discipline Council and Admission Committee, thereby strengthening the role of doctoral students within the AWF Wroclaw. The University provides the DSG with financial resources, organisational facilities and the infrastructure necessary for fulfilling its statutory tasks. DS and the DSG promote the exchange of experience, support improvements in teaching processes and foster an environment built on dialogue and cooperation. This partnership has a tangible impact on the quality of education.

INFORMATION ON THE DOCTORAL SCHOOL GROUPED BY 8 EVALUATION CRITERIA



1. Adequacy of the education program and individual research plans to the learning outcomes for qualifications at PRK level 8 and their implementation

The learning outcomes defined in the DS programme fully correspond to those required at Level 8 of the PRK (Appx 1.12-1.13). Developed in accordance with Article 198 of the Law on Higher Education and Science, the programme covers three areas: knowledge, skills and social competences, each aligned with the descriptors of Level 8 of the PRK. Doctoral students acquire advanced theoretical knowledge, the ability to independently plan and conduct scientific research, and the competences required to fulfil the responsibilities of a researcher within both academic and societal contexts. Methodological, analytical, ethical and practical components of the programme ensure the full achievement of the intended learning outcomes.
Doctoral students' research activity is directly linked to learning outcomes for Level 8 of the PRK, particularly in the area of scientific inquiry, scholarly communication and dissemination of research findings. Each candidate pursues an Individual Research Plan (IRP), approved by the Director of the DS, specifying the scope, methods and schedule of the planned research. Findings are presented at seminars, national and international conferences and published in academic journals. Doctoral students take part in research projects funded, through the University's internal grants, the RID and other external agencies, which supports the development of research independence and teamwork skills. The dissemination of research results through articles, monographs and conference presentations confirms the achievement of learning outcomes related to conducting research and transferring scientific knowledge to economic and social spheres.
The DS curriculum (Appx 1.14-1.20) is implemented through an integrated system combining teaching and research. University-wide courses, elective modules and practical components are closely linked to the implementation of the IRP. Doctoral students take part in scientific seminars, workshops, interdisciplinary lectures and classes in research methodology, data analysis and ethics. Throughout the IRP implementation process, supervisors provide academic guidance and methodological support. Progress is assessed systematically through semester reports, annual reports (annual evaluation) and the mid-term assessment, which verifies the extent to which learning outcomes have been achieved. The structure of the DS programme and the individual research paths allow for flexible adjustment of content and methods to the needs of candidates and the specific nature of their research.
Interdisciplinarity is a consistent feature of teaching and research at the DS of the AWF Wroclaw. The curriculum includes interdisciplinary lectures and classes in methodology, statistics, ethics, commercialisation and entrepreneurship, delivered by experts representing a variety of fields: physical culture sciences, medicine and the social sciences. Doctoral students implement IRP that have an interdisciplinary profile and are often carried out in collaboration with other research units. Integrating methods and tools drawn from different fields enables candidates to achieve the learning outcomes required for Level 8 of the PRK, particularly in the integration of knowledge, creative problem-solving and engagement with the international scientific community. Interdisciplinary lectures and participation in research projects with external partners provide tangible evidence of the practical implementation of this approach. The programme development process is continuous and follows the quality assurance procedures in force at the University, as set out in the resolutions of the Scientific Discipline Council and the Senate. Feedback from doctoral students, supervisors and members of the Doctoral School Council, as well as the results of the mid-term assessment, is analysed on a regular basis. From the 2025/26 academic years, assessments conducted by the University Committee for Quality Assurance in Education will also be considered. The data collected constitute the basis for updating teaching content and methods, including revisions to syllabi and the introduction of new modules aligned with developments in physical culture sciences and interdisciplinary research trends. The most recent programme revision has expanded methodological and practical components, enhancing its alignment with the learning outcomes for Level 8 of the PRK. The process is carried out reliably and in compliance with the Regulation of the Minister of Education and Science. The DS delivers the curriculum in full alignment with the learning outcomes for Level 8 of the PRK. Educational process and doctoral students' research activity are interdisciplinary in character, support the development of research independence, and foster scientific and social competences. The programme is refined on an ongoing basis to ensure high quality and full consistency with the mission of the University.

2. Method of verifying learning outcomes for qualifications at PRK level 8

The process of verifying learning outcomes at the DS is conducted in accordance with applicable legislation and the University's internal regulations. It is based on transparent and coherent principles that ensure accessibility, reliability and comparability of assessments. This system is an integral part of the teaching and research process and ensures that doctoral students achieve qualifications equivalent to Level 8 of the PRK. In accordance with the Regulations of the DS, the subjects included in the programme of study end with an examination, a pass or a grade. Grades from examinations and assessments are entered into electronic records. A detailed list of grading rules is provided in the DS Regulations, which also specify the requirements for completing a course, completing a year of study and conditional enrolment. Information regarding placements is likewise included. The achievement of intended learning outcomes is verified primarily at the level of individual courses and is based on a variety of methods appropriate to the form of instruction. The principal document defining the method of assessment for each course is the syllabus. Since the 2023/2024 academic, syllabus have been available through the Electronic Syllabus Database. Previously, they were accessible via the eOrdoOmnis. Syllabus include detailed information regarding course content, teaching methods and the forms used to verify the achievement of learning outcomes. To ensure coherence, clarity and high standards in the verification process, syllabus are updated annually by course coordinators or staff responsible for teaching a given module. The electronic syllabus databases allow for formal and substantive review of syllabus and the provision of feedback to authors. To improve this process, training sessions were organised for academic staff. These sessions focused on preparing and publishing syllabi in accordance with current standards, thereby enhancing transparency and the effectiveness of learning outcomes assessment.

The principles governing the verification of learning outcomes are set out in the DS Regulations, approved by the Senate, as well as in accompanying documents such as the framework curriculum, syllabus, procedures for submitting the IRP, and the guidelines for preparing the self-evaluation report for the mid-term assessment (Appx 2.1-2.2). These documents are publicly available on the DS website and in the University's information system, ensuring transparency and universal access for all participants in the process. Each taught module has defined learning outcomes aligned with Level 8 PRK, together with clearly described methods of verification and conditions for passing the course. Doctoral students are informed of these principles at the beginning of each semester and during information meetings with the Director. The verification of learning outcomes is carried out according to the principle of clarity and consistency: every achievement of a doctoral student is assessed against explicitly defined criteria. At the organisational level, responsibility for the correct and coherent application of these principles lies with the Doctoral School Council and dedicated committees acting in accordance with internal procedures and educational rules. These rules apply uniformly to all doctoral students, regardless of their research topic, and encompass the assessment of learning outcomes in the areas of knowledge, skills and social competences. This ensures the accessibility and predictability of the procedures, constituting an important element of the integrity of the entire system. The verification process at the DS is systemic and multi-stage, ensuring transparency and objectivity. Assessment is conducted by competent bodies: academic teachers, supervisors, auxiliary supervisors, the mid-term assessment committee, the Director and DSC. This provides a multidimensional perspective on each candidate's progress. Learning outcomes are verified in three spheres: coursework and placements, the IRP and the annual evaluation together with the mid-term assessment. In coursework and placements, verification takes the form of pass/fail assessments, written assignments, presentations, research projects and colloquia. Clear assessment criteria specified in the syllabi ensure comparability across candidates. Within the IRP, the candidate's progress in the research project is assessed, including adherence to the schedule, the degree of independence and the ability to integrate knowledge and interpret results. This assessment is descriptive and qualitative, based on documentation of achievements, research reports and the candidate's semester reports (Appx 2.3). The results are then presented in the annual evaluation applications prepared by the DSC (Appx 2.4), drawing on the submitted report and the candidate's interview with the committee. The mid-term assessment takes place after the fourth semester, as required by the Act. The procedure is clear, public and grounded in the criteria set out in the DS Regulations and in the rules governing the mid-term assessment at the Doctoral School. The committee assesses the degree to which the IRP has been implemented, the candidate's research activity, progress towards achieving learning outcomes and engagement in teaching and in disseminating research. Transparency is further supported by established rules requiring, among other things, the archiving of documentation in personal files and the public posting of relevant information on the DS website and BIP. Supervisors discuss the results with each doctoral student, enabling the identification of strengths and of areas needing further development. The reliability of the process is guaranteed through the consistent application of objectivity and comparability in assessment. All evaluations are based on substantive criteria, and evaluators are bound by the principle of impartiality. In cases of dispute, decisions are made collectively. In line with the procedural requirements of the DS, each year the Director submits a report on the mid-term assessment to the Rector. From the 2025/26 academic year onwards, the evaluation process is also monitored by the University Committee for the Quality of Education. A further element of transparency is ongoing communication with doctoral students: information concerning the principles and schedules of assessments is provided electronically and at informational meetings. This ensures that all participants understand the criteria and how they are applied. The system for verifying learning outcomes at the DS is subject to continuous improvement. This cyclical process draws on experience and on data from internal and external evaluations.

The reliability of the improvement process includes: internal evaluation – the semester-based assessment of doctoral students' reports by the DSC and the Director, carried out on the basis of their alignment with the learning outcomes for Level 8 of the PRK; the analysis of the mid-term assessment committee's recommendations; and the consideration of supervisors' suggestions. On this basis, amendments are introduced to syllabi, IRP forms, mid-term assessment criteria and the methods used to verify learning outcomes. One example is the modification of course descriptions in 2025, which refined the connection between learning outcomes and assessment methods and incorporated the most recent tools. Furthermore, the DS draws on the experience of other doctoral schools. Every change is consulted with the DSG, a process that strengthens both the reliability and the participatory character of the improvement process. The reliability of the improvement process is further confirmed by the consistent application of evidence-based evaluation. All modifications are documented in Senate

Resolutions and the Doctoral School's legal acts. Before any change is implemented, its impact on the adequacy of the programme and its coherence with the learning outcomes for Level 8 of the PRK is carefully analysed. As a result, the verification system remains transparent, coherent and aligned with current research and educational needs. All activities in this regard are carried out in accordance with the regulation on the evaluation of DS, the internal regulations and good academic practice, thereby underscoring the reliability of the DS.

To effectively monitor the achievement of the learning outcomes for 8 PRK a learning outcomes coverage matrix is employed (Appx 2.5). The matrix is a tool that supports the assessment of programme coherence: it enables analysis of whether learning outcomes are distributed appropriately across the entire cycle and whether individual courses complement one another. In doing so, it confirms that the programme fulfils its educational aims and fully meets the requirements of Level 8 PRK. The matrix also facilitates the optimisation of course content. When a given course covers a scope of learning outcomes that is either too broad or too narrow, the programme or the teaching methods can be adjusted accordingly. This approach also helps to identify learning outcomes that are not fully addressed by any course, thereby providing a foundation for further programme improvement.

The principles for verifying learning outcomes are clear, accessible and aligned with Level 8 PRK. The evaluation process is transparent, reliable, and based on objective criteria and statutory and internal regulations, including the procedure for awarding the doctoral degree at the AWF Wrocław (Appx 2.6). The procedures in place are continually improved based on analysis of outcomes, feedback from doctoral candidates, and recommendations from the committee, which ensures high quality and consistency in the learning outcomes assessment system.

3. Qualifications of academic teachers or research staff conducting education at the doctoral school

Education at the DS is provided by a well-qualified group of academic teachers (AT) with the scientific and teaching competences appropriate to the subjects they teach (including co-authorship of textbooks, monographs and teaching materials) and relevant professional experience. Between 2019 and 2025, the teaching staff of the DS consisted of 29 AT of the University, each with a recognised academic record in the field of medical sciences and health sciences (48% holding the title of professor, 45% the degree of Dr hab., and 7% the degree of dr). The staffing resources correspond to the needs of the intended learning outcomes and include academics with research achievements and preparation in the field of medical sciences and health sciences within the discipline of physical culture sciences(PCS) (97%) and health sciences (3%). Their research activity and teaching experience are closely aligned with the content of doctoral education and with the research priorities outlined in the University's Strategy. AT at the DS conduct research in the key areas of the discipline, including exercise physiology, biomechanics, neurophysiology, sport psychology, physical culture pedagogy, rehabilitation, sport management, public health and modern technologies supporting training and therapy. Their projects are funded, among others, by the NCN, NCBiR, MEiN, Erasmus+. Their academic output includes publications in JCR and Scopus, monographs, book chapters and practical implementations in both sport and clinical settings. According to the regulations governing procedures for the award of the doctoral degree, the role of supervisor may be performed only by individuals who hold the title of professor or the degree of dr hab. and who have a current five-year academic record in the discipline in which training is delivered. The AT background also encompasses scientific communication and cooperation with sports institutions, healthcare providers and research centres, ensuring that theoretical instruction is grounded in practice and that the education offered in PCS has an interdisciplinary character. Given the interdisciplinary nature of doctoral research projects, courses such as the latest research concepts in PCS, literature studies, research methodology and design are taught by teams of AT whose scientific achievements span a wide range of methods used in the biological, pedagogical, psychological and sociological sciences. The AWF Wroclaw, holding scientific category A in PCS, guarantees that doctoral students receive training from AT. Appx No.3 contain profiles of the five AT.

The AWF Wroclaw undertakes systematic activities supporting the professional development of staff teaching in the DS, paying particular attention to supervisors. As part of this effort, teachers participate in courses, workshops and training in academic tutoring, scholarly communication and research ethics, in accordance with the Code of Ethics for Academic Staff of AWF Wroclaw. Regular training sessions on research funding opportunities through the National Science Centre are also organised. Staff development is supported through: a) funding of publication costs in academic journals and publishers, based on Rector's ordinances (including Ordinance No. 46/2025 of the Rector of the Wroclaw University of Health and Sport Sciences); b) opportunities to undertake national and international research placements (in accordance with the regulations in force between 2019 and 2025); c) funding for participation in conferences and symposia; d) support for scientific mobility and international cooperation. Employees may additionally apply for funding for research activities and projects through internal grant competitions.

The DS also runs regular scientific seminars dedicated to the exchange of experience and good practices in research. Supervisors are actively engaged in education quality enhancement activities, participating in seminars organised by the DS, in mid-term assessments of doctoral students and in academic committees. The University implements a staff development strategy consistent with the objectives of the University's Strategy, with a strong emphasis on enhancing scientific, didactic and digital competencies. These activities contribute directly to the quality of education in the DS, supervisory effectiveness and research performance.

The AWF Wroclaw ensures a high level of rigour in verifying the qualifications of AT involved in teaching and doctoral supervision. These principles are defined in the Doctoral School Regulations and the regulations governing procedures for the award of the doctoral degree. The process includes: analysis of candidates' academic achievements (publications, monographs, research projects, implementations); assessment of the alignment of their achievements with the discipline of PCS; confirmation of compliance with formal and substantive requirements specified in the Law on Higher Education and Science. All AT in the DS are employees of the AWF Wroclaw. Staff recruitment at the AWF Wroclaw is transparent and conducted through open competitions in accordance with the law and with the University Statute. When preparing the curriculum framework, teaching staff are verified on the basis of their academic achievements and professional experience, taking into account the needs identified in consultation with the DSG. The University also conducts periodic evaluations of AT, which include their performance in doctoral teaching, research project implementation, effectiveness of scholarly supervision and participation in doctoral committees. These evaluations form part of the internal quality assurance system defined in the organisational regulations of the unit. The institution ensures transparency and accountability in the process of selecting staff, following the principles of integrity, reliability and openness set out in the Senate Resolution introducing the Code of Ethics. AT delivering education in the DS are bound by the University's work regulations. In cases of conflict, support is provided by the Disciplinary Committee and the Disciplinary Officer for AT. To ensure safety and to implement procedures counteracting discrimination, harassment and violence, the University has introduced an internal harassment policy and a procedure for preventing discriminatory actions against employees. All activities undertaken by the University in this respect serve to maintain the high level of qualifications of AT and to ensure the continuous improvement of the quality of doctoral education. The University consistently supports the professional development of AT and applies transparent and reliable procedures for assessing their qualifications. The adopted system guarantees that staff competences align with the goals and mission of the Doctoral School – namely, the education of leaders in sport, health and education, and that it ensures high-quality training within the DS.

4. Quality of the recruitment process

The DS educates doctoral students in full-time mode, financed through ministerial subsidies and external sources. Education is provided within the field of medical sciences and health sciences, in the discipline of PCS. The full programme offering is available on the website of the AWF Wroclaw, in the BIP and in the DS office. Recruitment information includes general information about the DS; regulations of the DS (Appx 1.1-1.5) approved by the Senate following consultation with the Council of Scientific Disciplines (CSD); the composition of the ds Council; the principles of education; and, crucially, information on admission and rules in 2019-2025, published no fewer than five months before the start of each admission cycle (Appx 4.1-4.7). The DS website also provides an admission scheme (Appx 4.8), a declaration of undertaking doctoral education (Appx 4.9) and a list of proposed research topics. Any changes to the admission rules concerning entry requirements, and substantive and formal criteria are adopted by the Senate (following opinions from the DSG and the CSD) and aim to uphold the principles of fair competition and to enhance the quality of the pool of recruited candidates. The DS website also provides a complete set of forms to assist potential applicants throughout the entire admission process. During the admission process, information on ranking lists for each stage is published. Key information regarding admission is also communicated to final-year students of both University Faculties (Physiotherapy; and Physical Education and Sport) during meetings with academic supervisors and to external candidates during Open Days and student conferences. Recruitment to the DS is open to candidates from Poland and abroad, and information on the principles, procedures and deadlines is published on the University and DS websites within the statutory timeframe. The DS admits candidates from various universities; candidates from outside the AWF Wroclaw represented 29% of those admitted. The admission quotas for the DS are set annually by the Rector's ordinance within the statutory timeframe; in the years 2019-2025, they were filled in full. It is permissible, in accordance with the admission regulations, to admit candidates beyond the standard limit if they secure funding from external research projects. For foreign candidates, admission to the DS is governed by the Act and by the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template certificate issued by a unit providing studies or education in a doctoral school confirming the admission of a foreigner to full-time studies or education in a DS, or confirming the continuation of full-time studies or education in a doctoral school, as well as by the internal admission regulations. Training for doctoral students who began their education in the 2019/2020 academic year (between 1 July 2019 and 31 December 2023) in the first year of the DS was financed by the external project Integrated Development Programme of the AWF Wroclaw for Regional Growth, which allowed for a limit of 10 places. In subsequent years, admission limits were: 2020 – 4 places; 2021–2025 – 5 places. For applicants with special needs, additional support is provided both at the admission stage and later during the course of study. Since the establishment of the DS, two doctoral students with disabilities have participated in the programme. All applicants are subject to a transparent and impartial admission procedure, based on their academic achievements, verified through the documents submitted, the language examination and the interview. The admission process to the DS is carried out by the Admission Committee appointed by the Rector and by a Selection Committee composed of six members, with four designated to conduct the qualification procedure. The tasks of the Competition Committee comprise Stages II and III of the procedure. The tasks of the Selection Committee include Stages II and III of the admission process to the DS. From 2025 onwards, the Director of the DS is not a member of the Competition Committee. Stage II consists of a competitive review conducted by members of the Selection Committee (appointed by the Rector's ordinance, Appx 4.10), together with a Representative of the doctoral students. At this stage, in accordance with the admission rules, applicants receive preliminary scores for publications (according to strictly defined criteria and documents verified, among others, by the University Library's Information and Knowledge Centre), active participation in conferences and research groups, and participation in grant projects. Stage III consists of an English language examination and an interview. The interview aims to assess the applicant's aptitude for scientific work and their research interests, taking into account: the presented research project, academic achievements, previous research experience and collaboration with other academic centres. The interview is a significant component of the overall assessment. The interview panel consists of five members, but the assessment is conducted by four of them. This arrangement makes it possible, in specific cases, to exclude a member who may have a potential conflict of interest and/or to ensure an optimal match between the scientific expertise of committee members and the applicant's research project. Results from all admission stages and the ranking list are published on the ds website, and the entire procedure is open and transparent. Between 2019 and 2024, a total of 33 doctoral students were admitted (24 candidates whose education and scholarships were funded by the University and 9 funded from external sources). Refusal of admission to the DS is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case. An applicant dissatisfied with the decision may apply to the Rector of the AWF Wroclaw for reconsideration within 14 days of receiving the decision. During this period, the applicant may waive this right by submitting a written statement to the Rector. Once the Rector receives the waiver of the right to apply for reconsideration, the decision becomes final, legally binding and enforceable, and no complaint to the administrative court may be lodged. Instead of requesting reconsideration, the applicant may file a complaint with the Voivodeship Administrative Court in Wroclaw. The entire admission process for all study programmes at the University, including the DS, takes into account the needs of persons with disabilities. The staff of the DS provide support to applicants in reporting special needs in advance and in organising examinations and interviews in locations free from architectural barriers. Accordingly, applicants may request that elements of the admission process be adjusted to their individual needs, based on the guidelines they provide. Candidate verification in the DS is multi-stage. The evaluation of doctoral applicants' suitability for scientific work consists of multiple stages. Transparent and impartial, it is based on applicants' academic achievements, verified through the submitted documents, the language examination and the interview. Experts appointed to the Selection Committee are exclusively independent academic staff of the University holding the title of professor or the degree of dr hab., with long-standing research and teaching experience, and members of scientific bodies and external collegial councils, and editors and reviewers associated with academic journals and scholarly societies. Representatives of the Doctoral Students' Government also participate in the interview. The composition of the Committee ensures exceptional objectivity and reliability in assessing applicants' readiness to conduct scientific research.

The Director of the DS and the DSC continually participate in preparing the admission rules; after each admission cycle, they introduce adjustments and modifications to the procedures to ensure the selection of candidates with strong potential for scientific work. Guided by the principle of admitting candidates with the highest scientific potential, the weighting of the individual stages of the admission process has been adjusted since 2019. These changes reduced the significance of scores awarded for multi-author publications with an impact factor at Stage I and increased the importance of the interview at Stage III, conducted by experts with distinguished scientific achievements. Subsequent amendments also refined the scoring rules for publications with an impact factor, differentiating between sole, first and co-author contributions. These modifications have contributed significantly to improving the overall quality of recruitment.
The DS of the AWF Wroclaw offers full-time doctoral education in the field of medical and health sciences, within the discipline of PSC. The admission process is open to candidates from Poland and abroad, with the rules published within the statutory timeframes on the University's website. The admission process is impartial and transparent, comprising an assessment of academic achievements, a language examination, and an interview. The Selection Committee consists of independent academic staff and representatives of doctoral students, ensuring the objectivity of evaluations. The School also provides support for applicants and students with disabilities. Between 2019 and 2024, a total of 33 doctoral students were admitted, with 24 were funded by the University and 9 funded through external sources. Admission limits were filled in full each year.
The admission rules are continually improved, notably by strengthening the role of the interview relative to publication-based scoring to better identify candidates with the greatest scientific potential. The entire procedure is public, and results are posted on the DS website

5. Quality of scientific or artistic supervision and support for conducting scientific activities

Since 2019, the rules governing the appointment of supervisors have been set out in successive Regulations of the DS (Appx 1.1-1.5) and the procedure for awarding the doctoral degree (PAD) (Appx 2.6). The current Regulations (Appx 1.5) stipulate that the procedure and criteria for appointing or changing a supervisor (S), supervisors (SS) or an auxiliary supervisor (AS) are defined in the PAD (Appx 2.6). A S is appointed within 3 months of the start of the programme. A request for the appointment of a S, together with a written justification, is submitted by the DS Director to the Council of Scientific Disciplines (CSD), at the request of the person applying for the doctoral degree. The S must have scientific achievements published in the discipline in which the proceedings will be conducted. A S from outside the AWF Wroclaw, including from a foreign university or research institution, may be appointed if the CSD considers that the person has significant accomplishments in the field relevant to the dissertation. Each request must include justification, declarations, and consent from the proposed supervisor(s). For interdisciplinary projects, a second supervisor may be appointed. Individuals who have repeatedly received negative supervision assessments or have been subject to disciplinary measures in the past five years are excluded. A S may be changed in accordance with §9 of the PAD (Appx 2.6).
The supervisor–doctoral student relationship is central to DS quality assurance. Regulations require semester reports and a mid-term assessment, including progress on the IRP and supervision quality. The duties of the S and the AS are set out in §6 (6-7) of Appx 2.6. The S supports the student in their research, providing substantive and methodological guidance and assisting with the organisation of research activities, while the AS takes part in planning and analysing the research Cooperation standards are defined in the Code of Ethics, requiring respect for autonomy, dignity, and high ethical standards.. In cases of conflict, harassment and discrimination procedures ensure impartial and confidential handling. These principles are complemented by the University's Strategy, fostering an environment of trust, equality, and shared responsibility. The system ensures reliable, collegial, and transparent supervisory cooperation supporting students' scientific development. The DS provides students with a comprehensive support system covering organisational, educational, scientific and infrastructural aspects, enabling them to complete the programme, carry out their IRP and prepare their doctoral dissertations. The SD Regulations – Appendix 1.1.-1.5 allow for an extension of the program duration due to parental leave (suspension of studies) and an extension of the dissertation submission deadline (§6, point 7, amendment to the SD Regulations) due to the need to conduct long-term research, academic internships, illness, care for a sick family member, or a child with a disability. The teaching offer of the DS may be adapted to address the specific needs expressed by students, and the programme allows for the individualisation of the learning process (§10). Students have access to the research infrastructure of the AWF Wroclaw CLab and to the University Library, as well as financial support for publications and research internships. The development of research and teaching competences is supported through methodological training, workshops and participation in activities that enhance the quality of scientific work, including internal grants and research placements funded under the Regional Initiative of Excellence project (RID/SP/0051/2024/01-4179000zl). The University supports students with disabilities through the Rector's Plenipotentiary for Persons with Disabilities. A key element of the University's equal opportunities policy is the "Accessible AWF Wroclaw. Knowledge, sport, success without barriers", which includes activities improving architectural, digital and communication accessibility, as well as training for students. Persons with disabilities are provided with academic assistants, supportive technologies and adapted forms of assessment.
The DS actively involves external experts in doctoral training. In accordance with §6 of the PAD (Appx 2.6), S may be appointed from outside the University, including from abroad, while §8 allows for the creation of supervisory teams for interdisciplinary dissertations. Furthermore, §7 of the Regulations of the DS stipulates that each mid-term assessment committee must include at least one expert not employed by the AWF Wroclaw (Appx 1.5). As a result, students benefit from the guidance of outstanding scientists with recognised international achievements. A high degree of scientific independence is also ensured by appointing reviewers and members of doctoral committees from outside the University (Appx 2.6, §§25–28). Cooperation with external experts is ongoing, including participation in seminars and research progress reviews. The system of publication-related and strategic bonuses promotes interdisciplinary and international collaboration. Dissertations as a collection of articles must include papers published in WoS-indexed journals. Supervisors support students in establishing contacts with leading researchers, as reflected in co-authored international publications.
The DS applies a comprehensive evaluation system for S, covering formal, qualitative and ethical aspects. According to the Regulations of the DS, the course of study is documented in semester reports approved by the S. Based on these, the Council conducts an annual evaluation of IRP progress, which is forwarded to the student and supervisor, ensuring transparency and enabling early intervention. An additional evaluation tool is the mid-term assessment, which includes an analysis of progress on the IRP and the quality of cooperation between the doctoral student and the S (with the participation of external experts). The annual analysis of S quality is discussed during meetings of the Council of the DS. The assessment also takes into account qualitative and quantitative indicators, including the quality and number of students' publications and the timely implementation of the IRP. Under §6 (Appx 2.6), a person may not serve as S if, in the past five years, they have supervised four students who were removed from the register due to a negative mid-term assessment or two whose dissertations did not receive positive reviews. This measure prevents recurring shortcomings and upholds high scholarly standards. One of the operational objectives set out in the University Strategy is to provide training for staff and students in obtaining research funding. The incentive system rewards supervisors for strong publication results and student achievements. The DS evaluates SS work based on semester and mid-term assessments by students, quantitative and qualitative analysis of research output.

6. Integrity of the mid-term evaluation process

The criteria and objective rules for conducting the mid-term assessment, together with their clarity and accessibility, are set out in the Regulations of the Doctoral School approved by Senate Resolution No. 29/2019 (Appendix No. 1.1), as subsequently amended (Appendices Nos. 1.2–1.5: Senate Resolution No. 16/2021, Senate Resolution No. 23/2023, Senate Resolution No. 20/2024 and Senate Resolution No. 17/2025), following consultation with the Doctoral Students' Government. Furthermore, detailed rules for the mid-term assessment are established each academic year and made publicly available on the Doctoral School website (Appendix No. 6.1).

In accordance with the Regulations of the Doctoral Schools and the detailed rules, the mid-term assessment is carried out halfway through the period of study specified in the curriculum, i.e. during the fourth semester, and assesses the progress made in implementing the doctoral student's Individual Research Plan (IPB). The assessment is intended to evaluate the doctoral student's progress. The assessment is conducted by a committee composed of three members. From the 2024/2025 academic year, committees are appointed by the Discipline Council for Physical Culture Sciences; in earlier years they were appointed by the Collegium Council, on the proposal of the Director of the Doctoral School and with the approval of the Doctoral School Council. In 2021, all doctoral students were assessed by a single committee. Since 2022, committee members have been selected with reference to their research output in areas aligned with the doctoral student's dissertation topic, which has enhanced the reliability of the assessment. The proposed composition of each committee is put forward by the Doctoral School Council. In 2022, four committees conducted the assessments; in 2023, five committees; in 2024, four committees; and in 2025, six committees were appointed and carried out the evaluations after 10 September 2025 (on 12 and 16 September 2025). Each committee must include one member employed outside the Wroclaw University of Health and Sport Sciences, and two members employed at the University. All members must hold the degree of doktor habilitowany or the title of professor in the discipline in which the dissertations are prepared. Supervisors and auxiliary supervisors may not serve on the committee evaluating their own doctoral student.

The timetable for the mid-term assessment is set by the Director of the Doctoral School. The timetable specifies the dates, venue and list of doctoral students to be assessed; it is published on the Doctoral School website at least 30 days before the scheduled meetings. Furthermore, prior to the assessment, the Doctoral School Office sends email notifications to committee members, the doctoral student and their supervisor(s) with the date and place of the meeting.

Before the mid-term assessment takes place, committee members receive full documentation for review: the Individual Research Plan, semester reports, evaluation forms, the doctoral student's self-evaluation report, and the supervisor's opinion, together with the assessment form (Appendix No. 6.2), which covers progress in implementing the IPB and compliance with the planned schedule, as well as the measurable outputs achieved to date. The committee pays particular attention to whether the doctoral student's achievements thus far allow for the timely completion of their research work.

Committee meetings are held at the Wroclaw University of Health and Sport Sciences and are most often conducted in a hybrid format. A representative of the Doctoral Students' Government attends as an observer. The meeting begins with an introduction of the committee members and an outline of the procedure. The doctoral student then presents their achievements, research results and level of progress on the IPB. This is followed by a discussion concerning the course of the research, publications and the development of professional competences, including any discrepancies in the implementation of the IPB. The supervisor(s) may be invited to attend the public part of the meeting. The result of the mid-term assessment is determined by the Committee at a closed meeting of the committee, without the candidate's participation. The decision on the outcome, positive or negative, is made in an open vote by an absolute majority. A record of the open vote is prepared (Appendix No. 6.3). The Chair of the Committee is responsible for drafting the formal decision on the mid-term assessment, together with its justification (Appendix No. 6.4), which is then submitted to the Director of the Doctoral School The decision is provided to the doctoral student and the supervisor, and is also published on the Doctoral School website. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector. From the 2019/2020 academic year to 10 September 2025 inclusive, 21 doctoral students underwent the mid-term assessment. In all cases, the Committee's decision was positive.

An essential condition for an effective mid-term assessment is the identification of areas in which performance is considered insufficient. The Doctoral School Council has introduced an annual evaluation of doctoral students from all cohorts, held in the presence of their supervisors, as well as a scientific seminar for first-year doctoral students. At this seminar, first-year doctoral students present the core assumptions of their research projects, together with the timetable for implementing their Individual Research Plan, in the presence of supervisors, subject experts and the Doctoral School Council.

The current procedures for the mid-term assessments are evaluated by the external experts involved in the process as reliable and objective. The mid-term assessment effectively supports the monitoring and development of doctoral students' research work, while ensuring full transparency of the entire process.

7. Internationalization

The Development Strategy of the Wroclaw University of Health and Sport Sciences for 2025-2030 identifies internationalisation and international cooperation as key elements of the University's activities. Particular emphasis is placed on the development of doctoral students and staff, the enhancement of teaching processes and methods, scientific research, the dissemination of knowledge and the development of sport. The Doctoral School has a vital role in implementing this strategy. Since 2002, when the University joined the Erasmus programme, the Wroclaw University of Health and Sport Sciences has systematically strengthened internationalisation at all levels, bringing benefits to the entire academic community.

Academic staff of the Doctoral School are required, in line with their scientific competence, to publish in international journals and to collaborate with international research centres. Most publications are produced through international, multi-author collaboration. The Doctoral School actively develops scientific cooperation in areas such as exercise physiology, biomechanics and functional diagnostics of the musculoskeletal system. An example of this is the involvement of doctoral students in international projects and the integration of dissertation topics with research carried out under joint grants, including the MOST project in Taipei and the Polish Academy of Sciences, led by prof. dr hab. A. Kawczyński (BWZ.063.66.2021.KF). This also applies to Erasmus+ projects implemented by dr R. Bugaj, dr hab. G. Żurek and prof. E. Murawska-Ciałowicz (Appendix No. 7.1).

The internationalisation of the Doctoral School of the Wroclaw University of Health and Sport Sciences aims to increase the role of international cooperation in scientific, educational and organisational activities. These efforts enhance the University's standing, improve the quality of doctoral training and strengthen relationships with foreign partners. Achieving these objectives requires active engagement in international scientific bodies, as confirmed by the Rector's Ordinance on the financing of externally funded projects (Appendix No. 7.2). Since 2019, the Doctoral School has functioned within the framework of the "Integrated Programme of the Wroclaw University of Health and Sport Sciences for Regional Development" (POWR.03.05.00-00-ZR65/18) project by the National centre for Research and Development. The project has enabled the University to invite distinguished international scholars with recognised research achievements: Pascal Madeline DSc, PhD, MSc BME, Professor Department of Health Science and Technology The Faculty of Medicine, ExerciseTech (h-index 48), Shellie Ann Boudreau PhD, Allborg University (h-index 23); Li Li, Ph.D. Research Professor, Department of Health Sciences and KinesiologyGeorgia Southern University (h-index 38); Pablo Pennisi, Ph.D. Professor Department of Health Science and Technology The Faculty of Medicine, Regenerative Medicine, Allborg University (h-index 28); Hamid Hassanlouei, Ph.D. post-doc from Marquette University, Wisconsin, USA. As part of interdisciplinary lectures organised by Polish and foreign universities, doctoral students have the opportunity to engage in international academic exchange and to establish contacts and collaborations with foreign partners. Our doctoral students also participate in a recurring workshop entitled "Human Movement Control – Research Opportunities and Perspectives," which regularly features invited speakers from abroad.

The University is connected to the European EURAXESS network, which supports researcher mobility and career development by providing free information, practical assistance and a portal offering job opportunities and research grants. Through international collaboration, doctoral student Mona Wiatr completed a research placement at the University of South Carolina (USA) from 1 August 2023 to 31 January 2024 within the Walczak Nawa project. The project was designed to strengthen the capacity of Polish research institutions and healthcare entities by supporting international mobility among researchers in medical sciences, pharmaceutical sciences and health sciences. Doctoral students of the Doctoral School have also carried out European grants, including MUNI/A/1470/2023 at Masaryk University in Brno, Faculty of Sports Studies, as well as projects under the Erasmus+ Programme [ERASMUS-SPORT-2022-SCP], the European Commission's Fit4Alz project [101090386] and open access funding provided by FCT|FCCN (b-on), all of which have resulted in international scientific publications. The Doctoral School also implements an Erasmus+ project co-financed by the European Funds: Mobility of students/doctoral students and staff of higher education institutions (KA131 2023, KA131 2024, KA131 2025). This action fosters physical and blended mobility of doctoral students. Doctoral students may undertake internships or placements at enterprises, research institutes, laboratories, organisations or other institutions offering such opportunities. They may combine their period of study with a placement or research visit abroad. Support is provided also for intensive courses delivered in a blended format (combining virtual components with physical mobility), enabling universities to offer doctoral students interactive courses conducted in international groups. With such support, doctoral student Marcin Smolarek completed two research and teaching placements at the HC Motor České Budějovice sports club. These initiatives aim to encourage doctoral students to participate in international visits, research projects and collaboration with other academic centres.

The Wroclaw University of Health and Sport Sciences has experience in educating doctoral students from abroad. To date, most foreign applicants have shown interest in extramural doctoral education. In the admission process, foreign candidates have taken part twice, although they did not meet the admission requirements.

The promotion of the Doctoral School of the Wroclaw University of Health and Sport Sciences aims to increase its visibility in Poland and abroad, attract the most talented doctoral students and strengthen the University's reputation as a centre conducting advanced scientific research in the discipline of physical culture sciences. As part of the Erasmus Programme, the University has signed partnership agreements with 58 universities in the European Union (Appendix No. 7.3), including nine institutions offering third-cycle education. Participation in the programme contributes to the implementation of the University's Development Strategy and, above all, increases its visibility outside Poland, enhances its standing in the national context, and shapes the image of the Wroclaw University of Health and Sport Sciences within the local, national and international environment. It fosters openness to the world and to other cultures, promotes the idea of European integration and supports the development of civil society and regional/national growth, while helping attract international students and doctoral students and facilitating participation in international exchanges.

The University is currently implementing the Initiative of Excellence – Evolution of the Academy (IDEA), carried out under the Ministry of Education and Science's Regional Initiative of Excellence (RID) programme, project no. RID/SP/0051/2024/01 (1

January 2024 – 31 December 2027). The aim of the project is to enhance the quality of the University's scientific activity by implementing actions identified during the development of the University's Strategy for 2020-2030. One of the key objectives within the project is to strengthen the University's international research profile, including the scientific activity of doctoral students, and to ensure that the University's scientific potential contributes effectively to economic development.

8. Effectiveness of doctoral education

Percentage of individuals who obtained a doctoral degree	Doctoral students who applied for initiation of proceedings for the award of a doctoral degree	Doctoral students who were awarded a doctoral degree	Doctoral students who were denied the award of a doctoral degree
in the number of doctoral students who completed their education at the doctoral school during the evaluation period	93 %	57 %	0 %
in the total number of doctoral students who completed their education at the doctoral school	87 %	53 %	0 %

The Doctoral School has been providing doctoral education since 1 October 2019. Three cohorts have completed the programme. Among the 19 doctoral students 74% (14) submitted their doctoral dissertations—12 on time and 2 after statutory extension: cohort 19/20 – 70%; cohort 20/21 – 100%; cohort 21/22 – 40% (10.09.25). The doctoral degree (as of September 10.09. 25) was awarded to 8 doctoral students (57%). By the date of submission of the DS self-evaluation report, the doctoral degree had been awarded to an additional 5 doctoral students (93%).
The completed education programmes and implementation of the IRP, as well as supervisor support, ensure that doctoral students achieve scientific results in the form of publications. Between 2019 and 2025, students published a total of 220 papers: 78 with an impact factor (IF), 142 without IF, with a cumulative IF of 259.62 and 10,930 ministerial points. The OIN AWF publishes information about these achievements, which helps build the image and positive perception of students within the academic community. Many publications were produced in collaboration with foreign institutions and as part of grant-funded projects. The DS actively supports students in obtaining funding for research and participation in national and international research placements. Many graduates continue their academic careers, as confirmed by publications produced after obtaining their doctoral degree. At AWF Wrocław, 15% of graduates have been employed as assistants or adjuncts, and from the 2025/26 academic year this figure has risen to 36%. Among doctoral students still in training, 9% have been employed, and from 2025/26, 15%.
Student achievements demonstrate the high effectiveness of education at the DS. This is due to strong student-supervisor collaboration, participation in research teams, and systematic reporting and evaluation, which together create optimal conditions for research and scientific development.

1. physical culture science

Achievement Description

1) The outstanding achievement **A Wrzeciono** is the collection of publications that form the series of scientific articles constituting his doctoral dissertation.
a) Wrzeciono, et.al (2024). Psychologically-enhanced cardiac rehabilitation for psychological and functional improvement in patients with cardiovascular disease: a systematic review with meta-analysis and future research directions. *Physiotherapy*, *125*, 101412.
b) Wrzeciono, et.al (2024). Exploratory analysis of the effectiveness of virtual reality in cardiovascular rehabilitation. *Scientific Reports*, *14*(1), 281.
c) Wrzeciono, et.al (2024). Non-Sleep Deep Rest Relaxation and Virtual Reality Therapy for Psychological Outcomes in Patients with Coronary Artery Disease: A Pilot Randomized Controlled Trial. *Journal of Clinical Medicine*, *13*(23), 7178.
These studies focus on the use of modern technologies, namely virtual reality (VR) and remote therapeutic support, in cardiac rehabilitation. This interdisciplinary approach contributes to the development of a comprehensive therapeutic model that extends beyond the framework of traditional rehabilitation. The findings demonstrate that the use of VR technology and remote methods leads to improved patient motivation, reduced stress levels, and a decrease in depressive and anxiety symptoms. A novel element of the project was the creation of a therapeutic recording based on the NSDR (Non-Sleep Deep Rest) concept, making use of advanced sound techniques, voice commands and mental visualisations. Research on NSDR-based therapy and the doctoral student's collaboration within an international research team working on projects at the IRCCS San Camillo Hospital in Venice make an important contribution to the development of physical culture sciences and rehabilitation.
The doctoral student's scientific activity enabled him to apply for the prestigious Ministry of Science and Higher Education scholarship for outstanding young researchers (17.12.24). By decision of 25.06.25, the scholarship was not awarded; however, the decision emphasised that within the group of students in the discipline of physical culture sciences he ranked first on the national ranking list, obtaining 392 points with a threshold of 400.

He has published 12 scientific articles, with a cumulative IF of 45.696 and 1,270 MNiSW.
2) Another outstanding scientific achievement is the doctoral dissertation of **M Lachowicz**, entitled "The application of short-term and long-term cognitive training in virtual reality to improve selected cognitive functions in amateur e-sport players." The dissertation was distinguished based on reviewers' reports. Maciej Lachowicz's doctoral dissertation consists of a coherent series of four scientific articles published in indexed journals, with a total impact factor of 13.4 and 410 ministerial points.
a) Lachowicz, et. al (2024). Changes in concentration performance and alternating attention after short-term virtual reality training in E-athletes: A pilot study. *Scientific Reports*, *14*(1), 8904.
b) Lachowicz, et. al (2024). Amplifying cognitive functions in amateur esports athletes: The impact of short-term virtual reality training on reaction time, motor time, and eye–hand coordination. *Brain Sciences*, *14*(11), 1104.
c) Lachowicz, et. al (2025). How Does Virtual Reality Training Affect Reaction Time and Eye–Hand Coordination? The Impact of Short-and Long-Term Interventions on Cognitive Functions in Amateur Esports Athletes. *Applied Sciences*, *15*(8), 4346.
d) Lachowicz, et. al (2025). Effects of short-and long-term virtual reality training on concentration performance and executive functions in amateur esports athletes. *Virtual Reality*, *29*(2), 91.
The results of the conducted experiments indicate that immersive VR intervention based on rhythmic stimulation may serve as an effective tool for enhancing cognitive functions in esports players, with the duration of training emerging as a key factor determining its effectiveness. The reviewers highly praised the substantive value of the dissertation, emphasising its innovative character and contemporary approach to the research problem. As principal investigator, the student received University funding amounting to PLN 42,769.54.
His publication activity and active participation in national and international conferences, including in Sydney and Rotterdam, are particularly noteworthy. Between 2021 and 2025, he published 28 papers, including 11 articles in indexed journals, with a total impact factor of 41.688 and 1,760 ministerial points. He continues his research work as an assistant.
3) An important scientific achievement is the distinguished doctoral dissertation **K Olszewska**, entitled "The effect of selected physical therapy modalities on cell survival and proliferation in an in vitro model." Supervisor: Prof. W. Andrzejewski. The doctoral student investigated the impact of selected physical modalities on the proliferation and survival of human normal and cancer cells. To conduct this research, she established collaboration with the Department of Histology and Embryology at the Wroclaw Medical University and undertook research placements there. To carry out the project, she received University funding under the Miniatura (PLN 32,588).
The study has demonstrated that physical therapy is safe for patients, as it does not locally stimulate skin cells to undergo uncontrolled divisions, a process that could initiate carcinogenesis. Exposure to static and variable magnetic fields, as well as to therapeutic-dose laser radiation, does not affect the proliferation or cell cycle of human skin cancer cells, nor of normal keratinocytes and fibroblasts. The dissertation provides prognostic value regarding the safe application of physiotherapeutic procedures and treatment strategies, including within physiotherapy programmes for oncology patients. According to the reviewer, dr hab. n. med. A. Wojnar, Provincial Consultant in Pathomorphology, the dissertation makes a significant contribution to understanding the mechanisms through which magnetic fields and laser radiation act at the cellular level, with potential implications for expanding clinical indications.
4) The research project **A Oniszczuk**, entitled Changes in homocysteine concentration during six weeks of rehabilitation in patients after ischaemic stroke, is being carried out as part of the grant: Effectiveness of different therapeutic approaches and their impact on neural, muscular and vascular plasticity in patients after ischaemic stroke (PN/BK/2020/05). Principal Investigator: prof. dr hab. E. Murawska-Ciałowicz Implemented in collaboration with the Neurological Rehabilitation Branch of the Provincial Specialist Hospital in Wrocław. Total funding: PLN 350,000. Preliminary results indicate that blood homocysteine levels in post-stroke patients do not show significant changes during the first six weeks following the ischaemic event. It is possible that a six-week rehabilitation period is too short to determine whether this amino acid can directly reflect the effects of therapeutic interventions. The results obtained so far thus do not make it possible to determine whether homocysteine (after six weeks) can be considered a biomarker for evaluating the effectiveness of rehabilitation. Further measurements of homocysteine levels in the weeks following the six-week period would be required. At the 1st National Conference "Ergonomics of Older Age", Wrocław, 24.09.22, A. Oniszczuk received distinctions for presentations related to this project: 1st place in the competition - best poster, for the work "Analysis of changes in BDNF concentration in post-stroke patients" by Kaczmarek A., Paprocka-Borowicz M., Górka-Dynysiewicz J., Kaczmarek M., Murawska-Ciałowicz E; 2nd place in the competition for the best poster, for the work "Analysis of changes in sclerostin concentration in post-stroke patients" by Oniszczuk A., Paprocka-Borowicz M., Murawska-Ciałowicz E.
5) A notable scientific achievement **M Ciałowicz** is her participation, as a member of the research team, Fit4Alz 2023-2025 international grant (10109038), funded by the EU. Project Coordinator: Prof. Ana Filipa Silva, Polytechnic Institute of Maia, Portugal. The project investigates the impact of aerobic and resistance training combined with cognitive training, delivered through a purpose-built application, on mitigating or even reversing the decline in cognitive functions in older adults. As part of this collaboration, a scientific publication has been produced in which the student is a co-author: Silva et al. (2024). Cognitive training with older adults using smartphone and web-based applications: a scoping review. *The Journal of Prevention of Alzheimer's Disease*, *11*(3), 693-700. IF:7.800
The student also participated as a team member in the international Erasmus+ PHASE 2020 project (Promoting Health and Access to Sport Equipment), 622288-EPP-1-2020-1-PT-SPO-SCP, coordinated by Prof. Adilson Marques of the University of Lisbon, (EUR 339,922).
She is currently conducting research on: Analysis of irisin and BDNF expression in selected organs of rats subjected to differentiated physical exercise. In 2024, she received University funding for this work under RID/SP/0051/2024/01 (PLN 74,700). As part of her research activity, the student co-authored a scientific review on the therapeutic effects of irisin on the liver, kidneys and lungs in the context of physical exercise: Ciałowicz et al. (2025). The Influence of Irisin on Selected Organs—The Liver, Kidneys, and Lungs: The Role of Physical Exercise. *Cells*, *14*(16), 1228. (IF: 5.200, MNiSW 140,000). She

actively participates in academic conferences, including the international 30th Annual Congress of the European College of Sport Science in Rimini. She has received distinctions at two conferences. To date, she has published six papers, including three articles in impact-factor journals, with a total IF of 18.2 and 300 MNiSW.

ATTACHMENTS

Method of verifying learning outcomes for qualifications at PRK level 8

No.	File type
1	The method of assessing the learning outcomes for qualifications at level 8 of the PQF
2	The method of assessing the learning outcomes for qualifications at level 8 of the PQF
3	The method of assessing the learning outcomes for qualifications at level 8 of the PQF
4	The method of assessing the learning outcomes for qualifications at level 8 of the PQF
5	The method of assessing the learning outcomes for qualifications at level 8 of the PQF
6	The method of assessing the learning outcomes for qualifications at level 8 of the PQF
7	The method of assessing the learning outcomes for qualifications at level 8 of the PQF

Qualifications of academic teachers or research staff conducting education at the doctoral school

No.	File type	Filename
1	physical culture science	Appx.3._AcademicTeachers_Profiles.pdf

STATEMENTS

- [x] I hereby declare that the information contained in the self-assessment report is fully consistent with the factual and legal status.
- [x] I hereby declare that the information contained in the self-assessment report in Polish and English is fully identical in substance.
- [x] I hereby declare that the documents attached to the self-assessment report in Polish and English are fully identical in substance.

Signature

AUTHORIZATIONS

Added files

Pełnomocnictwo_SEDok_-_K.Kisiel-Sajewicz.pdf

RESOLUTION No. 29/2019
of the Senate of the Wroclaw University of Health and Sport Sciences
of 23 May 2019

regarding: adoption of the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

Pursuant to: Article 205(1-4) and 20 of the Polish Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws item 1668, as amended)

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby adopts the Regulations of the Doctoral School, constituting an appendix to this resolution.

§ 2

These Regulations shall be consulted with the doctoral students' government within three months of their adoption.

§ 3

The resolution shall enter into force as of the date of adoption, with effect from the start of the 2019/2020 academic year.

President of the Senate
of
the Wroclaw University of Health and Sport Sciences

dr hab. Andrzej Rokita, prof. nadzw.

Appendix No. 1 to Resolution 29/2019

REGULATIONS OF THE DOCTORAL SCHOOL
AT
THE WROCLAW UNIVERSITY OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on national legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws, item 1668, as amended), hereinafter referred to as the Act;
- the Act of 3 July 2018 – Provisions introducing the Act: Law on Higher Education and Science (Journal of Laws of 2018, item 1669);
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2019, item 300);
- the Regulation of the Minister of Science and Higher Education of 24 September 2018 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws, item 1835);
- the Regulation of the Minister of Science and Higher Education of 21 September 2018 on doctoral diplomas, post-doctoral diplomas and doctoral student identity cards (Journal of Laws, item 1837);
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws, item 2218);
- the Regulation of the Minister of Science and Higher Education of 20 September 2018 on fields of science, and scientific and artistic disciplines (Journal of Laws, item 1818)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (Journal of Laws, item 1838)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (Journal of Laws, item 658)
- the Statute of the Wroclaw University of Health and Sport Sciences (2019).

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.
3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education of 24 September 2018 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise. Article 206 shall apply accordingly.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.
4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Secretariat of the Doctoral School.
3. Substantive supervision over education at the Doctoral School is exercised by the Scientific College Council.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is obliged to cooperate with the Deans of Faculties and with the Doctoral Students' Government.

7. The Director, in consultation with the Council of the Doctoral School, prepares an evaluation of the Doctoral School in the form of a self-assessment report at intervals not longer than every six years, according to the schedule established by the Committee for Evaluation of Science.

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their education upon submission of the doctoral dissertation.
5. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
2. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding the doctoral degree.
3. The qualifications and research interests of the auxiliary supervisor must justify substantive alignment with the thematic scope of the doctoral student's research interests, and the person must have a documented research record in this area as well as at least five years of academic experience following the award of the doctoral degree.
4. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific College Council, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including the following:
   a) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;
   b) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.

5. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place without suspending the doctoral student's status at the Doctoral School and within no more than one month.
6. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the IRP, which includes a detailed schedule for the preparation of the doctoral dissertation and scientific activities, and submits it to the Scientific College Council within 12 months from the start of training.
2. The IRP, together with the curriculum, forms the basis of doctoral training.
3. The IRP specifies the research and academic activities planned for completion during the course of training at the Doctoral School. A template containing the detailed schedule for preparing the doctoral dissertation and scientific activities will be published on the website of the Doctoral School.
4. If an auxiliary supervisor is appointed, the plan must be submitted after obtaining their opinion.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. The rules for preparing the doctoral dissertation are determined by the Scientific College Council.
5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
6. This time limit may be extended, in justified cases related to the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years.

7. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.
8. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.
9. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.

§ 7

1. The mid-term assessment is carried out halfway through the training period specified in the curriculum, during the fourth semester
2. The assessment concerns the implementation of the doctoral student's IRP.
3. The mid-term assessment results in either a positive or a negative result. The result, together with its justification, is public.
4. The assessment is conducted by a committee composed of three members, including at least one person holding the degree of doktor habilitowany or the title of professor in the discipline in which the dissertation is being prepared, employed outside the institution running the Doctoral School. The supervisor and auxiliary supervisor may not serve as members of the assessment committee.
5. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
6. The assessment concerns the implementation of the dissertation preparation schedule and the scientific activities specified in the IRP.
7. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(3).
8. A doctoral student who, following a positive mid-term assessment, is employed by the University as an academic teacher for more than half of a full-time position is exempt from the obligation to complete professional placements.
9. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
   1) the mid-term assessment result is negative;

2) they fail to submit the dissertation within the deadline set in the IRP;
3) they resign from the programme.

2. A doctoral student may be removed from the register of doctoral students if:
   1) they make unsatisfactory progress in preparing the dissertation;
   2) they fail to meet the obligations set out in these Regulations.
3. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.
4. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code.
5. At the doctoral student's request, the Director may also suspend training for a total period of up to one year in the case of:
   1) temporary incapacity to undertake training due to illness;
   2) the need to provide personal care for an ill family member;
   3) the need to provide personal care for a child under the age of four or a child with a disability certificate;
   4) holding a disability certificate.
6. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
7. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations,

and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.

8. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
9. After the extended time limit referred to in section 8 has expired, the doctoral student may apply for a further extension of the time limit for the submission of the dissertation under the procedure set out in §6(6-9).
10. After extending the time limit for the submission of the dissertation, the Director of the Doctoral School exempts the doctoral student from the obligation to complete professional placements.

11. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.
3. The Senate determines the admission dates and the detailed procedure for the admission and competition process for the Doctoral School each year, and publishes this information no later than 30 June of the year preceding the academic year concerned. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
4. Admission to the Doctoral School is based on the ranking list.
5. The results of the admission process are public.
6. Admission to the Doctoral School is granted through entry on the list of doctoral students.
7. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
8. A person admitted to the Doctoral School acquires the rights of a doctoral student upon taking the oath, the wording of which is set out in the Statute.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.

2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.
5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
    1) high-level research competences and a substantial degree of scientific independence,
    2) knowledge of the principles governing the dissemination of research results,
    3) the ability to write research papers and present their findings,
    4) academic teaching skills and professional qualifications in modern teaching methods and techniques,
    5) enhancement of language competences,
    6) social competences relevant to research, academic and teaching activities,
    7) preparation of the doctoral dissertation in accordance with the research plan.
2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in both paper and electronic form) using the following grading scale: 2

(unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.

6. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
7. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
8. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.
9. The core programme of study at the Doctoral School is approved by the Senate following an opinion from the Senate Committee for Teaching.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. The evaluation of teaching practice (classes taught by doctoral students) is conducted each semester according to the study programme and the rules governing teaching placements.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, both the winter semester and the summer semester, according to the academic calendar.

3. The report template is provided as a separate document available on the Doctoral School's website.
4. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the winter semester session and up to two weeks before the start of the next semester for the summer session.
5. The Council of the Doctoral School conducts a semester evaluation of each doctoral student based on the submitted reports and an annual evaluation of supervisory support based on the implementation of the IRP.
6. Reports from both the doctoral student evaluation and the evaluation of supervisory support are submitted to the Director of the Doctoral School.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
    1) the establishment of the Doctoral School,
    2) the designation of the discipline in which doctoral students are trained,
    3) admission rules and the number of available places,
    4) learning outcomes for the programme of study,
    5) the curriculum,
    6) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
    1) record number,
    2) first name(s) and last name,
    3) date and place of birth,
    4) PESEL number or, if not applicable, the name and number of the identity document,
    5) information on the master's degree, master's degree in engineering or equivalent qualification held,

6) the date of entry onto the list of doctoral students,
7) the discipline of training,
8) the date of commencement of training,
9) the amount of the doctoral scholarship awarded and any changes thereto,
10) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
11) the date of submission and approval of the Individual Research Plan,
12) the dates and periods of the time limit for submitting the dissertation,
13) the dates and periods of suspension of training,
14) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   1) change of first name or last name;
   2) change of supervisor, supervisors or auxiliary supervisor;
   3) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the OMNIS portal, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, the credits for consecutive semesters of training, as well as information on:
   1) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor;
   2) the submission of the Individual Research Plan;
   3) the result of the mid-term assessment;
   4) certified proficiency in a modern foreign language in accordance with § 5(2)(2);
   5) any extension(s) of the time limit for submitting the doctoral dissertation;
   6) the suspension of training;
   7) the resumption of training;
   8) the attainment of learning outcomes at Level 8 of the Polish Qualifications Framework;
   9) the submission of the dissertation;
   10) removal from the register of doctoral students.

9. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
10. The doctoral student's personal file contains, in particular, the following:
    1) documents submitted and generated during the admission process,
    2) information on admission to the Doctoral School,
    3) the oath signed by the doctoral student,
    4) the doctoral student's declaration of consent to the processing of personal data;
    5) confirmation of receipt of the doctoral student's electronic identity card and any duplicate;
    6) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
    7) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
    8) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
    9) the Individual Research Plan,
    10) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
    11) information on scientific achievements,
    12) information on research placements at national or international research institutions, together with reports,
    13) information on awards and distinctions received,
    14) information on extensions of time limits for completing teaching activities included in the curriculum,
    15) information on the results of semester evaluations,
    16) the result of the mid-term assessment together with justification,
    17) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
    18) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,
    19) the submitted doctoral dissertation in electronic form, together with a positive opinion from the supervisor, supervisors or the supervisor and auxiliary supervisor,

20) the decision on removal from the register of doctoral students and confirmation of delivery,
21) updates submitted concerning changes in the doctoral student's personal data,
22) the clearance form,
23) any other documents submitted by the doctoral student or relating to the candidate's case,
24) confirmation of receipt of documents when they are issued.

11. Documentation of courses included in the curriculum is maintained in the form of electronic grade reports within the OMNIS electronic system.
12. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship, which is non-returnable.
2. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
3. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.
4. The total period of receiving the doctoral scholarship may not exceed four years.
5. The period referred to in section 4 does not include any period of suspension in the Doctoral School.
6. The monthly doctoral scholarship amounts to at least:
   1) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   2) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;
7. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 4, applicable on the date of submitting the application for suspension.

8. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 4(1) above.
9. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
10. A doctoral student may not be employed as an academic teacher or research worker.
11. This prohibition does not apply to employment:
    1) for the purpose of implementing a research project, as a beneficiary of a scheme, programme or competition announced by NAWA, NCBiR, NCN or an international competition for research projects;
    2) for the duration of a research or teaching project financed from European Union funds or by another grant-awarding body;
    3) after a positive mid-term assessment, except that where employment exceeds half of the full-time workload, the scholarship amounts to 40% of the monthly scholarship referred to in section 4(2). A doctoral student in such employment is not entitled to the full doctoral scholarship.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
    1) the loan may be granted to a doctoral student who has not yet reached the age of 35;
    2) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.

§ 17

A doctoral student may apply for:

1) accommodation in a student hall of residence or meals in the student canteen, in accordance with the Regulations of the "Spartakus" Student Hall of Residence approved by the Rector of the Wroclaw University of Health and Sport Sciences;
2) accommodation for the doctoral student's spouse or child in a student hall of residence under the same conditions.

IX. Final provisions

§ 18

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.
2. The Regulations become effective as of 1 October 2019.

Resolution No. 16/2021
of the Senate of the Wroclaw University of Health and Sport Sciences
of 29 April 2021

regarding: amendments to the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

pursuant to: Article 205(1)-(4) of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws, item 2021, item 478) and § 69(5) of the Statute of the Wroclaw University of Health and Sport Sciences

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby amends the Regulations of the Doctoral School introduced by Senate Resolution No. 29/2019 of 23 May 2019, as set out in the appendix to this Resolution.

§ 2

The resolution shall enter into force as of the date of adoption, with effect from the 2021/2022 academic year.

President of the Senate
of
the Wroclaw University of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

Appendix to Resolution No. 16/2021

REGULATIONS OF THE DOCTORAL SCHOOL
AT
THE WROCLAW UNIVERSITY OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on national legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2021, item 478), hereinafter referred to as the Act;
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2021, item 423);
- the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws, item 1847);
- the Regulation of the Minister of Science and Higher Education of 21 September 2018 on doctoral diplomas, post-doctoral diplomas and doctoral student identity cards (Journal of Laws, item 1837);
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws, item 2218);
- the Regulation of the Minister of Science and Higher Education of 20 September 2018 on fields of science, and scientific and artistic disciplines (Journal of Laws, item 1818)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (Journal of Laws, item 1838)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (Journal of Laws, item 658)
- the Statute of the Wroclaw University of Health and Sport Sciences (2020).

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.
3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise. Article 206 shall apply accordingly.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.
4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Secretariat of the Doctoral School.
3. Substantive supervision over education at the Doctoral School is exercised by the Scientific College Council.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is required to cooperate with the University Management Board and with the Doctoral Students' Government.

7. The Director, in consultation with the Council of the Doctoral School, prepares an evaluation of the Doctoral School in the form of a self-assessment report at intervals not longer than every six years, according to the schedule established by the Committee for Evaluation of Science.

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their education upon submission of the doctoral dissertation.
5. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
2. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding the doctoral degree.
3. The qualifications and research interests of the auxiliary supervisor must demonstrate substantive alignment with the doctoral student's research interests, as confirmed by a documented record of scientific achievements.
4. The detailed requirements for supervisors and auxiliary supervisors are defined in the regulations governing the procedure for awarding the doctoral degree at the Wrocław University of Physical Education, approved by the Scientific College Council.
5. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific College Council, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including, in particular, the following:
    1) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;

2) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.

6. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place within no more than one month.
7. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the IRP, which must be submitted to the Scientific College Council within 12 months of the start of training.
2. If an auxiliary supervisor is appointed, the IRP must be submitted after obtaining their opinion.
3. The IRP includes a detailed schedule for the preparation of the doctoral dissertation and for the candidate's research activities.
4. The IRP must be prepared in accordance with the template provided on the Doctoral School's website.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. The rules for preparing the doctoral dissertation are determined by the Scientific College Council.
5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
6. This time limit may be extended, in justified cases related to the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years.
7. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.

8. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.
9. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.

§ 7

1. The mid-term assessment is conducted halfway through the period of education specified in the curriculum, upon completion of the fourth semester.
2. The assessment concerns the implementation of the doctoral student's IRP. The assessment is intended to evaluate the doctoral student's progress halfway through the training period and to review the implementation of the Individual Research Plan.
3. The mid-term assessment results in either a positive or a negative result. The result of the mid-term assessment, together with its justification, is public and is made available in the Public Information Bulletin.
4. The mid-term assessment is carried out by a committee composed of three members, appointed for a given academic year by the Scientific College Council, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
5. The committee consists of three members, including the following:
    1) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;
    2) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
6. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.
7. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
8. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.

9. A representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as an observer.
10. The mid-term assessment is based on:
    1) the doctoral student's Individual Research Plan,
    2) the doctoral student's semester reports together with evaluation forms,
    3) documentation confirming the progress of the doctoral dissertation, including the supervisor's opinion,
    4) documentation of scientific achievements,
    5) an interview between the committee and the doctoral student.
11. The detailed rules and criteria for the mid-term assessment are provided in a separate document available on the Doctoral School's website.
12. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. The committee makes decisions by an absolute majority of votes.
13. The mid-term assessment results in either a positive or a negative result.
14. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(3).
15. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
    1) the mid-term assessment result is negative;
    2) they fail to submit the dissertation within the deadline set in the IRP;
    3) they resign from the programme.
2. A doctoral student may be removed from the register of doctoral students if:
    1) they make unsatisfactory progress in preparing the dissertation;
    2) they fail to meet the obligations set out in these Regulations.
3. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.
4. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code.

5. At the doctoral student's request, the Director may also suspend training for a total period of up to one year in the case of:
   1) temporary incapacity to undertake training due to illness;
   2) the need to provide personal care for an ill family member;
   3) the need to provide personal care for a child under the age of four or a child with a disability certificate;
   4) holding a disability certificate.
6. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
7. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations, and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.
8. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
9. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.
10. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.

3. The admission dates and the detailed procedure for the admission and competitive selection process for the Doctoral School are made public no later than five months before the start of the admission process.
4. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
5. Admission to the Doctoral School is based on the ranking list.
6. The results of the admission process are public.
7. Admission to the Doctoral School is granted through entry on the list of doctoral students.
8. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
9. A person admitted to the Doctoral School acquires the rights of a doctoral student upon taking the oath, the wording of which is set out in the Statute.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.
2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.
5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
    1) high-level research competences and a substantial degree of scientific independence,
    2) knowledge of the principles governing the dissemination of research results,
    3) the ability to write research papers and present their findings,

4) academic teaching skills and professional qualifications in modern teaching methods and techniques,
5) enhancement of language competences,
6) social competences relevant to research, academic and teaching activities,
7) preparation of the doctoral dissertation in accordance with the research plan.

2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. The core programme of study at the Doctoral School is approved by the Senate following an opinion from the Doctoral Students' Government within 14 days. If the 14-day period expires without an opinion being issued, the requirement to obtain such an opinion is deemed fulfilled.
6. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in both paper and electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.
7. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
8. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
9. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. Teaching practice observations are carried out by the supervisor at least once each semester.
6. A doctoral student employed by the University as an academic teacher for more than half of a full-time position is exempt from completing teaching practice after receiving a positive mid-term assessment.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, according to the academic calendar.
3. The report template is provided as a separate document available on the Doctoral School's website.
4. The Doctoral School Council conducts a semester evaluation/an annual evaluation of the doctoral student based on the reports submitted by the candidate, with reference to the IRP and the learning outcomes. Reports from the doctoral student's evaluation procedure are submitted to the Director of the Doctoral School and subsequently forwarded to the doctoral student.
5. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the

winter semester session and up to two weeks before the start of the next semester for the summer session.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
   1) the establishment of the Doctoral School,
   2) the designation of the discipline in which doctoral students are trained,
   3) admission rules and the number of available places,
   4) learning outcomes for the programme of study,
   5) the curriculum,
   6) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
   1) record number,
   2) first name(s) and last name,
   3) date and place of birth,
   4) PESEL number or, if not applicable, the name and number of the identity document,
   5) information on the master's degree, master's degree in engineering or equivalent qualification held,
   6) the date of entry onto the list of doctoral students,
   7) the discipline of training,
   8) the date of commencement of training,
   9) the amount of the doctoral scholarship awarded and any changes thereto,
   10) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
   11) the date of submission and approval of the Individual Research Plan,
   12) the dates and periods of the time limit for submitting the dissertation,
   13) the dates and periods of suspension of training,

14) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   1) change of first name or last name,
   2) change of supervisor, supervisors or auxiliary supervisor,
   3) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the OMNIS portal, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, the credits for consecutive semesters of training, as well as information on:
   1) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor,
   2) the submission of the Individual Research Plan,
   3) the result of the mid-term assessment,
   4) certified proficiency in a modern foreign language in accordance with § 5(2)(2),
   5) any extension(s) of the time limit for submitting the doctoral dissertation,
   6) the suspension of training,
   7) the resumption of training,
   8) the attainment of learning outcomes at level 8 of the Polish Qualifications Framework,
   9) the submission of the dissertation, 10) removal from the register of doctoral students.
9. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
10. The doctoral student's personal file contains, in particular, the following:
    1) documents submitted and generated during the admission process,
    2) information on admission to the Doctoral School,
    3) the oath signed by the doctoral student,
    4) the doctoral student's declaration of consent to the processing of personal data,
    5) confirmation of receipt of the doctoral student's electronic identity card and any duplicate;

6) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
7) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
8) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
9) the Individual Research Plan,
10) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
11) information on scientific achievements,
12) information on research placements at national or international research institutions, together with reports,
13) information on awards and distinctions received,
14) information on extensions of time limits for completing teaching activities included in the curriculum,
15) information on the results of semester evaluations,
16) the result of the mid-term assessment together with justification,
17) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
18) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,
19) the submitted doctoral dissertation in electronic form, together with a positive opinion from the supervisor, supervisors or the supervisor and auxiliary supervisor,
20) the decision on removal from the register of doctoral students and confirmation of delivery,
21) updates submitted concerning changes in the doctoral student's personal data,
22) the clearance form,
23) any other documents submitted by the doctoral student or relating to the candidate's case,
24) confirmation of receipt of documents when they are issued.

11. Documentation of courses included in the curriculum is maintained in the form of electronic grade reports within the OMNIS electronic system.

12. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship, which is non-returnable.
2. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
3. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.
4. The total period of receiving the doctoral scholarship may not exceed four years.
5. The period referred to in section 2 does not include any period of suspension in the Doctoral School.
6. The monthly doctoral scholarship amounts to at least:
   1) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   2) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;
7. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 4, applicable on the date of submitting the application for suspension.
8. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 4(1) above.
9. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
10. A doctoral student may not be employed as an academic teacher or research worker.
11. This prohibition does not apply to employment:

1) for the purpose of implementing a research project, as a beneficiary of a scheme, programme or competition announced by NAWA, NCBiR, NCN or an international competition for research projects;
2) for the duration of a research or teaching project financed from European Union funds or by another grant-awarding body;
3) after a positive mid-term assessment, except that where employment exceeds half of the full-time workload, the scholarship amounts to 40% of the monthly scholarship referred to in section 4(2). A doctoral student in such employment is not entitled to the full doctoral scholarship.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
   1) the loan may be granted to a doctoral student who has not yet reached the age of 35;
   2) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.
3. A doctoral student may apply for:
   1) accommodation in a student hall of the University,
   2) accommodation for a spouse and/or child in accordance with the Regulations of the "Spartakus" Student Residence Hall, approved by ordinance of the Rector of the Wroclaw University of Health and Sport Sciences.

IX. Final provisions

§ 17

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.
2. The Regulations become effective as of 1 October 2021.

RESOLUTION No. 23/2023
of the Senate
of the Wroclaw University of Health and Sport Sciences
of 27 April 2023

regarding: amendments to the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

pursuant to: Article 205(1-4) of the Act of20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2022, item 574, as amended), and § 69(5) of the Statute of the Wroclaw University of Health and Sport Sciences

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby amends the Regulations of the Doctoral School introduced by Senate Resolution No. 29/2019 of 23 May 2019, as set out in the appendix to this Resolution.

§ 2

Upon entry into force of this resolution, Senate Resolution No. 16/2021 of 29 April 2021 shall cease to apply.

§ 3

The resolution shall enter into force as of the date of adoption, with effect from the 2023/2024 academic year.

President of the Senate
of
the Wroclaw University
the Wroclaw University of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

Appendix No. 1 to Resolution 23/2023

REGULATIONS OF THE DOCTORAL SCHOOL AT THE WROCLAW UNIVERSITY OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on national legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2022, item 574, as amended), hereinafter referred to as the Act
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2022, item 1009, as amended)
- the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws of 2019, item 1847)
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws of 2018, item 2218)
- the Regulation of the Minister of Education and Science of 11 September 2022 on fields of science, and scientific and artistic disciplines (Journal of Laws of 2022, item 2202)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (Journal of Laws, item 1838, as amended)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (consolidated text: Journal of Laws of 2022, item 428)
- the Statute of the Wroclaw University of Health and Sport Sciences

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.

3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the Doctoral School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A

doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.

4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Secretariat of the Doctoral School.
3. Substantive supervision over education at the Doctoral School is exercised by the Scientific College Council.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is required to cooperate with the University Management Board and with the Doctoral Students' Government.
7. The Director, in consultation with the Doctoral School Council, prepares an evaluation of the Doctoral School in the form of a self-assessment report, in accordance with the schedule established for the given year by the Science Evaluation Commission (KEN).

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their education upon submission of the doctoral dissertation.
5. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. Within three months of commencing training, a supervisor or supervisors are assigned to the doctoral student. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
2. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding the doctoral degree.
3. The qualifications and research interests of the auxiliary supervisor must demonstrate substantive alignment with the doctoral student's research interests, as confirmed by a documented record of scientific achievements.
4. The detailed requirements for supervisors and auxiliary supervisors are defined in the regulations governing the procedure for awarding the doctoral degree at the Wroclaw University of Health and Sport Sciences, approved by the Scientific College Council.
5. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific College Council, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including, in particular, the following:
    1) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;
    2) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.
6. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place within no more than one month.
7. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the IRP, which must be submitted to the Scientific College Council within 12 months of the start of training.

2. If an auxiliary supervisor is appointed, the IRP must be submitted after obtaining their opinion.
3. The IRP includes a detailed schedule for the preparation of the doctoral dissertation and for the candidate's research activities.
4. The IRP must be prepared in accordance with the template provided on the Doctoral School's website.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. The rules for preparing the doctoral dissertation are determined by the Scientific College Council.
5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
6. This time limit may be extended, in justified cases related to the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years.
7. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.
8. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.
9. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.

§ 7

1. The mid-term assessment is conducted halfway through the period of education specified in the curriculum, upon completion of the fourth semester.

2. The assessment concerns the implementation of the doctoral student's IRP. The assessment is intended to evaluate the doctoral student's progress halfway through the training period and to review the implementation of the Individual Research Plan.
3. The mid-term assessment results in either a positive or a negative result. The result of the mid-term assessment, together with its justification, is public and is made available in the Public Information Bulletin.
4. The mid-term assessment is carried out by a committee composed of three members, appointed for a given academic year by the Scientific College Council, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
5. The committee consists of three members, including the following:
    1) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;
    2) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
6. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.
7. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
8. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.
9. A representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as an observer.
10. The mid-term assessment is based on:
    1) the doctoral student's Individual Research Plan,
    2) the doctoral student's semester reports together with evaluation forms,
    3) documentation confirming the progress of the doctoral dissertation, including the supervisor's opinion,
    4) documentation of scientific achievements,

5) an interview between the committee and the doctoral student.

11. The detailed rules and criteria for the mid-term assessment are provided in a separate document available on the Doctoral School's website.
12. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. The committee makes decisions by an absolute majority of votes.
13. The mid-term assessment results in either a positive or a negative result.
14. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(4).
15. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
   1) the mid-term assessment result is negative;
   2) they fail to submit the dissertation within the deadline set in the IRP;
   3) they resign from the programme;
   4) they fail to commence the programme;
   5) violate the prohibition referred to in Article 200(7) or Article 209(10) of the Act;
   6) are given the disciplinary penalty of expulsion from the doctoral school.
2. In proceedings concerning removal from the register

in the case referred to in section 1(5), the doctoral student is required to submit, within a period of no fewer than 30 days, a resignation from education in another doctoral school or from employment as an academic teacher or research employee.

3. A doctoral student may be removed from the register of doctoral students if:
   1) they make unsatisfactory progress in preparing the dissertation;
   2) they fail to meet the obligations set out in these Regulations.
4. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.
5. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code.
6. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the

doctoral scholarship referred to in §15(6), applicable on the date of submitting the application for suspension.

7. At the doctoral student's request, the Director may also suspend training for a total period of up to one year in the case of:
   1) temporary incapacity to undertake training due to illness;
   2) the need to provide personal care for an ill family member;
   3) the need to provide personal care for a child under the age of four or a child with a disability certificate;
8. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
9. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations, and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.
10. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
11. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.
12. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.

3. The admission dates and the detailed procedure for the admission and competitive selection process for the Doctoral School are made public no later than five months before the start of the admission process.
4. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
5. Admission to the Doctoral School is based on the ranking list.
6. The results of the admission process are public.
7. Admission to the Doctoral School is granted through entry on the list of doctoral students.
8. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
9. A person admitted to the Doctoral School acquires the rights of a doctoral student upon taking the oath, the wording of which is set out in the Statute.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.
2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.
5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
    1) high-level research competences and a substantial degree of scientific independence,
    2) knowledge of the principles governing the dissemination of research results,
    3) the ability to write research papers and present their findings,

4) academic teaching skills and professional qualifications in modern teaching methods and techniques,
5) enhancement of language competences,
6) social competences relevant to research, academic and teaching activities,
7) preparation of the doctoral dissertation in accordance with the research plan.

2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. The core programme of study at the Doctoral School is approved by the Senate following an opinion from the Doctoral Students' Government within 14 days. If the 14-day period expires without an opinion being issued, the requirement to obtain such an opinion is deemed fulfilled.
6. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in both paper and electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.
7. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
8. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
9. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. Teaching practice observations are carried out by the supervisor at least once each semester.
6. A doctoral student employed by the University as an academic teacher for more than half of a full-time position is exempt from completing teaching practice after receiving a positive mid-term assessment.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, according to the academic calendar.
3. The report template is provided as a separate document available on the Doctoral School's website.
4. The Doctoral School Council conducts an annual evaluation of the doctoral student based on the semester reports submitted by the candidate, with reference to the IRP and the learning outcomes.
5. Reports from the doctoral student's evaluation procedure are submitted to the Director of the Doctoral School and subsequently forwarded to the doctoral student and the supervisors.
6. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the

winter semester session and up to two weeks before the start of the next semester for the summer session.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
   1) the establishment of the Doctoral School,
   2) the designation of the discipline in which doctoral students are trained,
   3) admission rules and the number of available places,
   4) learning outcomes for the programme of study,
   5) the curriculum,
   6) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
   1) record number,
   2) first name(s) and last name,
   3) date and place of birth,
   4) PESEL number or, if not applicable, the name and number of the identity document,
   5) information on the master's degree, master's degree in engineering or equivalent qualification held,
   6) the date of entry onto the list of doctoral students,
   7) the discipline of training,
   8) the date of commencement of training,
   9) the amount of the doctoral scholarship awarded and any changes thereto,
   10) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
   11) the date of submission and approval of the Individual Research Plan,
   12) the dates and periods of the time limit for submitting the dissertation,
   13) the dates and periods of suspension of training,

14) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   1) change of first name or last name,
   2) change of supervisor, supervisors or auxiliary supervisor,
   3) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the OMNIS portal, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, the credits for consecutive semesters of training, as well as information on:
   1) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor,
   2) the submission of the Individual Research Plan,
   3) the result of the mid-term assessment,
   4) certified proficiency in a modern foreign language in accordance with § 5(2)(2),
   5) any extension(s) of the time limit for submitting the doctoral dissertation,
   6) the suspension of training,
   7) the resumption of training,
   8) the attainment of learning outcomes at level 8 of the Polish Qualifications Framework,
   9) the submission of the dissertation;
   10) removal from the register of doctoral students.
9. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
10. The doctoral student's personal file contains, in particular, the following:
    1) documents submitted and generated during the admission process,
    2) information on admission to the Doctoral School,
    3) the oath signed by the doctoral student,
    4) the doctoral student's declaration of consent to the processing of personal data,
    5) confirmation of receipt of the doctoral student's electronic identity card and any duplicate;

6) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
7) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
8) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
9) the Individual Research Plan,
10) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
11) information on scientific achievements,
12) information on research placements at national or international research institutions, together with reports,
13) information on awards and distinctions received,
14) information on extensions of time limits for completing teaching activities included in the curriculum,
15) information on the results of semester evaluations,
16) the result of the mid-term assessment together with justification,
17) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
18) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,
19) the submitted doctoral dissertation in electronic form, together with a positive opinion from the supervisor, supervisors or the supervisor and auxiliary supervisor,
20) the decision on removal from the register of doctoral students and confirmation of delivery,
21) updates submitted concerning changes in the doctoral student's personal data,
22) the clearance form,
23) any other documents submitted by the doctoral student or relating to the candidate's case,
24) confirmation of receipt of documents when they are issued.

11. Documentation of courses included in the curriculum is maintained in the form of electronic grade reports within the OMNIS electronic system.

12. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship, which is non-returnable.
2. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
3. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.
4. The total period of receiving the doctoral scholarship may not exceed four years.
5. The period referred to in section 4 does not include any period of suspension, nor the period of training in a doctoral school in the case referred to in Article 206(2) of the Act.
6. The monthly doctoral scholarship amounts to at least:
   1) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   2) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;
7. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 6, applicable on the date of submitting the application for suspension.
8. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 6(1) above.
9. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
10. A doctoral student may not be employed as an academic teacher or research worker.
11. This prohibition does not apply to employment:

1) for the purpose of implementing a research project, as a beneficiary of a scheme, programme or competition announced by NAWA, NCBiR, NCN or an international competition for research projects;
2) for the duration of a research or teaching project financed from European Union funds or by another grant-awarding body;
3) after a positive mid-term assessment, except that where employment exceeds half of the full-time workload, the scholarship amounts to 40% of the monthly scholarship referred to in Article 209(4)(2). A doctoral student in such employment is not entitled to the full doctoral scholarship.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
   1) the loan may be granted to a doctoral student who has not yet reached the age of 35;
   2) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.
3. A doctoral student may apply for:
   1) accommodation in a student hall of the University,
   2) accommodation for a spouse and/or child in accordance with the Regulations of the "Spartakus" Student Residence Hall, approved by ordinance of the Rector of the Wroclaw University of Health and Sport Sciences.

IX. Final provisions

§ 17

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.
2. The Regulations become effective as of 1 October 2023.

RESOLUTION No. 20/2024
of the Senate
of the Wroclaw University of Health and Sport Sciences
of 25 April 2024

regarding: amendments to the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

pursuant to: Article 205(1-4) of the Act of20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2023, item 742, as amended), and § 69(5) of the Statute of the Wroclaw University of Health and Sport Sciences

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby amends the Regulations of the Doctoral School introduced by Senate Resolution No. 29/2019 of 23 May 2019, as set out in the appendix to this Resolution.

§ 2

Upon entry into force of this resolution, Senate Resolution No. 23/2023 of 27 April 2023 shall cease to apply.

§ 3

The resolution shall enter into force as of the date of adoption, with effect from the 2024/2025 academic year.

President of the Senate
of
the Wroclaw University
the Wroclaw University of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

Appendix No. 1 to Resolution 20/2024

REGULATIONS OF THE DOCTORAL SCHOOL
AT
the Wroclaw University
OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on national legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2023, item 742, as amended), hereinafter referred to as the Act;
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2023, item 1230, as amended);
- the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws of 2019, item 1847)
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws of 2018, item 2218)
- the Regulation of the Minister of Education and Science of 11 September 2022 on fields of science, and scientific and artistic disciplines (Journal of Laws of 2022, item 2202)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (Journal of Laws, item 1838, as amended)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (consolidated text: Journal of Laws of 2022, item 428)
- the Statute of the Wroclaw University of Health and Sport Sciences

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.

3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the Doctoral School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A

doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.

4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Secretariat of the Doctoral School.
3. Substantive supervision over education at the Doctoral School is exercised by the Scientific College Council.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany. A representative of the Doctoral Students' Government may be invited to meetings of the Doctoral School Council.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is obliged to cooperate with the Doctoral Students' Government.
7. The quality of education in the Doctoral School is evaluated by the Science Evaluation Committee (KEN), according to the schedule established by KEN.

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their training upon submitting their doctoral dissertation together with a positive opinion from the supervisor or supervisors.

5. The doctoral student submits the doctoral dissertation, in both paper and electronic form, accompanied by a positive opinion from the supervisor/supervisors, to the Doctoral School Office within the deadline specified in the Individual Research Plan (IRP).
6. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. Within three months of commencing training, a supervisor or supervisors are assigned to the doctoral student.
2. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
3. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding at least the doctoral degree.
4. The detailed requirements for supervisors and auxiliary supervisors are defined in the regulations governing the procedure for awarding the doctoral degree at the Wrocław University of Physical Education, adopted by the Scientific College Council.
5. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific College Council, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including, in particular, the following:
    1) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;
    2) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.
6. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place within no more than one month.
7. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the IRP, which must be submitted to the Director o the Doctoral School within 12 months of the start of training.
2. If an auxiliary supervisor is appointed, the IRP must be submitted after obtaining their opinion.
3. The IRP includes a detailed schedule for the preparation of the doctoral dissertation and for the doctoral student's research activities.
4. The IRP must be prepared in accordance with the template provided on the Doctoral School's website.
5. Detailed information on the procedure for submitting the IRP is set out in the document "Procedure for submitting and approving the draft Individual Research Plan and presenting the Individual Research Plan," available on the Doctoral School website.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. The guidelines for the preparation of the dissertation in the form of a manuscript and a publication series shall be determined by the Scientific College Council.
5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
6. This time limit may be extended, in justified cases related to the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years.
7. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.
8. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.

9. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.

§ 7

1. The mid-term assessment is conducted halfway through the period of education specified in the curriculum, upon completion of the fourth semester.
2. The assessment concerns the implementation of the doctoral student's IRP. The assessment is intended to evaluate the doctoral student's progress halfway through the training period and to review the implementation of the Individual Research Plan.
3. The mid-term assessment results in either a positive or a negative result. The result, together with its justification, is public.
4. The mid-term assessment is carried out by a committee composed of three members, appointed for a given academic year by the Scientific College Council, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
5. The committee consists of three members, including the following:
   1) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;
   2) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
6. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.
7. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
8. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.
9. A representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as an observer.
10. The mid-term assessment is based on:

1) the doctoral student's Individual Research Plan,
2) the doctoral student's semester reports together with evaluation forms,
3) documentation confirming the progress of the doctoral dissertation, including the supervisor's opinion,
4) documentation of scientific achievements,
5) an interview between the committee and the doctoral student.

11. The detailed rules and criteria for the mid-term assessment are provided in a separate document available on the Doctoral School's website.
12. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. The committee makes decisions by an absolute majority of votes.
13. The mid-term assessment results in either a positive or a negative result.
14. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(4).
15. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
   1) the mid-term assessment result is negative;
   2) they fail to submit the dissertation within the deadline set in the IRP;
   3) they resign from the programme;
   4) they fail to commence the programme;
   5) violate the prohibition referred to in Article 200(7) or Article 209(10) of the Act;
   6) are given the disciplinary penalty of expulsion from the doctoral school.
2. In proceedings concerning removal from the register of doctoral students in the case referred to in section 1(5), the doctoral student is required to submit, within a period of no fewer than 30 days, a resignation from education in another doctoral school or from employment as an academic teacher or research employee.
3. A doctoral student may be removed from the register of doctoral students if:
   1) they make unsatisfactory progress in preparing the dissertation;
   2) they fail to meet the obligations set out in these Regulations.
4. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.

5. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code.
6. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in §15(6), applicable on the date of submitting the application for suspension.
7. At the doctoral student's request, the Director may also suspend training for a total period of up to one year in the case of:
    1) temporary incapacity to undertake training due to illness;
    2) the need to provide personal care for an ill family member;
    3) the need to provide personal care for a child under the age of four or a child with a disability certificate;
8. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
9. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations, and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.
10. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
11. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.
12. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.
3. The admission dates and the detailed procedure for the admission and competitive selection process for the Doctoral School are made public no later than five months before the start of the admission process.
4. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
5. Admission to the Doctoral School is based on the ranking list.
6. The results of the admission process are public.
7. Admission to the Doctoral School is granted through entry on the list of doctoral students.
8. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
9. A person admitted to the Doctoral School acquires the rights of a doctoral student upon taking the oath, the wording of which is set out in the Statute.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.
2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.
5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
   1) high-level research competences and a substantial degree of scientific independence,
   2) knowledge of the principles governing the dissemination of research results,
   3) knowledge of the principles governing the transfer of research results to the economic and social spheres,
   4) the ability to write research papers and present their findings,
   5) academic teaching skills and professional qualifications in modern teaching methods and techniques,
   6) enhancement of language competences,
   7) social competences relevant to research, academic and teaching activities,
   8) preparation of the doctoral dissertation in accordance with the research plan.
2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. The core programme of study at the Doctoral School is approved by the Senate following an opinion from the Doctoral Students' Government within 14 days. If the 14-day period expires without an opinion being issued, the requirement to obtain such an opinion is deemed fulfilled.
6. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in paper and/or electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.

7. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
8. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
9. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to up to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures, specified on the Doctoral School's website.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. Teaching practice observations are carried out by the supervisor at least once each semester.
6. A doctoral student employed by the University as an academic teacher for more than half of a full-time position is exempt from completing teaching practice after receiving a positive mid-term assessment.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, according to the academic calendar.
3. The report template is provided as a separate document available on the Doctoral School's website.

4. The Doctoral School Council conducts an annual evaluation of the doctoral student based on the semester reports submitted by the candidate, with reference to the IRP and the learning outcomes.
5. Reports from the doctoral student's evaluation procedure are submitted to the Director of the Doctoral School and subsequently forwarded to the doctoral student and the supervisors.
6. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the winter semester session and up to two weeks before the start of the next semester for the summer session.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
    1) the establishment of the Doctoral School,
    2) the designation of the discipline in which doctoral students are trained,
    3) admission rules and the number of available places,
    4) learning outcomes for the programme of study,
    5) the curriculum,
    6) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
    1) record number,
    2) first name(s) and last name,
    3) date and place of birth,
    4) PESEL number or, if not applicable, the name and number of the identity document,
    5) information on the master's degree, master's degree in engineering or equivalent qualification held,
    6) the date of entry onto the list of doctoral students,

7) the discipline of training,
8) the date of commencement of training,
9) the amount of the doctoral scholarship awarded and any changes thereto,
10) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
11) the date of submission and approval of the Individual Research Plan,
12) the dates and periods of the time limit for submitting the dissertation,
13) the dates and periods of suspension of training,
14) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   1) change of first name or last name,
   2) change of supervisor, supervisors or auxiliary supervisor,
   3) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the electronic student/doctoral student service system, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, as well as the credits for consecutive semesters of training.
9. The doctoral student has access to documentation, in particular concerning:
   1) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor,
   2) an Individual Research Plan (IRP),
   3) the result of the mid-term assessment,
   4) certified proficiency in a modern foreign language in accordance with § 5(2)(2),
   5) any extension(s) of the time limit for submitting the doctoral dissertation,
   6) the suspension of training,
   7) the resumption of training,
   8) the attainment of learning outcomes at level 8 of the Polish Qualifications Framework,
   9) the submission of the dissertation,
   10) removal from the register of doctoral students.

10. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
11. The doctoral student's personal file contains, in particular, the following:
    1) documents submitted and generated during the admission process,
    2) information on admission to the Doctoral School,
    3) the oath signed by the doctoral student,
    4) the doctoral student's declaration of consent to the processing of personal data, in the form of a GDPR-compliant data-processing consent clause,
    5) confirmation of receipt of the doctoral student's electronic identity card and any duplicate;
    6) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
    7) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
    8) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
    9) the Individual Research Plan,
    10) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
    11) information on scientific achievements,
    12) information on research placements at national or international research institutions, together with reports,
    13) information on awards and distinctions received,
    14) information on extensions of time limits for completing teaching activities included in the curriculum,
    15) information on the results of semester/annual evaluations,
    16) the result of the mid-term assessment together with justification,
    17) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
    18) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,

19) the paper version of the doctoral dissertation, accompanied by a positive opinion from the supervisor/supervisors and submitted within the deadline specified in the Individual Research Plan (IRP),
20) information confirming the submission of the doctoral dissertation and the initiation of the procedure for the award of the doctoral degree, certified by the Chair of the Scientific Discipline Council,
21) updates submitted concerning changes in the doctoral student's personal data,
22) the clearance form,
23) the decision on removal from the register of doctoral students and confirmation of delivery,
24) any other documents submitted by the doctoral student or relating to the candidate's case,
25) confirmation of receipt of documents when they are issued.

12. The documentation of courses completed as part of the curriculum is maintained in the form of electronic records via the university's electronic student-management system.
13. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship,
2. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
3. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.
4. The total period of receiving the doctoral scholarship may not exceed four years.
5. The period referred to in section 4 does not include any period of suspension, nor the period of training in a doctoral school in the case referred to in Article 206(2) of the Act.
6. The monthly doctoral scholarship amounts to at least:
   1) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   2) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;

7. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 6, applicable on the date of submitting the application for suspension.
8. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 6(1) above.
9. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
10. The doctoral scholarship is not granted to a doctoral student whose training in the Doctoral School entails an obligation to be employed by the Wroclaw University of Health and Sport Sciences
    1) under an employment contract;
    2) with remuneration exceeding that of a professor.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
    1) the loan may be granted to a doctoral student who has not yet reached the age of 35;
    2) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.
3. A doctoral student may apply for:
    1) accommodation in a student hall of the University,
    2) accommodation for a spouse and/or child in accordance with the Regulations of the Student Residence Halls, approved by ordinance of the Rector of the Wroclaw University of Health and Sport Sciences.

IX. Final provisions

§ 17

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.

2. The Regulations shall enter into force on the date of adoption, with effect from 1 October 2024.

Resolution No. 17/2025
of the Senate
of the Wroclaw University of Health and Sport Sciences
of 24 April 2025

regarding: amendments to the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

Pursuant to: Article 205(1-4) of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text of Journal of Laws of 2024, item 1571, as amended), and §64(5) of the Statute of the Wroclaw University of Health and Sport Sciences, adopted by Senate Resolution No. 35/2024 of 12 September 2024

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby amends the Regulations of the Doctoral School introduced by Senate Resolution No. 29/2019 of 23 May 2019, as set out in the appendix to this Resolution.

§ 2

Upon entry into force of this resolution, Senate Resolution No. 20/2024 of 25 April 2024 shall cease to apply.

§ 3

The resolution shall enter into force as of the date of adoption, with effect from the 2025/2026 academic year.

President of the Senate

Dr. Tadeusz Stefaniak, prof. AWF Wrocław

Appendix to Senate Resolution No. 17/2025

REGULATIONS
OF THE DOCTORAL SCHOOL OF
OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on general legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2024, item 1571, as amended), hereinafter referred to as the Act;
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2025, item 350);
- the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws of 2019, item 1847)
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws of 2018, item 2218)
- the Regulation of the Minister of Education and Science of 11 September 2022 on fields of science, and scientific and artistic disciplines (consolidated text: Journal of Laws of 2025, item 211)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (consolidated text: Journal of Laws of 2024, item 1407)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (consolidated text: Journal of Laws of 2022, item 428)
- the Statute of the Wroclaw University of Health and Sport Sciences, adopted by Senate Resolution No. 35/2024 of 12 September 2024

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.

3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the Doctoral School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A

doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.

4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Doctoral School Office.
3. Substantive supervision over education provided within the Doctoral School is exercised by the Scientific Discipline Council for Physical Culture Sciences.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany. A representative of the Doctoral Students' Government may be invited to meetings of the Doctoral School Council.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is obliged to cooperate with the Doctoral Students' Government.
7. The quality of education in the Doctoral School is evaluated by the Science Evaluation Committee (KEN), according to the schedule established by KEN.

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their training upon submitting their doctoral dissertation together with a positive opinion from the supervisor or supervisors.

5. The doctoral student submits the doctoral dissertation, in both paper and electronic form, accompanied by a positive opinion from the supervisor/supervisors, to the Doctoral School Office within the deadline specified in the Individual Research Plan (IRP).
6. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. Within three months of commencing training, a supervisor or supervisors are assigned to the doctoral student.
2. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the to the Scientific Discipline Council for Physical Culture Sciences by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
3. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding at least the doctoral degree.
4. The detailed requirements for supervisors and auxiliary supervisors are defined in the regulations governing the procedure for awarding the doctoral degree at the Wrocław University of Physical Education.
5. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific Discipline Council for Physical Culture Sciences, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including, in particular, the following:
   a) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;
   b) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.
6. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place within no more than one month.
7. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the Individual Research Plan (IRP), which must be submitted to the Director o the Doctoral School within 12 months of the start of training.
2. If an auxiliary supervisor is appointed, the IRP must be submitted after obtaining their opinion.
3. The IRP includes a detailed schedule for the preparation of the doctoral dissertation and for the doctoral student's research activities.
4. The IRP specifies the deadline for the submission of the doctoral dissertation.
5. The IRP must be prepared in accordance with the template provided on the Doctoral School's website.
6. Detailed information on the procedure for submitting the IRP is set out in the document "Procedure for submitting and approving the draft Individual Research Plan and presenting the Individual Research Plan," available on the Doctoral School website.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. Guidelines concerning the form of the doctoral dissertation are set out in the Regulations on Proceedings for the Award of the Doctoral Degree at the Wroclaw University of Health and Sport Sciences.
5. Guidelines for the preparation of the written version of the dissertation referred to in § 6(3), as well as the author's summary are specified in separate regulations.
6. The final deadline for the submission of the doctoral dissertation is the date of completion of education provided for in the study programme.
7. This deadline may be extended In the following cases:
    a) the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years;
    b) a justified scientific study visit or research internship, following consultation with the supervisor, for the duration thereof, but for no longer than 2 years;

c) a temporary inability to pursue education due to illness, following consultation with the supervisor, for the duration thereof, but for no longer than 2 years;
d) the need to take personal care of a sick family member, a child under the age of 4 or a child with a disability certificate.

8. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.
9. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.
10. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.
11. The total period by which the deadline for submission of the doctoral dissertation may be extended, in the cases referred to in section 7, shall not exceed two years. In justified cases referred to in section 7, the submission deadline may be extended once for a maximum period of one year.

§ 7

1. The mid-term assessment is conducted halfway through the period of education specified in the curriculum, upon completion of the fourth semester.
2. The assessment concerns the implementation of the doctoral student's IRP. The assessment is intended to evaluate the doctoral student's progress halfway through the training period and to review the implementation of the Individual Research Plan.
3. The mid-term assessment is carried out by a committee composed of three members, appointed for a given academic year by the Scientific Discipline Council for Physical Culture Sciences, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
4. The committee consists of three members, including the following:
   a) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;
   b) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
5. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.

6. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
7. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.
8. A representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as an observer.
9. The mid-term assessment is based on:
    a) the doctoral student's Individual Research Plan,
    b) the doctoral student's semester reports together with evaluation forms,
    c) documentation confirming the progress of the doctoral dissertation, including the supervisor's opinion,
    d) documentation of scientific achievements,
    e) an interview between the committee and the doctoral student.
10. The detailed rules and criteria for the mid-term assessment are provided in a separate document available on the Doctoral School's website.
11. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. The committee makes decisions by an absolute majority of votes.
12. The mid-term assessment results in either a positive or a negative result.
13. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(4).
14. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
    a) the mid-term assessment result is negative;
    b) they fail to submit the dissertation within the deadline set in the IRP;
    c) they resign from the programme;
    d) they fail to commence the programme;
    e) they violate the prohibition referred to in Article 200(7);
    f) they are given the disciplinary penalty of expulsion from the doctoral school.

2. In proceedings concerning the removal of a doctoral student from the register of doctoral students, in the case referred to in Article 203(1)(5), the doctoral student shall be requested to submit, within a period of no less than 30 days from the date of delivery of the request, a resignation from education at another doctoral school.
3. A doctoral student may be removed from the register of doctoral students if:
   a) they make unsatisfactory progress in preparing the dissertation;
   b) they fail to meet the obligations specified in Article 207.
4. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.
5. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, complementary maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code of 26 June 1974.
6. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
7. Within 14 days before the end of the suspension period, the doctoral student must submit a declaration of their intention to resume studies to the Director of the Doctoral School.
8. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations, and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.
9. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
10. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.
11. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. A doctoral student may be enrolled in only one doctoral school at a time.
3. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.
4. The admission dates and the detailed procedure for the admission and competitive selection process for the Doctoral School are made public no later than five months before the start of the admission process.
5. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
6. Admission to the Doctoral School is based on the ranking list.
7. The results of the admission process are public.
8. Admission to the Doctoral School is granted through entry on the list of doctoral students.
9. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
10. A person admitted to the Doctoral School shall commence their studies and acquire the rights of a doctoral student upon taking the oath.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.
2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.

5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
   a) high-level research competences and a substantial degree of scientific independence,
   b) knowledge of the principles governing the dissemination of research results,
   c) knowledge of the principles governing the transfer of research results to the economic and social spheres,
   d) the ability to write research papers and present their findings,
   e) academic teaching skills and professional qualifications in modern teaching methods and techniques,
   f) enhancement of language competences,
   g) social competences relevant to research, academic and teaching activities,
   h) preparation of the doctoral dissertation in accordance with the research plan.
2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. The framework study programme of the Doctoral School is defined by the Senate. The establishment of the framework curriculum requires consultation with the doctoral students' self-government. If the 14-day period specified in the Statute of the University of the Wroclaw University of Health and Sport Sciences lapses without an opinion being issued, the consultation requirement shall be deemed to have been fulfilled.

6. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in paper and/or electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good);

4.5 (good plus); 5 (very good); as well as pass/fail where applicable.

7. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
8. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
9. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to up to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures, specified on the Doctoral School's website.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. Teaching practice observations are carried out by the supervisor at least once each semester.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, according to the academic calendar.

3. The report template is provided as a separate document available on the Doctoral School's website.
4. The Doctoral School Council conducts an annual evaluation of the doctoral student based on the semester reports submitted by the candidate, with reference to the IRP and the learning outcomes.
5. Reports from the doctoral student's evaluation procedure are submitted to the Director of the Doctoral School and subsequently forwarded to the doctoral student and the supervisors.
6. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the winter semester session and up to two weeks before the start of the next semester for the summer session.
7. The doctoral student shall complete the study programme and the Individual Research Plan.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
   a) the establishment of the Doctoral School,
   b) the designation of the discipline in which doctoral students are trained,
   c) admission rules and the number of available places,
   d) learning outcomes for the programme of study,
   e) the curriculum,
   f) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
   a) record number,
   b) first name(s) and last name,
   c) date and place of birth,
   d) PESEL number or, if not applicable, the name and number of the identity document,

e) information on the master's degree, master's degree in engineering or equivalent qualification held,
f) the date of entry onto the list of doctoral students,
g) the discipline of training,
h) the date of commencement of training,
i) the amount of the doctoral scholarship awarded and any changes thereto,
j) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
k) the date of submission and approval of the Individual Research Plan,
l) the dates and periods of the time limit for submitting the dissertation,
m) the dates and periods of suspension of training,
n) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   a) change of first name or last name,
   b) change of supervisor, supervisors or auxiliary supervisor,
   c) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the electronic student/doctoral student service system, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, as well as the credits for consecutive semesters of training.
9. The doctoral student has access to documentation, in particular concerning:
   a) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor,
   b) an Individual Research Plan (IRP),
   c) the result of the mid-term assessment,
   d) certified proficiency in a modern foreign language,
   e) any extension(s) of the time limit for submitting the doctoral dissertation,
   f) the suspension of training,
   g) the resumption of training,

h) the attainment of learning outcomes at level 8 of the Polish Qualifications Framework,
i) the submission of the dissertation,
j) removal from the register of doctoral students.

10. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
11. The doctoral student's personal file contains, in particular, the following:
    a) documents submitted and generated during the admission process,
    b) information on admission to the Doctoral School,
    c) the oath signed by the doctoral student,
    d) the doctoral student's declaration of consent to the processing of personal data, in the form of a GDPR-compliant data-processing consent clause,
    e) the doctoral student's declaration authorising the Wroclaw University of Health and Sport Sciences to report academic achievements in the discipline of physical culture studies at the Wroclaw University of Health and Sport Sciences,
    f) a declaration of commencement of studies at the Doctoral School,
    g) a statement confirming that the candidate is not enrolled in any other doctoral school,
    h) confirmation of receipt of the doctoral student's electronic identity card and any duplicate,
    i) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
    j) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
    k) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
    l) the Individual Research Plan,
    m) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
    n) information on scientific achievements,
    o) information on research placements at national or international research institutions, together with reports,
    p) information on awards and distinctions received,
    q) information on extensions of time limits for completing teaching activities included in the curriculum,

r) information on the results of semester/annual evaluations,
s) the result of the mid-term assessment together with justification,
t) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
u) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,
v) the paper version of the doctoral dissertation, accompanied by a positive opinion from the supervisor/supervisors and submitted within the deadline specified in the Individual Research Plan (IRP),
w) information confirming the submission of the doctoral dissertation and the initiation of the procedure for the award of the doctoral degree, certified by the Chair of the Scientific Discipline Council for Physical Culture Sciences,
x) updates submitted concerning changes in the doctoral student's personal data,
y) the clearance form,
z) the decision on removal from the register of doctoral students and confirmation of delivery,
aa) any other documents submitted by the doctoral student or relating to the candidate's case,
bb) confirmation of receipt of documents when they are issued.

12. The documentation of courses completed as part of the curriculum is maintained in the form of electronic records via the university's electronic student-management system.
13. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship.
2. The doctoral scholarship is paid by the entity operating the Doctoral School.
3. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
4. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.

5. The total period of receiving the doctoral scholarship may not exceed four years.
6. The period referred to in section 4 does not include any period of suspension, nor the period of training in a doctoral school in the case referred to in Article 206(2) of the Act.
7. The monthly doctoral scholarship amounts to at least:
   a) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   b) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;
8. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 7, applicable on the date of submitting the application for suspension.
9. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 7(a) above.
10. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
11. The doctoral scholarship is not granted to a doctoral student whose training in the Doctoral School entails an obligation to be employed by the Wroclaw University of Health and Sport Sciences

1) under an employment contract;
2) with remuneration exceeding that of a professor.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
   a) the loan may be granted to a doctoral student who has not yet reached the age of 35;
   b) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.
3. A doctoral student may apply for:
   a) accommodation in a student hall of the University,

b) accommodation for a spouse and/or child in accordance with the Regulations of the Student Residence Halls, approved by ordinance of the Rector of the Wroclaw University of Health and Sport Sciences.

IX. Final provisions

§ 17

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.
2. The Regulations shall enter into force on the date of adoption, with effect from 1 October 2025.

INDIVIDUAL RESEARCH PLAN COVERING THE PERIOD OF EDUCATION AT THE DOCTORAL SCHOOL OF THE WROCLAW UNIVERSITY OF HEALTH AND SPORT SCIENCES

PART I. GENERAL INFORMATION:

First and last name of the doctoral student:	
Student record number:	
Field/Scientific discipline:	
First name of the supervisor(s):	
Full name of the auxiliary supervisor[1]:	
Planned form of doctoral dissertation:	
Estimated cost of the research described in the IRP/planned source of funding:	

PART II. JUSTIFICATION **OF THE RESEARCH PROBLEM OF THE DOCTORAL DISSEMINATION:** (no more than 2 pages: proposed title, scientific objective of the project, study participants, planned methodology and organisation of the research, the current state of knowledge in the field of the proposed research topic based on a literature review, risk management plan. The reference list is not included in the page limit.)

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[1] where an auxiliary supervisor has been appointed

I declare that

- if the planned research requires approvals, opinions, consents or permits from the relevant authorities or committees, I undertake to obtain them before commencing the research concerned.

(Please indicate the anticipated dates of obtaining the required approvals, opinions, consents and permits from the relevant authorities or committees in Part III of the IRP.)

.....

date and legible signature of the doctoral student

PART III. DETAILED RESEARCH PLAN FOR THE PERIOD OF STUDY AT THE DOCTORAL SCHOOL

Year of training	Name of research task*	Planned completion date	Planned source of funding	Planned costs

The research plan consists of a list of planned research tasks.

According to the definition adopted by the National Science Centre, a research task refers to a clearly defined component of the planned research. It may include, for example, the preparation of research materials, the conduct of specific research procedures using appropriate methods, and the analysis, processing and interpretation of data.

*Activities such as purchasing equipment or materials, compiling a bibliography, submitting a grant proposal, publishing articles, conducting archival searches or internships, or drafting chapters of the doctoral thesis **are not regarded as research tasks**. These activities support research tasks as tools for their implementation, as outcomes of the research process or as means of disseminating results.*

PART IV. PLANNED RESEARCH OUTPUTS: e.g. publications, presentation of results at scientific conferences, submission of applications for external research funding

Year of training	Research output	Planned completion date

PART V. TIMELINE FOR THE PREPARATION OF THE DOCTORAL DISSERTATION
according to the planned form of the dissertation:

Year of training	Stages of dissertation preparation	Planned completion date

Planned dissertation submission date.....

PART VI. PLAN FOR THE DEVELOPMENT OF THE DOCTORAL STUDENT'S RESEARCH OR RESEARCH-AND-DEVELOPMENT COMPETENCIES (e.g. academic mobility, specialist courses or training aimed at developing competencies)

Year of training	Forms of competence development	Planned period	Planned source of funding

.....
(date and legible signature of the doctoral student)

Contribution of the auxiliary supervisor to the implementation of the Individual Research Plan:

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.....
(date and legible signature of the auxiliary supervisor)

The Individual Research Plan has been prepared in consultation with the supervisor/ supervisors.

.....
(date and legible signature of the supervisor)

.....
(date and legible signature of the supervisor)

Rules of Education in the Doctoral School at the Wroclaw University of Health and Sport Sciences and Stages of the Doctoral Degree Award Procedure	Starting from the 2020/2021 academic year – 8 semesters. Doctoral school
Education	Training according to the Framework Study Plan
Appointment of the supervisor/supervisors/supervisor and auxiliary supervisor	By 31 December 2020. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
Individual Research Plan (IRP)	The doctoral student, in consultation with the supervisor or supervisors, prepares the IRP, which includes a detailed schedule for the preparation of the doctoral dissertation and scientific activities, and submits it to the Scientific College Council within 12 months from the start of training (by 30 September 2021). The IRP specifies the research and academic activities planned for completion during the course of training at the Doctoral School.
Semester report	At the end of each semester, the doctoral student submits a written semester report (using the prescribed form) and presents it to the Doctoral School Council.
Semester evaluation of the doctoral student	The Doctoral School Council evaluates the implementation of the IRP and the overall progress in training. An exception applies to the evaluation after the first semester, which focuses on preparatory work for the IRP, the doctoral student's status and the grades obtained for semester completion.
Mid-term assessment	1. The mid-term assessment is carried out halfway through the training period specified in the curriculum, during the fourth semester. 2. The assessment concerns the implementation of the doctoral student's IRP. 3. The mid-term assessment results in either a positive or a negative result. The result, together with its justification, is public. 4. The assessment is conducted by a committee composed of three members, including at least one person holding the degree of doktor habilitowany or the title of professor in the discipline in which the dissertation is being prepared, employed outside the institution running the Doctoral School. The supervisor and

	auxiliary supervisor may not serve as members of the assessment committee.
Doctoral dissertation	1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences. 2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research. 3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work. 4. The rules for preparing the doctoral dissertation are determined by the Scientific College Council. 5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
Additional requirements	Scholarly output as defined by the Law on Higher Education and Science, together with any additional requirements specified by the Scientific College Council.
Doctoral Committee	7 persons
Public defence	YES
Award of the doctoral degree	Scientific College Council

1. Doctoral training at the Doctoral School of the Wroclaw University of Health and Sport Sciences lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their education upon submission of the doctoral dissertation.
5. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
    1) high-level research competences and a substantial degree of scientific independence,
    2) knowledge of the principles governing the dissemination of research results,
    3) the ability to write research papers and present their findings,
    4) academic teaching skills and professional qualifications in modern teaching methods and techniques,
    5) enhancement of language competences,
    6) social competences relevant to research, academic and teaching activities,
    7) preparation of the doctoral dissertation in accordance with the research plan.
2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in both paper and electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.

6. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
7. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to 60 teaching hours per year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The evaluation of teaching practice (classes taught by doctoral students) is conducted each semester according to the study programme and the rules governing teaching placements.

Rules of Education in the Doctoral School at the Wroclaw University of Health and Sport Sciences and Stages of the Doctoral Degree Award Procedure	For the 2021/2022 academic year schedule – 8 semesters. Doctoral school
Education	Training according to the Framework Study Plan
Appointment of the supervisor/supervisors/supervisor and auxiliary supervisor **Submission of the application by 20 November**	**By 31 December 2021.** A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
Individual Research Plan (IRP)	The doctoral student, in consultation with the supervisor or supervisors, prepares the IRP, which includes a detailed schedule for the preparation of the doctoral dissertation and scientific activities, and submits it to the **Scientific College Council** within **12 months from the start of training (by 30 September 2022).** The IRP specifies the research and academic activities planned for completion during the course of training at the Doctoral School.
Semester report	At the end of each semester, the doctoral student submits a written semester report and presents it to the Doctoral School Council after each year.
Annual evaluation of the doctoral student	The Doctoral School Council evaluates the implementation of the IRP and the overall progress in training.
Mid-term assessment	1. The mid-term assessment is carried out halfway through the training period specified in the curriculum, following the fourth semester. 2. The assessment concerns the implementation of the doctoral student's IRP. 3. The mid-term assessment results in either a positive or a negative result. The result, together with its justification, is public. 4. The assessment is conducted by a committee composed of three members, including at least one person holding the degree of doktor habilitowany or the title of professor in the discipline in which the dissertation is being prepared, employed outside the institution running the Doctoral School. The supervisor and

	auxiliary supervisor may not serve as members of the assessment committee.
Doctoral dissertation	1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences. 2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research. 3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work. 4. The rules for preparing the doctoral dissertation are determined by the Scientific College Council. 5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
Additional requirements	Scholarly output as defined by the Law on Higher Education and Science, together with any additional requirements specified by the Scientific College Council.
Doctoral Committee	7 persons
Public defence	YES
Award of the doctoral degree	Scientific College Council

1. Doctoral training at the Doctoral School of the Wroclaw University of Health and Sport Sciences lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their education upon submission of the doctoral dissertation.
5. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
    1) high-level research competences and a substantial degree of scientific independence,
    2) knowledge of the principles governing the dissemination of research results,
    3) the ability to write research papers and present their findings,
    4) academic teaching skills and professional qualifications in modern teaching methods and techniques,
    5) enhancement of language competences,
    6) social competences relevant to research, academic and teaching activities,
    7) preparation of the doctoral dissertation in accordance with the research plan.
2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in both paper and electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.

6. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
7. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to 60 teaching hours per year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The evaluation of teaching practice (classes taught by doctoral students) is conducted each semester according to the study programme and the rules governing teaching placements.

Rules of Education in the Doctoral School at the Wroclaw University of Health and Sport Sciences and Stages of the Doctoral Degree Award Procedure	For the 2022/2023 academic year schedule – 8 semesters Doctoral school
Education	Training according to the Framework Study Plan, the academic calendar and internal training rules – overview October 2022
Training at the Scientific Information Centre (OIN)	October – December 2022
Training on acquiring research funding	The doctoral student completes and confirms this training independently. October – end of the semester (February 2023)
Introduction to the principles of teaching practice in higher education	October 2022
Meeting with the Doctoral Students' Government	October – December 2022
Meeting on the Act on Higher Education and Science, doctoral school education and the implementation of research projects	The meeting is led by Dr Natalia Danek, representative of the National Doctoral Students' Council. October – November 2022
Meeting concerning the Rules of Procedure for the award of the doctoral degree.	October – December 2022
Appointment of the supervisor/supervisors/supervisor and auxiliary supervisor Submission of an application for the appointment of a supervisor to the Director of the Doctoral School, using the required form, by 25 November 2022.	**By 31 December 2022.** A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year. The decision of the Scientific College Council is issued by December 2022.
Semester reports	Submission of reports after the end of each semester using the official template: - submission of a written report - presentation of a report for the winter and summer term before the Doctoral School Council after each year of training.
Annual evaluation	Summary of the first year of training

	After the end of the second semester, presentation of reports for the first and second semesters, together with the concept of the doctoral dissertation and the timetable of the Individual Research Plan (IRP), during a research seminar. The Doctoral School Council evaluates the implementation of the IRP and the overall progress in training. Summary of each subsequent year of training: II, III, IV. After the end of the summer semester, presentation of reports for the winter and summer semesters. The evaluation concludes with written recommendations for the doctoral student. Both the doctoral student and the supervisor receive the conclusions.
Individual Research Plan (IPB) The draft IRP must be submitted by 31 March 2023.	The doctoral student submits the final IRP **within 12 months of the start of training, i.e. by 30 September 2023. The draft IRP must be submitted by 31 March 2023.** The rules for submitting the IRP draft are available on the Doctoral School website. Both the draft IRP and the final IRP must be prepared using the official IRP template.
Publication of scientific articles	Doctoral students are required to demonstrate publication activity. Before the mid-term assessment, at least one scientific article must have been published.
Mid-term assessment	1. The mid-term assessment is carried out halfway through the training period specified in the curriculum, following the fourth semester. 2. The assessment concerns the implementation of the doctoral student's IRP. 3. The mid-term assessment results in either a positive or a negative result. The result, together with its justification, is public. 4. The assessment is conducted by a committee composed of three members, including at least one person holding the degree of doktor habilitowany or the title of professor in the discipline in which the dissertation is being prepared, employed outside the institution running the Doctoral School. The supervisor and auxiliary supervisor may not serve as members of the assessment committee. 5. The rules and schedule for the mid-term assessment are available on the Doctoral School website.

Doctoral dissertation	1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences. 2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research. 3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work. 4. The rules for preparing the doctoral dissertation are determined by the Scientific College Council. 5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
Additional requirements	Scholarly output as defined by the Law on Higher Education and Science, together with any additional requirements specified by the Scientific College Council.
Doctoral Committee	7 persons
Public defence	YES
Award of the doctoral degree	Scientific College Council

General principles

1. Doctoral training at the Doctoral School of the Wroclaw University of Health and Sport Sciences lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their education upon submission of the doctoral dissertation.
5. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

Programme of Study at the Doctoral School

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
    1) high-level research competences and a substantial degree of scientific independence,
    2) knowledge of the principles governing the dissemination of research results,
    3) the ability to write research papers and present their findings,
    4) academic teaching skills and professional qualifications in modern teaching methods and techniques,
    5) enhancement of language competences,
    6) social competences relevant to research, academic and teaching activities,
    7) preparation of the doctoral dissertation in accordance with the research plan.
2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.

3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in both paper and electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.
6. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
7. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.

Teaching practice

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to 60 teaching hours per year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The evaluation of teaching practice (classes taught or co-taught by doctoral students) is conducted each semester according to the study programme and the rules governing teaching placements.

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Rules of training in the Doctoral School at the Wroclaw University of Health and Sport Sciences and the stages of the procedure for awarding the doctoral degree	For the 2023/2024 academic year schedule – 8 semesters. Doctoral school
Education	Training according to the Framework Study Plan, the academic calendar and internal training rules – overview October 2023
Training at the Scientific Information Centre (OIN)	October – December 2023
Training on acquiring research funding	The doctoral student completes and confirms this training independently. October – end of the semester (February 2024)
Introduction to the principles of teaching practice in higher education	October 2023
Meeting with the Doctoral Students' Government	October – December 2023
Meeting concerning the Rules of Procedure for the award of the doctoral degree.	October – December 2023
Appointment of the supervisor/supervisors/supervisor and auxiliary supervisor Submission of an application for the appointment of a supervisor to the Director of the Doctoral School, using the required form, by 14 November 2023.	**By 31 December 2023** A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year. The decision of the Scientific College Council is issued by 31 December 2023.
Semester reports	Submission of reports after the end of each semester using the official template: - submission of a written report - presentation of a report for the winter and summer term before the Doctoral School Council after each year of training.
Annual evaluation	Summary of the first year of training After the end of the second semester, presentation of reports for the first and second semesters, together with the concept of the doctoral

	dissertation and the timetable of the Individual Research Plan (IRP), during a research seminar. The Doctoral School Council evaluates the implementation of the IRP and the overall progress in training. Summary of each subsequent year of training: II, III, IV. After the end of the summer semester, presentation of reports for the winter and summer semesters. The evaluation concludes with written recommendations for the doctoral student. Both the doctoral student and the supervisor receive the conclusions.
Individual Research Plan (IPB) The draft IRP must be submitted by 31 March 2024.	The doctoral student submits the final IRP **within 12 months of the start of training, i.e. by 30 September 2024**. **The draft IRP must be submitted by 31 March 2024.** The rules for submitting the IRP draft are available on the Doctoral School website. Both the draft IRP and the final IRP must be prepared using the official IRP template.
Publication of scientific articles	Doctoral students are required to demonstrate publication activity. Before the mid-term assessment, at least one scientific article must have been published.
Mid-term assessment	1. The mid-term assessment is carried out halfway through the training period specified in the curriculum, following the fourth semester. 2. The assessment concerns the implementation of the doctoral student's IRP. 3. The mid-term assessment results in either a positive or a negative result. The result, together with its justification, is public. 4. The assessment is conducted by a committee composed of three members, including at least one person holding the degree of doktor habilitowany or the title of professor in the discipline in which the dissertation is being prepared, employed outside the institution running the Doctoral School. The supervisor and auxiliary supervisor may not serve as members of the assessment committee. 5. The rules and schedule for the mid-term assessment are available on the Doctoral School website.

Doctoral dissertation	1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences. 2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research. 3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work. 4. The rules for preparing the doctoral dissertation are determined by the Scientific College Council. 5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
Additional requirements	Scholarly output as defined by the Law on Higher Education and Science, together with any additional requirements specified by the Scientific College Council.
Doctoral Committee	7 persons
Public defence	YES
Award of the doctoral degree	Scientific College Council

General principles

1. Doctoral training at the Doctoral School of the Wroclaw University of Health and Sport Sciences lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their training upon submitting their doctoral dissertation together with a positive opinion from the supervisor or supervisors.

5. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

Programme of Study at the Doctoral School

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
    1) high-level research competences and a substantial degree of scientific independence,
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    3) the ability to write research papers and present their findings,
    4) academic teaching skills and professional qualifications in modern teaching methods and techniques,
    5) enhancement of language competences,
    6) social competences relevant to research, academic and teaching activities,
    7) preparation of the doctoral dissertation in accordance with the research plan.
2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.

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4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in both paper and electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.
6. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
7. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.

Teaching practice

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to up to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The evaluation of teaching practice (classes taught or co-taught by doctoral students) is conducted each semester according to the study programme and the rules governing teaching placements.

Rules of training in the Doctoral School at the Wroclaw University of Health and Sport Sciences and the stages of the procedure for awarding the doctoral degree	For the 2024/2025 academic year schedule – 8 semesters. Doctoral school
Education	Training according to the Framework Study Plan, the academic calendar and internal training rules – overview October 2024
Training at the Scientific Information Centre (OIN)	October – December 2024
Training on acquiring research funding	The doctoral student completes and confirms this training independently. October – end of the semester (February 2025)
Introduction to the principles of teaching practice in higher education	October 2024
Meeting with the Doctoral Students' Government	October – December 2024
Meeting concerning the Rules of Procedure for the award of the doctoral degree.	October – December 2024
Appointment of the supervisor/supervisors/supervisor and auxiliary supervisor Submission of an application for the appointment of a supervisor to the Director of the Doctoral School, using the required form, by 14 November 2024.	**By 31 December 2024** A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the to the Scientific Discipline Council for Physical Culture Sciences by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year. The decision of the Scientific Discipline Council is issued by 31 December 2024.
Semester reports	Submission of reports after the end of each semester using the official template: - submission of a written report - presentation of a report for the winter and summer term before the Doctoral School Council after each year of training.
Annual evaluation	Summary of the first year of training After the end of the second semester, presentation of reports for the first and second semesters, together with the concept of the doctoral

	dissertation and the timetable of the Individual Research Plan (IRP), during a research seminar. The Doctoral School Council evaluates the implementation of the IRP and the overall progress in training. Summary of each subsequent year of training: II, III, IV. After the end of the summer semester, presentation of reports for the winter and summer semesters. The evaluation concludes with written recommendations for the doctoral student. Both the doctoral student and the supervisor receive the conclusions.
Individual Research Plan (IPB) The draft IRP must be submitted by 31 March 2025.	The doctoral student submits the final IRP **within 12 months of the start of training, i.e. by 30 September 2025**. **The draft IRP must be submitted by 31 March 2025.** The rules for submitting the IRP draft are available on the Doctoral School website. Both the draft IRP and the final IRP must be prepared using the official IRP template.
Publication of scientific articles	Doctoral students are required to demonstrate publication activity. Before the mid-term assessment, at least one scientific article must have been published.
Mid-term assessment	1. The mid-term assessment is carried out halfway through the training period specified in the curriculum, following the fourth semester. 2. The assessment concerns the implementation of the doctoral student's IRP. 3. The mid-term assessment results in either a positive or a negative result. The result, together with its justification, is public. 4. The assessment is conducted by a committee composed of three members, including at least one person holding the degree of doktor habilitowany or the title of professor in the discipline in which the dissertation is being prepared, employed outside the institution running the Doctoral School. The supervisor and auxiliary supervisor may not serve as members of the assessment committee. 5. The rules and schedule for the mid-term assessment are available on the Doctoral School website.

Doctoral dissertation	1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences. 2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research. 3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work. 4. The rules for preparing the doctoral dissertation are determined by the Scientific Discipline Council for Physical Culture Sciences. 5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
Additional requirements	Achievements specified by the Act on Higher Education and Science and the additional requirements set by the Scientific Discipline Council for Physical Culture Studies
Doctoral Committee	7 persons
Public defence	YES
Award of the doctoral degree	Scientific Discipline Council for Physical Culture Sciences.

General principles

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2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their training upon submitting their doctoral dissertation together with a positive opinion from the supervisor or supervisors.

5. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

Programme of Study at the Doctoral School

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
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    7) preparation of the doctoral dissertation in accordance with the research plan.
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3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
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5. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in both paper and electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.
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Teaching practice

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2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The evaluation of teaching practice (classes taught or co-taught by doctoral students) is conducted each semester according to the study programme and the rules governing teaching placements.

RESOLUTION NO. 40/2019
of the Senate of the Wroclaw University of Health and Sport Sciences
of 27 June 2019

regarding the approval of learning outcomes in the Doctoral School at the Wroclaw University of Health and Sport Sciences

Pursuant to: Article 28(1)(13) and Article 201 of the Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws, item 1668, as amended) and the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the characteristics of second-degree learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws, item 2218).

The Senate adopted the following resolution:

§ 1

The Senate of the Wrocław University of Health and Sport Sciences approves the learning outcomes for the Doctoral School, as set out in the appendix to this Resolution.

§ 2

The resolution shall enter into force as of the date of adoption, with effect from the 2019/2020 academic year.

President of the Senate
of
the Wroclaw University of Health and Sport Sciences

dr hab. Andrzej Rokita, prof. nadzw.

List of learning outcomes in the Doctoral School
at the Wroclaw University of Health and Sport Sciences

1. General information:
   a) Qualification level: attainment of learning outcomes at Level 8 of the Polish Qualifications Framework
   b) Explanation of symbols:

K (before the underscore) – learning outcomes in the field of medical sciences and health sciences, in the discipline of physical culture sciences.

W (after the underscore) – knowledge category

U (after the underscore) – skills category

K (after the underscore) – social competences category

P8S (before the underscore) – learning outcomes characteristics for Level 8 (P8) of the Polish Qualifications Framework, typical of qualifications awarded in the system of higher education and science (S).

WG (after the underscore) – knowledge category: scope and depth – completeness of cognitive perspective and relationships

WK (after the underscore) – knowledge category: context – conditions and consequences

UW (after the underscore) – skills category: application of knowledge – problems solved and tasks performed

UK (after the underscore) – skills category: communication – reception and production of statements, dissemination of knowledge in the academic community and foreign-language competence

UO (after the underscore) – skills category: organisation of work – planning and teamwork

UU (after the underscore) – skills category: learning – planning one's own development and supporting the development of others

KK (after the underscore) – social competences category: evaluation – critical stance

KR (after the underscore) – social competences category: professional role – independence and development of professional ethos

KO (after the underscore) – social competences category: responsibility – fulfilling social obligations and acting for the public good

01, 02, 03, etc. – numerical designation of each learning outcome or learning outcome characteristics for Level 8 of the Polish Qualifications Framework, applicable to qualifications awarded in higher education in the field of medical sciences and health sciences and the discipline of physical culture sciences.

2. The list of learning outcomes in the field of medical sciences and health sciences, in the discipline of physical culture sciences.

Description of learning outcomes

in the field of medical sciences and health sciences, in the discipline of physical culture sciences.

Learning outcomes in the field of medical sciences and health sciences, in the discipline of physical culture sciences (K)	**Description of learning outcomes in the Doctoral School Level 8 of the Polish Qualifications Framework**	Reference to the second-degree characteristics of learning outcomes for Level 8 of the Polish Qualifications Framework
KNOWLEDGE		
K_W01	Has an advanced and comprehensive knowledge, including the latest scientific achievements, of the subject-specific and methodological foundations of medical sciences, health sciences and physical culture sciences, and is able to further develop and creatively apply this knowledge in research activities.	P8S_WG
K_W02	Has advanced knowledge of the social foundations of medical sciences, health sciences and physical culture sciences, including lifestyles, health-promoting behaviours and the cultural determinants of needs.	P8S_WG P8S_WK
K_W03	Has an advanced interdisciplinary knowledge incorporating the latest scholarly developments (in the humanities and social sciences), resulting from the original integration of perspectives from multiple disciplines.	P8S_WG P8S_WK
K_W04	Understands the principles governing the connection between scientific research and practice (commercialisation of research results).	P8S_WG
K_W05	Has an advanced command of terminology used in medical sciences, health sciences and physical culture sciences.	P8S_WG
K_W06	Has knowledge of the legal, ethical, and psychological aspects of conducting research and working as a researcher, including issues of intellectual property and their broader social implications.	P8S_WK

K_W07	Has an advanced and integrated knowledge of the latest global research achievements, research tools and academic schools within selected areas of the discipline, enabling independent formulation and resolution of research problems.	P8S_WG P8S_WK
K_W08	Has a general knowledge of acquiring funding and securing financial resources for scientific research.	P8S_WG
K_W09	Has an advanced knowledge of selected methods and techniques for data acquisition, description and analysis, including the latest scientific developments.	P8S_WG
K_W10	Has an advanced knowledge of selected social competences, drawing on the latest publications in the field.	P8S_WK
SKILLS		
K_U01	Is able to communicate effectively through various channels and techniques with specialists in medical sciences, health sciences, physical culture sciences and related fields, both in Polish and in (modern) foreign languages.	P8S_UK P8S_UO
K_U02	Is able to deliver high-quality teaching using modern instructional techniques.	P8S_UU
K_U03	Is able to promote knowledge in the field of physical culture sciences to a broad audience, drawing on concepts from the social sciences.	P8S_UU
K_U04	Is able to search for, analyse, evaluate, select and integrate information from various sources and formulate critical judgements based on this process.	P8S_UW
K_U05	Is able to formulate and solve scientific problems, design research studies, construct experimental frameworks and use statistical methods to analyse results. Is able to describe methods and techniques for data acquisition, taking into account the latest scientific developments.	P8S_UW
K_U06	Has advanced research skills enabling the resolution of complex scientific problems and contributing original work to the development of knowledge and methodology in physical culture sciences.	P8S_UW

K_U07	Is able to critically analyse scientific literature and academic texts in medical sciences, health sciences and physical culture sciences in terms of their usefulness for their own research.	P8S_UW
K_U08	Has well-developed skills in independent learning, expanding personal competencies, undertaking autonomous intellectual initiatives, and managing their own scientific development.	P8S_UU P8S_UO
K_U09	Is able to convey knowledge and shape skills in diverse groups of learners.	P8S_UK P8S_UU
K_U10	Is able to identify and critically analyse ethical issues in scientific research (including matters of intellectual property and their social impact). Applies the principles of citation and responsible use of others' scholarly work.	P8S_UW P8S_UK
K_U11	Is able to document the outcomes of research activities and prepare scientific publications, including in a foreign language, in accordance with scholarly conventions and with respect for copyright.	P8S_UK
K_U12	Has advanced skills in preparing oral presentations in Polish and in a foreign language in fields of science relevant to the studied discipline or in areas situated at the intersection of several disciplines.	P8S_UK
SOCIAL COMPETENCES		
K_K01	Demonstrates creativity in identifying new research areas and directions of inquiry, and actively engages in communication within the research community.	P8S_KK P8S_KR
K_K02	Is aware of the need to continually develop their teaching competencies in order to improve the delivery of specialist knowledge and recognises the importance of ongoing professional and research development in an interdisciplinary context.	P8S_KR P8S_KO
K_K03	Is aware of their own research concepts, their originality, the feasibility of the research project and the significance of their contribution to the development of physical culture sciences.	P8S_KK P8S_KR

K_K04	Is aware of their membership in the academic community, adheres to its ethical standards and accepts responsibility for its development.	P8S_KR
K_K05	Is able to communicate effectively with the broader community at an advanced level. Recognises the responsibility associated with disseminating scientific research results.	P8S_KO P8S_KR
K_K06	Initiates and leads activities that promote the application of research achievements in physical culture sciences to strengthen social bonds at various levels of social life.	P8S_KK P8S_KR
K_K07	Critically analyses and evaluates scientific research results and recognises their contribution to the advancement of knowledge.	P8S_KO

RESOLUTION NO. 6/2034
of the Senate
of the Wroclaw University of Health and Sport Sciences
of 29 February 2024

regarding: the approval of learning outcomes in the Doctoral School at the Wroclaw University of Health and Sport Sciences

pursuant to: Article 28(1)(13) and Article 201 of the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2023, item 742, as amended), and § 69 of the Statutes of the University of Physical Education named after the Polish Olympians in Wrocław, as well as the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the characteristics of second-cycle learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws, item 2218).

The Senate adopted the following resolution:

§ 1

The Senate of the Wrocław University of Health and Sport Sciences approves the learning outcomes for the Doctoral School, constituting an appendix to this Resolution.

§ 2

This Resolution shall enter into force on the date of its adoption and applies to training commencing in the 2024/2025 academic year.

President of the Senate
of
of the Wroclaw University of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

List of learning outcomes in the Doctoral School
at the Wroclaw University of Health and Sport Sciences

1. General information:
   a) Qualification level: attainment of learning outcomes at Level 8 of the Polish Qualifications Framework
   b) Explanation of symbols:

K (before the underscore) – programme-specific learning outcomes

W (after the underscore) – knowledge category

U (after the underscore) – skills category

K (after the underscore) – social competences category

KF (after the underscore) – discipline: Physical Culture Sciences

P8S (before the underscore) – learning outcomes characteristics for Level 8 (P8) of the Polish Qualifications Framework, typical of qualifications awarded in the system of higher education and science (S).

WG (after the underscore) – knowledge category: scope and depth – completeness of cognitive perspective and relationships

WK (after the underscore) – knowledge category: context – conditions and consequences

UW (after the underscore) – skills category: application of knowledge – problems solved and tasks performed

UK (after the underscore) – skills category: communication – reception and production of statements, dissemination of knowledge in the academic community and foreign-language competence

UO (after the underscore) – skills category: organisation of work – planning and teamwork

UU (after the underscore) – skills category: learning – planning one's own development and supporting the development of others

KK (after the underscore) – social competences category: evaluation – critical stance

KR (after the underscore) – social competences category: professional role – independence and development of professional ethos

KO (after the underscore) – social competences category: responsibility – fulfilling social obligations and acting for the public good

01, 02, 03, etc. – numerical designation of each learning outcome or learning outcome characteristics for Level 8 of the Polish Qualifications Framework, applicable to qualifications awarded in higher education in the field of medical sciences and health sciences and the discipline of physical culture sciences.

2. The list of learning outcomes in the field of medical sciences and health sciences, in the discipline of physical culture sciences.

Description of learning outcomes

in the field of medical sciences and health sciences, in the discipline of physical culture sciences.

Learning outcomes in the field of medical sciences and health sciences, in the discipline of physical culture sciences (K)	**Description of learning outcomes in the Doctoral School Level 8 of the Polish Qualifications Framework**	Reference to the second-degree characteristics of learning outcomes for Level 8 of the Polish Qualifications Framework
KNOWLEDGE		
K_W01_KF	Has an advanced and comprehensive knowledge, including the latest scientific achievements, of the subject-specific and methodological foundations of medical sciences, health sciences and physical culture sciences, and is able to further develop and creatively apply this knowledge in research activities.	P8S_WG
K_W02_KF	Has an advanced knowledge of the social foundations of medical sciences, health sciences and physical culture sciences, including lifestyles, health-promoting behaviours and the cultural determinants of needs.	P8S_WG P8S_WK
K_W03_KF	Has an advanced interdisciplinary knowledge incorporating the latest scholarly developments (in the humanities and social sciences), resulting from the original integration of perspectives from multiple disciplines.	P8S_WG P8S_WK
K_W04_KF	Understands the principles governing the connection between scientific research and practice. Knows the basic principles of knowledge transfer to the economic and social spheres, as well as the commercialisation of research results and the know-how related to those results.	P8S_WK
K_W05_KF	Has an advanced command of terminology used in medical sciences, health sciences and physical culture sciences.	P8S_WG

K_W06_KF	Has knowledge of the legal, ethical, and psychological aspects of conducting research and working as a researcher, including issues of intellectual property and their broader social implications.	P8S_WK
K_W07_KF	Has knowledge of contemporary socio-economic phenomena specific to the service sector, relevant to the pursued research areas and to the practice of a researcher.	P8S_WK
K_W08_KF	Has an advanced and integrated knowledge of the latest global research achievements, research tools and academic schools within selected areas of the discipline, enabling independent formulation and resolution of research problems.	P8S_WG P8S_WK
K_W09_KF	Has a basic knowledge of acquiring funding and securing financial resources for scientific research.	P8S_WG
K_W010_KF	Has an advanced knowledge of selected methods and techniques for data acquisition, description and analysis, including the latest scientific developments.	P8S_WG
K_W11_KF	Has an advanced knowledge of selected social competences, drawing on the latest publications in the field.	P8S_WK
K_W12_KF	Has a basic knowledge of selected issues of contemporary civilisation concerning the development of science and its achievements.	P8S_WK
SKILLS		
K_U01_KF	Is able to communicate effectively through various channels and techniques with specialists in medical sciences, health sciences, physical culture sciences and related fields, both in Polish and in English.	P8S_UK P8S_UO
K_U02_KF	Is able to deliver high-quality teaching using modern instructional techniques.	P8S_UU
K_U03_KF	Is able to promote knowledge in the field of physical culture sciences to a broad audience, drawing on concepts from the social sciences.	P8S_UU
K_U04_KF	Is able to search for, analyse, evaluate, select and integrate information from various sources and formulate critical judgements based on this process.	P8S_UW

K_U05_KF	Is able to formulate and solve scientific problems, design research studies, construct experimental frameworks and use statistical methods to analyse results. Is able to describe methods and techniques for data acquisition, taking into account the latest scientific developments.	P8S_UW
K_U06_KF	Has advanced research skills enabling the resolution of complex scientific problems and contributing original work to the development of knowledge and methodology in physical culture sciences.	P8S_UW
K_U07_KF	Is able to critically analyse scientific literature and academic texts in medical sciences, health sciences and physical culture sciences in terms of their usefulness for their own research.	P8S_UW
K_U08_KF	Has well-developed skills in independent learning, expanding personal competencies, undertaking autonomous intellectual initiatives, and managing their own scientific development.	P8S_UU P8S_UO
K_U09_KF	Is able to convey knowledge and shape skills in diverse groups of learners.	P8S_UK P8S_UU
K_U10_KF	Is able to identify and critically analyse ethical issues in scientific research (including matters of intellectual property and their social impact). Applies the principles of citation and responsible use of others' scholarly work.	P8S_UW P8S_UK
K_U11_KF	Is able to document the outcomes of research activities and prepare scientific publications, including in a foreign language, in accordance with scholarly conventions and with respect for copyright.	P8S_UK
K_U12_KF	Has advanced skills in preparing oral presentations in Polish and in a foreign language in fields of science relevant to the studied discipline or in areas situated at the intersection of several disciplines.	P8S_UK
K_U13_KF	Is able, at a basic level, to transfer the results of scientific activity to the economic and social spheres.	P8S_UW
SOCIAL COMPETENCES		

K_K01_KF	Demonstrates creativity in identifying new research areas and directions of inquiry, and actively engages in communication within the research community.	P8S_KK P8S_KR
K_K02_KF	Is aware of the need to continually develop their teaching competencies in order to improve the delivery of specialist knowledge and recognises the importance of ongoing professional and research development in an interdisciplinary context.	P8S_KR P8S_KO
K_K03_KF	Is aware of their own research concepts, their originality, the feasibility of the research project and the significance of their contribution to the development of physical culture sciences.	P8S_KK P8S_KR
K_K04_KF	Is aware of their membership in the academic community, adheres to its ethical standards and accepts responsibility for its development.	P8S_KR
K_K05_KF	Is able to communicate effectively with the broader community at an advanced level. Recognises the responsibility associated with disseminating scientific research results.	P8S_KO P8S_KR
K_K06_KF	Initiates and leads activities that promote the application of research achievements in physical culture sciences to strengthen social bonds at various levels of social life.	P8S_KK P8S_KR
K_K07_KF	Critically analyses and evaluates scientific research results and recognises their contribution to the advancement of knowledge.	P8S_K0
K_K08_KF	Demonstrates readiness to meet the social responsibilities of researchers and creators, to initiate actions serving the public interest, and to think and act in an entrepreneurial way.	P8S_K0

RESOLUTION No. 39/2019
of the Senate of the Wroclaw University of Health and Sport Sciences of 27 June 2019

Regarding: the approval of the Doctoral School Plan at Wroclaw University of Health and Sport Sciences

Pursuant to: Article 201 of the Polish Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws item 1668, as amended)

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby approves the Plan of the Doctoral School, constituting an appendix to this resolution.

§ 2

The resolution shall enter into force as of the date of adoption, with effect from the 2019/2020 academic year.

President of the Senate
of the Wroclaw University of Health and Sport Sciences

dr hab. Andrzej Rokita, prof. nadzw.

Framework study plan in the Doctoral School from the 2019/2020 academic year

No.	Course name	Total hours:			1st year						2nd year						3rd year						4th year					
					Semester 1			Semester 2			Semester 3			Semester 4			Semester 5			Semester 6			Semester 7			Semester 8		
I. Compulsory courses		**W**	**Tutorials/Workshop**	**self-study**	**w**	**tut**		**w**	**tut**		**w**	**tut**		**w**	**tut**		**w**	**tut**		**W**	**tut**		**w**	**tut**		**w**	**tut**	
1.	Latest research concepts in physical culture sciences	**15**		*5*	15																							
2.	Statistics in research	**5**	**40**	*25*	5	10			15			15																
3.	Literature studies		**60**	*35*					20			20			20													
4.	Research methodology and design	**15**	**30**	*15*	10			5	10			10			10E													
5.	Fundamental theoretical and practical issues of contemporary science	**10**		*5*							10																	
6.	Ethics in the academic community	**20**		*10*				10			10E																	
7.	Public speaking methodology	**10**	**20**	*15*				10				10			10E													
8.	Basics of university teaching	**15**	**20**	*15*	15				10			10E																
Total hours		**90**	**170**	***125***	**45**	**10**		**25**	**55**		**20**	**65**		**10**	**30**			**10**										
Total I		**260**																										
II. Elective courses and professional placements																												
9.	Interdisciplinary lectures****	**75**		*30*				15			15			15			15			15								
10.	Certified language course (annual)			*100*				course			course																	
11.	Training in IBM SPSS Statistics			*100*							training			training														
12.	Researcher's toolkit, Part 1.		**20**	*10*																20								
13.	Researcher's toolkit, Part 2.		**20**	*10*										20														
14.	Researcher's toolkit, Part 3.		**20**	*10*																20								
15.	Teaching Tools, Part 4.		**20**	*10*										20														
16.	Researcher's toolkit, Part 5.		**20**	*10*																						20		
17.	Doctoral seminar***		**40**	*200*					20*																		20**	
18.	Preparation for higher education teaching practice***		**40**	*20*		10			10			20																
19.	University teaching practice (elective)***		**240**	*100*		30			30			30			30			30			30			30			30	
20.	Preparation of the doctoral dissertation***			*200*														[50]			[50]			[50]			[50]	
Total hours		**75**	**420**	***800***		**40**		**15**	**60**		**15**	**50**		**15**	**70**		**15**	**30**		**15**	**70**			30			**70**	
Total II		**495**																										
Total I and II		**755**																										

Semester evaluation

Mid-term assessment

Semester evaluation

* approval of the Individual Research Plan (IRP)
** submission of the dissertation
*** person in charge – the supervisor (supervisors, or the supervisor and auxiliary supervisor)
**** interdisciplinary lectures are credited on an annual basis, with the option to reschedule them to a different semester
Researcher's toolkit: e-learning courses
Part 1. "Researcher's toolkit: the scientific publication as a source of
Part 2. "Researcher's toolkit: how to successfully prepare a research
Part 3. "Researcher's toolkit – the art of scientific presentations"
Part 4. "Educator's toolkit – innovation in university teaching"
Part 5. "Researcher's toolkit – research project management and the commercialisation of research results"
[...] - doctoral student's self-study
E – exam

RESOLUTION No. 6/2020

of the Senate of the Wroclaw University of Health and Sport Sciences

of 27 February 2020

Regarding: approval of the Framework Curriculum of the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2020/2021 academic year

Pursuant to: Article 201 of the Polish Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws item 1668, as amended)

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences approves the Framework Plan of the Doctoral School for the 2020/2021 academic year, the content of which constitutes an appendix to this Resolution.

§ 2

The Resolution shall become effective as of the date of signature.

President

Senate of the Wroclaw University of Health and Sport

Sciences of 27 June 2019 dr hab. Andrzej Rokita,

prof. AWF Wrocław

Framework study plan in the Doctoral School from the 2020/2021 academic year

No.	Course name	Total hours:			1st year					2nd year					3rd year					4th year				
					Semester 1		Semester 2			Semester 3		Semester 4			Semester 5		Semester 6			Semester 7		Semester 8		
I. Compulsory courses		**W**	**utorials/Workshop**	**self-study**	**w**	**tut**	**w**	**tut**		**w**	**tut**	**w**	**tut**		**w**	**tut**	**W**	**tut**		**w**	**tut**	**w**	**tut**	
1.	Latest research concepts in physical culture sciences	**15**		*5*	15				Annual evaluation					Mid-term assessment					Annual evaluation					Annual evaluation
2.	Statistics in research		**50**	*30*		15		15			10		10E											
3.	Literature studies		**50**	*30*		15		15			10		10											
4.	Research methodology and design	**10**	**30**	*15*	10	10		10			10E													
5.	Fundamental theoretical and practical issues of contemporary science	**10**		*5*						10														
6.	Ethics in the academic community	**15**		*10*			15 E																	
7.	Public speaking methodology	**10**	**30**	*20*	10	20		10E																
8.	Basics of university teaching	**20**	**20**	*15*	20			10			10E													
Total hours		**80**	**180**	***130***	**55**	**60**	**15**	**60**		**10**	**40**		**20**											
Total I		**260**																						
II. Elective courses and professional placements																								
9.	Interdisciplinary lectures*	**75**		*30*	15		15			15		15			15									
12.	Researcher's toolkit, Part 1.			*[20]*	{20}																			
13.	Researcher's toolkit, Part 2.			*[20]*			{20}																	
14.	Researcher's toolkit, Part 3.			*[20]*						{20}														
15.	Teaching Tools, Part 4.			*[20]*								{20}												
16.	Researcher's toolkit, Part 5.			*[20]*											{20}									
17.	Preparation and implementation of the Individual Research Plan (IRP)**			*[400]*		[100]		[100]***			[100]		[100]											
19.	University teaching practice (elective)**		**[240]**	*100*		30		30			30		30			30		30			30		30	
20.	Preparation of the doctoral dissertation**			*[400]*												[100]		[100]		[100]			[100]****	
Total hours		**75**	**240**	***1030***	**15**	**50**	**15**	**50**		**15**	**50**	**15**	**50**		**15**	**50**		**30**			**30**		**30**	
Total II		**315**																						
Total I and II		**575**																						

* interdisciplinary lectures are credited on an annual basis, with the option to reschedule them to a different semester
** person in charge – the supervisor (supervisors, or the supervisor and auxiliary supervisor)
*** approval of the Individual Research Plan (IRP)
**** submission of the dissertation

Researcher's toolkit: e-learning courses
Part 1. "Researcher's toolkit: how to successfully prepare a research
Part 2. "Researcher's toolkit: the scientific publication as a source of
Part 3. "Researcher's toolkit – the art of scientific presentations"
Part 4. "Educator's toolkit – innovation in university teaching"
Part 5. "Researcher's toolkit – research project management and the commercialisation of research results"
{ } individual workshops available via e-learning platform
[...] - doctoral student's self-study
E – exam

Resolution No. 4/2021
of the Senate of the Wroclaw University of Health and Sport Sciences of 25 February 2021

Regarding: approval of the Framework Curriculum of the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2021/2022 academic year.

Pursuant to: Article 201 of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2020, item 85, as amended)

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences approves the Framework Plan of the Doctoral School for the 2021/2022 academic year, constituting an appendix to this Resolution.

§ 2

The Resolution shall become effective as of the date of signature.

President of the Senate
of the Wroclaw University of Health and Sport Sciences

Prof. Dr. Andrzej Rokita

Framework study plan in the Doctoral School from the 2021/2022 academic year

No.	Course name	Total hours:			1st year					2nd year					3rd year					4th year				
					Semester 1		Semester 2			Semester 3		Semester 4			Semester 5		Semester 6			Semester 7		Semester 8		
I. Compulsory courses		**W**	**utorials/Workshop**	**self-study**	**w**	**tut**	**w**	**tut**		**w**	**tut**	**w**	**tut**		**w**	**tut**	**W**	**tut**		**w**	**tut**	**w**	**tut**	
1.	Latest research concepts in physical culture sciences	**15**		*5*	15				A n n u a l e v a l u a t i o n					**M i d - t e r m a s s e s s m e n t**					A n n u a l e v a l u a t i o n					A n n u a l e v a l u a t i o n
2.	Statistics in research		**50**	*30*		15		15			10		10E											
3.	Literature studies		**50**	*30*		15		15			10		10											
4.	Research methodology and design	**10**	**30**	*15*	10	**15**		**15E**																
5.	Fundamental theoretical and practical issues of contemporary science	**10**		*5*						10														
6.	Ethics in the academic community	**15**		*10*			15 E																	
7.	Public speaking methodology	**10**	**30**	*20*	10	20		10E																
8.	Basics of university teaching	**20**	**20**	*15*	20			10			10E													
Total hours		**80**	**180**	***130***	**55**	**65**	**15**	**65**		**10**	**30**		**20**											
Total I		**260**																						
II. Elective courses and professional placements																								
9.	Interdisciplinary lectures*	**75**		*30*	15		15			15		15			15									
12.	Researcher's toolkit, Part 1.			*[20]*	{20}																			
13.	Researcher's toolkit, Part 2.			*[20]*			{20}																	
14.	Researcher's toolkit, Part 3.			*[20]*						{20}														
15.	Teaching Tools, Part 4.			*[20]*								{20}												
16.	Researcher's toolkit, Part 5.			*[20]*											{20}									
17.	Preparation and implementation of the Individual Research Plan (IRP)**			*[400]*		[100]		[100]***			[100]		[100]											
19.	University teaching practice (elective)**		**[240]**	*100*		30		30			30		30			30		30			30		30	
20.	Preparation of the doctoral dissertation**			*[400]*												[100]		[100]			[100]		[100]****	
Total hours		**75**	**240**	***1030***	**15**	**50**	**15**	**50**		**15**	**50**	**15**	**50**		**15**	**50**		**30**			**30**		**30**	
Total II		**315**																						
Total I and II		**575**																						

* interdisciplinary lectures are credited on an annual basis, with the option to reschedule them to a different semester
** person in charge – the supervisor (supervisors, or the supervisor and auxiliary supervisor)
*** submission of an Individual Research Plan (IRP)
**** submission of the dissertation

Researcher's toolkit: e-learning courses
Part 1. "Researcher's toolkit: how to successfully prepare a researc
Part 2. "Researcher's toolkit: the scientific publication as a source
Part 3. "Researcher's toolkit – the art of scientific presentations"
Part 4. "Educator's toolkit – innovation in university teaching"
Part 5. "Researcher's toolkit – research project management and the commercialisation of research results"
{ } individual workshops available via e-learning platform
[...] - doctoral student's self-study
E – exam

Resolution No. 21/2022
of the Senate of the Wroclaw University of Health and Sport Sciences of 28 April 2022

regarding: the approval of the Framework Curriculum of the Doctoral School at the Wroclaw University of Health and Sport Sciences, effective from the 2022/2023 academic year.

pursuant to: Article 201 of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2020, item 85, as amended).

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences approves the Framework Study Programme of the Doctoral School, effective from the 2022/2023 academic year, attached to this Resolution as an appendix.

§ 2

The Resolution shall become effective as of the date of signature.

President of the Senate
of the Wroclaw University of Health and Sport Sciences

Prof. Dr. Andrzej Rokita

Ramowy program kształcenia w Szkole Doktorskiej od roku akademickiego 2022-2023

Lp.	Nazwa przedmiotu	Ogółem godzin:			I rok					II rok					III rok					IV rok				
					Sem. 1		Sem. 2			Sem. 3		Sem. 4			Sem. 5		Sem. 6			Sem. 7		Sem. 8		
I. Przedmioty obowiązkowe		**W**	**Ćw/Warszt.**	**praca własna**	**w**	**ćw**	**w**	**ćw**		**w**	**ćw**	**w**	**ćw**		**w**	**ćw**	**W**	**ćw**		**w**	**ćw**	**w**	**ćw**	
1.	Najnowsze koncepcje badawcze w naukach o k. fiz.	**15**		*5*	15																			
2.	Statystyka w badaniach naukowych		**50**	*30*		15		15			10		10E											
3.	Studia literaturowe		**50**	*30*		15		15			10		10											
4.	Metodologia i projektowanie badań naukowych	**10**	**30**	*15*	10	**15**		**15E**																
5.	Podstawowe zagadnienia teoretyczne i pragmatyczne współczesnej nauki	**10**		*5*					E	10				O					E					E
6.	Etyka środowiska akademickiego	**15**		*10*			15 E		w					c					w					w
7.	Metodyka wystąpień publicznych	**10**	**30**	*20*	10	20		10E	a					e					a					a
8.	Podstawy dydaktyki szkoły wyższej	**20**	**20**	*15*	20			10	l		10E			n					l					l
Suma godzin		**80**	**180**	***130***	**55**	**65**	**15**	**65**	u	**10**	**30**		**20**	a					u					u
Suma I		**260**							a					ś					a					a
II. Przedmioty fakultatywne i praktyki zawodowe									c					r					c					c
9.	Wykłady interdyscyplinarne*	**50**		*30*	10		10		j	10		10		d	10				j					j
12.	Narzędzia naukowca cz. 1.			*[20]*	{20}				a					o					a					a
13.	Narzędzia naukowca cz. 2.			*[20]*			{20}							k										
14.	Narzędzia naukowca cz.3.			*[20]*					r	{20}				r					r					r
15.	Narzędzia dydaktyka cz. 4.			*[20]*					o			{20}		e					o					o
16.	Narzędzia naukowca cz. 5.			*[20]*					c					s	{20}				c					c
17.	Przygotowanie i realizacja Insywidualnego Planu Badawczego (IPB)**			*[400]*		[100]		[100]***	z		[100]		[100]	o					z					z
19.	Praktyka dydaktyki szkoły wyższej (do wyboru)**		**[240]**	*100*		30		30	n		30		30	w		30		30	n		30		30	n
20.	Przygotowanie rozprawy doktorskiej**			*[400]*					a					a		[100]		[100]	a		[100]		[100]****	a
Suma godzin		**50**	**240**	***1030***	**10**	**50**	**10**	**50**		**10**	**50**	**10**	**50**		**10**	**50**		**30**			**30**		**30**	
Suma II		**290**																						
Razem I i II		**550**																						

* wykłady interdyscyplinarne realizowane są w rozliczeniu rocznym z możliwością przesunięcia na inny semestr
** osoba odpowiedzialna - promotor (promotorzy, promotor i promotor pomocniczy)
*** złożenie Indywidualnego Planu Badawczego (IPB)
**** złożenie rozprawy doktorskiej

Narzędzia naukowca: kursy e-learningu
cz. 1. „Narzędzia naukowca - Jak z sukcesem przygotować wniosek
cz. 2. "Narzędzia naukowca- Publikacja naukowa jako źródło sukces
cz. 3. "Narzędzia naukowca - Sztuka prezentacji naukowych"
cz. 4.„Narzędzia dydaktyka – innowacyjność w dydaktyce szkoły wyższej"
cz. 5.„Narzędzia naukowca – zarządzanie projektami badawczymi i komercjalizacja wyników badań naukowych"
{ } warsztaty indywidualne dostępne przez platformę e-learningową
[…] -praca własna doktoranta
E - egzamin

Resolution No. 21/2022
of the Senate of the Wroclaw University of Health and Sport Sciences of 28 April 2022

regarding: the approval of the Framework Curriculum of the Doctoral School at the Wroclaw University of Health and Sport Sciences, effective from the 2022/2023 academic year.

pursuant to: Article 201 of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2020, item 85, as amended).

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences approves the Framework Study Programme of the Doctoral School, effective from the 2022/2023 academic year, attached to this Resolution as an appendix.

§ 2

The Resolution shall become effective as of the date of signature.

President of the Senate
of the Wroclaw University of Health and Sport Sciences

Prof. Dr. Andrzej Rokita

Framework Study Programme of the Doctoral School from the 2022/2023 academic year

No.	Course name	Total hours:			1st year					2nd year					3rd year					4th year				
					Semester 1		Semester 2			Semester 3		Semester 4			Semester 5		Semester 6			Semester 7		Semester 8		
I. Compulsory courses		**W**	**utorials/Workshop**	**self-study**	**w**	**tut**	**w**	**tut**		**w**	**tut**	**w**	**tut**		**w**	**tut**	**W**	**tut**		**w**	**tut**	**w**	**tut**	
1.	Latest research concepts in physical culture sciences	**15**		*5*	15				A n n u a l e v a l u a t i o n					**M i d - t e r m a s s e s s m e n t**					A n n u a l e v a l u a t i o n					A n n u a l e v a l u a t i o n
2.	Statistics in research		**50**	*30*		15		15			10		10E											
3.	Literature studies		**50**	*30*		15		15			10		10											
4.	Research methodology and design	**10**	**30**	*15*	10	**15**		**15E**																
5.	Fundamental theoretical and practical issues of contemporary science	**10**		*5*						10														
6.	Ethics in the academic community	**15**		*10*			15 E																	
7.	Public speaking methodology	**10**	**30**	*20*	10	20		10E																
8.	Basics of university teaching	**20**	**20**	*15*	20			10			10E													
Total hours		**80**	**180**	***130***	**55**	**65**	**15**	**65**		**10**	**30**		**20**											
Total I		**260**																						
II. Elective courses and professional placements																								
9.	Interdisciplinary lectures*	**50**		*30*	10		10			10		10			10									
12.	Researcher's toolkit, Part 1.			*[20]*	{20}																			
13.	Researcher's toolkit, Part 2.			*[20]*			{20}																	
14.	Researcher's toolkit, Part 3.			*[20]*						{20}														
15.	Teaching Tools, Part 4.			*[20]*								{20}												
16.	Researcher's toolkit, Part 5.			*[20]*											{20}									
17.	Preparation and implementation of the Individual Research Plan (IRP)**			*[400]*		[100]		[100]***			[100]		[100]											
19.	University teaching practice (elective)**		**[240]**	*100*		30		30			30		30			30		30			30		30	
20.	Preparation of the doctoral dissertation**			*[400]*												[100]		[100]			[100]		[100]****	
Total hours		**50**	**240**	***1030***	**10**	**50**	**10**	**50**		**10**	**50**	**10**	**50**		**10**	**50**		**30**			**30**		**30**	
Total II		**290**																						
Total I and II		**550**																						

* interdisciplinary lectures are credited on an annual basis, with the option to reschedule them to a different semester
** person in charge – the supervisor (supervisors, or the supervisor and auxiliary supervisor)
*** submission of an Individual Research Plan (IRP)
**** submission of the dissertation

Researcher's toolkit: e-learning courses
Part 1. "Researcher's toolkit: how to successfully prepare a researc
Part 2. "Researcher's toolkit: the scientific publication as a source
Part 3. "Researcher's toolkit – the art of scientific presentations"
Part 4. "Educator's toolkit – innovation in university teaching"
Part 5. "Researcher's toolkit – research project management and the commercialisation of research results"
{ } individual workshops available via e-learning platform
[...] - doctoral student's self-study
E – exam

RESOLUTION NO. 7/2024
of the Senate of the Wroclaw University of Health and Sport Sciences dated 29 February 2024

regarding: the approval of the Doctoral School Plan at Wroclaw University of Health and Sport Sciences

pursuant to: Article 201 of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2023, item 742, as amended) and § 69 of the Statute of the Wroclaw University of Health and Sport Sciences

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby approves the Doctoral School Plan, constituting an appendix to this Resolution.

§ 2

This Resolution shall enter into force on the date of its adoption and applies to training commencing in the 2024/2025 academic year.

President of the Senate
of the **Wroclaw University of Health and Sport Sciences**

prof. dr hab. Andrzej Rokita

Framework Study Programme of the Doctoral School from the 2024/2025 academic year

No.	Course name	Total hours:			1st year					2nd year					3rd year					4th year				
					Semester 1		Semester 2			Semester 3		Semester 4			Semester 5		Semester 6			Semester 7		Semester 8		
I. Compulsory courses		**W**	**rials/Works**	**self-study**	**w**	**tut**	**w**	**tut**		**w**	**tut**	**w**	**tut**		**w**	**tut**	**W**	**tut**		**w**	**tut**	**w**	**tut**	
1.	**Latest research concepts in physical culture sciences**	**15**		***10***	**15**																			
2.	**Research methodology and design**	**10**	**50**	***30***	**10**	**15**		**15**			**10**		**10E**											
3.	**Literature studies in English**		**30**	***20***		**15**		**15**																
4.	**Statistics in research**		**50**	***30***		**15**		**15**			**10**		**10E**											
5.	**Commercialisation of research results and cooperation with industry**		**20**	***10***				**20**																
6.	**Entrepreneurship**	**5**	**10**	***10***						**10**	**5**													
7.	**Public speaking methodology**		**20**	***10***				**20E**																
8.	**Basics of university teaching**	**10**	**15**	***10***	**10**	**15E**																		
9.	**Ethics in the academic community**	**15**		***10***								**15E**												
10.	**Fundamental theoretical and practical issues of contemporary science**	**10**		***5***								**10**												
		65	**195**	***145***	**35**	**60**		**85**		**10**	**25**	**25**	**20**											
Total hours		**260**																						
II. Elective courses and professional placements																								
11.	Interdisciplinary lectures*	**50**		*30*	10		10			10		10			10									
	Researcher's toolkit, Part 1.			*[20]*	{20}																			
12.	Researcher's toolkit, Part 2.			*[20]*	{20}																			
13.	Researcher's toolkit, Part 3.			*[20]*						{20}														
14.	Teaching Tools, Part 4.			*[20]*						{20}														
15.	Researcher's toolkit, Part 5.			*[20]*								{20}												
16.	Preparation and implementation of the Individual Research Plan (IRP)**			*[400]*		[100]		[100]***			[100]		[100]											
17.	University teaching practice (elective)**		**[160]**	*100*		20		20			20		20			20		20			20		20	
19.	Preparation of the doctoral dissertation**			*[400]*												[100]		[100]			[100]		[100]****	
		50	**160**	***1030***	**10**	**20**	**10**	**20**		**10**	**20**	**10**	**20**		**10**	**20**		**20**			**20**		**20**	
Total hours		**210**																						
Total of I+ II		**470**																						

SEMESTER EVALUATION / MID-TERM ASSESSMENT

SEMESTER EVALUATION

SEMESTER EVALUATION

* interdisciplinary lectures are credited on an annual basis, with the option to reschedule them to a different semester
** person in charge – the supervisor (supervisors, or the supervisor and auxiliary supervisor)
*** submission of an Individual Research Plan (IRP)
**** submission of the dissertation

Researcher's toolkit: e-learning courses
Part 1. "Researcher's toolkit: how to successfully prepare a research i
Part 2. "Researcher's toolkit: the scientific publication as a source of academic success"
Part 3. "Researcher's toolkit – the art of scientific presentations"
Part 4. "Educator's toolkit – innovation in university teaching"
Part 5. "Researcher's toolkit – research project management and the commercialisation of research results"
{ } individual workshops available via e-learning platform
[...] - doctoral student's self-study
E – exam

Resolution No. 6/2025
of the Senate of the Wroclaw University of Health and Sport Sciences dated 27 February 2025

regarding: the establishment of the framework curriculum for the Doctoral School operated by the Wroclaw University of Health and Sport Sciences

pursuant to: Article 200(3) of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text of Journal of Laws of 2024, item 1571, as amended), and §17(2(12) of the Statute of the Wroclaw University of Health and Sport Sciences, adopted by Senate Resolution No. 35/2024 of 12 September 2024

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences establishes the Framework Study Programme of the Doctoral School, effective from the 2025/2026 academic year, attached to this Resolution as an appendix.

§ 2

This Resolution shall enter into force on the date of its adoption and applies to training commencing in the 2025/2026 academic year.

§ 3

With effect from the date of adoption of this resolution, Senate Resolution No. 7/2024 of 29 February 2024 shall cease to have effect.

President of the Senate

dr hab. Tadeusz Stefaniak, prof. AWF Wrocław

Framework Study Programme of the Doctoral School from the 2025/2026 academic year

No.	Course name	Total hours:			1st year					2nd year					3rd year					4th year				
					Semester 1		Semester 2			Semester 3		Semester 4			Semester 5		Semester 6			Semester 7		Semester 8		
I. Compulsory courses		**W**	**orials/Works**	**self-study**	**w**	**tut**	**w**	**tut**		**w**	**tut**	**w**	**tut**		**w**	**tut**	**W**	**tut**		**w**	**tut**	**w**	**tut**	
1	**Latest research concepts in physical culture sciences**	**15**		***10***	**15**																			
2	**Research methodology and design**	**20**	**40**	***30***	**10**	**20**	**10**	**20E**																
3	**Principles for the preparation of scientific texts and the publication process**		**20**	***10***		**10**		**10**																
4	**Literature studies in English**		**30**	***20***		**10**		**10**			**10**													
5	**Statistics in research**		**50**	***30***		**15**		**15**			**10**		**10E**											
6	**Commercialisation of research results and cooperation with industry**		**10**	***5***									**10**											
7	**Entrepreneurship**	**5**		***5***						**5**														
8	**Public speaking methodology**		**10**	***5***				**10E**																
9	**Basics of university teaching**	**5**	**10**	***10***	**5**	**10E**																		
10	**Ethics in the academic community**	**15**		***10***			**15E**																	
11	**Fundamental theoretical and practical issues of contemporary science**	**10**		***5***								**10**												
12	**Aspects of the development of an early-career researcher**		**20**	***10***		**10**		**10**																
		70	**190**	***150***	**30**	**75**	**25**	**75**		**5**	**20**	**10**	**20**											
Total hours		**260**																						
II. Elective courses and professional placements																								
13	Interdisciplinary lectures*	**50**		***30***	10		10			10		10			10									
14	Researcher's toolkit			***100***	{40}					{60}														
15	Preparation and implementation of the Individual Research Plan (IRP) and the preparation of the doctoral dissertation**			***[800]***	[100]		[100]***			[100]		[100]			[100]		[100]			[100]		[100]****		
16	University teaching practice (elective)**		**[160]**	***100***		20		20			20		20			20		20				20		20
		50	**160**	***1030***	**10**	**20**	**10**	**20**		**10**	**20**	**10**	**20**		**10**	**20**		**20**				**20**		**20**
Total hours		**210**																						
Total of I+ II		**470**																						

SEMESTER EVALUATION / MID-TERM ASSESSMENT

SEMESTER EVALUATION

SEMESTER EVALUATION

* interdisciplinary lectures are credited on an annual basis, with the option to reschedule them to a different semester
** person in charge – the supervisor (supervisors, or the supervisor and auxiliary supervisor)
*** submission of an Individual Research Plan (IRP)
**** submission of the dissertation

Researcher's toolkit: open access e-learning courses

{ } individual courses available via e-learning platforms
[...] - doctoral student's self-study
E – exam

Self-evaluation report

Mid-term assessment of the progress made in implementing the Individual Research Plan (IRP)

I. Basic details/information concerning the doctoral student and the doctoral dissertation

Full name of the doctoral student:	
Topic of the dissertation as stated in the IRP:	
Current dissertation topic at the end of semester 4:	
Discipline of study:	
Supervisor(s):	
Auxiliary supervisor:	
Date of commencement of training in the Doctoral School:	
Planned date of submission of the doctoral dissertation (according to the IRP):	
Level of progress in the preparation of the doctoral dissertation (%):	
Planned form of the dissertation:	

II. Statement of the doctoral student and the supervisor

The undersigned hereby confirms that the information provided in this self-evaluation report is true and accurate.

....
Date Signature of the doctoral student

....
Date Supervisor's signature

....
Date Signature of the auxiliary supervisor/second supervisor

Description of the research work carried out in relation to the doctoral dissertation

(not more than 5 pages, font size 12, line spacing 1.5; in particular: significance of the research, purpose of the research, research concept and plan according to the IRP, research material and methodology, research conducted, key results)

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III. Implementation of the IRP

1. List of tasks in accordance with the IRP (semesters 1-4)

No.	Research task in accordance with the IRP	Deadline for completion according to the IRP
1.		
2.		

2. Degree of implementation of the IRP

Semester of study	Description of the research task in accordance with the IRP	Task completed YES/NO
	1.	
	2.	

3. Discrepancies in the implementation of the IRP, according to the report

Explanation of changes introduced and discrepancies in the IRP schedule Justification for failure to complete a task

.....
.....
.....
.....
.....
.....
.....

If there are no discrepancies, enter: "no discrepancies"

IV. Scientific achievements (from the beginning of training in the Doctoral School)

1. List of published works confirmed by the Scientific Information Centre at the Wroclaw University of Health and Sport Sciences

No.	Description	Ministerial points	IF
1.	*authors, title of the publication, journal/conference, number, year of publication, DOI*		
2.	*authors, title of the publication, journal/conference, number, year of publication, DOI*		

2. Active participation in scientific conferences – conference presentations

No.	Description	Type of presentation (oral/poster)
1.	*authors, title of the publication, conference, location, date*	
2.	*authors, title of the publication, conference, location, date*	

3. List of manuscripts submitted to journal editorial offices (please indicate the current status of each submission, e.g. under review, rejected, withdrawn)

No.	Description	Date of submission	Status	Ministerial points	IF
1.	*authors, title of the publication, journal/conference/monograph*				
2.	*authors, title of the publication, journal/conference/monograph*				

4. Research/competition projects

1.	Role in the project (researcher, principal investigator):	
	Project title:	
	Project number:	
	Sources of funding:	
	Place of implementation:	
	Period of implementation:	

5. Activity in securing funding for research projects (list of submitted applications, including those that have not received funding)

1.	Expected role in the project (researcher, principal investigator):	
	Project title:	
	Institution announcing the call:	
	Name of the competition:	
	Expected duration of the project:	

6. Scientific collaboration

Scientific collaboration with other academic or research institutions, both national and international.

1.	Name of the unit	
	Nature of collaboration:	
	Period of collaboration:	
	Key outcomes of the collaboration:	

7. Other scientific achievements, e.g. awards, scholarships, internships (brief description and dates)

V. Notes and comments (additional explanations or comments – up to 1 page)

.....

.....

.....

Procedure for submitting and approving the Individual Research Plan and presenting the Individual Research Plan

1. The doctoral student, in consultation with the supervisor or with the supervisor and auxiliary supervisor, prepares the Individual Research Plan (IRP) using the template available on the Doctoral School website.
2. If an auxiliary supervisor has been appointed, the IRP must be submitted after having been reviewed by the auxiliary supervisor.
3. The doctoral student submits the electronic version to the School's e-mail address (szkola.doktorska@awf.wroc.pl) and the printed version of the **draft IRP**, signed by the candidate and the supervisor/supervisors or by the supervisor and auxiliary supervisor, to the Doctoral School Office by 31 March of the calendar year following the start of studies.
4. The Director of the School forwards the draft IRPs to the Chair of the Doctoral School Council.
5. The Director of the Doctoral School appoints a Committee to evaluate the candidates' draft IRPs. The Committee consists of the Doctoral School Council and five experts. The Committee is chaired by the Director of the Doctoral School.
6. The doctoral student, in the presence of the supervisor/supervisors or supervisor and auxiliary supervisor, presents the IRP to the Committee. The Committee evaluates:

a. the research problem of the doctoral dissertation and the proposed topic, the scientific level and innovative character of the proposed research, the potential impact of the planned project on the development of the discipline of physical culture sciences, the justification for undertaking the research problem, the applied value of the research problem, the correctness of the research aim, hypotheses or research questions, the research concept, research methodology;
b. the planned form of the doctoral dissertation;
c. the schedule for research work and dissertation preparation, including the planned date of dissertation submission.

6. The oral presentation lasts 10 minutes, followed by discussion and evaluation of the IRP.
7. The Committee may recommend amendments to the IRP, which the doctoral student must incorporate into the Individual Research Plan.

8. The doctoral student submits the electronic version to the School's e-mail address (szkola.doktorska@awf.wroc.pl) and the printed version of the final IRP, signed by the candidate and the supervisor/supervisors or by the supervisor and auxiliary supervisor, to the Doctoral School Office by 30 March of the calendar year following the start of studies.

9. The doctoral student presents the IRP to the Committee within 12 months of commencing studies.

10. The IRP may be modified after its submission only upon a justified request from the doctoral student, reviewed by the supervisor, and submitted together with the semester report.

DOCTORAL STUDENT'S REPORT for the ..... semester in the ..... academic year

Full name of the doctoral student:	
Student ID number:	
Field/scientific discipline:	
Full name of the supervisor(s):	
Full name of the auxiliary supervisor[1]:	

I. Report on the progress made in implementing the Individual Research Plan (IRP)

1. Research project title:

.....

.....

2. Implementation of the detailed research plan (research tasks*) in accordance with the IRP

No.	Name of the research task	Planned completion date	Completion deadline	Source of funding	Costs incurred

The research plan is a list of planned research tasks.
According to the definition adopted by the National Science Centre, a research task is a concise description of the planned research. The term includes, for example, preparation of research materials, individual research procedures carried out using appropriate methods, analysis, processing and interpretation of results.
***Activities not considered research tasks include, among others**: the purchase of equipment and materials, preparation of a bibliography, submission of a grant proposal, publication of an article, archival queries or internships or preparation of a chapter of the doctoral dissertation. These activities are linked to research tasks as tools for their implementation, outcomes of their completion or ways of disseminating results.*

[1] where an auxiliary supervisor has been appointed

3. Implementation of the planned research outputs in accordance with the IRP

- publications: co-authors, title, place of submission and stage of the editorial process
- active participation in scientific conferences: name of the conference, title of the presentation, date and venue
- submission of an application for research funding: details of the application

No.	Research output	Planned date	Completion deadline

4. Description of the stages of preparation of the doctoral dissertation according to the planned form of the dissertation, in accordance with the IRP

No.	Stages of dissertation preparation	Planned date	Completion deadline

5. Implementation of the planned development of research competencies: academic mobility, courses, training, etc.

No.	Forms of competence development	Planned date	Completion deadline	Source of funding

II. Report on the course of training in the Doctoral School

1. Information on the completion of the semester:

semester grade point average: ……

STATUS / select as appropriate, delete the remaining options		
PASS	CONDITIONAL PASS	OTHER

2. Implementation of higher education teaching practice
Number of teaching hours completed during the semester (passive/active) ….. / 30

No.	Full name of the course	Department	Type of studies, year	Type of class	Passive/active participation	Total number of hours	Signature of the person responsible for the course

Number of hours of research laboratory practice completed ……./10

No.	Name of the laboratory	Type of research	Total number of hours	Supervisor's signature

3. Participation in public doctoral defence examinations at the Wroclaw University of Health and Sport Sciences

No.	Date of defence	Title of the doctoral dissertation	Full name of the doctoral student

III. Participation in the University's organisational activities

.....

.....

IV. Other organisational activities of the doctoral student

.....

.....

.....
Signature of the doctoral student

....
signature of the supervisor(s): signature of the auxiliary supervisor

ANNUAL EVALUATION OF THE DOCTORAL STUDENT

xxx

for semesters 3 and 4 in the 2024/25 academic year

1. Basic details

Full name of the doctoral student:	XXXXX
Student ID number:	XXXX
Field/scientific discipline:	Field of Medical and Health Sciences/ Discipline: Physical Culture Studies
Full name of the supervisor(s):	xxxxxx
Full name of the auxiliary supervisor[1]:	

2. Research project title:

xxx

3. Information on the completion of the semester:

Semester grade point average:

STATUS / select as appropriate, delete the remaining options		
PASS	~~CONDITIONAL PASS~~	~~OTHER~~

4. Semester evaluation: POSITIVE NEGATIVE –

5. Notes:

[1] where an auxiliary supervisor has been appointed

1. The Doctoral Student has acquired an advanced and extensive subject-specific and methodological knowledge, incorporating the latest developments.
(courses completed: Latest Research Concepts,
courses in progress: Literature Studies)
2. The Doctoral Student is acquiring an advanced interdisciplinary knowledge (humanities and social sciences), incorporating the latest research findings,
(courses in progress: Interdisciplinary Lectures)
3. The Doctoral Student has obtained a general knowledge in securing funding and financing scientific research. (courses and training sessions)
4. The Doctoral Student has acquired an advanced knowledge of selected methods and techniques for data acquisition, description and analysis, including the latest scientific developments.
(courses in progress: Literature Studies, Methodology and Design of Scientific Research, Interdisciplinary Lectures, Doctoral Seminar)
5. The Doctoral Student is developing the ability to conduct teaching activities using modern teaching techniques.
(courses in progress: Preparation for Higher Education Teaching Practice, Higher Education Teaching Practice)
6. The Doctoral Student is acquiring the ability to communicate effectively through various channels and techniques with specialists in medical sciences, health sciences, physical culture sciences and related fields, both in Polish and in (modern) foreign languages.
(courses in progress: Basics of University Teaching, Public Speaking Methodology, Preparation for Higher Education Teaching Practice, Higher Education Teaching Practice)
7. The Doctoral Student is developing the ability to critically analyse scientific literature and academic texts in terms of their usefulness for her own research.
(courses in progress: Literature Studies, Doctoral Seminar)

8. She has the ability to acquire knowledge independently and expand her competencies through courses, training sessions, lectures and seminars outside the curriculum.

9. The Doctoral Student is able to convey knowledge and shape skills in diverse groups of learners:

other teaching activities and dissemination of knowledge

10. The Doctoral Student is developing the ability to document research findings and prepare work that constitutes scientific publications and conference presentations.

11. The Doctoral Student is developing the ability to use statistical methods for data analysis.

(courses in progress: Statistics in Scientific Research)

Conclusions:

Report on the course of training in the Doctoral School

1. The Doctoral Student has achieved the intended learning outcomes in accordance with the courses completed in semesters 3 and 4.

2. Training in the Doctoral School is progressing according to the adopted schedule. The doctoral student has completed a total of 60 hours in higher education teaching practice during the academic year as part of the following subjects: Physiotherapy in Oncology and Palliative Medicine, Histology with Cytophysiology, Physiology of Ageing, Physiotherapy Programming in Musculoskeletal Dysfunction.

3. The Doctoral Student actively participated in public doctoral defence examinations, workshops and lectures, thus developing her scientific and teaching competencies.

Report on the progress made in implementing the Individual Research Plan

1. The Doctoral Student is implementing the IRP in accordance with the planned schedule, including, inter alia,xxx.
2. She has completed and presented her research findings through active participation in scientific conferences and as a co-author of scientific publications. The Doctoral Student reports a slight delay in preparing the review article; however, this does not disrupt the implementation of the IRP.

Final conclusion:

The Doctoral Student is achieving the intended learning outcomes, actively participating in scientific and teaching activities, and consistently implementing the Individual Research Plan. The supervisors emphasise their excellent cooperation with the doctoral student. The progress made in the doctoral project, as well as her engagement in developing research and teaching competencies, justifies issuing a positive evaluation.

Matrix showing the alignment of programme learning outcomes
Teaching cycle: 2023/24
Programme: Doctoral School
Specialisation: All
Level of education: Doctoral School"
Mode of study: full-time

Name	Specialisation	Compulsory/elective stat.	Code	Semester	K_W01_KF	K_W02_KF	K_W03_KF	K_W04_KF	K_W05_KF	K_W06_KF	K_W07_KF	K_W08_KF	K_W09_KF	K_W10_KF	K_U01_KF	K_U02_KF	K_U03_KF	K_U04_KF	K_U05_KF	K_U06_KF	K_U07_KF	K_U08_KF	K_U09_KF	K_U10_KF	K_U11_KF	K_U12_KF	K_K01_KF	K_K02_KF	K_K03_KF	K_K04_KF	K_K05_KF	K_K06_KF	K_K07_KF
Latest research concepts in physical culture sciences		C	SDSDS.SD1PO.0321.23	Semester 1	☑	☑	☑	☑	☑									☑	☑	☑		☑					☑	☑	☑	☑	☑	☑	
Statistics in research		C	SDSDS.DFPO.0542.23	Semester 1, Semester 2, Semester 3 and Semester 4							☑		☑					☑	☑			☑				☑			☑		☑	☑	☑
Literature studies		C	SDSDS.DFPO.0554.23	Semester 1, Semester 2, Semester 3 and Semester 4	☑		☑		☑				☑	☑				☑			☑	☑				☑				☑			☑
Research methodology and design		C	SDSDS.SD3PO.0290.23	Semester 1 and Semester 2	☑		☑		☑		☑		☑		☑			☑	☑	☑				☑			☑	☑	☑	☑	☑	☑	☑
Public speaking methodology		C	SDSDS.D3PO.0306.23	Semester 1 and Semester 2			☑						☑	☑			☑	☑								☑		☑			☑		
Basics of university teaching (not completed)		C	SDSDS.D7PO.0388.23	Semester 1, Semester 2 and Semester 3																													
Interdisciplinary lectures		E	SDSDS.D1FPPZ.0672.23	Semester 1, Semester 2, Semester 3, Semester 4 and Se	☑	☑	☑								☑							☑					☑	☑		☑	☑	☑	☑
Researcher's toolkit, Part 1		E	SDSDS.D1PFPZ.1476.23	Semester 1	☑	☑		☑				☑						☑		☑		☑						☑	☑	☑			
Preparation and implementation of the Individual Research Plan (IRP)		E	SDSDS.DFPFPZ.1477.23	Semester 1, Semester 2, Semester 3 and Semester 4	☑	☑	☑				☑							☑	☑	☑	☑						☑	☑	☑	☑	☑	☑	☑
University teaching practice (elective)		E	SDSDS.DFFPPZ.1478.23	1s i 2s i 3s i 4s i 5s i 6s i 7s i 8s				☑	☑							☑	☑										☑						
Ethics in the academic community		C	SDSDS.D2PO.1479.23	2s		☑	☑	☑	☑												☑			☑					☑	☑		
Researcher's toolkit, Part 2		E	SDSDS.D2PFPZ.1480.23	2s			☑								☑	☑							☑				☑						
Fundamental theoretical and practical issues of contemporary science		C	SDSDS.D4PO.0377.23	3s	☑		☑											☑			☑	☑						☑				
Researcher's toolkit, Part 3		E	SDSDS.D4PFPZ.1481.23	3s						☑	☑							☑	☑									☑				☑
Educator's toolkit, Part 4		E	SDSDS.D8PFPZ.1482.23	4s	☑									☑												☑					☑	☑
Researcher's toolkit, Part 5		E	SDSDS.D10PFPZ.1483.23	5s				☑						☑				☑									☑		☑				
Preparation of the doctoral dissertation		E	SDSDS.DFDFPPZ.0479.23	5s i 6s i 7s i 8s	☑	☑	☑		☑	☑	☑							☑	☑	☑	☑					☑	☑	☑	☑			☑
Total (compulsory):					4	2	6	2	3	1	2	0	4	2	1	1	1	5	3	2	3	4	1	1	1	2	2	3	4	3	6	3	3
Total (elective):					5	4	4	2	2	3	3	1	0	2	2	2	1	5	3	3	3	1	1	0	0	1	4	5	5	4	4	3	5
Total:					9	6	10	4	5	4	5	1	4	4	3	3	2	10	6	5	6	5	2	1	1	3	6	8	9	7	10	6	8

Code	Content of the learning outcome in English	Content of the learning outcome in English
K_W01_KF	Has an advanced and comprehensive knowledge, including the latest scientific achievements, of the subject-specific and methodological foundations of medical sciences, health sciences and physical culture sciences, and is able to further develop and creatively apply this knowledge in research activities.	Has an advanced and comprehensive knowledge, including the latest scientific achievements, of the subject-specific and methodological foundations of medical sciences, health sciences and physical culture sciences, and is able to further develop and creatively apply this knowledge in research activities.
K_W02_KF	Has an advanced knowledge of the social foundations of medical sciences. health sciences and physical culture sciences. including lifestyles. health-promoting behaviours and the cultural determinants of needs.	Has an advanced knowledge of the social foundations of medical sciences, health sciences and physical culture sciences, including lifestyles, health-promoting behaviours and the cultural determinants of needs.
K_W03_KF	Has an advanced interdisciplinary knowledge incorporating the latest scholarly developments (in the humanities and social sciences), resulting from the original integration of perspectives from multiple disciplines.	Has an advanced interdisciplinary knowledge incorporating the latest scholarly developments (in the humanities and social sciences), resulting from the original integration of perspectives from multiple disciplines.
K_W04_KF	Understands the principles governing the connection between scientific research and practice (commercialisation of research results).	Understands the principles governing the connection between scientific research and practice (commercialisation of research results).
K_W05_KF	Has an advanced command of terminology used in medical sciences, health sciences and physical culture sciences.	Has an advanced command of terminology used in medical sciences, health sciences and physical culture sciences.
K_W06_KF	Has knowledge of the legal, ethical, and psychological aspects of conducting research and working as a researcher, including issues of intellectual property and their broader social implications.	Has knowledge of the legal, ethical, and psychological aspects of conducting research and working as a researcher, including issues of intellectual property and their broader social implications.
K_W07_KF	Has an advanced and integrated knowledge of the latest global research achievements, research tools and academic schools within selected areas of the discipline, enabling independent formulation and resolution of research problems.	Has an advanced and integrated knowledge of the latest global research achievements, research tools and academic schools within selected areas of the discipline, enabling independent formulation and resolution of research problems.
K_W08_KF	Has a general knowledge of acquiring funding and securing financial resources for scientific research.	Has a general knowledge of acquiring funding and securing financial resources for scientific research.
K_W09_KF	Has an advanced knowledge of selected methods and techniques for data acquisition, description and analysis, including the latest scientific developments.	Has an advanced knowledge of selected methods and techniques for data acquisition, description and analysis, including the latest scientific developments.
K_W10_KF	Has an advanced knowledge of selected social competences, drawing on the latest publications in the field.	Has an advanced knowledge of selected social competences, drawing on the latest publications in the field.
K_U01_KF	Is able to communicate effectively through various channels and techniques with specialists in medical sciences, health sciences, physical culture sciences and related fields, both in Polish and in (modern) foreign languages.	Is able to communicate effectively through various channels and techniques with specialists in medical sciences, health sciences, physical culture sciences and related fields, both in Polish and in (modern) foreign languages.
K_U02_KF	Is able to deliver high-quality teaching using modern instructional techniques.	Is able to deliver high-quality teaching using modern instructional techniques.
K_U03_KF	Is able to promote knowledge in the field of physical culture sciences to a broad audience, drawing on concepts from the social sciences.	Is able to promote knowledge in the field of physical culture sciences to a broad audience, drawing on concepts from the social sciences.
K_U04_KF	Is able to search for, analyse, evaluate, select and integrate information from various sources and formulate critical judgements based on this process.	Is able to search for, analyse, evaluate, select and integrate information from various sources and formulate critical judgements based on this process.
K_U05_KF	Is able to formulate and solve scientific problems, design research studies, construct experimental frameworks and use statistical methods to analyse results. Is able to describe methods and techniques for data acquisition. takine into account the latest scientific developments.	Is able to formulate and solve scientific problems, design research studies, construct experimental frameworks and use statistical methods to analyse results. Is able to describe methods and techniques for data acquisition. takine into account the latest scientific developments.
K_U06_KF	Has advanced research skills enabling the resolution of complex scientific problems and an original contribution to the development of knowledge and methodology in physical culture sciences.	Has advanced research skills enabling the resolution of complex scientific problems and an original contribution to the development of knowledge and methodology in physical culture sciences.
K_U07_KF	Is able to critically analyse scientific literature and academic texts in medical sciences, health sciences and physical culture sciences in terms of their usefulness for their own research.	Is able to critically analyse scientific literature and academic texts in medical sciences, health sciences and physical culture sciences in terms of their usefulness for their own research.
K_U08_KF	Has well-developed skills in independent learning, expanding personal competencies, undertaking autonomous intellectual initiatives and managing their own scientific development.	Has well-developed skills in independent learning, expanding personal competencies, undertaking autonomous intellectual initiatives and managing their own scientific development.
K_U09_KF	Is able to convey knowledge and shape skills in diverse groups of learners.	Is able to convey knowledge and shape skills in diverse groups of learners.
K_U10_KF	Is able to identify and critically analyse ethical issues in scientific research (including matters of intellectual property and their social impact). Applies the principles of citation and responsible use of others' scholarly work.	Is able to identify and critically analyse ethical issues in scientific research (including matters of intellectual property and their social impact). Applies the principles of citation and responsible use of others' scholarly work.
K_U11_KF	Is able to document the outcomes of research activities and prepare scientific publications, including in a foreign language, in accordance with scholarly conventions and with respect for copyright.	Is able to document the outcomes of research activities and prepare scientific publications, including in a foreign language, in accordance with scholarly conventions and with respect for copyright.
K_U12_KF	Has advanced skills in preparing oral presentations in Polish and in a foreign language in fields of science relevant to the fled of study or in areas situated at the intersection of several disciplines.	Has advanced skills in preparing oral presentations in Polish and in a foreign language in fields of science relevant to the fled of study or in areas situated at the intersection of several disciplines.
K_K01_KF	Demonstrates creativity in identifying new research areas and directions of inquiry, and actively engages in communication within the research community.	Demonstrates creativity in identifying new research areas and directions of inquiry, and actively engages in communication within the research community.
K_K02_KF	Is aware of the need to continually develop their teaching competencies in order to improve the delivery of specialist knowledge and recognises the importance of ongoing professional and research development in an interdisciplinary context.	Is aware of the need to continually develop their teaching competencies in order to improve the delivery of specialist knowledge and recognises the importance of ongoing professional and research development in an interdisciplinary context.
K_K03_KF	Is aware of their own research conceots. their orioinalitv. the feasibilitv of the research proiect and the sionificance of their contribution to the develooment of ohvsical culture sciences.	Is aware of their own research concepts, their originality, the feasibility of the research project and the significance of their contribution to the development of physical culture sciences.
K_K04_KF	Is aware of their membership in the academic community, adheres to its ethical standards and accepts responsibility for its development.	Is aware of their membership in the academic community, adheres to its ethical standards and accepts responsibility for its development.
K_K05_KF	Is able to communicate effectively with the broader community at an advanced level. Recognises the responsibility associated with disseminating scientific research results.	Is able to communicate effectively with the broader community at an advanced level. Recognises the responsibility associated with disseminating scientific research results.
K_K06_KF	Initiates and leads activities that promote the application of research achievements in physical culture sciences to strengthen social bonds at various levels of social life.	Initiates and leads activities that promote the application of research achievements in physical culture sciences to strengthen social bonds at various levels of social life.
K_K07_KF	Critically analyses and evaluates scientific research results and recognises their contribution to the advancement of knowledge.	Critically analyses and evaluates scientific research results and recognises their contribution to the advancement of knowledge.

Matrix showing the alignment of programme learning outcomes
Teaching cycle: 2024/25
Programme: Doctoral School
Specialisation: All
Level of education: Doctoral School"
Mode of study: full-time

Name	Specialisation	Compulsory/elective stat	Code	Semester	K1	K2	K3	K4	K5	K6	K7	K8	K9	K10	K11	K12	K13	K14	K15	K16	K17	K18	K19	K20	K21	K22	K23	K24	K25	K26	K27	K28	K29	K30	K31	K32
Latest research concepts in physical culture sciences		C	SDSDS.D1PO.0321.24	Semester 1	R	R	R	R	R	R								R	R	R		R						R	R	R	R	R				
Research methodology and design		C	SDSDS.DFPO.0290.24	Semester 1, Semester 2, Semester 3 and Semester 4	R	R	R		R			R	R				R			R	R	R	R		R					R	R	R	R	R	R	R	R
Literature studies in English		C	SDSDS.D3PO.1484.24	Semester 1 and Semester 2	R	R			R									R	R										R	R		R				
Statistics in research		C	SDSDS.DFPO.0542.24	Semester 1, Semester 2, Semester 3 and Semester 4								R		R				R	R		R				R						R		R	R	R	
Basics of university teaching		C	SDSDS.D1PO.0388.24	Semester 1		R	R	R			R				R	R			R	R				R				R	R	R				R			R
Interdisciplinary lectures		E	SDSDS.D1FPFPZ.0672.24	Semester 1, Semester 2, Semester 3, Semester 4 and Se	R	R	R										R				R							R	R		R	R	R	R		
Researcher's toolkit, Part 1		E	SDSDS.D1PFPZ.1476.24	Semester 1	R		R	R		R		R	R						R			R	R							R	R	R		R		
Researcher's toolkit, Part 2		E	SDSDS.D1PFPZ.1480.24	Semester 1			R									R	R					R							R							
Preparation and implementation of the Individual Research Plan (IRP)		E	SDSDS.DFPFPZ.1477.24	Semester 1, Semester 2, Semester 3 and Semester 4	R	R	R				R							R	R	R	R						R	R	R	R	R	R	R		
University teaching practice (elective)		E	SDSDS.DFFPFPZ.1478.24	1s i 2s i 3s i 4s i 5s i 6s i 7s i 8s					R	R							R	R										R							
Commercialisation of research results and cooperation with industry		C	SDSDS.D2PO.1485.24	2s				R					R			R	R			R						R			R						R
Public speaking methodology		C	SDSDS.D2PO.0306.24	2s										R				R	R							R				R					
Entrepreneurship		C	SDSDS.D4PO.1486.24	3s	R		R	R		R	R	R			R	R	R				R	R	R			R	R	R	R			R				R
Researcher's toolkit, Part 3		E	SDSDS.D4PFPZ.1481.24	3s						R	R							R	R											R				R		
Educator's toolkit, Part 4		E	SDSDS.D4PFPZ.1482.24	3s	R									R												R					R			R		
Ethics in the academic community		C	SDSDS.D8PO.1479.24	4s		R	R	R		R											R		R								R	R				
Fundamental theoretical and practical issues of contemporary science		E	SDSDS.D8PO.0377.24	4s	R		R								R					R	R								R							
Researcher's toolkit, Part 5		E	SDSDS.D8PFPZ.1483.24	4s				R						R				R									R		R							
Preparation of the doctoral dissertation		E	SDSDS.DF0PFPZ.0479.24	5s i 6s i 7s i 8s	R	R	R		R	R	R							R	R	R	R						R	R	R	R	R		R			
Total (compulsory):					4	5	5	5	3	3	2	3	2	2	2	3	3	2	2	6	4	2	3	3	3	1	1	2	3	5	5	4	4	7	3	2	4
Total (elective):					6	3	6	2	2	4	3	1	1	2	0	1	2	2	1	6	3	2	5	2	1	0	0	1	0	4	5	6	4	5	2	6	0
Total:					10	8	11	7	5	7	5	4	3	4	2	4	5	4	3	12	7	4	8	5	4	1	1	3	3	9	10	10	8	12	5	8	4

Code	Content of the learning outcome in English	Content of the learning outcome in English
K_W01_KF	Has an advanced and comprehensive knowledge, including the latest scientific achievements, of the subject-specific and methodological foundations of medical sciences, health sciences and physical culture sciences, and is able to further develop and creatively apply this knowledge in research activities.	Has an advanced and comprehensive knowledge, including the latest scientific achievements, of the subject-specific and methodological foundations of medical sciences, health sciences and physical culture sciences, and is able to further develop and creatively apply this knowledge in research activities.
K_W02_KF	Has an advanced knowledge of the social foundations of medical sciences, health sciences and physical culture sciences, including lifestyles, health-promoting behaviours and the cultural determinants of needs.	Has an advanced knowledge of the social foundations of medical sciences, health sciences and physical culture sciences, including lifestyles, health-promoting behaviours and the cultural determinants of needs.
K_W03_KF	Has an advanced interdisciplinary knowledge incorporating the latest scholarly developments (in the humanities and social sciences), resulting from the original integration of perspectives from multiple disciplines.	Has an advanced interdisciplinary knowledge incorporating the latest scholarly developments (in the humanities and social sciences), resulting from the original integration of perspectives from multiple disciplines.
K_W04_KF	Understands the principles governing the connection between scientific research and practice. Is familiar with the basic principles of knowledge transfer to the economic and social spheres and the commercialisation of scientific results and know-how related to these results.	Understands the principles governing the connection between scientific research and practice. Is familiar with the basic principles of knowledge transfer to the economic and social spheres and the commercialisation of scientific results and know-how related to these results.
K_W05_KF	Has an advanced command of terminology used in medical sciences, health sciences and physical culture sciences.	Has an advanced command of terminology used in medical sciences, health sciences and physical culture sciences.
K_W06_KF	Has knowledge of the legal, ethical, and psychological aspects of conducting research and working as a researcher, including issues of intellectual property and their broader social implications.	Has knowledge of the legal, ethical, and psychological aspects of conducting research and working as a researcher, including issues of intellectual property and their broader social implications.
K_W07_KF	Has knowledge of contemporary socio-economic phenomena specific to the service sector, relevant to the pursued research areas and to the practice of a researcher.	Has knowledge of contemporary socio-economic phenomena specific to the service sector, relevant to the pursued research areas and to the practice of a researcher.
K_W08_KF	Has an advanced and integrated knowledge of the latest global research achievements, research tools and academic schools within selected areas of the discipline, enabling independent formulation and resolution of research problems.	Has an advanced and integrated knowledge of the latest global research achievements, research tools and academic schools within selected areas of the discipline, enabling independent formulation and resolution of research problems.
K_W09_KF	Has a basic knowledge of acquiring funding and securing financial resources for scientific research.	Has a basic knowledge of acquiring funding and securing financial resources for scientific research.
K_W10_KF	Has an advanced knowledge of selected methods and techniques for data acquisition, description and analysis, including the latest scientific developments.	Has an advanced knowledge of selected methods and techniques for data acquisition, description and analysis, including the latest scientific developments.
K_W11_KF	Has an advanced knowledge of selected social competences, drawing on the latest publications in the field.	Has an advanced knowledge of selected social competences, drawing on the latest publications in the field.
K_W12_KF	Has a basic knowledge of selected issues of contemporary civilisation concerning the development of science and its achievements.	Has a basic knowledge of selected issues of contemporary civilisation concerning the development of science and its achievements.
K_U01_KF	Is able to communicate effectively through various channels and techniques with specialists in medical sciences, health sciences, physical culture sciences and related fields, both in Polish and in English.	Is able to communicate effectively through various channels and techniques with specialists in medical sciences, health sciences, physical culture sciences and related fields, both in Polish and in English.
K_U02_KF	Is able to deliver high-quality teaching using modern instructional techniques.	Is able to deliver high-quality teaching using modern instructional techniques.
K_U03_KF	Is able to promote knowledge in the field of physical culture sciences to a broad audience, drawing on concepts from the social sciences.	Is able to promote knowledge in the field of physical culture sciences to a broad audience, drawing on concepts from the social sciences.
K_U04_KF	Is able to search for, analyse, evaluate, select and integrate information from various sources and formulate critical judgements based on this process.	Is able to search for, analyse, evaluate, select and integrate information from various sources and formulate critical judgements based on this process.
K_U05_KF	Is able to formulate and solve scientific problems, design research studies, construct experimental frameworks and use statistical methods to analyse results. Is able to describe methods and techniques for data acquisition, taking into account the latest scientific developments.	Is able to formulate and solve scientific problems, design research studies, construct experimental frameworks and use statistical methods to analyse results. Is able to describe methods and techniques for data acquisition, taking into account the latest scientific developments.
K_U06_KF	Has advanced research skills enabling the resolution of complex scientific problems and an original contribution to the development of knowledge and methodology in physical culture sciences.	Has advanced research skills enabling the resolution of complex scientific problems and an original contribution to the development of knowledge and methodology in physical culture sciences.
K_U07_KF	Is able to critically analyse scientific literature and academic texts in medical sciences, health sciences and physical culture sciences in terms of their usefulness for their own research.	Is able to critically analyse scientific literature and academic texts in medical sciences, health sciences and physical culture sciences in terms of their usefulness for their own research.
K_U08_KF	Has well-developed skills in independent learning, expanding personal competencies, undertaking autonomous intellectual initiatives and managing their own scientific development.	Has well-developed skills in independent learning, expanding personal competencies, undertaking autonomous intellectual initiatives and managing their own scientific development.
K_U09_KF	Is able to convey knowledge and shape skills in diverse groups of learners.	Is able to convey knowledge and shape skills in diverse groups of learners.
K_U10_KF	Is able to identify and critically analyse ethical issues in scientific research (including matters of intellectual property and their social impact). Applies the principles of citation and responsible use of others' scholarly work.	Is able to identify and critically analyse ethical issues in scientific research (including matters of intellectual property and their social impact). Applies the principles of citation and responsible use of others' scholarly work.
K_U11_KF	Is able to document the outcomes of research activities and prepare scientific publications, including in a foreign language, in accordance with scholarly conventions and with respect for copyright.	Is able to document the outcomes of research activities and prepare scientific publications, including in a foreign language, in accordance with scholarly conventions and with respect for copyright.
K_U12_KF	Has advanced skills in preparing oral presentations in Polish and in a foreign language in fields of science relevant to the fled of study or in areas situated at the intersection of several disciplines.	Has advanced skills in preparing oral presentations in Polish and in a foreign language in fields of science relevant to the fled of study or in areas situated at the intersection of several disciplines.
K_U13_KF	Is able, at a basic level, to transfer the results of scientific activity to the economic and social spheres.	Is able, at a basic level, to transfer the results of scientific activity to the economic and social spheres.
K_K01_KF	Demonstrates creativity in identifying new research areas and directions of inquiry, and actively engages in communication within the research community.	Demonstrates creativity in identifying new research areas and directions of inquiry, and actively engages in communication within the research community.
K_K02_KF	Is aware of the need to continually develop their teaching competencies in order to improve the delivery of specialist knowledge and recognises the importance of ongoing professional and research development in an interdisciplinary context.	Is aware of the need to continually develop their teaching competencies in order to improve the delivery of specialist knowledge and recognises the importance of ongoing professional and research development in an interdisciplinary context.
K_K03_KF	Is aware of their own research concepts, their originality, the feasibility of the research project and the significance of their contribution to the development of physical culture sciences.	Is aware of their own research concepts, their originality, the feasibility of the research project and the significance of their contribution to the development of physical culture sciences.
K_K04_KF	Is aware of their membership in the academic community, adheres to its ethical standards and accepts responsibility for its development.	Is aware of their membership in the academic community, adheres to its ethical standards and accepts responsibility for its development.
K_K05_KF	Is able to communicate effectively with the broader community at an advanced level. Recognises the responsibility associated with disseminating scientific research results.	Is able to communicate effectively with the broader community at an advanced level. Recognises the responsibility associated with disseminating scientific research results.
K_K06_KF	Initiates and leads activities that promote the application of research achievements in physical culture sciences to strengthen social bonds at various levels of social life.	Initiates and leads activities that promote the application of research achievements in physical culture sciences to strengthen social bonds at various levels of social life.
K_K07_KF	Critically analyses and evaluates scientific research results and recognises their contribution to the advancement of knowledge.	Critically analyses and evaluates scientific research results and recognises their contribution to the advancement of knowledge.
K_K08_KF	Demonstrates readiness to meet the social responsibilities of researchers and creators, to initiate actions serving the public interest, and to think and act in an entrepreneurial way.	Demonstrates readiness to meet the social responsibilities of researchers and creators, to initiate actions serving the public interest, and to think and act in an entrepreneurial way.

Regulations
for Conducting Proceedings for the Award of the Doctoral Degree at the Wrocław University of Health and Physical Education

Chapter 1. General provisions

§ 1. Scope

1. These Regulations define the detailed rules for conducting proceedings for the award of the doctoral degree in cases where the awarding body, as referred to in Article 185 of the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2021, item 478), is the Wrocław University of Health and Physical Education.
2. The body competent to award the doctoral degree at the Wrocław University of Health and Physical Education is the Scientific College Council. Decisions issued by the Scientific College Council in the course of the proceedings are signed by its Chair.

§ 2. Definitions

For the purpose of these Regulations, the following terms shall have the following meaning:

1) candidate – a person applying for the award of the doctoral degree, regardless of the mode in which the doctoral dissertation is prepared;
2) CAP – the Polish Act of 14 June 1960 – Code of Administrative Procedure (consolidated text: Journal of Laws of 2019, item, 256, as amended);
3) SCC – the Scientific College Council, which under the Statute of the Wroclaw University of Health and Physical Education is the body responsible for conducting proceedings for the award of the doctoral degree and for awarding the degree;
4) Regulations – these Regulations;
5) AWF or the University – the Wroclaw University of Health and Physical Education;
6) Doctoral School – the Doctoral School of the Wroclaw University of Health and Physical Education;
7) Doctoral Studies – doctoral studies conducted at the Wroclaw University of Health and Physical Education, at the Faculty of Physiotherapy or the Faculty of Physical Education and Sport;
8) Act – the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2021, item 478);
9) 8. PRK Level 8 – Level 8 of the Polish Qualifications Framework.

§ 3. Modes of preparing the doctoral dissertation

The doctoral dissertation may be prepared in the following modes:

1) within a doctoral training programme;
2) in the extramural mode.

§ 4. Requirements for the award of the doctoral degree

1. The doctoral degree shall be awarded to a person who:
   1) holds a master's degree, a master's in engineering degree or an equivalent qualification, or holds a diploma referred to in Article 326(2)(2) or Article 327(2) of the Act, entitling them to apply for the doctoral degree in the country whose higher education system recognises the diploma;

2) has obtained learning outcomes corresponding to Polish Qualifications Framework Level 8, including documented proficiency in a modern foreign language at B2 level or higher, confirmed by an appropriate certificate or a higher-education diploma;
3) has presented and defended a doctoral dissertation;
4) in addition to the dissertation referred to in point 3 has at least:
   a) one scientific article published in a scientific journal or in peer-reviewed international conference proceedings that, in the year of publication, were included in the list issued under Article 267(2)(2)(b) of the Act, or
   b) one scientific monograph published by a publisher included, in the year of publication, in the list issued under Article 267(2)(2)(a) of the Act, or a chapter in such a monograph.

2. In exceptional cases justified by outstanding scientific achievements, the doctoral degree may be awarded to a person who does not meet the requirement set out in section 1(1), i.e. a graduate of first-cycle studies or a student who has completed the third year of long-cycle master's studies. A decision to waive the requirement referred to in section 1(1) is taken by the Scientific Collegium Council by an absolute majority of votes, on the basis of written opinions from at least two academic teachers employed at AWF as professors or university professors.

Chapter 2. Appointment of the supervisor or supervisors

§ 5. Supervision of the doctoral dissertation

1. Academic supervision over the preparation of the doctoral dissertation is exercised by:
   1) the supervisor or supervisors, or
   2) the supervisor and auxiliary supervisor.
2. The supervisor or supervisors referred to in section 1 are appointed by the Scientific College Council.

§ 6. Requirements for supervisors

1. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, who has an up-to-date scholarly record, with publications from the past five years, in the discipline in which the proceedings for the award of the doctoral degree are conducted, or who has at least five years of documented experience in conducting research and development activities.
2. A person who does not meet the requirements specified in section 1 may serve as a supervisor if they are an employee of a foreign university or research institution and if the Scientific College Council adopts a resolution, by an absolute majority of votes, recognising that the person has significant achievements in the scientific field relevant to the doctoral dissertation.
3. An auxiliary supervisor may be a person holding the degree of doktor, subject to section 4.
4. A person appointed as an auxiliary supervisor who, prior to the conclusion of the proceedings for the award of the doctoral degree, obtains the degree of doktor habilitowany or the title of professor shall continue to serve as auxiliary supervisor until the proceedings have been completed.
5. A person may not serve as a supervisor or auxiliary supervisor if:
   1) within the last five years they have:

a) supervised four doctoral students who were removed from the list of doctoral students due to a negative mid-term assessment, or
b) supervised the preparation of the doctoral dissertation of at least two candidates who did not receive positive reviews referred to in Article 191(1) of the Act;

2) they have been subjected to a disciplinary penalty prohibiting them from performing supervisory duties, as referred to in Article 276(1)(4) of the Act – for the duration of that penalty.

6. The supervisor's responsibilities include, in particular:
   1) supporting the candidate in their research work;
   2) providing the necessary substantive and methodological guidance in the candidate's scholarly activities;
   3) providing assistance in the organisation of the research environment and research tools.
7. The responsibilities of the auxiliary supervisor include, in particular:
   1) providing assistance in planning the research, conducting it and analysing the results during the preparation of the doctoral dissertation;
   2) providing the doctoral student with the necessary substantive and methodological support in their scholarly work.

§ 7. Appointment of supervisors in the Doctoral School

1. The detailed rules for appointing a supervisor, supervisors or a supervisor and an auxiliary supervisor for candidates enrolled in the Doctoral School are defined in the School's Regulations.
2. The Director of the Doctoral School shall attach to the request for the appointment of a supervisor, or of a supervisor and an auxiliary supervisor for a Doctoral School candidate, a declaration confirming that the proposed individuals meet the requirements for the respective roles, in the form specified in Appendix No. 1.

§ 8. Appointment of a supervisor for extramural candidates and candidates from Doctoral Studies

1. A candidate applying for the doctoral degree in the extramural mode, as well as a candidate from Doctoral Studies, shall, prior to initiating the proceedings for the award of the doctoral degree, submit a written application to the Scientific College Council for the appointment of:
   1) the supervisor or supervisors, or
   2) the supervisor and auxiliary supervisor.
2. The template of the application referred to in section 1 is specified in Annex No. 2. The application shall be accompanied by:
   1) a declaration by the persons proposed to act as supervisor or auxiliary supervisor confirming that they meet the requirements for performing these functions, using the template set out in Appendix No. 1;
   2) the written consent of the persons proposed to act as supervisor or auxiliary supervisor – template set out in Appendix No. 3;
   3) a list of the academic achievements of the persons proposed to act as supervisor or auxiliary supervisor – selected items relevant to the topic of the doctoral dissertation planned by the candidate – template set out in Appendix No. 3;

4) the concept of the doctoral dissertation, including the topic and justification of its selection, the main research assumptions, the aim of the dissertation, the anticipated research methods and the expected date of submission of the dissertation;
5) the candidate's CV together with a list of academic and teaching achievements and information on employment.

3. The appointment of more than one supervisor is allowed when the doctoral dissertation has an interdisciplinary character or is being prepared in cooperation with another research institution.
4. Based on the application referred to in section 1, the Scientific College Council shall, by resolution:
   1) appoint:
      a) the supervisor or supervisors, or
      b) the supervisor and auxiliary supervisor;
   3) refuse to appoint the persons indicated in point 1.
5. The resolution referred to section 4(1) shall lapse in the event, within three years of its adoption, the candidate applying for the doctoral degree in the extramural mode fails to submit an application to initiate the proceedings for the award of the doctoral degree.

§ 9. Change of supervisor or auxiliary supervisor

1. Where justified, a candidate may submit a request to change their supervisor or auxiliary supervisor. The request must include:
   1) the reason for the change and, where possible, the opinion of the person concerned;
   2) a request to appoint a new supervisor or auxiliary supervisor, where the provisions of §§ 7 and 8 shall apply accordingly;
   3) the supervisor's opinion, if the request concerns a change of the auxiliary supervisor.
2. Based on the candidate's request referred to in section 1, the Scientific College Council shall adopt a resolution removing the current supervisor or auxiliary supervisor. If the vote is positive, the Council shall also adopt a resolution appointing a new supervisor or auxiliary supervisor.
3. Where justified, the supervisor may request the replacement or removal of the second supervisor or the auxiliary supervisor. The request must include:
   1) the reason for the change and, where possible, the opinion of the person concerned;
   2) the candidate's opinion on the matter;
   3) a request to appoint a new second supervisor or auxiliary supervisor, if the supervisor considers this necessary for the proceedings – the provisions of §§ 7 and 8 shall apply accordingly.
4. Subject to Article 183 of the Act, the supervisor may resign from their function.
5. In the case referred to in section 4, the supervisor must submit a written statement explaining the reasons for the resignation.
6. Once the resignation is received, the Chair of the Scientific College Council shall instruct the candidate to submit a request for the appointment of a new supervisor, where the provisions of §§ 7 and 8 shall apply accordingly.
7. Based on the documents referred to in sections 5 and 6, the Scientific College Council shall adopt a resolution accepting the supervisor's resignation. If the vote is positive, the Council shall appoint a new supervisor.
8. In the event that the candidate does not submit a request for a new supervisor within one month of being notified of the resignation, the Scientific College Council shall adopt a

resolution accepting the resignation and, if the vote is positive, appoint a new supervisor proposed by the Chair of the Scientific College Council.

9. In justified cases, in particular in the event of:
   1) the supervisor's death;
   2) a long-term health condition preventing the supervisor from performing their duties;
   3) the supervisor losing the right to perform this function;

   - a request for a change of supervisor may also be submitted by the Chair of the Scientific College Council or, in the case of candidates of the Doctoral School, by the Director of the Doctoral School.
10. In the situations referred to in section 9, the Scientific College Council shall confirm that grounds for a change of supervisor exist and shall instruct the candidate to submit a request for the appointment of a new supervisor, where the provisions of §§ 7 and 8 shall apply accordingly.
11. If the candidate fails to submit such a request within one month of receiving the instruction referred to in section 10, the Scientific College Council shall appoint a new supervisor proposed by the Chair of the Scientific College Council and, for candidates of the Doctoral School, also by the Director.
12. Sections 9-11 shall apply accordingly to auxiliary supervisors, except that the appointment of a new auxiliary supervisor is not mandatory and shall only take place at the candidate's request.

Chapter 3a. Verification of learning outcomes in doctoral training in the Doctoral School

§ 10. Method of verifying learning outcomes

1. Graduating from the Doctoral School confirms that the candidate has achieved the learning outcomes required for Level 8 of the Polish Qualifications Framework, The learning outcome related to proficiency in a modern foreign language must be documented with a certificate or a higher-education diploma showing knowledge of that language at B2 level or higher.
2. A certificate confirming the achievement of the learning outcomes listed in section 1 is issued by the Director of the Doctoral School, following the template in Appendix No. 4.
3. The certificate referred to in section 2 is issued:
   1) in line with the guidelines for the verification of learning outcomes set out in Appendix No. 5, and
   2) based on a certificate or university diploma submitted by the candidate confirming knowledge of a modern foreign language at a proficiency level of at least B2.

Chapter 3b. Verification of learning outcomes in doctoral training as part of Doctoral Studies

§ 11. Method of verifying learning outcomes

1. For candidates who began Doctoral Studies before the 2019/2020 academic year and are applying for the doctoral degree under the provisions of the Act, verification of the learning outcomes required for Level 8 of the Polish Qualifications Framework is based on:
   1) a confirmation of achieved learning outcomes issued by the Head of Doctoral Studies, prepared in accordance with the verification guidelines set out in Appendix No. 5; and

2) a foreign-language certificate listed in Appendix No. 1 to the Regulation of the Minister of Science and Higher Education of 19 January 2018 on the detailed procedure and conditions for conducting doctoral, habilitation and professorial title proceedings (Journal of Laws of 2018, item 261), subject to section 2 and 3.

2. Where a candidate does not hold the certificate referred to in § 11(1)(2), the candidate shall sit a doctoral examination in a modern foreign language.
3. A pass in the examination referred to in section 2 confirms that the candidate has attained the learning outcomes required for a Level 8 of the Polish Qualifications Framework in a modern foreign language.

§ 12. Application for verification

1. The verification referred to in § 11 is carried out upon the candidate's request.
2. An application, submitted on the form provided in Appendix No. 6, must be accompanied by:
   1) the confirmation referred to in § 11(1)(1), prepared in accordance with Appendix No. 7;
   2) the certificate referred to in § 11(1)(2) or a statement declaring that the candidate does not hold such a certificate.
3. If the candidate submits a statement confirming that the certificate is not held:
   1) the candidate shall attach a brief outline of the proposed doctoral dissertation;.
   2) the supervisor may submit suggestions regarding the composition of the examination committee.

§ 13. Examination Committee

1. Where the candidate declares that the certificate is not held, the Scientific College Council shall appoint an examination committee to conduct the modern foreign language examination referred to in § 11(2)-(3).
2. The Chair of the Scientific College Council shall propose members for the committee, taking into account any suggestions submitted by the supervisor.
3. The committee shall comprise three members. At least one member, who acts as chair, must be a university teacher of the relevant language; the remaining members shall be appointed from the Scientific College Council.
4. The supervisor may not be appointed to the committee but may attend its meetings.
5. At the candidate's request, the chair of the committee shall provide the scope of the examination, taking account of the intended subject of the doctoral dissertation.
6. The examination date shall be set by the Chair of the Scientific College Council in consultation with the committee and communicated to the committee members, the candidate and the supervisor.
7. A written record of the examination shall be prepared and signed by all members, subject to section 10. The record shall include the questions asked, the assessment of each answer and the overall result.
8. The examination shall be graded in accordance with the Regulations of Doctoral Studies. A pass confirms that the learning outcomes for Level 8 of the Polish Qualifications Framework in a modern foreign language have been achieved.
9. In the event of a fail, the candidate may request a resit. The resit shall be conducted by the same committee, but not earlier than three months after the first examination.

10. The examination may be held remotely using technology that enables real-time transmission of image and sound. In such cases, the record is signed by the chair of the committee, who confirms the presence of the remaining members.

§ 14. Certificate confirming the verification of learning outcomes

0. The Chair of the Scientific College Council shall confirm that the candidate has achieved the learning outcomes for Level 8 of the Polish Qualifications Framework based on the documents referred to in § 11(1)(1)-(2), or, if the certificate is not held, based on the confirmation referred to in § 11(1)(1) together with a pass in the examination referred to in § 11(2)-(3).
1. The candidate shall be issued with a certificate confirming the attainment of the learning outcomes for Level 8 of the Polish Qualifications Framework, in the format set out in Appendix No. 8. The certificate shall be signed by the Chair of the Scientific College Council.
2. It shall be valid solely at the Wroclaw University of Health and Sport Sciences for a maximum of three years from the date of issue.

Chapter 3c. Verification of learning outcomes in the extramural mode

§ 15. Method of verifying learning outcomes

1. For a candidate preparing their doctoral dissertation in the extramural mode, the learning outcomes required for Level 8 of the Polish Qualifications Framework shall be verified on the basis of:
   1) a certificate or university diploma confirming proficiency in a modern foreign language at level B2 or higher;
   2) an oral examination covering:
      a) general issues relevant to the discipline of physical culture sciences, as well as selected specialist issues directly related to the topic of the doctoral dissertation;
      b) research methodology appropriate to the topic of the proposed doctoral dissertation;
   3) a presentation outlining the concept of the proposed doctoral dissertation;
   4) a list of scientific achievements, including in particular:
      a) a list of published works,
      b) a list of scientific conferences in which the candidate actively participated,
   5) documented evidence of disseminating knowledge in the field of physical culture sciences to the wider public, or evidence of conducting or co-conducting teaching activities.
2. The verification shall be carried out by the verification committee referred to in § 17 and § 18, in accordance with the guidelines set out in Appendix No. 5.

§ 16. Application for verification

1. The verification referred to in § 15 is carried out upon the candidate’s request.
2. An application, submitted on the form provided in Appendix No. 9, must be accompanied by:
   1) a higher education diploma or any other document referred to in § 4(1)(1) or § 4(2);
   2) a certificate or university diploma confirming proficiency in a modern foreign language at level B2 or higher;

3) a description of the concept of the proposed doctoral dissertation, including the topic and justification of its selection, the main research assumptions, the aim of the dissertation, the anticipated research methods and the expected date of submission of the dissertation;
4) a list of scientific achievements, including in particular:
   a) a list of published works,
   b) a list of scientific conferences in which the candidate actively participated,
5) documented evidence of disseminating knowledge in the field of physical culture sciences to the wider public, or evidence of conducting or co-conducting teaching activities.

3. The supervisor may attach suggestions regarding the composition of the verification committee.

§ 17. Appointment of the Verification Committee

1. Based on the complete application referred to in § 16, the Scientific College Council shall appoint, from among its members, a verification committee to verify learning outcomes as referred to in § 15.
2. The Chair of the Scientific College Council shall present proposed committee members, taking into account the subject of the planned doctoral dissertation, the academic expertise of the relevant members of the Council and any proposals submitted by the supervisor.
3. The verification committee shall consist of five members, including its chair and the Director of the Doctoral School.
4. The supervisor may not be appointed to the verification committee but may attend its meetings.

§ 18. Tasks of the Verification Committee

1. At the candidate's request, the chair of the verification committee, after consultation with the other committee members, shall provide the scope of the examination.
2. The date of the committee meeting shall be set by the Chair of the Scientific College Council in consultation with the verification committee and shall be communicated to the committee members, the candidate and the supervisor.
3. The meeting of the verification committee shall consist of two parts:
   1) Part One, with the candidate present:
      a) the candidate presents the concept of the proposed doctoral dissertation (a presentation of no more than 10 minutes);
      b) the candidate sits the oral examination.
   2) Part Two – without the candidate: The committee reviews the documentation submitted with the candidate's application and, on that basis, together with the presentation of the dissertation concept and the examination result, determines whether the candidate has achieved the learning outcomes for Level 8 of the Polish Qualifications Framework, as set out in the guidelines referred to in Appendix No. 5.
4. The verification committee shall draw up a record of the meeting, in accordance with Appendix No. 10, including:
   1) the questions asked, the assessment of the answers provided and the overall examination result; each question shall be assessed using the following scale: very good, good, satisfactory, unsatisfactory; after assigning the grades, the overall examination result shall be determined as a pass or fail;
   2) verification of the remaining guidelines referred to in Appendix No. 5;

3) a summary of all components of the verification and the final outcome as a pass or fail, where a pass may only be awarded if all components are assessed positively.

5. The record shall be signed by all committee members, subject to section 9.
6. If any component of the verification is assessed negatively, the candidate may, with justification, request a repeat verification. The repeat verification shall be conducted by the same committee, but not earlier than three months after the initial verification.
7. Where a repeat verification is requested under paragraph 6, the committee shall reassess only the component previously assessed as negative and shall draw up a record thereof, followed by a determination of the overall verification result.
8. If the repeat verification is again negative, the candidate may request a new verification, but not earlier than six months later.
9. The meeting of the verification committee may be conducted remotely using technology enabling real-time transmission of image and sound. In such cases, the record is signed by the chair of the verification committee, who confirms the presence of the remaining members.

§ 19. Certificate confirming the verification of learning outcomes

1. Based on a positive result in the verification referred to in § 18, the verification committee shall provide the candidate with a certificate confirming the achievement of the learning outcomes required for Level 8 of the Polish Qualifications Framework.
2. The template for this certificate is set out in Appendix No. 11.
3. The certificate shall be signed by the chair of the verification committee.
4. It shall be valid solely at the Wroclaw University of Health and Sport Sciences for a maximum of three years from the date of issue.

Chapter 4. Doctoral dissertation

§ 20. Content of the doctoral dissertation

1. A doctoral dissertation shall demonstrate the candidate’s general theoretical knowledge within the discipline or disciplines concerned and their ability to conduct independent academic or artistic work..
2. The dissertation must present an original solution to a scientific problem, an original application of the candidate’s research results in an economic or social context or an original artistic achievement.
3. A doctoral dissertation may take the form of a written work, including a scholarly monograph; a collection of published and thematically related scientific articles; a design, construction, technological, implementation or artistic project; or a self-contained and distinct part of a collective work.
4. An English-language summary shall be attached to every doctoral dissertation. Where the dissertation is written in a foreign language, a Polish summary shall also be attached. If the doctoral dissertation is not a written work, a descriptive account in both Polish and English shall be submitted.

§ 21. Form of the doctoral dissertation

1. A doctoral dissertation shall take the form of a written work, including a scholarly monograph or a collection of published and thematically related scientific articles.

2. A dissertation submitted as a collection of scientific articles, as referred to in section 1, shall consist of at least three original scientific articles, published in journals indexed in the Web of Science database and assigned an Impact Factor, where candidate is the sole author or first author. One article within the collection may be a review article, provided it is directly relevant to the dissertation topic.
3. Where the dissertation is submitted as a collection, as referred to in section 2, the candidate shall provide:
   1) a self-evaluation report presenting an integrated account of the achievements represented by the submitted articles;
   2) a certified list of the articles forming the collection, issued by a scientific information centre, confirming that the requirements laid down in section 2 have been met.
4. Guidelines for preparing the written dissertation and the author's summary referred to in section 3(1) shall be set out in separate regulations.

§ 22. Annexes to the doctoral dissertation

1. The doctoral dissertation shall be accompanied by:
   1) an abstract in English;
   2) an abstract in Polish;
   3) a description in Polish and in English, where the doctoral dissertation is not in written form;
   4) statements from all co-authors specifying each individual's contribution, where the dissertation constitutes a self-contained and distinct part of a collective work, subject to sections 2-3;
   5) a document confirming the approval of a bioethics committee for the conduct of the research.
2. Where the collective work forming the basis of the dissertation has more than five co-authors, the candidate shall submit a statement detailing their own individual contribution and statements from at least four other co-authors. The template for such statements is set out in Annex No. 12.
3. The candidate is exempt from submitting a co-author's statement if the co-author has died, has been declared dead or missing or has suffered permanent health impairment preventing them from providing the required statement.
4. The dissertation, together with its attachments, shall be submitted in written form, accompanied by copies of these documents recorded on an electronic data carrier.

Chapter 5. Initiation of the procedure

§ 23. Application to initiate the procedure

1. The procedure for the award of the doctoral degree is initiated upon the candidate's request.
2. The application to initiate the procedure for the award of the doctoral degree, together with all required attachments, shall be submitted to the Scientific College Council. The application, together with its attachments, shall be submitted in written form, accompanied by copies of these documents recorded on an electronic data carrier.
3. The template for the application to initiate the procedure for the award of the doctoral degree is set out in Appendix No. 13.

4. The application shall be accompanied by:
   1) the doctoral dissertation together with the attachments referred to in § 22;
   2) a positive opinion of the supervisor or supervisors, as referred to in Article 189 of the Act;
   3) a personal questionnaire, according to the template in Annex No. 14;
   4) either:
      a) a copy of the document confirming the award of the degree of master of science/arts, master of engineering or an equivalent degree, or a copy of the diploma referred to in Article 326(2)(2) or Article 327(2) of the Act which entitles its holder to apply for a doctoral degree in the higher education system of the country in which the issuing institution operates, or
      b) the opinions referred to in § 4(2);
   5) a copy of the diploma supplement referred to in point 4; if no supplement was issued, the candidate shall submit a declaration to that effect;
   6) a list of scholarly publications and professional creative works, as well as information on activities promoting science, including the output referred to in § 4(1) (4), as certified by the scientific information centre;
   7) information on the course of any previous doctoral procedure undertaken by the candidate, including the titles of earlier dissertations submitted as the basis for applying for a doctoral degree;
   8) if the candidate has not previously applied for a doctoral degree – a declaration to that effect;
   9) a certificate confirming the attainment of the learning outcomes for Level 8 of the Polish Qualifications Framework, as referred to in Chapter 3;
   10) a copy of a certificate or university diploma confirming proficiency in a modern foreign language at level B2 or higher;
   11) the candidate's CV.
5. For the purpose of certifying compliance with the originals, the candidate shall present the original documents referred to in section 4(4)(a), point 5 and point 10 for inspection.

§ 24. Initiation of the procedure

1. The procedure for the award of the doctoral degree shall be initiated in respect of a person who:
   1) fulfils the requirements referred to in § 4(1)(1–2) and (4) or § 4(2); and
   2) submits, together with the application, the doctoral dissertation referred to in § 21 and a positive opinion of the supervisor or supervisors

   - upon delivery of a complete application with all required attachments, in accordance with § 24(2).
2. The Chair of the Scientific College Council shall verify compliance with the requirements for initiating the procedure within 14 days from the date of submission of the application. If the requirements are met, the Chair shall notify the candidate that the procedure has been initiated.
3. If any formal deficiencies are identified, the Chair of the Scientific College Council shall summon the candidate to correct them within a specified period, not shorter than seven days,

informing the candidate that failure to correct the deficiencies will result in the application being left unprocessed.

4. If the deficiencies are not corrected within the specified time limit, the application shall be left unprocessed.
5. If the requirements for initiating the procedure, as set out in the Regulations, are not met, the Chair of the Scientific College Council shall refer the matter to a meeting of the Council, which shall adopt a resolution refusing to initiate the procedure.
6. Where the doctoral dissertation is a written work, the supervisor shall verify it through the Uniform Antiplagiarism System, as referred to in Article 351(1) of the Act, within 30 days from the date of initiation of the procedure.
7. The supervisor's approved report from the Uniform Antiplagiarism System shall be included in the procedural documentation.

Chapter 6. Reviewers and reviews

§ 25. Requirements for reviewers

1. A reviewer may be
   1) a person holding the degree of doktor habilitowany or the title of professor; or
   2) a person who does not meet the requirement in point 1 but is employed by a foreign university or research institution, provided that the Scientific College Council, by an absolute majority vote, determines that the person has significant scholarly achievements in the area of research addressed in the doctoral dissertation.
2. A reviewer may not be a person who:
   1) gives rise to reasonable doubts as to their impartiality;
   2) is subject to a disciplinary penalty referred to in Article 276(1)(4) of the Act, for the duration of that penalty;
   3) is employed by the Wroclaw University of Health and Sport Sciences;
   4) is employed by a university, institute of the Polish Academy of Sciences, research institute or international institute in which the candidate is employed.
3. For the purposes of section 2(1), situations that raise doubts about impartiality include, in particular, cases in which:
   1) the reviewer is a co-author of the candidate's scientific publications;
   2) the reviewer has participated or participates jointly with the candidate in research teams implementing projects funded in national or international competitions;
   3) the reviewer has conducted or conducts research jointly with the candidate within research institutions;
   4) the reviewer has prepared reviews in other procedures concerning the candidate's academic advancement, or has served as a member of a habilitation committee, supervisor or auxiliary supervisor in other proceedings regarding the candidate's academic promotion;
   5) a family relationship or affinity exists between the reviewer and the candidate;
   6) a relationship of hierarchical professional dependence exists between the reviewer and the candidate.

§ 26. Appointment of reviewers

1. In the procedure for the award of the doctoral degree, the Scientific College Council, by resolution, shall appoint three reviewers from outside the Wroclaw University of Health and Sport Sciences, including at least two representing the field of physical culture sciences, who have significant academic achievements relevant to the subject of the dissertation, supported by bibliometric indicators (Impact Factor, citation count, Hirsch index).
2. Candidates for reviewers shall be proposed by the Chair of the Scientific College Council, considering the proposals submitted by the supervisor.
3. The Scientific College Council shall vote on at least six nominated candidates. From among those who receive an absolute majority of votes in a secret ballot with at least half of the eligible members present, three reviewers shall be selected by random draw, provided they meet the requirements set out in section 1.
4. A contract shall be concluded with each reviewer, specifying in particular the time limit for preparing the review, the remuneration in accordance with Article 184(3) of the Act and contractual penalties for non-compliance with the terms of the contract.

§ 27. Preparation of reviews

1. Reviewers shall prepare their reviews of the doctoral dissertation within two months from the date on which the dissertation is delivered to them.
2. A review shall contain a detailed, substantiated assessment as to whether the submitted dissertation does or does not meet the requirements laid down in Article 187 of the Act.
3. The review must be comprehensive, reliable, precise and objective, and its content and conclusion must be substantively coherent. The conclusion of the review may be positive or negative only.
4. Where the doctoral dissertation constitutes a self-contained and distinct part of a collective work, the review shall include an assessment of the candidate's individual contribution to that work.
5. If the review contains a recommendation to award the dissertation a distinction, that recommendation must be justified.
6. Reviewers shall promptly submit their completed reviews to the Chair of the Scientific College Council in written form and, where possible, also in electronic form.

Chapter 7. Doctoral Committee

§ 28. Scope of responsibilities and appointment of the Doctoral Committee

1. For each initiated procedure, the Scientific College Council, by resolution, shall appoint a doctoral committee, to which it delegates the authority to:
   1) admit the candidate to the public defence of the doctoral dissertation and set the date of the defence;
   2) conduct the defence of the doctoral dissertation;
   3) accept the defence of the doctoral dissertation;
   4) submit to the Scientific College Council a request to award or refuse to award the doctoral degree with a statement of factual or legal reasons;
   5) submit to the Scientific College Council a request to confer a distinction upon the dissertation in cases specified in the Regulations.
2. The doctoral committee shall consist of:

1) at least seven members selected from among the members of the Scientific College Council, including the chair of the committee;
2) the supervisor or supervisors;
3) the reviewers of the doctoral dissertation.

3. The members of the committee referred to in paragraph 2(1) shall be proposed by the Chair of the Scientific College Council, considering their expertise and research interests in relation to the subject of the candidate's dissertation.

§ 29. Mode of operation of the doctoral committee

1. Meetings of the doctoral committee shall be convened by its chair.
2. The auxiliary supervisor may attend meetings of the doctoral committee, including the closed part of the defence, but without the right to vote.
3. The doctoral committee shall adopt resolutions by secret ballot; resolutions shall be passed by an absolute majority of votes cast, with at least half of all committee members present, including the chair.
4. Resolutions of the doctoral committee shall be signed by its chair.
5. Meetings of the doctoral committee may be held using technical means enabling remote participation with simultaneous, direct transmission of image and sound.
6. In the case referred to in section 5, the presence of each committee member shall be confirmed by the chair of the committee.

§ 30. Admission to the public defence

1. After reviewing the doctoral dissertation, the supervisor's opinions and the reviewers' reports, the doctoral committee shall adopt a resolution on whether to admit the candidate to the defence.
2. A candidate may be admitted to the defence if at least two reviewers have given positive reviews and the requirements laid down in § 21 have been met.
3. A decision refusing admission to the defence may be appealed to the Council for Scientific Excellence, via the Scientific College Council, within 7 days of the date on which the decision was delivered to the candidate.

Chapter 9. Defence of the dissertation, award of the doctoral degree and appeals

§ 31. Publication of the doctoral dissertation

1. No later than 30 days before the scheduled date of the defence, the following shall be made available in the Public Information Bulletin on the website of the Wroclaw University of Health and Sport Sciences:
   1) the doctoral dissertation, if it is a written work, together with its summary, or a description of the doctoral dissertation, if the dissertation is not a written work;
   2) the reviews.
2. Where the doctoral dissertation concerns material subject to legal confidentiality, only the reviews shall be made public, with any confidential content removed. The determination that the dissertation meets the condition referred to in the preceding sentence shall be made by the Scientific College Council upon the candidate's request submitted at the initiation of the procedure for the award of the doctoral degree.

3. The documents referred to in section 1 shall, immediately after publication, be uploaded to the "POL-on" system referred to in Article 342(1) of the Act.

§ 32. Course of the defence

1. The defence of the doctoral dissertation shall take place at an open meeting of the doctoral committee. In the case of a dissertation referred to in § 31(2), the defence shall be held at a closed meeting of the doctoral committee, without public attendance.
2. For the defence to take place on the scheduled date, the presence of the following is required:
   1) the candidate;
   2) the supervisor or supervisors;
   3) at least two reviewers;
   4) at least half of the members of the doctoral committee referred to in § 28(2)(1), including the chair.
3. The defence may be held remotely using technology that enables real-time transmission of image and sound.
4. In the case referred to in section 3, the presence of each member of the doctoral committee shall be confirmed by its chair.
5. The framework procedure for the defence of the doctoral dissertation is set out in Annex No. 15.

§ 33. Voting

1. After the conclusion of the public part of the defence, the doctoral committee shall hold a closed session during which it discusses the dissertation and adopts a resolution on whether to accept the defence
2. If the defence is accepted, the doctoral committee:
   1) prepares a request to the Scientific College Council to award the doctoral degree, including a statement of factual and legal reasons;
   2) where at least two reviews include a recommendation for distinction, adopts a resolution to submit to the Scientific College Council a request to confer a distinction upon the dissertation and, if the vote is positive, prepares such a request.
3. If the committee adopts a resolution not to accept the defence, it shall prepare a request to the Scientific College Council recommending refusal to award the doctoral degree, including a statement of factual and legal reasons.
4. After the conclusion of the closed session of the doctoral committee, its chair shall inform the candidate of the voting results and of the requests submitted to the Scientific College Council under section 2 or 3.
5. Following completion of the defence, the chair of the doctoral committee shall promptly forward the entire procedural documentation to the Chair of the Scientific College Council.

§ 34. Decisions of the Scientific College Council

1. The Scientific College Council shall award or refuse to award the doctoral degree by administrative decision signed by the Chair of the Council.
2. The decision referred to in section 1 shall be issued on the basis of a resolution adopted by secret ballot, passed by an absolute majority of votes with at least half of the eligible members present.
3. The Scientific College Council shall vote on the award of the doctoral degree and, where applicable, on the distinction of the dissertation, after considering the requests of the doctoral

committee referred to in § 33(2) and (3). The Scientific College Council is not bound by the requests referred to in the preceding sentence.

4. Before the vote referred to in section 2, the chair or another member of the doctoral committee designated by the chair shall briefly present the course of the procedure and the public defence.

§ 35. Appeals procedure

1. A decision refusing to award the doctoral degree may be appealed to the Council for Scientific Excellence through the Scientific College Council that issued the decision.
2. The time limit for lodging an appeal is 30 days from the date of delivery of the decision.
3. After an appeal has been lodged, the Chair of the Scientific College Council shall instruct the doctoral committee, or at least three members of the Scientific College Council, to prepare an opinion regarding the merits of the appeal within one month of the date of submission of the appeal.
4. Based on the opinion referred to in section 3, the Scientific College Council shall promptly adopt, by resolution, the opinion referred to in Article 193(3) of the Act.
5. The Scientific College Council shall, within three months of receiving the appeal, forward it to the Council for Scientific Excellence, accompanied by its opinion and the case file.

Chapter 10. Fees

§ 36. Costs of the procedure for the award of the doctoral degree

1. The costs of the procedure for the award of the doctoral degree consist of remuneration calculated according to the following rates:
   1) each supervisor appointed in the procedure – 83% of the professor's salary;
   2) an auxiliary supervisor – 50% of the professor's salary;
   3) each reviewer appointed in the procedure – 27% of the professor's salary.
2. The "professor's salary" referred to in section 3 above means the minimum professor's salary specified by regulation issued under Article 137(2) of the Act.
3. The remuneration of the supervisor and auxiliary supervisor shall be paid after the conclusion of the procedure in which the doctoral degree has been awarded.
4. The reviewer's remuneration shall be paid after submission to the Wroclaw University of Health and Sport Sciences of a review meeting the requirements set out in § 27.

§ 37. Financing the procedure to award the doctoral degree in the extramural mode

1. A candidate applying for the doctoral degree in the extramural mode shall pay a fee to the Wroclaw University of Health and Sport Sciences for conducting the procedure, subject to section 2 and § 38(3).
2. If the extramural candidate is an academic teacher or researcher not employed by the Wroclaw University of Health and Sport Sciences, the costs of the procedure shall be borne by their employing university, institute of the Polish Academy of Sciences, research institute or international institute.
3. The fee referred to in section 1 may not exceed the costs of the procedure, including the remuneration set out in § 36.
4. The candidate or their employer shall enter into a written agreement specifying the terms of payment for the doctoral degree procedure at the Wroclaw University of Health and Sport

Sciences, based on the declaration of financing attached to the application to initiate the procedure.

5. The final cost of the procedure shall be calculated as of the date of its completion.

§ 38. Exemptions from fees

1. No fee shall be charged to a person applying for the doctoral degree who has completed education in the Doctoral School, nor to a doctoral student who began Doctoral Studies before the 2019/2020 academic year.
2. No fee shall be charged to an extramural candidate who is an academic teacher or researcher employed at the Wroclaw University of Health and Sport Sciences.
3. Upon a justified request from the candidate, the Rector, after consulting the Chair of the Scientific College Council, may exempt the candidate from the fee in whole or in part.

Chapter 11. Special and final provisions

§ 39. Voting procedures and adoption of resolutions

1. Resolutions of the Scientific College Council shall be adopted by secret ballot, requiring an absolute majority of votes cast, with at least half of the eligible members present.
2. Resolutions of the doctoral committee shall also be adopted by secret ballot, requiring an absolute majority of votes cast, with at least half of the eligible members present.

§ 40. Joint award of the doctoral degree

1. The doctoral degree in a discipline may be awarded jointly by the Wroclaw University of Health and Sport Sciences and another university, an institute of the Polish Academy of Sciences, a research institute or an international institute, provided that each cooperating institution holds a scientific category of A+, A or B+ in that discipline. This includes cooperation with foreign institutions authorised to award the doctoral degree in the discipline concerned.
2. The terms of such cooperation shall be set out in a written agreement, which shall specify, among other matters, the institution in charge of entering data into the system referred to in Article 342(1) of the Act.

§ 41. Transition period

1. For candidates who began Doctoral Studies prior to the 2019/2020 academic year and who are applying for the doctoral degree under the provisions of the Act, the procedure for the award of the doctoral degree is initiated by submitting an application for the appointment of a supervisor or supervisors.
2. For procedures initiated before 31 December 2021, the achievements referred to in § 4(1)(4) shall also include:
   1) scientific articles published:
      a) in scientific journals or in peer-reviewed international conference proceedings included in the list prepared under the regulation issued pursuant to Article 267(2)(2)(b) of the Act, before the date on which that list was published;
      b) prior to 1 January 2019, in scientific journals included in Part A or Part C of the list of scientific journals established under the regulation issued pursuant to Article 44(2) of the Act of 30 April 2010 on the Principles of Financing Science (Journal of Laws of

2018, item 87, as amended) and published in the announcement of the Minister of Science and Higher Education of 25 January 2017, or in Part B of the same list, provided that the articles published therein were assigned at least 10 points;

2) scientific monographs published by:
   a) a publishing house included in the list prepared under the regulation issued pursuant to Article 267(2)(2)(a) of the Act, prior to the date on which that list was published; or
   b) an organisational unit of an entity whose publishing house is included in the list prepared under the regulation issued pursuant to Article 267(2)(2)(a) of the Act.

§ 42. Application of the Code of Administrative Procedure

In matters concerning the procedures for the award of the doctoral degree not regulated by the Act, the provisions of the Code of Administrative Procedure shall apply accordingly.

§ 43. Entry into force

These Regulations shall enter into force on 15 April 2021 and shall apply to procedures for the award of the doctoral degree conducted under the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2021, item 478).

Appendix No. 1 – Declaration of the person proposed as supervisor

Title/degree, first name and last name of the proposed supervisor,
place and date

Name of the employing institution of the proposed supervisor

Scientific College Council
of the Wroclaw University of Health and Sport Sciences

Declaration of the person proposed as supervisor

I hereby declare that I meet the requirements to act as a supervisor as set out in Article 190(4) or (5) of the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2021, item 478). I further declare that, within the last five years:

1) I have not supervised four doctoral students who were removed from the list of doctoral students due to a negative mid-term assessment;
2) I have not supervised the preparation of the doctoral dissertation of at least two candidates who did not receive positive reviews referred to in Article 191(1) of the Act.

I further declare that:

1) *I have not been subject to a disciplinary penalty prohibiting me from performing supervisory duties, as referred to in Article 276(1)(4) of the Act;
2) *I have been subject to a disciplinary penalty prohibiting me from performing supervisory duties, as referred to in Article 276(1)(4) of the Act, but the penalty expired on (*date*).

.....
Signature

* delete as appropriate

Appendix No. 2 – Application for the appointment of a supervisor / auxiliary supervisor

Full name of the candidate Locality, date
PESEL (Personal Identification Number)
Correspondence address Telephone number
E-mail

Scientific College Council
of the Wroclaw University of Health and Sport Sciences

Application for the appointment of a supervisor/supervisors/supervisor and auxiliary supervisor

I hereby request the appointment of a supervisor/supervisors/a supervisor and auxiliary supervisor*. I propose the following persons:
1. *Academic title/degree, full name* – as supervisor
2. *Doctoral degree, full name* – as auxiliary supervisor

Justification for the proposed candidates:

Statement of reasons
Please provide justification for each proposed supervisor / auxiliary supervisor, taking into account their academic achievements and experience relevant to the planned doctoral dissertation.

.....
Signature of the candidate

* delete as appropriate

Appendices:
1) a declaration by the persons proposed to act as supervisor or auxiliary supervisor confirming that they meet the requirements for performing these functions, using the template set out in Appendix No. 1 to the Regulations;
2) a written consent of each proposed supervisor / auxiliary supervisor to undertake the role, using the template set out in Appendix No. 3 to the Regulations;
3) a list of academic achievements of the proposed supervisor / auxiliary supervisor relevant to the topic of the planned dissertation, using the template set out in Appendix No. 3;
4) the concept of the doctoral dissertation, including the topic and justification of its selection, the main research assumptions, the aim of the dissertation, the anticipated research methods and the expected date of submission of the dissertation;
5) the candidate's CV together with a list of academic and teaching achievements and information on employment.

Appendix No. 3 – Consent to undertake the role of supervisor / auxiliary supervisor

Title/degree, first name and last name of the proposed supervisor,
place and date

Name of the employing institution of the proposed supervisor

Scientific College Council
of the Wroclaw University of Health and Sport Sciences

Declaration of the person proposed as supervisor / auxiliary supervisor

I hereby consent to undertake the role of supervisor / auxiliary supervisor of Mr/Ms ……, who is applying for the award of the doctoral degree in the field of medical and health sciences, in the discipline of physical culture sciences, at the Wroclaw University of Health and Sport Sciences, on the basis of a doctoral dissertation provisionally entitled: "…….".

Please provide a list of selected publications (maximum 5 items) or a summary of academic achievements of the person proposed as supervisor / auxiliary supervisor, relevant to the subject of the candidate's planned dissertation.

.....
Signature

Appendix No. 4 – Certificate issued by the Director of the Doctoral School confirming the achievement of the learning outcomes for Level 8 of the Polish Qualifications Framework. Polish Qualifications Framework

First and last name *Wroclaw, date*
Director of the Doctoral School

CERTIFICATE

I hereby certify that Mr/Ms (*full name*), a doctoral student of the Doctoral School of the Wroclaw University of Health and Sport Sciences, has achieved the learning outcomes required for Level 8 of the Polish Qualifications Framework, entitling him/her to apply for the doctoral degree in the field of medical and health sciences, in the discipline of physical culture sciences.

The learning outcomes have been verified in accordance with the Regulations for Conducting Procedures for the Award of the Doctoral Degree at the Wroclaw University of Health and Sport Sciences.

The achievement of the learning outcomes has been confirmed on the basis of:

1. fulfilment of the requirements set out in the guidelines for the verification of learning outcomes, specified in Appendix No. 5 to the Regulations for Conducting Procedures for the Award of the Doctoral Degree at the Wroclaw University of Health and Sport Sciences;
2. based on a certificate or university diploma submitted by the candidate confirming knowledge of a modern foreign language at a proficiency level of at least B2.

.....
signature and stamp
Director of the Doctoral School

Appendix No. 5 – Guidelines for the verification of learning outcomes at Level 8 of the Polish Qualifications Framework at the Wroclaw University of Health and Sport Sciences

I. Reference to the Polish Qualifications Framework Knowledge:

WG
Knows and understands, to a degree enabling the revision of existing paradigms, the global body of knowledge comprising theoretical foundations, general issues and selected specialist issues relevant to the scientific or artistic discipline; the principal developmental trends in scientific or artistic disciplines relevant to the programme of study
and research methodology
WK
Knows and understands the fundamental dilemmas of contemporary civilisation, and the economic, legal and other significant determinants of research activity

- Knowledge of general issues relevant to the discipline of physical culture sciences, as well as selected specialist issues directly related to the topic of the doctoral dissertation. Knowledge of research methodology appropriate to the topic of the proposed doctoral dissertation.

Doctoral School – completion of the study programme, completion of the Individual Research Plan, reports. Doctoral Studies – completion of the study programme, progress of individual research – reports.

Extramural mode – oral examination covering:

1. General issues relevant to the discipline of physical culture sciences, as well as selected specialist issues directly related to the topic of the doctoral dissertation;
2. Research methodology appropriate to the topic of the proposed doctoral dissertation.

II. Reference to the Skills in the Polish Qualifications Framework:

UW
Is able to apply knowledge from various fields of science or art in order creatively identify, formulate and innovatively solve complex problems or perform research tasks, in particular to:
- define the aim and subject of research and formulate a research hypothesis,
- develop research methods, techniques and tools and apply them in a creative manner,
- draw conclusions based on research results,
- transfer research outcomes to the economic and social spheres.

UK
Is able to disseminate research results, including in popular forms
Is able to initiate debate and participate in scientific discourse

Is able to use a foreign language to the extent enabling participation in the international academic and professional environment
UO
Is able to plan and carry out individual and team-based research or creative projects, including in an international environment
UU
Is able to plan and manage their own development independently, while inspiring and supporting the development of others.
Is able to design educational or training programmes and implement them using modern methods and tools

- **Ability to define the aim and subject of research, formulate research hypotheses, apply research methods, techniques and tools, perform statistical analyses and draw conclusions based on their own research results**

Doctoral School – completed Individual Research Plan – reports

Doctoral Studies – progress of individual research – reports

External mode – concept (thesis outline, project) of the doctoral dissertation

- Dissemination of research results, including in popular forms

Doctoral School– a list of scientific achievements – a list of works published in scientific journals or in peer-reviewed international conference proceedings which, in the year of final publication, were included in the list prepared under the regulation issued pursuant to Article 267(2)(2)(b) of the Act on Higher Education and Science; a list of other published works

Doctoral Studies – a list of scientific achievements – as above

Extramural Mode – a list of scientific achievements – as above

- **Active participation in scientific discourse in national and international academic and professional environments – active participation in conferences**

Doctoral School – a list of scientific achievements – a list of scientific conferences in which the candidate has actively participated,

Doctoral Studies – a list of scientific achievements – a list of scientific conferences in which the candidate has actively participated,

Extramural Mode – a list of scientific achievements – a list of scientific conferences in which the candidate has actively participated,

- Dissemination of knowledge in the field of physical culture sciences to the wider public, or evidence of conducting or co-conducting teaching activities

Doctoral School – implementation of the Framework Programme of classes: Teaching practice in higher education

Doctoral studies – implementation of the Framework Programme of classes Teaching practice in higher education

Extracurricular mode – documented evidence of disseminating knowledge in the field of physical culture sciences to the wider public, or evidence of conducting or co-conducting teaching activities (as confirmed by the supervisor)

III. Reference to the Competences in the Polish Qualifications Framework:

KK
Is ready to critically evaluate the achievements of the discipline and to critically assess their own contribution to its development
Is ready to recognise the importance of knowledge in addressing theoretical and practical problems
KO
Is ready to uphold the social responsibilities of researchers and creators
Is ready to initiate action in the public interest and to think and act in an entrepreneurial manner
KR
Is ready to maintain and advance the ethos of the research and creative community, including conducting research independently
Is ready to respect the principle that research results constitute public property, while observing the rules of intellectual property protection

Is aware of their membership in the academic community, adheres to its ethical standards and accepts responsibility for its development.

Doctoral School – positive verification in the scope of knowledge and skills

Doctoral Studies – positive verification in the scope of knowledge and skills

Extramural Mode – positive verification in the scope of knowledge and skills

Appendix No. 6 – Template of the application for the verification of learning outcomes in doctoral education within the Doctoral Studies programme

Full name of the candidate Place, date
Doctoral Studies of the Faculty of ...

Scientific College Council
of the Wroclaw University of Health and Sport Sciences

Application for
the verification of learning outcomes
for Level 8 Polish Qualifications Framework

I hereby apply for the verification of learning outcomes for Level 8 of the Polish Qualifications Framework in connection with the planned initiation of procedure for the award of the doctoral degree in the field of medical and health sciences, in the discipline of physical culture sciences, at the Wroclaw University of Health and Sport Sciences.

I attach the certificate issued by the Head of Doctoral Studies referred to in § 11(1)(1) of the Regulations for Conducting Procedures for the Award of the Doctoral Degree at the Wroclaw University of Health and Sport Sciences, as well as:

* a foreign-language certificate listed in Appendix No. 1 to the Regulation of the Minister of Science and Higher Education of 19 January 2018 on the detailed procedure and conditions for conducting doctoral, habilitation and professorial title proceedings (Journal of Laws of 2018, item 261)

or:

* I declare that I do not possess a certificate confirming foreign language proficiency and I attach information on the planned topic of the doctoral dissertation (*and, if the supervisor so wishes, proposals regarding the composition of the examination committee; this is optional*)

.....
candidate's signature

* insert as appropriate

Appendix No. 7 – Template of the certificate issued by the Head of Doctoral Studies confirming that the doctoral student has achieved the learning outcomes required for Level 8 of the Polish Qualifications Framework, in accordance with the guidelines set out in the Regulations

First and last name *Wroclaw, date*
Head of the Doctoral Studies of the Faculty of .....

CERTIFICATE

I hereby certify that Mr/Ms (*full name*), enrolled in the Doctoral Studies Programme at the Faculty of (*insert appropriate Faculty*), Wroclaw University of Health and Sport Sciences, *has achieved* the learning outcomes required for Level 8 of the Polish Qualifications Framework, as set out in the guidelines for the verification of learning outcomes, specified in Appendix No. 5 to the Regulations for Conducting Procedures for the Award of the Doctoral Degree at the Wroclaw University of Health and Sport Sciences.

This certificate is issued for the purpose of the verification of learning outcomes which will constitute the basis for applying for the doctoral degree in the field of medical and health sciences, in the discipline of physical culture sciences.

.....
signature and stamp
Head of the Doctoral Studies

Appendix No. 8 – Template of the certificate confirming the achievement of learning outcomes for Level 8 of the Polish Qualifications Framework – Doctoral Studies

First and last name *Wroclaw, date*
President of the Scientific College Council

CERTIFICATE

I hereby certify that Mr/Ms (*full name*), enrolled in the Doctoral Studies Programme at the Faculty of (*insert appropriate Faculty*), Wroclaw University of Health and Sport Sciences, *has achieved* the learning outcomes required for Level 8 of the Polish Qualifications Framework, entitling him/her to apply for the doctoral degree in the field of medical and health sciences, in the discipline of physical culture sciences.

The learning outcomes have been verified in accordance with the Regulations for Conducting Procedures for the Award of the Doctoral Degree at the Wroclaw University of Health and Sport Sciences.

The achievement of the learning outcomes has been confirmed on the basis of:

1) a confirmation of achieved learning outcomes issued by the Head of Doctoral Studies, prepared in accordance with the verification guidelines set out in Appendix No. 5 to the Regulations for Conducting Procedures for the Award of the Doctoral Degree at the Wroclaw University of Health and Sport Sciences,
2) *a foreign-language certificate, submitted by the candidate, listed in Appendix No. 1 to the Regulation of the Minister of Science and Higher Education of 19 January 2018 on the detailed procedure and conditions for conducting doctoral, habilitation and professorial title proceedings (Journal of Laws of 2018, item 261).

   or

2) *a pass in the examination, which confirms that the candidate has attained the learning outcomes required for a Level 8 of the Polish Qualifications Framework in a modern foreign language.

The certificate is valid exclusively at the Wroclaw University of Health and Sport Sciences for a period of three years from the date of issue.

.....
signature and stamp
President of the Scientific College Council

**insert as appropriate*

Appendix No. 9 – Template of the application for the verification of learning outcomes for candidates applying for the doctoral degree in the extramural mode

Full name of the candidate Place, date
Correspondence address for and other contact details

Scientific College Council
of the Wroclaw University of Health and Sport Sciences

Application for
the verification of learning outcomes
for Level 8 Polish Qualifications Framework

I hereby apply for the verification of learning outcomes for Level 8 of the Polish Qualifications Framework in connection with the planned initiation of procedure for the award of the doctoral degree in the field of medical and health sciences, in the discipline of physical culture sciences, at the Wroclaw University of Health and Sport Sciences.

Find attached the following:
1) a diploma confirming the award of the professional title of master, master of Engineering or an equivalent qualification, or another diploma that entitles its holder to apply for the doctoral degree in the country whose higher-education system recognises the issuing institution,
2) a certificate or university diploma confirming proficiency in a modern foreign language at level B2 or higher,
3) a description of the concept of the proposed doctoral dissertation, including the topic and justification of its selection, the main research assumptions, the aim of the dissertation, the anticipated research methods and the expected date of submission of the dissertation,
4) a list of scientific achievements, including in particular:
   a) a list of published works,
   b) a list of scientific conferences in which the candidate actively participated,
5) documented evidence of disseminating knowledge in the field of physical culture sciences to the wider public, or evidence of conducting or co-conducting teaching activities.

The supervisor may attach suggestions regarding the composition of the verification committee.

.....
Signature of the candidate

Appendix No. 10 – Template of the Verification Committee Report

MINUTES
of the meeting of the VERIFICATION COMMITTEE
dated .....

The verification of whether (*full name of the candidate*) has achieved the learning outcomes required for Level 8 of the Polish Qualifications Framework, entitling him/her to apply, in the extramural mode, for the doctoral degree in the field of medical and health sciences, in the discipline of physical culture sciences, at the Wroclaw University of Health and Sport Sciences, was conducted before the Committee composed of:

1. Chair –
2. Director of the Doctoral School –
3. Committee Member –
4. Committee Member –
5. Committee Member –

PART I – in the presence of the candidate

1. Presentation by the candidate of the concept of the planned doctoral dissertation – presentation not exceeding 10 minutes
2. Oral examination covering:
   - general issues relevant to the discipline of physical culture sciences, as well as selected specialist issues directly related to the topic of the doctoral dissertation
   - research methodology appropriate to the topic of the proposed doctoral dissertation

Questions asked:	assessment of the answers
1)	
.....	.....
2)	
.....	.....
3)	
.....	.....

Overall examination result: POSITIVE / NEGATIVE*

* select as appropriate

PART I – without the presence of the candidate

The committee reviews the documentation submitted with the candidate's application and, on that basis, together with the presentation of the dissertation concept and the examination result, determines whether the candidate has achieved the learning outcomes for Level 8 of the Polish Qualifications Framework, as defined in the Regulations on Conducting Proceedings for the Award of the Doctoral Degree at the Wrocław University of Health and Physical Education.

ELEMENTS SUBJECT TO VERIFICATION	ASSESSMENT
1) a certificate or university diploma confirming proficiency in a modern foreign language at level B2 or higher	POSITIVE/NEGATIVE*
2) oral examination covering: a) general issues relevant to the discipline of physical culture sciences, as well as selected specialist issues directly related to the topic of the doctoral dissertation b) research methodology appropriate to the topic of the proposed doctoral dissertation	POSITIVE/NEGATIVE*
3) a presentation outlining the concept of the proposed doctoral dissertation	POSITIVE/NEGATIVE*
4) a list of scientific achievements, including in particular: a) a list of published works b) a list of scientific conferences in which the candidate actively participate	POSITIVE/NEGATIVE*
5) documented evidence of disseminating knowledge in the field of physical culture sciences to the wider public, or evidence of conducting or co-conducting teaching activities	POSITIVE/NEGATIVE*

* select as appropriate

SUMMARY

Based on the documentation attached to the application, as well as the presentation of the dissertation concept and the examination result, the Verification Committee has established that:

Mr/Ms ……..

has obtained a

POSITIVE / NEGATIVE*

result of the verification* of learning outcomes for Level 8 of the Polish Qualifications Framework, entitling him/her to apply, in the extramural mode, for the doctoral degree in the field of medical and health sciences, in the discipline of physical culture sciences, at the Wroclaw University of Health and Sport Sciences

** a positive verification result is possible only if all verification elements receive a positive assessment.

The Verification Committee, composed of: *signatures*

1. Chair – .....
2. Director of the Doctoral School – .....
3. Member of the Doctoral Committee – .....
4. Member of the Doctoral Committee – .....
5. Member of the Doctoral Committee – .....

.....

*signature of the Chair of the Verification Committee****

*** signature of the chair where the committee meeting takes place by remote means

Appendix No. 11 – Template of the certificate confirming the achievement of learning outcomes for Level 8 of the Polish Qualifications Framework – extramural mode

First and last name *Wroclaw, date*
Chair of the Verification Committee

CERTIFICATE

I confirm that Mr/Ms (full *name) has achieved* learning outcomes for Level 8 of the Polish Qualifications Framework, entitling him/her to apply for the doctoral degree in the field of medical and health sciences, in the discipline of physical culture sciences, at the Wroclaw University of Health and Sport Sciences.

The learning outcomes have been verified in accordance with the Regulations for Conducting Procedures for the Award of the Doctoral Degree at the Wroclaw University of Health and Sport Sciences before the Committee composed of:

1. Chair –
2. Director of the Doctoral School – 3.
4.
5.

The achievement of the learning outcomes has been confirmed on the basis of:

1) a certificate or university diploma confirming proficiency in a modern foreign language at level B2 or higher;
2) an oral examination covering:
   a) general issues relevant to the discipline of physical culture sciences, as well as selected specialist issues directly related to the topic of the doctoral dissertation
   b) research methodology appropriate to the topic of the proposed doctoral dissertation
3) a presentation outlining the concept of the proposed doctoral dissertation;
4) a list of scientific achievements, including in particular:
   a) a list of published works,
   b) a list of scientific conferences in which the candidate actively participated,
5) documented evidence of disseminating knowledge in the field of physical culture sciences to the wider public, or evidence of conducting or co-conducting teaching activities.

The certificate is valid exclusively at the Wroclaw University of Health and Sport Sciences for a period of three years from the date of issue.

.....
signature of the Chair of the Verification Committee

Appendix No. 12 – Declaration of co-authorship

Full name of the candidate or co-author *Place, date*
Place of work/status of the candidate or co-author

Declaration of co-authorship of a publication

I hereby declare that in the publication (*authors, title, journal or publisher, year of publication, volume, pages*) my contribution consisted of the following:

	concept of the study		editing of the publication
	study design and selection of research methodology		data collection
	conduct of the research		graphical representation of the results
	statistical analysis		literature review
	interpretation of results and formulation of conclusions		proofreading prior to submission for publication
	consultation		other: .....

I declare that I had a leading contribution to the development of the above publication.*

II acknowledge that the above work, as part of the doctoral dissertation, will serve as the basis for the application for the doctoral degree submitted by Mr/Ms (*candidate's full name*).**

.....
Signature of the candidate/co-author

* to be completed by the candidate

** to be completed by a co-author other than the candidate

Appendix No. 13 – Template for the application to initiate the procedure for the award of the doctoral degree

Full name of the candidate *Place, date*
Correspondence address
Telephone number
E-mail

Scientific College Council
of the Wroclaw University of Health and Sport Sciences

Application for the initiation of the procedure for the award of the doctoral degree

I hereby request the initiation of the procedure for the award of the doctoral degree in the field of medical and health sciences, in the discipline of physical culture sciences.

.....
Signature of the candidate

Appendices:

1) the doctoral dissertation with attachments:
   a) an abstract in English;
   b) an abstract in Polish;
   c) a description in Polish and in English, where the doctoral dissertation is not in written form;
   d) statements from all co-authors specifying each individual's contribution, where the dissertation constitutes a self-contained and distinct part of a collective work;
   e) a document confirming the approval of a bioethics committee for the conduct of the research.
2) a positive opinion of the supervisor or supervisors, as referred to in Article 189 of the Act;
3) a personal questionnaire;
4) either:
   a) a copy of a document confirming possession of a master's degree, a master of Engineering degree or an equivalent qualification, or a copy of a diploma referred to in Article 326(2)(2) or Article 327(2) of the Act, which entitles the holder to apply for the doctoral degree in the higher education system of the country whose institution issued the diploma (original for inspection), or
   b) opinions referred to in § 4(2).
5) a copy of the diploma supplement referred to in point 4 (original for inspection); if no supplement was issued, the candidate shall submit a declaration to that effect;
6) a list of scholarly publications and professional creative works, as well as information on activities promoting science, including the output referred to in § 4(1) (4) of the Regulations, as certified by the scientific information centre;
7) information on the course of any previous doctoral procedure undertaken by the candidate, including the titles of earlier dissertations submitted as the basis for applying for a doctoral degree;
8) if the candidate has not previously applied for a doctoral degree – a declaration to that effect;
9) a certificate confirming the attainment of the learning outcomes for Level 8 of the Polish Qualifications Framework;
10) a copy of the certificate or diploma confirming knowledge of a modern foreign language at a proficiency level of at least B2 (original for inspection), or a declaration stating that no such certificate is held;
11) the candidate's CV;
12) an electronic data carrier containing electronic versions of all attachments.

Appendix No. 14 – Template of the personal data questionnaire

PERSONAL QUESTIONNAIRE

1. Full name: .....
2. Date and place of birth: .....
3. Nationality: .....
4. PESEL (Personal Identification Number): .....
5. Registered address: .....

   .....
6. Correspondence address (where different from registered address): .....

   .....
7. Contact telephone: .....
8. Email address: .....
9. Type, number and series of the identity document in the absence of a PESEL number:.....

   .....

I undertake to inform the College Council of the Wroclaw University of Health and Sport Sciences of any changes to the above personal and contact details during the course of the procedure for the award of the doctoral degree.

....

(place and date) *(signature of the person submitting the questionnaire)*

Appendix No. 15 – Framework for the doctoral dissertation defence

For the defence of the doctoral dissertation, the candidate prepares:

1. an up-to-date CV including academic achievements,
2. an author's summary of the doctoral dissertation
3. a presentation of the dissertation (slide show) – maximum 15 minutes,
4. written responses to the reviews.

The defence consists of three parts:

Part I – Public session:

1. the supervisor presents the candidate's academic and professional achievements,
2. the candidate presents the main theses of the doctoral dissertation,
3. the reviewers present their reviews in turn,
4. if a reviewer is absent, the chair of the doctoral committee, or another person designated by the chair, reads the review,
5. after each review, the candidate responds to the comments,
6. the chair opens the public discussion,
7. the candidate answers questions raised during the discussion,
8. the chair concludes the discussion and closes Part I of the defence.

Part II – Closed session of the doctoral committee:

1. the doctoral committee conducts a discussion on the public defence,
2. the doctoral committee votes on the acceptance of the public defence,
3. the doctoral committee prepares a motion to the Scientific College Council regarding the award of the doctoral degree,
4. if at least two reviews contain a request for distinction, the doctoral committee votes on the conferral of the distinction.

Part III – Public session:

The chair of the doctoral committee announces the results of the committee's vote and informs the Scientific College Council of the motions submitted to it.

First and last name: Jarosław Domaradzki
Academic title/field and discipline; academic degree/field and discipline; professional title (for a medical professional title – specialisation); year of obtaining the academic title/academic degree/professional title:
Doctor (PhD), Field of Medical and Health Sciences; discipline: Physical Culture Sciences, year awarded: 2000 Doctor Habilitated (DSc), Field of Medical and Health Sciences; discipline: Physical Culture Sciences, year awarded: 2013
List of courses taught at the Doctoral School by the academic teacher from the 2019/2020 academic year to the 2024/2025 academic year.
Research methodology and design Statistics in research Current concepts in scientific research
A description of the scholarly/artistic output indicating the fields of science/art and the scientific/artistic discipline(s) to which the output pertains (up to 600 characters), as well as a list of **no more than 10** major scholarly/artistic achievements, with particular emphasis on the last 6 years, together with the dates of attainment (scientific publications/artistic achievements, patents and protective rights, completed research projects, national/international awards for scientific/artistic achievements), with particular attention given to achievements relevant to teaching at the Doctoral School and to the courses taught within the Doctoral School.
His scientific output falls within the field of medical and health sciences, in the discipline of physical culture sciences. His main research interests focus on assessing the effects of high-intensity interval training (HIIT) in school settings on body composition, physical fitness, blood pressure and metabolic health in adolescents. His achievements have an applied character, supporting education within the Doctoral School in the areas of experimental research methodology and the didactics of physical education. In this field, he received a grant from the Ministry of Education and Science (formerly the Ministry of Science and Higher Education), NdS-II/SP/0521/2023/01, awarded on 21 December 2023, entitled: Dose-response relationships and the effect of intermittent exercise during physical education lessons on health markers in adolescents, as part of the "Science for Society II" programme. He serves as the principal investigator of this project. 1. Popowczak M., Rokita A., **Domaradzki J**., Effects of Tabata Training on Health-related Fitness Components among Secondary School Students, Kinesiology, 2022, 54(2), 221-229. 2. **Domaradzki J**., Cichy I., Rokita A., Popowczak M., Effects of Tabata Training During Physical Education Classes on Body Composition, Aerobic Capacity, and Anaerobic Performance of Under-, Normal- and Overweight Adolescents, International Journal of Environmental Research and Public Health, 2020, 17(3):876. doi: 10.3390/ijerph17030876. 3. **Domaradzki J**., Rokita A., Koźlenia D., Popowczak M., Optimal Values of Body Composition for the Lowest Risk of Failure in Tabata Training's Effects in Adolescents: A Pilot Study, Biomed Research International, 2021, 2021:6675416. doi: 10.1155/2021/6675416. 4. **Domaradzki J**., Koźlenia D., Popowczak M., Sex Moderated Mediation of the Musculoskeletal Fitness in Relationship between High-Intensive Interval Training Performing during Physical Education Classes and Cardiorespiratory Fitness in Healthy Boys and Girls, Biomed Research International, 2022.01.17, 2022:8760620. doi: 10.1155/2022/8760620; 5. **Domaradzki J**., Koźlenia D., Popowczak M., The Mediation Role of Fatness in Associations between Cardiorespiratory Fitness and Blood Pressure after High-Intensity Interval Training in

Adolescents, International Journal of Environmental Research and Public Health, 2022.02.01, 19(3):1698. doi: 10.3390/ijerph19031698);

6. **Domaradzki J**., Koźlenia D., Popowczak M., Mediation Effect of Cardiorespiratory Fitness on Relationships between High-Intensity Interval Training and Body Fat in Overweight and Obese Adolescents, The Journal of Sports Medicine and Physical Fitness, 2022 Dec, 62(12):1735-1741. doi: 10.23736/S0022-4707.22.13539-5

7. Popowczak M., Rokita A., Koźlenia D., **Domaradzki J**. The High-intensity Interval Training Introduced in Physical Education Lessons Decrease Systole in High Blood Pressure Adolescents, Scientific Reports, 2022.02.07, 12(1):1974. doi: 10.1038/s41598-022-06017-w.

8. **Domaradzki J**., Koźlenia D., Popowczak M., The Relative Importance of Age at Peak Height Velocity and Fat Mass Index in High-intensity Interval Training Effect on Cardiorespiratory Fitness in Adolescents: A Randomized Controlled Trial, Children (Basel), 2022, 9(10):1554. doi: 10.3390/children9101554.

9. Koźlenia D., Popowczak M., Szafraniec R., Álvarez C., **Domaradzki J.** Changes in Muscle Mass and Strength in Adolescents Following High-Intensity Functional Training with Bodyweight Resistance Exercises in Physical Education Lessons, Journal of Clinical Medicine, 2024, 13(12), 3400, https://doi.org/10.3390/jcm13123400.

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Citations: 460
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A description of teaching experience and achievements (up to 600 characters), including academic supervision with a list of **no more than 10** key teaching accomplishments, with particular emphasis on the last 6 years, together with the dates of attainment (e.g., authorship of textbooks/teaching materials, implemented teaching innovations, supervision of master's or doctoral theses, academic supervision, awards received by students under the academic/artistic supervision of the applicant, supervision of a Diamond Grant beneficiary, supervision of a student research group, teaching courses in a foreign language, including at a foreign university, e.g., within academic staff mobility programmes).

His teaching activity within the Doctoral School includes courses on the *design of experiments* and on statistics and the *design of statistical analyses*. He provides training for doctoral students in the areas of physical fitness assessment, physical activity and health prevention. He supervises doctoral students of the Doctoral School (including MSc Edyta Kopacka, admitted in 2025) and contributes to the development of a research environment that integrates teaching with current trends in physical culture sciences.

He has supervised three doctoral dissertations (all of which were successfully defended):

1. dr Weronika Stodółka, dissertation entitled: Past sports participation and current physical activity
versus selected indicators of biological fitness in men aged 55-80, defended on 28 March 2019; doctoral degree in physical culture sciences confirmed on 4 April 2019.

2. dr Dawid Koźlenia, dissertation entitled: Movement patterns and motor fitness versus injury risk in physically active adult men and women, defended on 29 May 2020; doctoral degree in physical culture sciences confirmed on 1 July 2020.

3. dr Izabela Trojanowska, dissertation entitled: Dynamic stretching versus upper-limb movement patterns and the range of motion of the shoulder girdle in kickboxing athletes, defended on 7 July 2021; doctoral degree in physical culture sciences confirmed on 8 July 2021.

First and last name: Marek Konefał

Academic title/field and discipline; academic degree/field and discipline; professional title (for a medical professional title – specialisation); year of obtaining the academic title/academic degree/professional title:

Doctor (PhD), Field of Medical and Health Sciences; discipline: Physical Culture Sciences, year awarded:: 2012

Doctor Habilitated (DSc), Field of Medical and Health Sciences; discipline: Physical Culture Sciences, year awarded: 2019

List of courses taught at the Doctoral School by the academic teacher or another instructor from the 2019/2020 academic year to the 2024/2025 academic year.

Research methodology and design

Current concepts in scientific research

A description of the scholarly/artistic output indicating the fields of science/art and the scientific/artistic discipline(s) to which the output pertains (up to 600 characters), as well as a list of **no more than 10** major scholarly/artistic achievements, with particular emphasis on the last 6 years, together with the dates of attainment (scientific publications/artistic achievements, patents and protective rights, completed research projects, national/international awards for scientific/artistic achievements), with particular attention given to achievements relevant to teaching at the Doctoral School and to the courses taught within the Doctoral School.

Description of academic achievements:

His scientific output falls within the field of medical and health sciences, in the discipline of physical culture sciences. It encompasses research on the physiological and psychomotor determinants of athletes' performance, as well as the effects of heat stress on football players' match efficiency. The scientific achievements have practical applications in training optimisation, load monitoring and in educating doctoral students in sports research methodology.

Selected scholarly publications (last 6 years):

Konefał M. et al. Match running performance preceding scoring and conceding a goal in professional soccer, Scientific Reports, 2024.

Lindner-Cendrowska K., Leziak K., Brode P., Fiala D., **Konefał M.** Prospective heat stress risk assessment for professional soccer players in the context of the 2026 FIFA World Cup, Scientific Reports, 2024.

Konefał M. et al. The seven phases of match status differentiate the running performance of soccer players in UEFA Champions League, Scientific Reports, 2023.

Konefał M. et al. Lactate threshold and psychomotor fatigue threshold in hot conditions: suggestions for soccer players participating in the Qatar World Cup 2022, International Journal of Environmental Research and Public Health, 2022.

Konefał M. et al. The relationship among acceleration, deceleration and changes of direction in repeated small sided games, Journal of Human Kinetics, 2022.

Zacharko M., **Konefał M**., Chmura P. et al. Direction of travel of time zones crossed and results achieved by soccer players: the road from the 2018 FIFA World Cup to UEFA EURO 2020, Research in Sports Medicine, 2022.

Radzimiński Ł., Padron-Cabo A., Modric T., **Konefał M**. et al. The effect of mid-season coach turnover on running match performance and match outcome in professional soccer players, Scientific Reports, 2022.

Konefał M. et al. The influence of thermal stress on the physical and technical activities of soccer players: lessons from the 2018 FIFA World Cup in Russia, International Journal of Biometeorology, 2021.

Research projects:

AWF Wrocław Minigrant (2025) – Heat load in football players: pilot microclimate studies at the Tarczyński Arena Wrocław – project leader.

Internal AWF Wrocław Grant (2021) – The impact of exercise of varying intensity on the psychomotor fatigue threshold and the performance effectiveness of youth football players – project contributor.

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Citations: 1041
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A description of teaching experience and achievements (up to 600 characters), including academic supervision with a list of **no more than 10** key teaching accomplishments, with particular emphasis on the last 6 years, together with the dates of attainment (e.g., authorship of textbooks/teaching materials, implemented teaching innovations, supervision of master's or doctoral theses, academic supervision, awards received by students under the academic/artistic supervision of the applicant, supervision of a Diamond Grant beneficiary, supervision of a student research group, teaching courses in a foreign language, including at a foreign university, e.g., within academic staff mobility programmes).

Supervisor of one doctoral dissertation (dr Michał Zacharko The influence of selected situational factors on game outcome, effort capacities, and actions in the game of soccer players) and 35 master's theses; recipient of the First Prize awarded to a doctoral student under his supervision at the 7th National Conference for Young Researchers – "Researcher's Evening 2024: Around the Human Being"; supervisor of the "Football Analysis Zone" student research group

First and last name: Iwona Malicka

Academic title/field and discipline; academic degree/field and discipline; professional title (for a medical professional title – specialisation); year of obtaining the academic title/academic degree/professional title:

mgr in physiotherapy (1998)Professional licence: 1218

Doctor (PhD), Field of Medical and Health Sciences; discipline: Physical Culture Sciences, year awarded: 2003

Doctor Habilitated (DSc), Field of Medical and Health Sciences; discipline: Physical Culture Sciences, year awarded: 2015

Full Professor: Field of Medical and Health Sciences; discipline: Physical Culture Sciences, year awarded: 2024

List of courses taught at the Doctoral School by the academic teacher from the 2019/2020 academic year to the 2024/2025 academic year.

Research methodology and design

A description of the scholarly/artistic output indicating the fields of science/art and the scientific/artistic discipline(s) to which the output pertains (up to 600 characters), as well as a list of **no more than 10** major scholarly/artistic achievements, with particular emphasis on the last 6 years, together with the dates of attainment (scientific publications/artistic achievements, patents and protective rights, completed research projects, national/international awards for scientific/artistic achievements), with particular attention given to achievements relevant to teaching at the Doctoral School and to the courses taught within the Doctoral School.

I distinguish the following research directions within the field of medical sciences and health sciences, in the discipline of physical culture sciences:
- the role of physical activity in the primary and secondary prevention of cancer (experimental and epidemiological studies),
- virtual therapy in oncological rehabilitation, with particular emphasis on quality of life
- physiotherapy in the reduction of secondary lymphoedema

Scholarly publications:

1. Chmielewski Michał, Szeremet Agnieszka, Jabłonowska-Babij Paula, Majcherek Maciej, Czyż Anna, Bursiewicz Natalia, Wróbel Tomasz, **Malicka Iwona**. Assessment of the physical fitness status of patients with hematological malignancies qualified for hematopoietic stem cell transplantation, Advances in Clinical and Experimental Medicine, 2025 : vol. 34, no. 8, pp. 1343-1352, Impact Factor: 1,900, ministerial points: 70,000
2. Czech Oliver, Matkowski Rafał, Skórniak Jakub, **Malicka Iwona**. Effects of immersive virtual therapy on psychological and physical wellbeing in women with breast cancer at different stages of disease and treatment conditions : an experimental comparative study, Frontiers in Oncology, 2025 : vol. 15, art. 1581604, pp. 1-10, Impact Factor: 3,300, ministerial points: 100,000
3. Chmielewski Michał, Szeremet Agnieszka, Stefańska Małgorzata, Jabłonkowska-Babij Paula, Majcherek Maciej, Czyż Anna, Wróbel Tomasz, **Malicka Iwona**. Decreased physical activity and endurance capacity in patients qualified for haematopoietic stem cell transplantation (HSCT), Journal of Clinical Medicine, 2025 : vol. 14, art. 186, pp. 1-15, Impact Factor: 2,900, ministerial points: 140,000
4. Dąbrowska Aleksandra, Kowaluk Aleksandra, Kalwak Krzysztof, **Malicka Iwona**. Impact of pediatric leukemia on maternal anxiety, depression, sleep quality, and physical

activity, Medical Science Monitor, 2025 : vol. 31, art. e949219, pp. 1-9, Impact Factor: 2,100, ministerial points: 140,000

5. Kowaluk Aleksandra, **Malicka Iwona**, Kałwak Krzysztof, Woźniewski Marek. The impact of interactive video games training on the quality of life of children treated for leukemia, Cancers, 2024 : vol. 16, no. 21, art. 3599, pp. 1-16, Impact Factor: 4,400, ministerial points: 140,000
6. Czech Oliver, Kowaluk Aleksandra, Ściepuro Tomasz, Siewierska Katarzyna, Skórniak Jakub, Matkowski Rafał, **Malicka Iwona**. Effects of immersive virtual therapy as a method supporting the psychological and physical well-being of women with a breast cancer diagnosis : a randomised controlled trial, Current Oncology, 2024 : vol. 31, no. 10, pp. 6419-6432, Impact Factor: 3,400, ministerial points: 70,000
7. Czech Oliver, Matkowski Rafał, Skórniak Jakub, **Malicka Iwona**. Psychological and physical well-being in women diagnosed with breast cancer : a comprehensive study of anxiety, depression, sleep quality, physical activity, and sociodemographic factors, Medical Science Monitor, 2024 : vol. 30, art. e943490, pp. 1-9, Impact Factor: 2,100, ministerial points: 140,000
8. **Malicka Iwona**, Martynowicz Helena, Dzięgiel Piotr, Podhorska-Okołów Marzenna, Woźniewski Marek, Szuba Andrzej. Asymmetric dimethylarginine in an NMU-induced rat mammary tumor model, Anticancer Research, 2023: vol. 43, no. 1, pp. 97-103, Impact Factor: 1,600, ministerial points: 70,000
9. Kowaluk Aleksandra, Siewierska Katarzyna, Choniawkova Marie, Sedlacek Petr, Kałwak Krzysztof, **Malicka Iwona**. Physical activity level and quality of life of children treated for malignancy, depending on their place of residence: Poland vs. the Czech Republic: An observational study, Cancers, 2023 : vol. 15, no. 19, art. 4695, pp. 1-13, Impact Factor: 4,500, ministerial points: 200,000
10. Czech Oliver, Kowaluk Aleksandra, Kiper Paweł, **Malicka Iwona**. Virtual reality in chemotherapy support for the treatment of physical functions, fear, and quality of life in pediatric cancer patients : a systematic review and meta-analysis, Frontiers in Public Health, 2023 : vol. 11, art. 1039720, s. 1-9, Impact Factor: 3,000, ministerial points: 100,000

Distinction – 4th Conference of the Lymphology Section of the Polish Phlebological Society (2023) – "The Effect of Dynamic Taping and Physical Activity on the Severity of Secondary Lymphoedema"

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Citations: 426
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A description of teaching experience and achievements (up to 600 characters), including academic supervision with a list of **no more than 10** key teaching accomplishments, with particular emphasis on the last 6 years, together with the dates of attainment (e.g., authorship of textbooks/teaching materials, implemented teaching innovations, supervision of master's or doctoral theses, academic supervision, awards received by students under the academic/artistic supervision of the applicant, supervision of a Diamond Grant beneficiary, supervision of a student research group, teaching courses in a foreign language, including at a foreign university, e.g., within academic staff mobility programmes).

Textbooks (co-authored): Fizjoterapia w onkologii (2nd. ed. 2020), Onkologia i hematologia dziecięca (2021), Praktyczny przewodnik fizjoterapii w onkologii (2021), Wielka Fizjoterapia (2nd. ed. 2022).

Monograph (co-authored chapters): 1. Aktywność fizyczna w profilaktyce i leczeniu chorób nowotworowych 2. Aktywność fizyczna w prewencji pierwotnej i wtórnej nowotworów złośliwych - wskazówki praktyczne: In: Niedostateczny poziom aktywności fizycznej w Polsce jako zagrożenie i wyzwanie dla zdrowia publicznego: raport Komitetu Zdrowia Publicznego PAN/ed. W. Drygas, M. Gajewska, T. Zdrojewski, Warsaw, 2021

Supervision of 93 master's theses; supervision of 2 completed doctoral dissertations (2022, 2023); supervision of 2 ongoing doctoral projects (Doctoral School).

Supervision of the Onko Active Student Research Club: awards: 1. Scientist's Evening Conference – Around the Human Being 2020 – distinction awarded to the research team (A. Kowaluk et al., SKN OnkoActive) in the rehabilitation session, and the Audience Award for A. Kowaluk (SKN OnkoActive) for the presentation: Cardiorespiratory fitness and physical activity levels in children treated for leukaemia. 2. Scientist's Evening Conference – Around the Human Being 2024, distinction awarded to A. Dąbrowska (SKN OnkoActive) in the rehabilitation session for the presentation: Assessment of the psychophysical condition of parents of children diagnosed with cancer – a pilot study.

First and last name: Krystyna Rożek-Piechura
Academic title/field and discipline; academic degree/field and discipline; professional title (for a medical professional title – specialisation); year of obtaining the academic title/academic degree/professional title:
Doctor (PhD), Field of Medical and Health Sciences; discipline: Physical Culture Sciences, year awarded: 1994 Doctor Habilitated (DSc), Field of Medical and Health Sciences; discipline: Physical Culture Sciences, year awarded: 2004 Full Professor: Field of Medical and Health Sciences; discipline: Physical Culture Sciences, year awarded: 2021
List of courses taught at the Doctoral School by the academic teacher from the 2019/2020 academic year to the 2024/2025 academic year.
Literature Studies, Literature Studies in English
A description of the scholarly/artistic output indicating the fields of science/art and the scientific/artistic discipline(s) to which the output pertains (up to 600 characters), as well as a list of **no more than 10** major scholarly/artistic achievements, with particular emphasis on the last 6 years, together with the dates of attainment (scientific publications/artistic achievements, patents and protective rights, completed research projects, national/international awards for scientific/artistic achievements), with particular attention given to achievements relevant to teaching at the Doctoral School and to the courses taught within the Doctoral School.
2021 – awarded the title of Professor in the Field of Medical and Health Sciences, Discipline of Physical Culture Studies **1.** Kołodyńska Gabriela, Zalewski Maciej, Piątek Aleksandra, Mucha Anna, **Rożek-Piechura Krystyna**, Andrzejewski Waldemar **2.** Okrzymowska Paulina, Maćkała Krzysztof, Kucharski Wojciech, Rożek-Piechura Krystyna. Inspiratory muscle training included in therapeutic and training regimens for middle-distance runners. Journal of Clinical Medicine, 2025, 14, 9, pp. 1-20. **3.** Przybylska Iga, **Rożek-Piechura Krystyna**, Okrzymowska Paulina. Ocena depresji u pacjentów po incydentach kardiologicznych uczestniczących w rehabilitacji w aspekcie poziomu aktywności fizycznej. In: Problemy badawcze "Wokół Człowieka" w świetle doniesień młodych naukowców / Ed. Małgorzata Słowińska-Lisowska, Kamil Michalik, Wrocław: Wydawnictwo Akademii Wychowania Fizycznego im. Polskich Olimpijczyków we Wrocławiu, 2025, pp. 11-29 **4.** Biernikiewicz Małgorzata, Sobieszczańska Małgorzata, Szuster Ewa, Pawlikowska-Gorzelańczyk Anna, Janocha Anna, **Rożek-Piechura Krystyna**, Rusiecka Agnieszka, Gebala Jana, Okrzymowska Paulina, Kałka Dariusz. Erectile dysfunction as an obesity-related condition in elderly men with coronary artery disease. Journal of Clinical Medicine, 2024.13, No. 7, pp. 1-11, **5.** Badowska Anna, Okrzymowska Paulina, Piątek-Krzywicka Elżbieta, Ostrowska Bożena, **Rożek-Piechura Krystyna**. The effect of the cheneau brace on respiratory function in girls with adolescent idiopathic scoliosis participating in a schroth exercise program. Journal of Clinical Medicine, 2024,13, 23, pp. 1-16, **6.** Okrzymowska Paulina, Seidel Wojciech, **Rożek-Piechura Krystyna**. The effectiveness and validity of inspiratory muscle training in the training process of disabled swimmers. Journal of Clinical Medicine, 2024,13, 8, pp. 1-15,

7. Piechura Jerzy Rafał, Okrzymowska Paulina, **Rożek-Piechura Krystyna**. Effect of tone normalizing massage on stiffness of accessory inspiratory muscles in patients with COPD. Journal of Kinesiology and Exercise Sciences, 2024, 34, 105, pp. 37-45.
8. Grudzińska Aleksandra, Okrzymowska Paulina, Tomaszczyk Agata, Kałka Dariusz, **Rożek-Piechura Krystyna**. Assessing the consequences of smoking tobacco products with consideration of the forced oscillation technique. Medical Science Monitor, 2024, 30, pp. 1-12.
9. Mandera-Grygierzec Amanda, Kostrzewska Paulina, Szuster Ewa, Pawlikowska-Gorzelańczyk Anna, Biernikiewicz Małgorzata, Rusiecka Agnieszka, Mrozek-Szetela Aneta, Sobieszczańska Małgorzata, **Rożek-Piechura Krystyna**, Markiewicz Monika, Kałka Dariusz. Low exercise tolerance as a marker of erectile dysfunction and depression among post-myocardial infarction men. Healthcare, 2023, 11, 9, pp. 1-10.
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A description of teaching experience and achievements (up to 600 characters), including academic supervision with a list of **no more than 10** key teaching accomplishments, with particular emphasis on the last 6 years, together with the dates of attainment (e.g., authorship of textbooks/teaching materials, implemented teaching innovations, supervision of master's or doctoral theses, academic supervision, awards received by students under the academic/artistic supervision of the applicant, supervision of a Diamond Grant beneficiary, supervision of a student research group, teaching courses in a foreign language, including at a foreign university, e.g., within academic staff mobility programmes).

Member of the Polish Accreditation Committee in 2012-15, 2019-23, 2023-present. From 2016 to 2024 – Vice-Dean for Teaching at the Faculty of Physiotherapy. Between 2019 and 2025 – supervisor of 34 master's theses in physiotherapy; supervisor of two successfully defended doctoral dissertations: dr Paulina Okrzymowska, defence with distinction (September 2022), Bartosz Mroczkowski (April 2023). Currently the supervisor of two doctoral students enrolled in the 2nd and 4th year of the Doctoral School. Co-author of the textbook:Fizjoterapia w geriatrii. Podstawy i nowe trendy (eds. K. Wieczorowska-Tobis, A. Skrzek), PZWL, 2019 (co-author of chapters).

Author of the curricula for the following courses: Clinical Foundations of Physiotherapy in Pulmonology, Physiotherapy in Pulmonology, Planning Physiotherapy in Internal Diseases (Cardiology and Pulmonology). Participation in the internal grant research project no. Z.22.04. Development of Academic Sport, principal investigator: Inspiratory muscle training as an important element in the training process of middle- and long-distance runners (N RSA4 05454).

First and last name: Marek Woźniewski
Academic title/field and discipline; academic degree/field and discipline; professional title (for a medical professional title – specialisation); year of obtaining the academic title/academic degree/professional title:
Doctor (PhD), Field: Physical Culture Sciences; discipline: Physical Culture Sciences, year awarded: 1984 Doctor Habilitated (DSc), Field: Physical Culture Sciences, discipline: Physical Culture Sciences, year awarded: 1991 Full Professor: Field: Physical Culture Sciences; discipline: Physical Culture Sciences, year awarded: 2002
List of courses taught at the Doctoral School by the academic teacher or another instructor from the 2019/2020 academic year to the 2024/2025 academic year.
Research methodology and design
A description of the scholarly/artistic output indicating the fields of science/art and the scientific/artistic discipline(s) to which the output pertains (up to 600 characters), as well as a list of **no more than 10** major scholarly/artistic achievements, with particular emphasis on the last 6 years, together with the dates of attainment (scientific publications/artistic achievements, patents and protective rights, completed research projects, national/international awards for scientific/artistic achievements), with particular attention given to achievements relevant to teaching at the Doctoral School and to the courses taught within the Doctoral School.
The primary focus of my research is the evaluation of the role of various forms of physical activity in preventing lifestyle diseases, particularly malignant neoplasms, and in restoring psychophysical functioning compromised in the course of these conditions. **1.** Ciałowicz Maria, **Woźniewski Marek**, Murawska-Ciałowicz Eugenia, Dzięgiel Piotr The influence of irisin on selected organs - the liver, kidneys, and lungs : the role of physical exercise. Cells, 2025: vol. 14, no. 16, art. 1228, pp. 1-35. **2.** Szpala Agnieszka, Winiarski Slawomir, Kołodziej Małgorzata, Pietraszewski Bogdan, Jasiński Ryszard, Niebudek Tadeusz, Lejczak Andrzej, Lorek Karolina, Bałchanowski Jacek, Wudarczyk Slawomir, **Woźniewski Marek** Comparative analysis of gait kinematics in older adults: free walking vs. Nordic walking with classic and mechatronic poles. Applied Sciences, 2024: vol. 14, no. 7, art. 3057, pp. 1-13, **3.** Kowaluk Aleksandra, Malicka Iwona, Kałwak Krzysztof, **Woźniewski Marek** The impact of interactive video games training on the quality of life of children treated for leukemia. Cancers, 2024: vol. 16, no. 21, art. 3599, pp. 1-16, **4.** Szpala Agnieszka, Winiarski Slawomir, Kołodziej Małgorzata, Jasiński Ryszard, Lejczak Andrzej, Kałka Dariusz, Lorek Karolina, Bałchanowski Jacek, Wudarczyk Slawomir, Woźniewski Marek, Pietraszewski Bogdan Effects of nordic walking training on gait and exercise tolerance in male ischemic heart disease patients. Scientific Reports, 2024: vol. 14, art. 11249, pp. 1-13, **5.** Wudarczyk Slawomir, **Woźniewski Marek**, Szpala Agnieszka, Winiarski Slawomir, Bałchanowski Jacek Mechatronic pole system for monitoring the correctness of Nordic walking. Sensors, 2023: vol. 23, no. 23, art. 8436, pp. 1-22,

6. Kowaluk Aleksandra, Woźniewski Marek Interactive video games as a method to increase physical activity levels in children treated for leukemia. Healthcare, 2022: vol. 10, no. 4, art. 692, pp. 1-19,

7. Malicka Iwona, Siewierska Katarzyna, Olbromski Mateusz, Glatzel-Plucińska Natalia, Podhorska-Okołów Marzena, Dzięgiel Piotr, **Woźniewski Marek** The influence of physical training on the immune system of rats during N-methyl-N-nitrosourea-induced carcinogenesis. Journal of Clinical Medicine, 2022: vol. 11, no. 21, art. 6371, pp. 1-13,

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Aktywność fizyczna w prewencji pierwotnej i wtórnej nowotworów złośliwych - wskazówki praktyczne, in: Niedostateczny poziom aktywności fizycznej w Polsce jako zagrożenie i wyzwanie dla zdrowia publicznego: raport Komitetu Zdrowia Publicznego Polskiej Akademii Nauk / ed. by Wojciech Drygas, Małgorzata Gajewska, Tomasz Zdrojewski Warsaw: Narodowy Instytut Zdrowia Publicznego - Państwowy Zakład Higieny, 2021, pp. 247-259:

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10. Siewierska Katarzyna, Malicka Iwona, Kobierzycki Christopher, Grzegrzółka Jędrzej, Piotrowska Aleksandra, Pasławska Urszula, Cegielski Marek, Podhorska-Okołów Marzena, Dzięgiel Piotr, **Woźniewski Marek** Effect of physical training on the levels of sex hormones and the expression of their receptors in rats with induced mammary cancer in secondary prevention model: preliminary study, In VIVO, 2020: vol. 34, No. 2, pp. 495-501,

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Citations: 947
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A description of teaching experience and achievements (up to 600 characters), including academic supervision with a list of **no more than 10** key teaching accomplishments, with particular emphasis on the last 6 years, together with the dates of attainment (e.g., authorship of textbooks/teaching materials, implemented teaching innovations, supervision of master's or doctoral theses, academic supervision, awards received by students under the academic/artistic supervision of the applicant, supervision of a Diamond Grant beneficiary, supervision of a student research group, teaching courses in a foreign language, including at a foreign university, e.g., within academic staff mobility programmes).

Doctoral dissertations

1. Dr Roman Hawro: Effectiveness of early physiotherapy in preventing lymphoedema after breast cancer treatment in women – Wroclaw University of Health and Sport Sciences, 2022
2. Dr Aleksandra Kowaluk: Impact of interactive video games on physical activity and fitness in children treated for leukaemia – Wroclaw University of Health and Sport Sciences, 2022

3. Dr Kamila Bielecka-Smith: Impact of high-intensity interval training on physical fitness and exercise tolerance in patients with heart failure and an implanted cardioverter-defibrillator – Wroclaw University of Health and Sport Sciences, 2023

Textbooks

Malicka I., Woźniewski M. Praktyczny przewodnik rehabilitacji w onkologii. ELAMED Katowice, 2021

Chapters in textbooks

Malicka I., Kowaluk A., Woźniewski M. Rehabilitacja dzieci leczonych z powodu nowotworów, in: Onkologia i hematologia dziecięca, vol. 2, ed. Chybicka A., Sawicz-Birkowska K., Kazanowska B. Wydawnictwo Lekarskie PZWL, Warsaw 2021

RESOLUTION No. 29/2019
of the Senate of the Wroclaw University of Health and Sport Sciences
of 23 May 2019

regarding: adoption of the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

Pursuant to: Article 205(1-4) and 20 of the Polish Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws item 1668, as amended)

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby adopts the Regulations of the Doctoral School, constituting an appendix to this resolution.

§ 2

These Regulations shall be consulted with the doctoral students' government within three months of their adoption.

§ 3

The resolution shall enter into force as of the date of adoption, with effect from the start of the 2019/2020 academic year.

President of the Senate
of
the Wroclaw University of Health and Sport Sciences

dr hab. Andrzej Rokita, prof. nadzw.

Appendix No. 1 to Resolution 29/2019

REGULATIONS OF THE DOCTORAL SCHOOL
AT
THE WROCLAW UNIVERSITY OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on national legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws, item 1668, as amended), hereinafter referred to as the Act;
- the Act of 3 July 2018 – Provisions introducing the Act: Law on Higher Education and Science (Journal of Laws of 2018, item 1669);
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2019, item 300);
- the Regulation of the Minister of Science and Higher Education of 24 September 2018 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws, item 1835);
- the Regulation of the Minister of Science and Higher Education of 21 September 2018 on doctoral diplomas, post-doctoral diplomas and doctoral student identity cards (Journal of Laws, item 1837);
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws, item 2218);
- the Regulation of the Minister of Science and Higher Education of 20 September 2018 on fields of science, and scientific and artistic disciplines (Journal of Laws, item 1818)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (Journal of Laws, item 1838)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (Journal of Laws, item 658)
- the Statute of the Wroclaw University of Health and Sport Sciences (2019).

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.
3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education of 24 September 2018 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise. Article 206 shall apply accordingly.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.
4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Secretariat of the Doctoral School.
3. Substantive supervision over education at the Doctoral School is exercised by the Scientific College Council.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is obliged to cooperate with the Deans of Faculties and with the Doctoral Students' Government.

7. The Director, in consultation with the Council of the Doctoral School, prepares an evaluation of the Doctoral School in the form of a self-assessment report at intervals not longer than every six years, according to the schedule established by the Committee for Evaluation of Science.

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their education upon submission of the doctoral dissertation.
5. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
2. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding the doctoral degree.
3. The qualifications and research interests of the auxiliary supervisor must justify substantive alignment with the thematic scope of the doctoral student's research interests, and the person must have a documented research record in this area as well as at least five years of academic experience following the award of the doctoral degree.
4. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific College Council, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including the following:
   a) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;
   b) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.

5. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place without suspending the doctoral student's status at the Doctoral School and within no more than one month.
6. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the IRP, which includes a detailed schedule for the preparation of the doctoral dissertation and scientific activities, and submits it to the Scientific College Council within 12 months from the start of training.
2. The IRP, together with the curriculum, forms the basis of doctoral training.
3. The IRP specifies the research and academic activities planned for completion during the course of training at the Doctoral School. A template containing the detailed schedule for preparing the doctoral dissertation and scientific activities will be published on the website of the Doctoral School.
4. If an auxiliary supervisor is appointed, the plan must be submitted after obtaining their opinion.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. The rules for preparing the doctoral dissertation are determined by the Scientific College Council.
5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
6. This time limit may be extended, in justified cases related to the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years.

7. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.
8. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.
9. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.

§ 7

1. The mid-term assessment is carried out halfway through the training period specified in the curriculum, during the fourth semester
2. The assessment concerns the implementation of the doctoral student's IRP.
3. The mid-term assessment results in either a positive or a negative result. The result, together with its justification, is public.
4. The assessment is conducted by a committee composed of three members, including at least one person holding the degree of doktor habilitowany or the title of professor in the discipline in which the dissertation is being prepared, employed outside the institution running the Doctoral School. The supervisor and auxiliary supervisor may not serve as members of the assessment committee.
5. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
6. The assessment concerns the implementation of the dissertation preparation schedule and the scientific activities specified in the IRP.
7. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(3).
8. A doctoral student who, following a positive mid-term assessment, is employed by the University as an academic teacher for more than half of a full-time position is exempt from the obligation to complete professional placements.
9. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
   1) the mid-term assessment result is negative;

2) they fail to submit the dissertation within the deadline set in the IRP;
3) they resign from the programme.

2. A doctoral student may be removed from the register of doctoral students if:
   1) they make unsatisfactory progress in preparing the dissertation;
   2) they fail to meet the obligations set out in these Regulations.
3. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.
4. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code.
5. At the doctoral student's request, the Director may also suspend training for a total period of up to one year in the case of:
   1) temporary incapacity to undertake training due to illness;
   2) the need to provide personal care for an ill family member;
   3) the need to provide personal care for a child under the age of four or a child with a disability certificate;
   4) holding a disability certificate.
6. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
7. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations,

and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.

8. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
9. After the extended time limit referred to in section 8 has expired, the doctoral student may apply for a further extension of the time limit for the submission of the dissertation under the procedure set out in §6(6-9).
10. After extending the time limit for the submission of the dissertation, the Director of the Doctoral School exempts the doctoral student from the obligation to complete professional placements.

11. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.
3. The Senate determines the admission dates and the detailed procedure for the admission and competition process for the Doctoral School each year, and publishes this information no later than 30 June of the year preceding the academic year concerned. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
4. Admission to the Doctoral School is based on the ranking list.
5. The results of the admission process are public.
6. Admission to the Doctoral School is granted through entry on the list of doctoral students.
7. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
8. A person admitted to the Doctoral School acquires the rights of a doctoral student upon taking the oath, the wording of which is set out in the Statute.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.

2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.
5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
    1) high-level research competences and a substantial degree of scientific independence,
    2) knowledge of the principles governing the dissemination of research results,
    3) the ability to write research papers and present their findings,
    4) academic teaching skills and professional qualifications in modern teaching methods and techniques,
    5) enhancement of language competences,
    6) social competences relevant to research, academic and teaching activities,
    7) preparation of the doctoral dissertation in accordance with the research plan.
2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in both paper and electronic form) using the following grading scale: 2

(unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.

6. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
7. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
8. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.
9. The core programme of study at the Doctoral School is approved by the Senate following an opinion from the Senate Committee for Teaching.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. The evaluation of teaching practice (classes taught by doctoral students) is conducted each semester according to the study programme and the rules governing teaching placements.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, both the winter semester and the summer semester, according to the academic calendar.

3. The report template is provided as a separate document available on the Doctoral School's website.
4. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the winter semester session and up to two weeks before the start of the next semester for the summer session.
5. The Council of the Doctoral School conducts a semester evaluation of each doctoral student based on the submitted reports and an annual evaluation of supervisory support based on the implementation of the IRP.
6. Reports from both the doctoral student evaluation and the evaluation of supervisory support are submitted to the Director of the Doctoral School.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
    1) the establishment of the Doctoral School,
    2) the designation of the discipline in which doctoral students are trained,
    3) admission rules and the number of available places,
    4) learning outcomes for the programme of study,
    5) the curriculum,
    6) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
    1) record number,
    2) first name(s) and last name,
    3) date and place of birth,
    4) PESEL number or, if not applicable, the name and number of the identity document,
    5) information on the master's degree, master's degree in engineering or equivalent qualification held,

6) the date of entry onto the list of doctoral students,
7) the discipline of training,
8) the date of commencement of training,
9) the amount of the doctoral scholarship awarded and any changes thereto,
10) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
11) the date of submission and approval of the Individual Research Plan,
12) the dates and periods of the time limit for submitting the dissertation,
13) the dates and periods of suspension of training,
14) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   1) change of first name or last name;
   2) change of supervisor, supervisors or auxiliary supervisor;
   3) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the OMNIS portal, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, the credits for consecutive semesters of training, as well as information on:
   1) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor;
   2) the submission of the Individual Research Plan;
   3) the result of the mid-term assessment;
   4) certified proficiency in a modern foreign language in accordance with § 5(2)(2);
   5) any extension(s) of the time limit for submitting the doctoral dissertation;
   6) the suspension of training;
   7) the resumption of training;
   8) the attainment of learning outcomes at Level 8 of the Polish Qualifications Framework;
   9) the submission of the dissertation;
   10) removal from the register of doctoral students.

9. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
10. The doctoral student's personal file contains, in particular, the following:
    1) documents submitted and generated during the admission process,
    2) information on admission to the Doctoral School,
    3) the oath signed by the doctoral student,
    4) the doctoral student's declaration of consent to the processing of personal data;
    5) confirmation of receipt of the doctoral student's electronic identity card and any duplicate;
    6) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
    7) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
    8) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
    9) the Individual Research Plan,
    10) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
    11) information on scientific achievements,
    12) information on research placements at national or international research institutions, together with reports,
    13) information on awards and distinctions received,
    14) information on extensions of time limits for completing teaching activities included in the curriculum,
    15) information on the results of semester evaluations,
    16) the result of the mid-term assessment together with justification,
    17) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
    18) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,
    19) the submitted doctoral dissertation in electronic form, together with a positive opinion from the supervisor, supervisors or the supervisor and auxiliary supervisor,

20) the decision on removal from the register of doctoral students and confirmation of delivery,
21) updates submitted concerning changes in the doctoral student's personal data,
22) the clearance form,
23) any other documents submitted by the doctoral student or relating to the candidate's case,
24) confirmation of receipt of documents when they are issued.

11. Documentation of courses included in the curriculum is maintained in the form of electronic grade reports within the OMNIS electronic system.
12. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship, which is non-returnable.
2. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
3. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.
4. The total period of receiving the doctoral scholarship may not exceed four years.
5. The period referred to in section 4 does not include any period of suspension in the Doctoral School.
6. The monthly doctoral scholarship amounts to at least:
   1) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   2) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;
7. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 4, applicable on the date of submitting the application for suspension.

8. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 4(1) above.
9. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
10. A doctoral student may not be employed as an academic teacher or research worker.
11. This prohibition does not apply to employment:
    1) for the purpose of implementing a research project, as a beneficiary of a scheme, programme or competition announced by NAWA, NCBiR, NCN or an international competition for research projects;
    2) for the duration of a research or teaching project financed from European Union funds or by another grant-awarding body;
    3) after a positive mid-term assessment, except that where employment exceeds half of the full-time workload, the scholarship amounts to 40% of the monthly scholarship referred to in section 4(2). A doctoral student in such employment is not entitled to the full doctoral scholarship.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
    1) the loan may be granted to a doctoral student who has not yet reached the age of 35;
    2) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.

§ 17

A doctoral student may apply for:

1) accommodation in a student hall of residence or meals in the student canteen, in accordance with the Regulations of the "Spartakus" Student Hall of Residence approved by the Rector of the Wroclaw University of Health and Sport Sciences;
2) accommodation for the doctoral student's spouse or child in a student hall of residence under the same conditions.

IX. Final provisions

§ 18

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.
2. The Regulations become effective as of 1 October 2019.

Resolution No. 16/2021
of the Senate of the Wroclaw University of Health and Sport Sciences
of 29 April 2021

regarding: amendments to the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

pursuant to: Article 205(1)-(4) of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws, item 2021, item 478) and § 69(5) of the Statute of the Wroclaw University of Health and Sport Sciences

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby amends the Regulations of the Doctoral School introduced by Senate Resolution No. 29/2019 of 23 May 2019, as set out in the appendix to this Resolution.

§ 2

The resolution shall enter into force as of the date of adoption, with effect from the 2021/2022 academic year.

President of the Senate
of
the Wroclaw University of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

Appendix to Resolution No. 16/2021

REGULATIONS OF THE DOCTORAL SCHOOL
AT
THE WROCLAW UNIVERSITY OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on national legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2021, item 478), hereinafter referred to as the Act;
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2021, item 423);
- the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws, item 1847);
- the Regulation of the Minister of Science and Higher Education of 21 September 2018 on doctoral diplomas, post-doctoral diplomas and doctoral student identity cards (Journal of Laws, item 1837);
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws, item 2218);
- the Regulation of the Minister of Science and Higher Education of 20 September 2018 on fields of science, and scientific and artistic disciplines (Journal of Laws, item 1818)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (Journal of Laws, item 1838)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (Journal of Laws, item 658)
- the Statute of the Wroclaw University of Health and Sport Sciences (2020).

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.
3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise. Article 206 shall apply accordingly.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.
4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Secretariat of the Doctoral School.
3. Substantive supervision over education at the Doctoral School is exercised by the Scientific College Council.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is required to cooperate with the University Management Board and with the Doctoral Students' Government.

7. The Director, in consultation with the Council of the Doctoral School, prepares an evaluation of the Doctoral School in the form of a self-assessment report at intervals not longer than every six years, according to the schedule established by the Committee for Evaluation of Science.

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their education upon submission of the doctoral dissertation.
5. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
2. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding the doctoral degree.
3. The qualifications and research interests of the auxiliary supervisor must demonstrate substantive alignment with the doctoral student's research interests, as confirmed by a documented record of scientific achievements.
4. The detailed requirements for supervisors and auxiliary supervisors are defined in the regulations governing the procedure for awarding the doctoral degree at the Wrocław University of Physical Education, approved by the Scientific College Council.
5. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific College Council, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including, in particular, the following:
    1) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;

2) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.

6. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place within no more than one month.
7. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the IRP, which must be submitted to the Scientific College Council within 12 months of the start of training.
2. If an auxiliary supervisor is appointed, the IRP must be submitted after obtaining their opinion.
3. The IRP includes a detailed schedule for the preparation of the doctoral dissertation and for the candidate's research activities.
4. The IRP must be prepared in accordance with the template provided on the Doctoral School's website.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. The rules for preparing the doctoral dissertation are determined by the Scientific College Council.
5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
6. This time limit may be extended, in justified cases related to the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years.
7. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.

8. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.
9. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.

§ 7

1. The mid-term assessment is conducted halfway through the period of education specified in the curriculum, upon completion of the fourth semester.
2. The assessment concerns the implementation of the doctoral student's IRP. The assessment is intended to evaluate the doctoral student's progress halfway through the training period and to review the implementation of the Individual Research Plan.
3. The mid-term assessment results in either a positive or a negative result. The result of the mid-term assessment, together with its justification, is public and is made available in the Public Information Bulletin.
4. The mid-term assessment is carried out by a committee composed of three members, appointed for a given academic year by the Scientific College Council, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
5. The committee consists of three members, including the following:
    1) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;
    2) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
6. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.
7. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
8. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.

9. A representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as an observer.
10. The mid-term assessment is based on:
    1) the doctoral student's Individual Research Plan,
    2) the doctoral student's semester reports together with evaluation forms,
    3) documentation confirming the progress of the doctoral dissertation, including the supervisor's opinion,
    4) documentation of scientific achievements,
    5) an interview between the committee and the doctoral student.
11. The detailed rules and criteria for the mid-term assessment are provided in a separate document available on the Doctoral School's website.
12. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. The committee makes decisions by an absolute majority of votes.
13. The mid-term assessment results in either a positive or a negative result.
14. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(3).
15. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
    1) the mid-term assessment result is negative;
    2) they fail to submit the dissertation within the deadline set in the IRP;
    3) they resign from the programme.
2. A doctoral student may be removed from the register of doctoral students if:
    1) they make unsatisfactory progress in preparing the dissertation;
    2) they fail to meet the obligations set out in these Regulations.
3. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.
4. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code.

5. At the doctoral student's request, the Director may also suspend training for a total period of up to one year in the case of:
   1) temporary incapacity to undertake training due to illness;
   2) the need to provide personal care for an ill family member;
   3) the need to provide personal care for a child under the age of four or a child with a disability certificate;
   4) holding a disability certificate.
6. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
7. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations, and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.
8. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
9. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.
10. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.

3. The admission dates and the detailed procedure for the admission and competitive selection process for the Doctoral School are made public no later than five months before the start of the admission process.
4. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
5. Admission to the Doctoral School is based on the ranking list.
6. The results of the admission process are public.
7. Admission to the Doctoral School is granted through entry on the list of doctoral students.
8. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
9. A person admitted to the Doctoral School acquires the rights of a doctoral student upon taking the oath, the wording of which is set out in the Statute.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.
2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.
5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
    1) high-level research competences and a substantial degree of scientific independence,
    2) knowledge of the principles governing the dissemination of research results,
    3) the ability to write research papers and present their findings,

4) academic teaching skills and professional qualifications in modern teaching methods and techniques,
5) enhancement of language competences,
6) social competences relevant to research, academic and teaching activities,
7) preparation of the doctoral dissertation in accordance with the research plan.

2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. The core programme of study at the Doctoral School is approved by the Senate following an opinion from the Doctoral Students' Government within 14 days. If the 14-day period expires without an opinion being issued, the requirement to obtain such an opinion is deemed fulfilled.
6. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in both paper and electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.
7. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
8. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
9. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. Teaching practice observations are carried out by the supervisor at least once each semester.
6. A doctoral student employed by the University as an academic teacher for more than half of a full-time position is exempt from completing teaching practice after receiving a positive mid-term assessment.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, according to the academic calendar.
3. The report template is provided as a separate document available on the Doctoral School's website.
4. The Doctoral School Council conducts a semester evaluation/an annual evaluation of the doctoral student based on the reports submitted by the candidate, with reference to the IRP and the learning outcomes. Reports from the doctoral student's evaluation procedure are submitted to the Director of the Doctoral School and subsequently forwarded to the doctoral student.
5. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the

winter semester session and up to two weeks before the start of the next semester for the summer session.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
   1) the establishment of the Doctoral School,
   2) the designation of the discipline in which doctoral students are trained,
   3) admission rules and the number of available places,
   4) learning outcomes for the programme of study,
   5) the curriculum,
   6) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
   1) record number,
   2) first name(s) and last name,
   3) date and place of birth,
   4) PESEL number or, if not applicable, the name and number of the identity document,
   5) information on the master's degree, master's degree in engineering or equivalent qualification held,
   6) the date of entry onto the list of doctoral students,
   7) the discipline of training,
   8) the date of commencement of training,
   9) the amount of the doctoral scholarship awarded and any changes thereto,
   10) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
   11) the date of submission and approval of the Individual Research Plan,
   12) the dates and periods of the time limit for submitting the dissertation,
   13) the dates and periods of suspension of training,

14) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   1) change of first name or last name,
   2) change of supervisor, supervisors or auxiliary supervisor,
   3) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the OMNIS portal, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, the credits for consecutive semesters of training, as well as information on:
   1) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor,
   2) the submission of the Individual Research Plan,
   3) the result of the mid-term assessment,
   4) certified proficiency in a modern foreign language in accordance with § 5(2)(2),
   5) any extension(s) of the time limit for submitting the doctoral dissertation,
   6) the suspension of training,
   7) the resumption of training,
   8) the attainment of learning outcomes at level 8 of the Polish Qualifications Framework,
   9) the submission of the dissertation, 10) removal from the register of doctoral students.
9. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
10. The doctoral student's personal file contains, in particular, the following:
    1) documents submitted and generated during the admission process,
    2) information on admission to the Doctoral School,
    3) the oath signed by the doctoral student,
    4) the doctoral student's declaration of consent to the processing of personal data,
    5) confirmation of receipt of the doctoral student's electronic identity card and any duplicate;

6) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
7) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
8) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
9) the Individual Research Plan,
10) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
11) information on scientific achievements,
12) information on research placements at national or international research institutions, together with reports,
13) information on awards and distinctions received,
14) information on extensions of time limits for completing teaching activities included in the curriculum,
15) information on the results of semester evaluations,
16) the result of the mid-term assessment together with justification,
17) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
18) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,
19) the submitted doctoral dissertation in electronic form, together with a positive opinion from the supervisor, supervisors or the supervisor and auxiliary supervisor,
20) the decision on removal from the register of doctoral students and confirmation of delivery,
21) updates submitted concerning changes in the doctoral student's personal data,
22) the clearance form,
23) any other documents submitted by the doctoral student or relating to the candidate's case,
24) confirmation of receipt of documents when they are issued.

11. Documentation of courses included in the curriculum is maintained in the form of electronic grade reports within the OMNIS electronic system.

12. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship, which is non-returnable.
2. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
3. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.
4. The total period of receiving the doctoral scholarship may not exceed four years.
5. The period referred to in section 2 does not include any period of suspension in the Doctoral School.
6. The monthly doctoral scholarship amounts to at least:
   1) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   2) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;
7. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 4, applicable on the date of submitting the application for suspension.
8. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 4(1) above.
9. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
10. A doctoral student may not be employed as an academic teacher or research worker.
11. This prohibition does not apply to employment:

1) for the purpose of implementing a research project, as a beneficiary of a scheme, programme or competition announced by NAWA, NCBiR, NCN or an international competition for research projects;
2) for the duration of a research or teaching project financed from European Union funds or by another grant-awarding body;
3) after a positive mid-term assessment, except that where employment exceeds half of the full-time workload, the scholarship amounts to 40% of the monthly scholarship referred to in section 4(2). A doctoral student in such employment is not entitled to the full doctoral scholarship.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
   1) the loan may be granted to a doctoral student who has not yet reached the age of 35;
   2) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.
3. A doctoral student may apply for:
   1) accommodation in a student hall of the University,
   2) accommodation for a spouse and/or child in accordance with the Regulations of the "Spartakus" Student Residence Hall, approved by ordinance of the Rector of the Wroclaw University of Health and Sport Sciences.

IX. Final provisions

§ 17

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.
2. The Regulations become effective as of 1 October 2021.

RESOLUTION No. 23/2023
of the Senate
of the Wroclaw University of Health and Sport Sciences
of 27 April 2023

regarding: amendments to the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

pursuant to: Article 205(1-4) of the Act of20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2022, item 574, as amended), and § 69(5) of the Statute of the Wroclaw University of Health and Sport Sciences

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby amends the Regulations of the Doctoral School introduced by Senate Resolution No. 29/2019 of 23 May 2019, as set out in the appendix to this Resolution.

§ 2

Upon entry into force of this resolution, Senate Resolution No. 16/2021 of 29 April 2021 shall cease to apply.

§ 3

The resolution shall enter into force as of the date of adoption, with effect from the 2023/2024 academic year.

President of the Senate
of
the Wroclaw University
the Wroclaw University of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

Appendix No. 1 to Resolution 23/2023

REGULATIONS OF THE DOCTORAL SCHOOL AT THE WROCLAW UNIVERSITY OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on national legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2022, item 574, as amended), hereinafter referred to as the Act
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2022, item 1009, as amended)
- the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws of 2019, item 1847)
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws of 2018, item 2218)
- the Regulation of the Minister of Education and Science of 11 September 2022 on fields of science, and scientific and artistic disciplines (Journal of Laws of 2022, item 2202)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (Journal of Laws, item 1838, as amended)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (consolidated text: Journal of Laws of 2022, item 428)
- the Statute of the Wroclaw University of Health and Sport Sciences

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.

3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the Doctoral School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A

doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.

4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Secretariat of the Doctoral School.
3. Substantive supervision over education at the Doctoral School is exercised by the Scientific College Council.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is required to cooperate with the University Management Board and with the Doctoral Students' Government.
7. The Director, in consultation with the Doctoral School Council, prepares an evaluation of the Doctoral School in the form of a self-assessment report, in accordance with the schedule established for the given year by the Science Evaluation Commission (KEN).

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their education upon submission of the doctoral dissertation.
5. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. Within three months of commencing training, a supervisor or supervisors are assigned to the doctoral student. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
2. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding the doctoral degree.
3. The qualifications and research interests of the auxiliary supervisor must demonstrate substantive alignment with the doctoral student's research interests, as confirmed by a documented record of scientific achievements.
4. The detailed requirements for supervisors and auxiliary supervisors are defined in the regulations governing the procedure for awarding the doctoral degree at the Wroclaw University of Health and Sport Sciences, approved by the Scientific College Council.
5. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific College Council, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including, in particular, the following:
    1) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;
    2) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.
6. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place within no more than one month.
7. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the IRP, which must be submitted to the Scientific College Council within 12 months of the start of training.

2. If an auxiliary supervisor is appointed, the IRP must be submitted after obtaining their opinion.
3. The IRP includes a detailed schedule for the preparation of the doctoral dissertation and for the candidate's research activities.
4. The IRP must be prepared in accordance with the template provided on the Doctoral School's website.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. The rules for preparing the doctoral dissertation are determined by the Scientific College Council.
5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
6. This time limit may be extended, in justified cases related to the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years.
7. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.
8. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.
9. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.

§ 7

1. The mid-term assessment is conducted halfway through the period of education specified in the curriculum, upon completion of the fourth semester.

2. The assessment concerns the implementation of the doctoral student's IRP. The assessment is intended to evaluate the doctoral student's progress halfway through the training period and to review the implementation of the Individual Research Plan.
3. The mid-term assessment results in either a positive or a negative result. The result of the mid-term assessment, together with its justification, is public and is made available in the Public Information Bulletin.
4. The mid-term assessment is carried out by a committee composed of three members, appointed for a given academic year by the Scientific College Council, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
5. The committee consists of three members, including the following:
    1) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;
    2) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
6. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.
7. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
8. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.
9. A representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as an observer.
10. The mid-term assessment is based on:
    1) the doctoral student's Individual Research Plan,
    2) the doctoral student's semester reports together with evaluation forms,
    3) documentation confirming the progress of the doctoral dissertation, including the supervisor's opinion,
    4) documentation of scientific achievements,

5) an interview between the committee and the doctoral student.

11. The detailed rules and criteria for the mid-term assessment are provided in a separate document available on the Doctoral School's website.
12. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. The committee makes decisions by an absolute majority of votes.
13. The mid-term assessment results in either a positive or a negative result.
14. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(4).
15. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
   1) the mid-term assessment result is negative;
   2) they fail to submit the dissertation within the deadline set in the IRP;
   3) they resign from the programme;
   4) they fail to commence the programme;
   5) violate the prohibition referred to in Article 200(7) or Article 209(10) of the Act;
   6) are given the disciplinary penalty of expulsion from the doctoral school.
2. In proceedings concerning removal from the register

in the case referred to in section 1(5), the doctoral student is required to submit, within a period of no fewer than 30 days, a resignation from education in another doctoral school or from employment as an academic teacher or research employee.

3. A doctoral student may be removed from the register of doctoral students if:
   1) they make unsatisfactory progress in preparing the dissertation;
   2) they fail to meet the obligations set out in these Regulations.
4. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.
5. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code.
6. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the

doctoral scholarship referred to in §15(6), applicable on the date of submitting the application for suspension.

7. At the doctoral student's request, the Director may also suspend training for a total period of up to one year in the case of:
   1) temporary incapacity to undertake training due to illness;
   2) the need to provide personal care for an ill family member;
   3) the need to provide personal care for a child under the age of four or a child with a disability certificate;
8. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
9. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations, and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.
10. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
11. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.
12. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.

3. The admission dates and the detailed procedure for the admission and competitive selection process for the Doctoral School are made public no later than five months before the start of the admission process.
4. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
5. Admission to the Doctoral School is based on the ranking list.
6. The results of the admission process are public.
7. Admission to the Doctoral School is granted through entry on the list of doctoral students.
8. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
9. A person admitted to the Doctoral School acquires the rights of a doctoral student upon taking the oath, the wording of which is set out in the Statute.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.
2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.
5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
    1) high-level research competences and a substantial degree of scientific independence,
    2) knowledge of the principles governing the dissemination of research results,
    3) the ability to write research papers and present their findings,

4) academic teaching skills and professional qualifications in modern teaching methods and techniques,
5) enhancement of language competences,
6) social competences relevant to research, academic and teaching activities,
7) preparation of the doctoral dissertation in accordance with the research plan.

2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. The core programme of study at the Doctoral School is approved by the Senate following an opinion from the Doctoral Students' Government within 14 days. If the 14-day period expires without an opinion being issued, the requirement to obtain such an opinion is deemed fulfilled.
6. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in both paper and electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.
7. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
8. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
9. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. Teaching practice observations are carried out by the supervisor at least once each semester.
6. A doctoral student employed by the University as an academic teacher for more than half of a full-time position is exempt from completing teaching practice after receiving a positive mid-term assessment.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, according to the academic calendar.
3. The report template is provided as a separate document available on the Doctoral School's website.
4. The Doctoral School Council conducts an annual evaluation of the doctoral student based on the semester reports submitted by the candidate, with reference to the IRP and the learning outcomes.
5. Reports from the doctoral student's evaluation procedure are submitted to the Director of the Doctoral School and subsequently forwarded to the doctoral student and the supervisors.
6. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the

winter semester session and up to two weeks before the start of the next semester for the summer session.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
   1) the establishment of the Doctoral School,
   2) the designation of the discipline in which doctoral students are trained,
   3) admission rules and the number of available places,
   4) learning outcomes for the programme of study,
   5) the curriculum,
   6) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
   1) record number,
   2) first name(s) and last name,
   3) date and place of birth,
   4) PESEL number or, if not applicable, the name and number of the identity document,
   5) information on the master's degree, master's degree in engineering or equivalent qualification held,
   6) the date of entry onto the list of doctoral students,
   7) the discipline of training,
   8) the date of commencement of training,
   9) the amount of the doctoral scholarship awarded and any changes thereto,
   10) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
   11) the date of submission and approval of the Individual Research Plan,
   12) the dates and periods of the time limit for submitting the dissertation,
   13) the dates and periods of suspension of training,

14) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   1) change of first name or last name,
   2) change of supervisor, supervisors or auxiliary supervisor,
   3) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the OMNIS portal, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, the credits for consecutive semesters of training, as well as information on:
   1) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor,
   2) the submission of the Individual Research Plan,
   3) the result of the mid-term assessment,
   4) certified proficiency in a modern foreign language in accordance with § 5(2)(2),
   5) any extension(s) of the time limit for submitting the doctoral dissertation,
   6) the suspension of training,
   7) the resumption of training,
   8) the attainment of learning outcomes at level 8 of the Polish Qualifications Framework,
   9) the submission of the dissertation;
   10) removal from the register of doctoral students.
9. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
10. The doctoral student's personal file contains, in particular, the following:
    1) documents submitted and generated during the admission process,
    2) information on admission to the Doctoral School,
    3) the oath signed by the doctoral student,
    4) the doctoral student's declaration of consent to the processing of personal data,
    5) confirmation of receipt of the doctoral student's electronic identity card and any duplicate;

6) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
7) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
8) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
9) the Individual Research Plan,
10) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
11) information on scientific achievements,
12) information on research placements at national or international research institutions, together with reports,
13) information on awards and distinctions received,
14) information on extensions of time limits for completing teaching activities included in the curriculum,
15) information on the results of semester evaluations,
16) the result of the mid-term assessment together with justification,
17) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
18) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,
19) the submitted doctoral dissertation in electronic form, together with a positive opinion from the supervisor, supervisors or the supervisor and auxiliary supervisor,
20) the decision on removal from the register of doctoral students and confirmation of delivery,
21) updates submitted concerning changes in the doctoral student's personal data,
22) the clearance form,
23) any other documents submitted by the doctoral student or relating to the candidate's case,
24) confirmation of receipt of documents when they are issued.

11. Documentation of courses included in the curriculum is maintained in the form of electronic grade reports within the OMNIS electronic system.

12. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship, which is non-returnable.
2. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
3. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.
4. The total period of receiving the doctoral scholarship may not exceed four years.
5. The period referred to in section 4 does not include any period of suspension, nor the period of training in a doctoral school in the case referred to in Article 206(2) of the Act.
6. The monthly doctoral scholarship amounts to at least:
   1) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   2) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;
7. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 6, applicable on the date of submitting the application for suspension.
8. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 6(1) above.
9. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
10. A doctoral student may not be employed as an academic teacher or research worker.
11. This prohibition does not apply to employment:

1) for the purpose of implementing a research project, as a beneficiary of a scheme, programme or competition announced by NAWA, NCBiR, NCN or an international competition for research projects;
2) for the duration of a research or teaching project financed from European Union funds or by another grant-awarding body;
3) after a positive mid-term assessment, except that where employment exceeds half of the full-time workload, the scholarship amounts to 40% of the monthly scholarship referred to in Article 209(4)(2). A doctoral student in such employment is not entitled to the full doctoral scholarship.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
   1) the loan may be granted to a doctoral student who has not yet reached the age of 35;
   2) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.
3. A doctoral student may apply for:
   1) accommodation in a student hall of the University,
   2) accommodation for a spouse and/or child in accordance with the Regulations of the "Spartakus" Student Residence Hall, approved by ordinance of the Rector of the Wroclaw University of Health and Sport Sciences.

IX. Final provisions

§ 17

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.
2. The Regulations become effective as of 1 October 2023.

RESOLUTION No. 20/2024
of the Senate
of the Wroclaw University of Health and Sport Sciences
of 25 April 2024

regarding: amendments to the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

pursuant to: Article 205(1-4) of the Act of20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2023, item 742, as amended), and § 69(5) of the Statute of the Wroclaw University of Health and Sport Sciences

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby amends the Regulations of the Doctoral School introduced by Senate Resolution No. 29/2019 of 23 May 2019, as set out in the appendix to this Resolution.

§ 2

Upon entry into force of this resolution, Senate Resolution No. 23/2023 of 27 April 2023 shall cease to apply.

§ 3

The resolution shall enter into force as of the date of adoption, with effect from the 2024/2025 academic year.

President of the Senate
of
the Wroclaw University
the Wroclaw University of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

Appendix No. 1 to Resolution 20/2024

REGULATIONS OF THE DOCTORAL SCHOOL
AT
the Wroclaw University
OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on national legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2023, item 742, as amended), hereinafter referred to as the Act;
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2023, item 1230, as amended);
- the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws of 2019, item 1847)
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws of 2018, item 2218)
- the Regulation of the Minister of Education and Science of 11 September 2022 on fields of science, and scientific and artistic disciplines (Journal of Laws of 2022, item 2202)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (Journal of Laws, item 1838, as amended)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (consolidated text: Journal of Laws of 2022, item 428)
- the Statute of the Wroclaw University of Health and Sport Sciences

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.

3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the Doctoral School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A

doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.

4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Secretariat of the Doctoral School.
3. Substantive supervision over education at the Doctoral School is exercised by the Scientific College Council.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany. A representative of the Doctoral Students' Government may be invited to meetings of the Doctoral School Council.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is obliged to cooperate with the Doctoral Students' Government.
7. The quality of education in the Doctoral School is evaluated by the Science Evaluation Committee (KEN), according to the schedule established by KEN.

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their training upon submitting their doctoral dissertation together with a positive opinion from the supervisor or supervisors.

5. The doctoral student submits the doctoral dissertation, in both paper and electronic form, accompanied by a positive opinion from the supervisor/supervisors, to the Doctoral School Office within the deadline specified in the Individual Research Plan (IRP).
6. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. Within three months of commencing training, a supervisor or supervisors are assigned to the doctoral student.
2. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
3. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding at least the doctoral degree.
4. The detailed requirements for supervisors and auxiliary supervisors are defined in the regulations governing the procedure for awarding the doctoral degree at the Wrocław University of Physical Education, adopted by the Scientific College Council.
5. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific College Council, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including, in particular, the following:
    1) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;
    2) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.
6. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place within no more than one month.
7. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the IRP, which must be submitted to the Director o the Doctoral School within 12 months of the start of training.
2. If an auxiliary supervisor is appointed, the IRP must be submitted after obtaining their opinion.
3. The IRP includes a detailed schedule for the preparation of the doctoral dissertation and for the doctoral student's research activities.
4. The IRP must be prepared in accordance with the template provided on the Doctoral School's website.
5. Detailed information on the procedure for submitting the IRP is set out in the document "Procedure for submitting and approving the draft Individual Research Plan and presenting the Individual Research Plan," available on the Doctoral School website.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. The guidelines for the preparation of the dissertation in the form of a manuscript and a publication series shall be determined by the Scientific College Council.
5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
6. This time limit may be extended, in justified cases related to the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years.
7. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.
8. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.

9. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.

§ 7

1. The mid-term assessment is conducted halfway through the period of education specified in the curriculum, upon completion of the fourth semester.
2. The assessment concerns the implementation of the doctoral student's IRP. The assessment is intended to evaluate the doctoral student's progress halfway through the training period and to review the implementation of the Individual Research Plan.
3. The mid-term assessment results in either a positive or a negative result. The result, together with its justification, is public.
4. The mid-term assessment is carried out by a committee composed of three members, appointed for a given academic year by the Scientific College Council, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
5. The committee consists of three members, including the following:
   1) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;
   2) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
6. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.
7. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
8. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.
9. A representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as an observer.
10. The mid-term assessment is based on:

1) the doctoral student's Individual Research Plan,
2) the doctoral student's semester reports together with evaluation forms,
3) documentation confirming the progress of the doctoral dissertation, including the supervisor's opinion,
4) documentation of scientific achievements,
5) an interview between the committee and the doctoral student.

11. The detailed rules and criteria for the mid-term assessment are provided in a separate document available on the Doctoral School's website.
12. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. The committee makes decisions by an absolute majority of votes.
13. The mid-term assessment results in either a positive or a negative result.
14. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(4).
15. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
   1) the mid-term assessment result is negative;
   2) they fail to submit the dissertation within the deadline set in the IRP;
   3) they resign from the programme;
   4) they fail to commence the programme;
   5) violate the prohibition referred to in Article 200(7) or Article 209(10) of the Act;
   6) are given the disciplinary penalty of expulsion from the doctoral school.
2. In proceedings concerning removal from the register of doctoral students in the case referred to in section 1(5), the doctoral student is required to submit, within a period of no fewer than 30 days, a resignation from education in another doctoral school or from employment as an academic teacher or research employee.
3. A doctoral student may be removed from the register of doctoral students if:
   1) they make unsatisfactory progress in preparing the dissertation;
   2) they fail to meet the obligations set out in these Regulations.
4. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.

5. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code.
6. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in §15(6), applicable on the date of submitting the application for suspension.
7. At the doctoral student's request, the Director may also suspend training for a total period of up to one year in the case of:
    1) temporary incapacity to undertake training due to illness;
    2) the need to provide personal care for an ill family member;
    3) the need to provide personal care for a child under the age of four or a child with a disability certificate;
8. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
9. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations, and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.
10. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
11. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.
12. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.
3. The admission dates and the detailed procedure for the admission and competitive selection process for the Doctoral School are made public no later than five months before the start of the admission process.
4. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
5. Admission to the Doctoral School is based on the ranking list.
6. The results of the admission process are public.
7. Admission to the Doctoral School is granted through entry on the list of doctoral students.
8. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
9. A person admitted to the Doctoral School acquires the rights of a doctoral student upon taking the oath, the wording of which is set out in the Statute.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.
2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.
5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
   1) high-level research competences and a substantial degree of scientific independence,
   2) knowledge of the principles governing the dissemination of research results,
   3) knowledge of the principles governing the transfer of research results to the economic and social spheres,
   4) the ability to write research papers and present their findings,
   5) academic teaching skills and professional qualifications in modern teaching methods and techniques,
   6) enhancement of language competences,
   7) social competences relevant to research, academic and teaching activities,
   8) preparation of the doctoral dissertation in accordance with the research plan.
2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. The core programme of study at the Doctoral School is approved by the Senate following an opinion from the Doctoral Students' Government within 14 days. If the 14-day period expires without an opinion being issued, the requirement to obtain such an opinion is deemed fulfilled.
6. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in paper and/or electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.

7. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
8. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
9. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to up to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures, specified on the Doctoral School's website.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. Teaching practice observations are carried out by the supervisor at least once each semester.
6. A doctoral student employed by the University as an academic teacher for more than half of a full-time position is exempt from completing teaching practice after receiving a positive mid-term assessment.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, according to the academic calendar.
3. The report template is provided as a separate document available on the Doctoral School's website.

4. The Doctoral School Council conducts an annual evaluation of the doctoral student based on the semester reports submitted by the candidate, with reference to the IRP and the learning outcomes.
5. Reports from the doctoral student's evaluation procedure are submitted to the Director of the Doctoral School and subsequently forwarded to the doctoral student and the supervisors.
6. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the winter semester session and up to two weeks before the start of the next semester for the summer session.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
    1) the establishment of the Doctoral School,
    2) the designation of the discipline in which doctoral students are trained,
    3) admission rules and the number of available places,
    4) learning outcomes for the programme of study,
    5) the curriculum,
    6) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
    1) record number,
    2) first name(s) and last name,
    3) date and place of birth,
    4) PESEL number or, if not applicable, the name and number of the identity document,
    5) information on the master's degree, master's degree in engineering or equivalent qualification held,
    6) the date of entry onto the list of doctoral students,

7) the discipline of training,
8) the date of commencement of training,
9) the amount of the doctoral scholarship awarded and any changes thereto,
10) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
11) the date of submission and approval of the Individual Research Plan,
12) the dates and periods of the time limit for submitting the dissertation,
13) the dates and periods of suspension of training,
14) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   1) change of first name or last name,
   2) change of supervisor, supervisors or auxiliary supervisor,
   3) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the electronic student/doctoral student service system, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, as well as the credits for consecutive semesters of training.
9. The doctoral student has access to documentation, in particular concerning:
   1) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor,
   2) an Individual Research Plan (IRP),
   3) the result of the mid-term assessment,
   4) certified proficiency in a modern foreign language in accordance with § 5(2)(2),
   5) any extension(s) of the time limit for submitting the doctoral dissertation,
   6) the suspension of training,
   7) the resumption of training,
   8) the attainment of learning outcomes at level 8 of the Polish Qualifications Framework,
   9) the submission of the dissertation,
   10) removal from the register of doctoral students.

10. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
11. The doctoral student's personal file contains, in particular, the following:
    1) documents submitted and generated during the admission process,
    2) information on admission to the Doctoral School,
    3) the oath signed by the doctoral student,
    4) the doctoral student's declaration of consent to the processing of personal data, in the form of a GDPR-compliant data-processing consent clause,
    5) confirmation of receipt of the doctoral student's electronic identity card and any duplicate;
    6) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
    7) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
    8) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
    9) the Individual Research Plan,
    10) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
    11) information on scientific achievements,
    12) information on research placements at national or international research institutions, together with reports,
    13) information on awards and distinctions received,
    14) information on extensions of time limits for completing teaching activities included in the curriculum,
    15) information on the results of semester/annual evaluations,
    16) the result of the mid-term assessment together with justification,
    17) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
    18) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,

19) the paper version of the doctoral dissertation, accompanied by a positive opinion from the supervisor/supervisors and submitted within the deadline specified in the Individual Research Plan (IRP),
20) information confirming the submission of the doctoral dissertation and the initiation of the procedure for the award of the doctoral degree, certified by the Chair of the Scientific Discipline Council,
21) updates submitted concerning changes in the doctoral student's personal data,
22) the clearance form,
23) the decision on removal from the register of doctoral students and confirmation of delivery,
24) any other documents submitted by the doctoral student or relating to the candidate's case,
25) confirmation of receipt of documents when they are issued.

12. The documentation of courses completed as part of the curriculum is maintained in the form of electronic records via the university's electronic student-management system.
13. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship,
2. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
3. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.
4. The total period of receiving the doctoral scholarship may not exceed four years.
5. The period referred to in section 4 does not include any period of suspension, nor the period of training in a doctoral school in the case referred to in Article 206(2) of the Act.
6. The monthly doctoral scholarship amounts to at least:
   1) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   2) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;

7. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 6, applicable on the date of submitting the application for suspension.
8. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 6(1) above.
9. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
10. The doctoral scholarship is not granted to a doctoral student whose training in the Doctoral School entails an obligation to be employed by the Wroclaw University of Health and Sport Sciences
    1) under an employment contract;
    2) with remuneration exceeding that of a professor.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
    1) the loan may be granted to a doctoral student who has not yet reached the age of 35;
    2) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.
3. A doctoral student may apply for:
    1) accommodation in a student hall of the University,
    2) accommodation for a spouse and/or child in accordance with the Regulations of the Student Residence Halls, approved by ordinance of the Rector of the Wroclaw University of Health and Sport Sciences.

IX. Final provisions

§ 17

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.

2. The Regulations shall enter into force on the date of adoption, with effect from 1 October 2024.

Resolution No. 17/2025
of the Senate
of the Wroclaw University of Health and Sport Sciences
of 24 April 2025

regarding: amendments to the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

Pursuant to: Article 205(1-4) of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text of Journal of Laws of 2024, item 1571, as amended), and §64(5) of the Statute of the Wroclaw University of Health and Sport Sciences, adopted by Senate Resolution No. 35/2024 of 12 September 2024

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby amends the Regulations of the Doctoral School introduced by Senate Resolution No. 29/2019 of 23 May 2019, as set out in the appendix to this Resolution.

§ 2

Upon entry into force of this resolution, Senate Resolution No. 20/2024 of 25 April 2024 shall cease to apply.

§ 3

The resolution shall enter into force as of the date of adoption, with effect from the 2025/2026 academic year.

President of the Senate

Dr. Tadeusz Stefaniak, prof. AWF Wrocław

Appendix to Senate Resolution No. 17/2025

REGULATIONS
OF THE DOCTORAL SCHOOL OF
OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on general legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2024, item 1571, as amended), hereinafter referred to as the Act;
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2025, item 350);
- the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws of 2019, item 1847)
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws of 2018, item 2218)
- the Regulation of the Minister of Education and Science of 11 September 2022 on fields of science, and scientific and artistic disciplines (consolidated text: Journal of Laws of 2025, item 211)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (consolidated text: Journal of Laws of 2024, item 1407)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (consolidated text: Journal of Laws of 2022, item 428)
- the Statute of the Wroclaw University of Health and Sport Sciences, adopted by Senate Resolution No. 35/2024 of 12 September 2024

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.

3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the Doctoral School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A

doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.

4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Doctoral School Office.
3. Substantive supervision over education provided within the Doctoral School is exercised by the Scientific Discipline Council for Physical Culture Sciences.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany. A representative of the Doctoral Students' Government may be invited to meetings of the Doctoral School Council.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is obliged to cooperate with the Doctoral Students' Government.
7. The quality of education in the Doctoral School is evaluated by the Science Evaluation Committee (KEN), according to the schedule established by KEN.

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their training upon submitting their doctoral dissertation together with a positive opinion from the supervisor or supervisors.

5. The doctoral student submits the doctoral dissertation, in both paper and electronic form, accompanied by a positive opinion from the supervisor/supervisors, to the Doctoral School Office within the deadline specified in the Individual Research Plan (IRP).
6. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. Within three months of commencing training, a supervisor or supervisors are assigned to the doctoral student.
2. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the to the Scientific Discipline Council for Physical Culture Sciences by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
3. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding at least the doctoral degree.
4. The detailed requirements for supervisors and auxiliary supervisors are defined in the regulations governing the procedure for awarding the doctoral degree at the Wrocław University of Physical Education.
5. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific Discipline Council for Physical Culture Sciences, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including, in particular, the following:
   a) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;
   b) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.
6. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place within no more than one month.
7. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the Individual Research Plan (IRP), which must be submitted to the Director o the Doctoral School within 12 months of the start of training.
2. If an auxiliary supervisor is appointed, the IRP must be submitted after obtaining their opinion.
3. The IRP includes a detailed schedule for the preparation of the doctoral dissertation and for the doctoral student's research activities.
4. The IRP specifies the deadline for the submission of the doctoral dissertation.
5. The IRP must be prepared in accordance with the template provided on the Doctoral School's website.
6. Detailed information on the procedure for submitting the IRP is set out in the document "Procedure for submitting and approving the draft Individual Research Plan and presenting the Individual Research Plan," available on the Doctoral School website.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. Guidelines concerning the form of the doctoral dissertation are set out in the Regulations on Proceedings for the Award of the Doctoral Degree at the Wroclaw University of Health and Sport Sciences.
5. Guidelines for the preparation of the written version of the dissertation referred to in § 6(3), as well as the author's summary are specified in separate regulations.
6. The final deadline for the submission of the doctoral dissertation is the date of completion of education provided for in the study programme.
7. This deadline may be extended In the following cases:
    a) the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years;
    b) a justified scientific study visit or research internship, following consultation with the supervisor, for the duration thereof, but for no longer than 2 years;

c) a temporary inability to pursue education due to illness, following consultation with the supervisor, for the duration thereof, but for no longer than 2 years;
d) the need to take personal care of a sick family member, a child under the age of 4 or a child with a disability certificate.

8. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.
9. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.
10. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.
11. The total period by which the deadline for submission of the doctoral dissertation may be extended, in the cases referred to in section 7, shall not exceed two years. In justified cases referred to in section 7, the submission deadline may be extended once for a maximum period of one year.

§ 7

1. The mid-term assessment is conducted halfway through the period of education specified in the curriculum, upon completion of the fourth semester.
2. The assessment concerns the implementation of the doctoral student's IRP. The assessment is intended to evaluate the doctoral student's progress halfway through the training period and to review the implementation of the Individual Research Plan.
3. The mid-term assessment is carried out by a committee composed of three members, appointed for a given academic year by the Scientific Discipline Council for Physical Culture Sciences, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
4. The committee consists of three members, including the following:
   a) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;
   b) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
5. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.

6. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
7. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.
8. A representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as an observer.
9. The mid-term assessment is based on:
    a) the doctoral student's Individual Research Plan,
    b) the doctoral student's semester reports together with evaluation forms,
    c) documentation confirming the progress of the doctoral dissertation, including the supervisor's opinion,
    d) documentation of scientific achievements,
    e) an interview between the committee and the doctoral student.
10. The detailed rules and criteria for the mid-term assessment are provided in a separate document available on the Doctoral School's website.
11. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. The committee makes decisions by an absolute majority of votes.
12. The mid-term assessment results in either a positive or a negative result.
13. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(4).
14. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
    a) the mid-term assessment result is negative;
    b) they fail to submit the dissertation within the deadline set in the IRP;
    c) they resign from the programme;
    d) they fail to commence the programme;
    e) they violate the prohibition referred to in Article 200(7);
    f) they are given the disciplinary penalty of expulsion from the doctoral school.

2. In proceedings concerning the removal of a doctoral student from the register of doctoral students, in the case referred to in Article 203(1)(5), the doctoral student shall be requested to submit, within a period of no less than 30 days from the date of delivery of the request, a resignation from education at another doctoral school.
3. A doctoral student may be removed from the register of doctoral students if:
   a) they make unsatisfactory progress in preparing the dissertation;
   b) they fail to meet the obligations specified in Article 207.
4. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.
5. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, complementary maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code of 26 June 1974.
6. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
7. Within 14 days before the end of the suspension period, the doctoral student must submit a declaration of their intention to resume studies to the Director of the Doctoral School.
8. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations, and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.
9. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
10. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.
11. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. A doctoral student may be enrolled in only one doctoral school at a time.
3. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.
4. The admission dates and the detailed procedure for the admission and competitive selection process for the Doctoral School are made public no later than five months before the start of the admission process.
5. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
6. Admission to the Doctoral School is based on the ranking list.
7. The results of the admission process are public.
8. Admission to the Doctoral School is granted through entry on the list of doctoral students.
9. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
10. A person admitted to the Doctoral School shall commence their studies and acquire the rights of a doctoral student upon taking the oath.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.
2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.

5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
   a) high-level research competences and a substantial degree of scientific independence,
   b) knowledge of the principles governing the dissemination of research results,
   c) knowledge of the principles governing the transfer of research results to the economic and social spheres,
   d) the ability to write research papers and present their findings,
   e) academic teaching skills and professional qualifications in modern teaching methods and techniques,
   f) enhancement of language competences,
   g) social competences relevant to research, academic and teaching activities,
   h) preparation of the doctoral dissertation in accordance with the research plan.
2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. The framework study programme of the Doctoral School is defined by the Senate. The establishment of the framework curriculum requires consultation with the doctoral students' self-government. If the 14-day period specified in the Statute of the University of the Wroclaw University of Health and Sport Sciences lapses without an opinion being issued, the consultation requirement shall be deemed to have been fulfilled.

6. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in paper and/or electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good);

4.5 (good plus); 5 (very good); as well as pass/fail where applicable.

7. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
8. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
9. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to up to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures, specified on the Doctoral School's website.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. Teaching practice observations are carried out by the supervisor at least once each semester.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, according to the academic calendar.

3. The report template is provided as a separate document available on the Doctoral School's website.
4. The Doctoral School Council conducts an annual evaluation of the doctoral student based on the semester reports submitted by the candidate, with reference to the IRP and the learning outcomes.
5. Reports from the doctoral student's evaluation procedure are submitted to the Director of the Doctoral School and subsequently forwarded to the doctoral student and the supervisors.
6. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the winter semester session and up to two weeks before the start of the next semester for the summer session.
7. The doctoral student shall complete the study programme and the Individual Research Plan.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
   a) the establishment of the Doctoral School,
   b) the designation of the discipline in which doctoral students are trained,
   c) admission rules and the number of available places,
   d) learning outcomes for the programme of study,
   e) the curriculum,
   f) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
   a) record number,
   b) first name(s) and last name,
   c) date and place of birth,
   d) PESEL number or, if not applicable, the name and number of the identity document,

e) information on the master's degree, master's degree in engineering or equivalent qualification held,
f) the date of entry onto the list of doctoral students,
g) the discipline of training,
h) the date of commencement of training,
i) the amount of the doctoral scholarship awarded and any changes thereto,
j) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
k) the date of submission and approval of the Individual Research Plan,
l) the dates and periods of the time limit for submitting the dissertation,
m) the dates and periods of suspension of training,
n) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   a) change of first name or last name,
   b) change of supervisor, supervisors or auxiliary supervisor,
   c) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the electronic student/doctoral student service system, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, as well as the credits for consecutive semesters of training.
9. The doctoral student has access to documentation, in particular concerning:
   a) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor,
   b) an Individual Research Plan (IRP),
   c) the result of the mid-term assessment,
   d) certified proficiency in a modern foreign language,
   e) any extension(s) of the time limit for submitting the doctoral dissertation,
   f) the suspension of training,
   g) the resumption of training,

h) the attainment of learning outcomes at level 8 of the Polish Qualifications Framework,
i) the submission of the dissertation,
j) removal from the register of doctoral students.

10. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
11. The doctoral student's personal file contains, in particular, the following:
    a) documents submitted and generated during the admission process,
    b) information on admission to the Doctoral School,
    c) the oath signed by the doctoral student,
    d) the doctoral student's declaration of consent to the processing of personal data, in the form of a GDPR-compliant data-processing consent clause,
    e) the doctoral student's declaration authorising the Wroclaw University of Health and Sport Sciences to report academic achievements in the discipline of physical culture studies at the Wroclaw University of Health and Sport Sciences,
    f) a declaration of commencement of studies at the Doctoral School,
    g) a statement confirming that the candidate is not enrolled in any other doctoral school,
    h) confirmation of receipt of the doctoral student's electronic identity card and any duplicate,
    i) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
    j) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
    k) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
    l) the Individual Research Plan,
    m) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
    n) information on scientific achievements,
    o) information on research placements at national or international research institutions, together with reports,
    p) information on awards and distinctions received,
    q) information on extensions of time limits for completing teaching activities included in the curriculum,

r) information on the results of semester/annual evaluations,
s) the result of the mid-term assessment together with justification,
t) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
u) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,
v) the paper version of the doctoral dissertation, accompanied by a positive opinion from the supervisor/supervisors and submitted within the deadline specified in the Individual Research Plan (IRP),
w) information confirming the submission of the doctoral dissertation and the initiation of the procedure for the award of the doctoral degree, certified by the Chair of the Scientific Discipline Council for Physical Culture Sciences,
x) updates submitted concerning changes in the doctoral student's personal data,
y) the clearance form,
z) the decision on removal from the register of doctoral students and confirmation of delivery,
aa) any other documents submitted by the doctoral student or relating to the candidate's case,
bb) confirmation of receipt of documents when they are issued.

12. The documentation of courses completed as part of the curriculum is maintained in the form of electronic records via the university's electronic student-management system.
13. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship.
2. The doctoral scholarship is paid by the entity operating the Doctoral School.
3. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
4. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.

5. The total period of receiving the doctoral scholarship may not exceed four years.
6. The period referred to in section 4 does not include any period of suspension, nor the period of training in a doctoral school in the case referred to in Article 206(2) of the Act.
7. The monthly doctoral scholarship amounts to at least:
   a) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   b) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;
8. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 7, applicable on the date of submitting the application for suspension.
9. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 7(a) above.
10. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
11. The doctoral scholarship is not granted to a doctoral student whose training in the Doctoral School entails an obligation to be employed by the Wroclaw University of Health and Sport Sciences

1) under an employment contract;
2) with remuneration exceeding that of a professor.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
   a) the loan may be granted to a doctoral student who has not yet reached the age of 35;
   b) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.
3. A doctoral student may apply for:
   a) accommodation in a student hall of the University,

b) accommodation for a spouse and/or child in accordance with the Regulations of the Student Residence Halls, approved by ordinance of the Rector of the Wroclaw University of Health and Sport Sciences.

IX. Final provisions

§ 17

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.
2. The Regulations shall enter into force on the date of adoption, with effect from 1 October 2025.

Admission Conditions and Procedure for the Doctoral School
at the Wroclaw University of Health and Sport Sciences
for the 2019/2020 academic year

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act of 20 July 2018, and have a command of English sufficient to participate in classes conducted in this language.
2. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
3. The admission process for the Doctoral School runs from 1 June 2019 to 30 September 2019, with online registration open from 1 June 2019 to 9 September 2019 (Online Candidate Registration – IRKa, available on the University website www.awf.wroc.pl), while the submission of documents is open until 13 September 2019. After this date, the documents will be taken over by the Selection Committee, which will conduct the qualification procedure.

§ 2

Admission procedure:

1. List of documents required from the candidate:

– application for admission to studies (questionnaire) – i.e. a printout generated after completing the online candidate registration available at www.awf.wroc.pl – eRekrutacja – recruitment portal,

– master's degree diploma (together with the diploma supplement) – originals accompanied by photocopies,

- one recent photograph, compliant with the standards used for national identity cards, submitted in electronic form (required for the online registration of candidates),

– proof of payment of the admission fee (in accordance with the applicable regulations),

- a current medical certificate confirming no contraindications to undertaking studies in the doctoral school, issued by an occupational medicine physician or a physician authorised to perform preventive examinations (the referral form and certificate template are available for download on the University website: www.awf.wroc.pl),

– CV,

– a statement of consent from a University academic teacher holding the title of professor or the degree of doktor habilitowany to assume academic supervision,

a description of the research topic (e.g., the planned doctoral dissertation), in Polish (maximum two typed pages), approved and signed by the academic supervisor.

2. List of documents confirming the candidate's scientific achievements:

a. a certificate or diploma confirming the completion of studies and proficiency in a modern foreign language at level B2 or higher,

b. a list of scientific articles published (or accepted for publication) in academic journals or in peer-reviewed proceedings of an international conference which, in the year of publication, were included in the register of the Polish Ministry of Science and Higher Education,

c. a list of scientific conferences in which the candidate actively participated,

d. a list of scientific clubs in which the candidate actively participated,

e. a list of research grants in which the candidate has participated.

The list of scientific achievements must be accompanied by the following documentation:

- a certificate or diploma confirming the completion of studies and proficiency in a modern foreign language at level B2 or higher,
- a photocopy of a published scientific article with the publisher's title page (ISBN or ISSN, as well as volume, month and year of publication), or a photocopy of an article accepted for publication with confirmation of the assigned DOI number,
- active participation in a conference, confirmed by a certificate, the conference programme or a statement from the organiser confirming active participation,
- a document confirming participation in scientific clubs issued by the university,
- a document confirming participation in a research grant issued by the grant manager.

3. The qualification of candidates is carried out by the Selection Committee, which administers the examination in English, conducts the interview and evaluates scientific achievements:

- examination in English (score: 0-5 points),
- evaluation of scientific achievements based on documentation:
- a certificate or diploma confirming the completion of studies and proficiency in a modern foreign language at level B2 or higher – 2 points (none: 0 points),

b. publication/publications – the score will be awarded by the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences upon submission of the relevant documents by the candidate,

c. active participation in a conference/conferences – 2 points (none: 0 points),

d. active participation in a scientific club/clubs – 2 points (none: 0 points),

e. participation in a research grant/grants – 2 points (none: 0 points).

- the interview will be conducted by a Selection Committee composed of four members (each of the four members awards 0-2 points), resulting in a final score being the sum of points awarded: 0-8 points

The outcome of the qualification procedure is the total number of points awarded to the Candidate for their scientific achievements, the examination in English and the interview.

The final result of the admission result consists of the outcome of the qualification procedure and the grade-point average from the candidate's master's studies, directly converted into points.

4. In the event that it is not possible to determine the list of Candidates admitted to the Doctoral School considering that the last admitted Candidate has the same number of points as at least one subsequent Candidate, an additional criterion is applied: the grade-point average from the final semester of master's studies, converted directly into points. This value is added to the Candidate's overall admission score.

§ 3

1. Admission to the Doctoral School is based on the ranking list.

2. The results of the admission process are public.

3. Admission to the Doctoral School is granted through entry on the list of doctoral students.

4. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.

Rules of Admission to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2020/2021 Academic Year

§ 1
General principles

1. Admission to the Doctoral School at the Wroclaw University of Health and Sport Sciences is conducted through a competitive selection process, in accordance with Article 200 of the Polish Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws of 2018, item 1668, as amended).
2. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
3. The field of the candidate's completed higher education studies does not have to correspond to the discipline in which the candidate intends to prepare their doctoral dissertation.
4. To be eligible for admission, the candidate must have obtained a grade-point average from their master's studies of no less than 4.0.
5. Each candidate is required to choose a research topic, which will constitute the subject of their doctoral dissertation. The list of research topics offered within the Doctoral School will be announced by 1 July 2020 and will be available on the Doctoral School website in the "Admissions 2020-2021" section.
6. The research topic selected by the Candidate must be approved by the chosen academic supervisor.
7. The admission process to the Doctoral School is carried out by the Academic Admission Committee appointed by the Rector and by a Selection Committee composed of six members, with four designated to conduct the qualification procedure.
8. The tasks of the Academic Admission Committee include Stage I of the admission process to the Doctoral School, as described in §2.
9. The tasks of the Selection Committee include Stages II and III of the admission process to the Doctoral School, as described in §2.
10. The limit of four places at the Doctoral School is set by Ordinance No. 4/2020 of the Rector of the Wroclaw University of Health and Sport Sciences, issued on 13 January 2020. This limit may be increased if funding for doctoral scholarships is secured from research projects carried out at the Wroclaw University of Health and Sport Sciences.
11. The admission process to the Doctoral School takes place from 31 July 2020 to 21 September 2020.

§ 2
Admission procedure

1. The admission process to the Doctoral School consists of three stages.
2. **Stage I:**
    - Electronic registration: from 31 July 2020 to 31 August 2020

- Submission of documents: from 31 July 2020 to 8 September 2020 to the Academic Admission Committee.

3. The Online Candidate Registration System (IRKa) is available on the University website at www.awf.wroc.pl.
4. Only candidates who have submitted a complete set of documents may proceed to Stages II and III.
5. **Stage II:** competition-based assessment – preliminary evaluation of Candidates based on the documents confirming their scientific achievements, conducted from 9 September 2020 to 14 September 2020.
6. Based on this preliminary evaluation of Candidates based on the documents confirming their scientific achievements a ranking list is prepared, where up to eight Candidates with the highest scores are selected to advance to Stage III of the admission process.
7. **Stage III:** an oral examination in English and am interview, held from 15 September 2020 to 21 September 2020.
8. The outcome of the qualification procedure is the total number of points awarded to the Candidate for their scientific achievements, the examination in English and the interview.
9. The final admission score is calculated as the sum of points obtained in Stages II and III, together with the Candidate's grade-point average from master's studies, converted into points using the following multipliers: from 4.0 to 4.29 × 1.0; 4.30 and above × 1.5.
10. On the basis of the final scores, a ranking list is prepared.
11. The four Candidates with the highest number of points are admitted to the Doctoral School; the next four Candidates are placed on the reserve list in order of ranking.
12. In the event that it is not possible to determine the list of Candidates admitted to the Doctoral School considering that the last admitted Candidate has the same number of points as at least one subsequent Candidate, an additional criterion is applied: the grade-point average from the final semester of master's studies, converted into points using a multiplier of 1. This value is added to the Candidate's overall admission score.
13. List of documents required from the candidate:
    - application for admission to studies (questionnaire) – i.e. a printout generated after completing the online candidate registration available at www.awf.wroc.pl – eRekrutacja – recruitment portal,
    - master's degree diploma (together with the diploma supplement) – originals accompanied by photocopies,
    - one recent photograph, compliant with the standards used for national identity cards, submitted in electronic form (required for the online registration of candidates),
    - proof of payment of the admission fee (in accordance with the applicable regulations),
    - a current medical certificate confirming no contraindications to undertaking studies in the doctoral school, issued by an occupational medicine physician or a physician authorised to perform preventive examinations (the referral form and certificate template are available for download on the University website: www.awf.wroc.pl),
    - CV,

- a statement of consent from a University academic teacher holding the title of professor or the degree of doktor habilitowany to assume academic supervision of the Candidate (form available on the Doctoral School's website in the "Admission 2020-2021" section),
- a description of the research topic (the planned doctoral dissertation), in Polish and in English (up to two typed pages each), accepted and signed by the academic supervisor, submitted in the form of a project containing, in particular: an introduction, the research aim, the study material, research methods, and references.

14. List of documents confirming the candidate's scientific achievements:
    a. b. a list of scientific articles published (or accepted for publication) in academic journals or in peer-reviewed proceedings of an international conference which, in the year of publication, were included in the register of the Polish Ministry of Science and Higher Education (MNSW),
    b. a list of scientific conferences in which the candidate actively participated,
    c. a list of scientific clubs in which the candidate actively participated,
    d. a list of research grants in which the candidate has participated.
15. The list of scientific achievements must be accompanied by the following documentation:
    a. a certificate or diploma confirming the completion of studies and proficiency in a modern foreign language at level B2 or higher,
    b. a photocopy of a published scientific article with the publisher's title page (ISBN or ISSN, as well as volume, month and year of publication), or a photocopy of an article accepted for publication with confirmation of the assigned DOI number (the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences verifies the journal's Impact Factor),
    c. active participation in a conference, confirmed by a certificate, the conference programme or a statement from the organiser confirming active participation,
    d. a document confirming participation in scientific clubs issued by the university,
    e. - a document confirming participation in a research grant issued by the grant manager.

§ 3
Qualification of candidates and assessment of scientific achievements

1. Candidate qualification is conducted by the Selection Committee in Stages II and III of the admission process.
2. Stage II of the admission process: preliminary qualification based on the Candidate's documented scientific achievements
    a. a certificate or diploma confirming the completion of studies and proficiency in a modern foreign language at level B2 or higher – 5 points (none: 0 points),
    b. publication(s):
        - articles published in journals without an Impact Factor in which the Candidate is the first or sole author – 4 points per article,
        - articles published in journals without an Impact Factor in which the Candidate is a co-author – 2 points per article,

- a monograph or a chapter in a monograph published by a publisher listed by the Ministry of Science and Higher Education where the Candidate is the first or sole author – 4 points per publication,
- a monograph or a chapter in a monograph published by a publisher listed by the Ministry of Science and Higher Education where the Candidate is a co-author – 2 points per publication,
- articles published in journals with an Impact Factor in which the Candidate is the first or sole author – 25 points per article,
- articles published in journals with an Impact Factor in which the Candidate is a co-author – 12 points per article,

c. active participation in a conference/conferences – 2 points (none: 0 points),
d. active participation in a scientific club/clubs – 2 points (none: 0 points),
e. participation in a research grant/grants – 4 points (none: 0 points).

3. A maximum of eight Candidates selected according to the ranking list from the preliminary qualification proceed to Stage III of the admission process.
4. If more than one Candidate occupies position 8 on the ranking list with the same number of points, all Candidates with that score progress to Stage III.
5. **Stage III of the admission process: English-language examination and interview:**
   a. English-language examination – conducted by a language instructor (score: 0-5 points),
   b. the interview will be conducted by a Selection Committee composed of four members (each of the four members awards 0-5 points), resulting in a final score being the sum of points awarded: 0-20 points.
6. If a member of the Selection Committee is the Candidate's academic adviser, that member is excluded from the Committee's work and replaced by another Committee member.
7. The exclusion of a Committee member from assessing a particular Candidate is recorded in the Committee's minutes.
8. A representative of the Doctoral Students' Government may participate in the qualification interview, without the right to evaluate the Candidate.
9. The purpose of the interview is to assess the Candidate's aptitude for scientific work and research interests. During the interview, the Committee evaluates the Candidate's statements concerning:
   a. the proposed research project (in particular: topic, schedule, feasibility of research, etc.),
   b. the Candidate's scientific achievements,
   c. previous research experience, including work in research teams,
   d. previous experience related to acquiring professional competencies,
   e. contacts and collaboration with other research institutions (including international institutions).

§4
Admission to the Doctoral School outside the standard limit

1. Candidates recruited to participate in projects carried out under research programmes at the Wroclaw University of Health and Sport Sciences may be admitted to the Doctoral School outside the standard limit, provided that

funding for their doctoral scholarship is secured from the project (Resolution No. 4/2020 of the Rector of the Wroclaw University of Health and Sport Sciences of 13 January 2020).
2. Admission for such Candidates is carried out in accordance with the rules of Stage I of the admission process.
3. A Candidate meeting the above requirement must submit a document confirming participation in the research project and a document confirming the funding of the doctoral scholarship from that project, certified by the Vice-Rector for Research and International Cooperation.

§5
Admission of foreign nationals to the Doctoral School

Foreign nationals may commence and pursue training in doctoral schools in accordance with Article 323 of the Law on Higher Education and Science (Journal of Laws of 2018, item 1668, as amended), based on:

a. international agreements, under the terms specified therein;
b. agreements concluded by the University with foreign entities, under the terms specified therein;
c. a decision of the minister;
d. a decision of the Director of the Polish National Agency for Academic Exchange (NAWA) with regard to NAWA scholarship holders;
e. a decision of the Director of the National Science Centre (NCN) granting funds for basic research in the form of a research project, fellowship or scholarship awarded in a competitive procedure;
f. an administrative decision of the Rector, the Director of an institute of the Polish Academy of Sciences (PAN), the Director of a research institute or the Director of an international institute.

§6

1. Admission to the Doctoral School is based on the ranking list, excluding Candidates admitted beyond the limit of four places (§4) and foreign nationals (§5).
2. The results of the admission process are public.
3. Admission to the Doctoral School is granted through entry on the list of doctoral students.
4. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.

Rules of Admission to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2021/2022 Academic Year

§ 1
General principles

1. Admission to the Doctoral School at the Wroclaw University of Health and Sport Sciences is conducted through a competitive selection process, in accordance with Article 200 of the Polish Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws of 2018, item 1668, as amended).
2. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language. The candidate submits a declaration confirming their command of English at a level sufficient to participate in classes conducted in this language.
3. A Candidate may apply for admission if they hold a certificate or university diploma confirming proficiency in a modern foreign language at level B2 or higher.
4. The field of the candidate's completed higher education studies does not have to correspond to the discipline in which the candidate intends to prepare their doctoral dissertation.
5. Each candidate is required to select a research topic in the discipline of physical culture sciences, which will constitute the subject of their doctoral dissertation.
6. The selected research topic must be approved by an academic teacher of the University holding the title of professor or the degree of doktor habilitowany. The list of research topics consistent with the discipline of physical culture sciences, together with the list of academic staff holding the title of professor or the degree of doktor habilitowany, will be available on the Doctoral School website in the Admission 2021-2022 section, from April 2021.
7. A Candidate may be admitted to the Doctoral School if they obtain at least 15 points in the admission process.
8. The admission process to the Doctoral School is carried out by the Academic Admission Committee appointed by the Rector and by a Selection Committee composed of six members, with four designated to conduct the qualification procedure.
9. The tasks of the Academic Admission Committee include Stage I of the admission process to the Doctoral School, as described in §3.
10. The tasks of the Selection Committee include Stages II and III of the admission process to the Doctoral School, as described in §3-4.
11. The limit of five places in the Doctoral School is determined by Rector's Ordinance No. 15/2021 of 18 February 2021. Admission beyond this limit is allowed for Candidates who secure funding for a doctoral scholarship from research projects carried out at the Wroclaw University of Health and Sport Sciences and who successfully complete the admission process, meeting the requirement specified in §1(7).
12. The admission process takes place from 2 August to 24 September 2021.

§ 2
List of documents

1. List of documents required from the candidate:
   – application for admission to studies (questionnaire) – i.e. a printout generated after completing the online candidate registration available at www.awf.wroc.pl – eRekrutacja
   – recruitment portal.
   – A master's degree diploma (with supplement)
   – original documents for verification together with photocopies; a university certificate confirming completion of studies, including the grade point average, is acceptable on the condition that the diploma is submitted before the start of the programme.
   – a certificate or university diploma confirming proficiency in a modern foreign language at level B2 or higher.
   – one recent photograph, compliant with the standards used for national identity cards, submitted in electronic form (required for the online registration of candidates).
   – A current medical certificate confirming no contraindications to undertaking studies in the doctoral school, issued by an occupational medicine physician or a physician authorised to perform preventive examinations (the referral form and certificate template are available for download on the University website: www.awf.wroc.pl).
   – CV
   – A statement of consent from a University academic teacher holding the title of professor or the degree of doktor habilitowany to assume academic supervision of the Candidate (form available on the Doctoral School's website in the "Admission 2021-2022" section).
   – A description of the planned research project (doctoral dissertation), in Polish and in English (maximum 2 typed pages each), approved and signed by an academic teacher of the University holding the title of professor or the degree of doktor habilitowany. The project must include, in particular: an introduction, aims, research material, research methods, and references.
   – A declaration confirming sufficient proficiency in the English language to participate in classes; the declaration form for candidates is available on the Doctoral School's website in the "Admission 2021-2022" section.
2. List of documents confirming the candidate's scientific achievements:
   – A list of scientific articles published (or accepted for publication) in academic journals or in peer-reviewed proceedings of an international conference which, in the year of publication, were included in the register of the Polish Ministry of Science and Higher Education (MNSW), confirmed by the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences.
   – A list of monographs or chapters in monographs published by a publishing house included in the register of the Polish Ministry of Science and Higher Education (MNSW), confirmed by the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences.
   – A list of scientific conferences in which the candidate actively participated.
   – A list of scientific clubs in which the candidate actively participated.
   – A list of research grants in which the candidate has participated.
3. The list of scientific achievements must be accompanied by the following documentation:
   – a photocopy of a published scientific article with the publisher's title page (ISBN or ISSN, as well as volume, month and year of publication), or a

photocopy of an article accepted for publication with confirmation of the assigned DOI number
(the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences verifies the journal's Impact Factor),
– a photocopy of the title page of the monograph, or a copy of the book chapter together with the monograph's title page (including ISBN or ISSN, year of publication and publisher), certified by the Scientific Information Centre of the Wroclaw University of Physical Education,
– a certificate confirming active participation in a conference, or the conference programme, or a statement issued by the conference organiser confirming active participation;
– a document confirming participation in scientific clubs issued by the university,
– - a document confirming participation in a research grant issued by the grant manager.

4. If the submitted documentation concerning scientific achievements is incomplete, the Candidate will be informed of the need to provide the missing documents no later than the final date for submitting application materials, i.e. 10 September 2021. Failure to supplement the documentation within this time limit will result in the achievement not being taken into consideration.
5. The documents referred to in section 4 may be sent by Polish postal mail or by courier. The date of submission of the documents shall be deemed to be the date of the postmark or the date of dispatch of the courier shipment.

§ 3
Admission procedure

1. The admission process to the Doctoral School consists of three stages.
   Stage I:
   – The Online Candidate Registration System (IRK) is available on the University website at www.awf.wroc.pl. from 02 August 2021 to 03 September 2021
   – Submission of documents: from 02 August 2021 to 10 September 2021 to the Academic Admission Committee.
   Stage II of the admission process: competitive selection procedure from 11 September 2021 to 17 September 2021.
   Stage III: an oral examination in English and an interview, held from 18 September 2021 to 24 September 2021.

§ 4
Assessment of academic achievements and candidate qualification

1. Candidate qualification is conducted by the Selection Committee in Stages II and III of the admission process.
2. Stage II of the admission process: preliminary qualification based on the Candidate's documented scientific achievements
   a. publication(s):
   – articles published in journals without an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNSW), in which the Candidate is the first or sole author – 4 points for each article,
   – articles published in journals without an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher

Education (MNSW), in which the Candidate is a co-author – 2 points for each article,
– a monograph or a chapter in a monograph published by a publisher listed by the Ministry of Science and Higher Education where the Candidate is the first or sole author – 4 points per publication,
– a monograph or a chapter in a monograph published by a publisher listed by the Ministry of Science and Higher Education where the Candidate is a co-author – 2 points per publication,
– articles published in journals with an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNSW), in which the Candidate is the first or sole author – 25 points for each article,
– articles published in journals with an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNSW), in which the Candidate is a co-author – 12 points for each article;
b. active participation in a conference/conferences – 2 points (none: 0 points),
c. active participation in a scientific club/clubs – 2 points (none: 0 points),
d. participation in a research grant/grants – 4 points (none: 0 points).

3. A maximum of ten candidates selected according to the ranking list from the preliminary qualification proceed to Stage III of the admission process.
4. If more than one Candidate occupies position 10 on the ranking list with the same number of points, all Candidates with that score progress to Stage III.
5. Stage III of the admission process: English-language examination and interview:
   a. English-language examination – conducted by a language instructor (score: 0-5 points),
   b. the interview will be conducted by a Selection Committee composed of four members (each of the four members awards 0-5 points), resulting in a final score being the sum of points awarded: 0-20 points.
6. If a member of the Selection Committee is the Candidate's academic adviser, that member is excluded from the Committee's work and replaced by another Committee member.
7. The exclusion of a Committee member from assessing a particular Candidate is recorded in the Committee's minutes.
8. A representative of the Doctoral Students' Government may participate in the qualification interview as an observer, without the right to evaluate the Candidate.
9. The purpose of the interview is to assess the Candidate's aptitude for scientific work and research interests. During the interview, the Committee evaluates the Candidate's statements concerning:
   a. the proposed research project (in particular: topic, schedule, feasibility of research, etc.),
   b. the Candidate's scientific achievements,
   c. previous research experience, including work in research teams,
   d. previous experience related to acquiring professional competencies,
   e. contacts and collaboration with other research institutions (including international institutions).

10. The outcome of the qualification procedure is the total number of points awarded to the Candidate for their scientific achievements, the examination in English and the interview.
11. The final admission score is calculated as the sum of points obtained in Stages II and III, together with the Candidate's grade-point average from master's studies, converted into points using the following multipliers:
    4.00-4.29 × 1.0; 4.30-4.50 × 1.5; 4.51-5.00 × 2.
12. A Candidate may be admitted to the Doctoral School if they obtain at least 15 points in the admission process.
13. On the basis of the final scores, a ranking list is prepared.
14. The five Candidates who meet the requirement set out in section 12 and obtain the highest number of points are admitted to the Doctoral School; the remaining Candidates are placed on the reserve list in order of ranking.
15. In the event that it is not possible to determine the list of Candidates admitted to the Doctoral School considering that the last admitted Candidate has the same number of points as at least one subsequent Candidate, an additional criterion is applied: the grade-point average from the final semester of master's studies, converted into points using a multiplier of 1. This value is added to the Candidate's overall admission score.

§ 5
Admission to the Doctoral School outside the standard limit

1. Candidates recruited to participate in projects carried out under research programmes at the Wroclaw University of Health and Sport Sciences may be admitted to the Doctoral School outside the standard limit, provided that funding for their doctoral scholarship is secured from the project (Resolution No. 15/2021 of 18 February 2021).
2. A Candidate meeting the above requirement must submit a document confirming participation in the research project and a document confirming the funding of the doctoral scholarship from that project, certified by the Vice-Rector for Research and International Cooperation.
3. Admission for such Candidates is carried out in accordance with the admission rules described in §3-4 (Stages I-III).
4. A candidate applying for a place outside the quota must obtain no less than 15 points as defined in §1(7).

§ 6
Admission of foreign nationals to the Doctoral School

1. Foreign nationals may commence and pursue training in doctoral schools in accordance with Article 323 of the Law on Higher Education and Science (Journal of Laws of 2018, item 1668, as amended), based on:
   a. international agreements, under the terms specified therein; b. agreements concluded by the University with foreign entities, under the terms specified therein;
   c. a decision of the minister;
   d. a decision of the Director of the Polish National Agency for Academic Exchange (NAWA) with regard to NAWA scholarship holders;

e. a decision of the Director of the National Science Centre (NCN) granting funds for basic research in the form of a research project, fellowship or scholarship awarded in a competitive procedure;
f. an administrative decision of the Rector, the Director of an institute of the Polish Academy of Sciences (PAN), the Director of a research institute or the Director of an international institute.

2. A candidate who meets one of the conditions specified in section 1 may take part in the admission process.
3. The admission process for international candidates is conducted according to the rules described in §§1-4.
4. The candidate may send scans of the documents referred to in §2 by e-mail to the address of the Academic Admission Committee. The original documents must be submitted to the Academic Admission Committee by 10 September 2021, which is the final date for submitting documents.
5. The documents referred to in section 4 may be sent by Polish postal mail or by courier. The date of submission of the documents shall be deemed to be the date of the postmark or the date of dispatch of the courier shipment.
6. The Director of the Doctoral School verifies whether the documentation submitted by the candidate is complete.
7. Failure to submit all required documents referred to in sections 4-5 results in the candidate not being admitted to the next stage of the admission procedure. The candidate is informed of this via the Internet Candidate Registration system (IRK).
8. The assessment of academic achievements and the qualification of an international candidate are carried out according to the rules described in §4.
9. On the basis of the ranking list referred to in §4(12), the Rector issues an administrative decision on the admission of the international candidate to the Doctoral School.
10. An administrative decision of the Rector is not required in cases listed in section 1(c–e).
11. Following the Rector's administrative decision, the international candidate is entered on the list of doctoral students.
12. The Rector's administrative decision referred to in section 9 may be subject to a request for reconsideration or a complaint to the administrative court.

§ 7
Concluding remarks

1. Admission to the Doctoral School is based on the ranking list, excluding Candidates admitted beyond the limit of five places (§5).
2. The results of the admission process are public.
3. Admission to the Doctoral School is granted through entry on the list of doctoral students.
4. A candidate entered on the list of doctoral students must submit a written confirmation of commencing education in the Doctoral School of the Wroclaw University of Health and Sport Sciences by 1 October 2021.
5. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.

Admission Rules for the Doctoral School

at the Wroclaw University of Health and Sport Sciences for the 2022/2023

academic year

§ 1

General principles

1. Recruitment to the Doctoral School at the Akademia Wychowania Fizycznego we Wrocławiu is carried out by competition, in accordance with Art.200 of the Act of July 20, 2018, Law on Higher Education and Science (Journal of Laws 2018, item 1668, as amended).
2. Admission to the Doctoral School may be granted to a person holding a master's degree, master engineer degree, or equivalent, or a person referred to in Art. 186(2) of the Law on Higher Education and Science, proficient in English at a level allowing participation in courses conducted in this language. The candidate completes a declaration confirming English proficiency sufficient to attend classes.
3. A candidate may apply for admission who holds a certificate or diploma confirming proficiency in a modern foreign language at least at level B2.
4. The candidate's completed higher education field need not correspond to the discipline in which they intend to prepare their doctoral dissertation.
5. The candidate is obliged to choose a research topic consistent with the discipline of physical culture sciences, which will be the subject of the doctoral thesis.
6. The candidate's choice of research topic requires acceptance by a university academic teacher with the title of professor or habilitated doctor. A list of research topics aligned with the discipline of physical culture sciences, along with a list of academic teachers with professor title or habilitated doctor degree, is available on the Doctoral School website under the Recruitment tab.
7. Admission to the Doctoral School requires scoring no fewer than 15 points in the recruitment procedure.
8. The recruitment procedure is conducted by an Academic Recruitment Committee appointed by the Rector, and a six-member Competition Committee, from which four members conduct the qualification procedure.
9. The Academic Recruitment Committee is responsible for the first stage of recruitment (§3).
10. The Competition Committee performs tasks described in §3-4, stages II and III of recruitment.
11. The limit of 5 places in the Doctoral School is set by Ordinance No. 15/2022 of the Rector of Akademia Wychowania Fizycznego we Wrocławiu dated February 14, 2021. Admission beyond the limit is possible for candidates securing funding from doctoral scholarships from research projects implemented at Akademia Wychowania Fizycznego we Wrocławiu, who pass the recruitment procedure meeting the requirement in item 7.
12. The recruitment procedure is held from 01.08 to 23.09.2022.

§ 2

List of documents

1. Required documents to be submitted by the candidate:
   – Application for admission to the doctoral school (questionnaire) – printout after completing online registration at www.awf.wroc.pl - eRecruitment – recruitment portal.
   – Master's degree diploma (with supplement) - originals (for verification) with copies; a certificate from the university confirming completion and the grade average is accepted, provided the diploma is supplemented before starting education.
   – Certificate or diploma confirming proficiency in a modern foreign language at level B2 or higher.
   – One current photograph conforming to electronic ID requirements (needed for electronic registration).
   – Current medical certificate confirming no contraindications to doctoral studies, issued by an occupational medicine physician or authorized for preventive examinations (referral and medical form available at www.awf.wroc.pl).
   – CV
   – Consent from a university academic teacher holding professor or habilitated doctor degree to supervise the candidate (form downloadable from the Doctoral School's Recruitment 2022-2023 tab).
   – Description of the research topic (planned doctoral dissertation) in Polish and English (max 2 typewritten pages), approved and signed by the academic supervisor with professor or habilitated doctor degree, containing introduction, aim, research material, methods, and bibliography.
   – Declaration of proficiency in English sufficient to participate in classes (form available on Doctoral School website).
2. List of documents confirming the candidate’s scientific achievements:

- List of scientific articles published or accepted in journals or reviewed international conference materials included in the Ministry of Science and Higher Education (MSHE) list in the publication year, confirmed by the AWF Scientific Information Center.
- List of monographs or chapters in monographs published by MSHE-listed publishers, confirmed by AWF Scientific Information Center.
- List of scientific conferences actively attended by the candidate.
- List of scientific circles actively joined by the candidate.
- List of scientific grants participated in.

3. Documents accompanying the scientific achievements should include:

- Copies of published articles with the publisher's title page (including ISBN/ISSN, volume, month, year) or accepted articles with DOI confirmation (Impact Factor verified by AWF Scientific Information Center).
- Copies of monograph title pages or chapter with title page indicating ISBN/ISSN, year, and publisher, confirmed by AWF Scientific Information Center.
- Certificate of active participation in conferences or conference programs or organizer's confirmation.
- Certificate of participation in scientific circles confirmed by the university.

- Certificate of grant participation confirmed by grant manager.

4. Candidate must submit full texts of articles and monographs listed in points 2 and 3 to the AWF Scientific Information Center for confirmation of publication list.
5. If documents on scientific achievements are incomplete, the candidate will be asked to supplement them by 12.09.2022; failure will invalidate the achievement.
6. Documents from item 5 may be sent by post/courier; submission date is postal stamp or courier dispatch date.

§ 3

Admission procedure

1. Recruitment to the Doctoral School follows three stages.
   Stage I:

- Online Candidate Registration (IRK) available at www.awf.wroc.pl from 01.08.2022 to 31.08.2022
- Document submission from 01.08.2022 to 02.09.2022 to Academic Recruitment Committee
  Stage II: Competition procedure from 03.09.2022 to 16.09.2022
  Stage III: Oral English exam and interview from 17.09.2022 to 22.09.2022; ranking list announced on 23.09.2022

§ 4

Assessment of academic achievements and candidate qualification

1. Candidate qualification is conducted by the Competition Committee during stages II and III.
2. Stage II: Preliminary qualification based on documented scientific achievements:
   a. Publications:

- Articles without Impact Factor in MSHE-listed journals where candidate is first/sole author – 4 pts each
- Articles without Impact Factor in MSHE-listed journals where candidate is co-author – 2 pts each
- Monographs or chapters in MSHE-listed publishers where candidate is first/sole author – 4 pts each
- Monographs or chapters where candidate is co-author – 2 pts each
- Articles with Impact Factor in MSHE-listed journals where candidate is first/sole author – 25 pts each
- Articles with Impact Factor where candidate is co-author – 12 pts each
  b. Active conference participation – 2 pts (none = 0)
  c. Active participation in scientific circles – 2 pts (none = 0)
  d. Participation in scientific grants – 4 pts (none = 0)

3. Up to ten candidates ranked highest in preliminary qualification advance to stage III.

4. If more than one candidate shares the 10th rank score, all with that score progress to stage III.
5. Stage III: English exam and interview:
   a. English exam by lecturer (0–5 pts)
   b. Interview by four-member Competition Committee (each member scores 0–5 pts, total max 20 pts)
6. If a committee member is candidate's research supervisor, they are excluded and replaced.
7. This exclusion is recorded in the committee protocol.
8. A Doctoral Students' Union representative may attend interview as observer without voting rights.
9. Interview evaluates candidate's aptitude for research and interests, including:
   a. Presented research project (topic, schedule, feasibility)
   b. Scientific achievements
   c. Research experience including teamwork
   d. Professional competence development
   e. Cooperation with other research centers (including international)
10. Final qualification score is sum of scientific achievements, English exam, and interview points.
11. Recruitment score also includes master's degree grade average converted by multiplier: 4.0–4.29 x1.0; 4.30–4.50 x1.5; 4.51–5.0 x2.
12. Candidates scoring at least 15 points are admitted.
13. Ranking list is created from results.
14. Top five candidates meeting criterion in item 12 are admitted; others go to reserve list.
15. If tie occurs at last admitted place, average grade from last master's semester, converted by multiplier 1, is added to score to break tie.

§5

Admission to the Doctoral School outside the standard limit

1. Candidates involved or recruited for projects funded at AWF Wrocław may be admitted beyond limit with guaranteed doctoral scholarship funding (Ordinance No. 15/2022).
2. Such candidates must submit documents confirming project participation and scholarship funding approved by Vice-Rector for Science and International Cooperation.
3. Recruitment follows rules in §3-4 (stages I-III).
4. Candidates must still score minimum 15 points (as per §1 item 7).

§6

Admission of foreign nationals to the Doctoral School

1. Foreigners may undertake doctoral education under Art.323 of the Law on Higher Education and Science (Journal of Laws 2018, item 1668, as amended) based on:
   a. International agreements;
   b. Agreements between universities and foreign entities;
   c. Minister's decision;

d. NAWA director’s decision for its scholarship holders;
e. NCN director’s decision for funding research projects, internships or scholarships;
f. Administrative decision by rector, PAN institute director, research institute director or international institute director.

2. Candidates meeting any condition from item 1 may enter recruitment.
3. Recruitment follows rules in §1-4.
4. Candidates may send scanned documents defined in §2 by email to Academic Recruitment Committee. Originals must be delivered by 02.09.2022.
5. Documents may be sent by post/courier; submission date = postal/courier dispatch date.
6. Doctoral School Director assesses completeness of candidate documentation.
7. Missing required documents results in exclusion from recruitment, notified via IRK.
8. Scientific achievement evaluation and qualification follow §4 rules.
9. Rector issues administrative decision on admission based on ranking list (§4 item 13).
10. No Rector decision needed if conditions in item 1 points c-e are met.
11. Admission by Rector's decision results in registration on doctoral students list.
12. Rector’s decisions may be appealed or challenged administratively.

§7

Concluding remarks

1. Admission follows ranking list, excluding candidates admitted beyond five-place limit (§5).
2. Recruitment results are public.
3. Admission is by registration on doctoral students list.
4. Registered candidate must confirm in writing by 30.09.2022 to undertake studies at AWF Wroclaw.
5. Refusal to admit is by administrative decision; this may be appealed.

Admission Rules for the Doctoral School

at the Wroclaw University of Health and Sport Sciences for the 2023/2024

academic year

§ 1
General principles

1. Admission to the Doctoral School at the Wroclaw University of Health and Sport Sciences is conducted through a competitive selection process, in accordance with Article 200 of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2022, item 574, as amended).
2. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language. The candidate submits a declaration confirming their command of English at a level sufficient to participate in classes conducted in this language.
3. The field of the candidate's completed higher education studies does not have to correspond to the discipline in which the candidate intends to prepare their doctoral dissertation.
4. Each candidate is required to select a research topic in the discipline of physical culture sciences, which will constitute the subject of their doctoral dissertation.
5. The selected research topic must be approved by an academic teacher of the University holding the title of professor or the degree of doktor habilitowany. The list of research topics consistent with the discipline of physical culture sciences, together with the list of academic staff holding the title of professor or the degree of doktor habilitowany, is available on the Doctoral School website in the Admission section.
6. A Candidate may be admitted to the Doctoral School if they obtain at least 15 points in the admission process.
7. The admission process to the Doctoral School is carried out by the Admission Committee appointed by the Rector and by a Selection Committee composed of six members, with four designated to conduct the qualification procedure.
8. The tasks of the Admission Committee include Stage I of the admission process to the Doctoral School, as described in §3.

9. The tasks of the Selection Committee include Stages II and III of the admission process to the Doctoral School, as described in §3-4.
10. The limit of five places at the Doctoral School is set by Ordinance No. 14/2023 of the Rector of the Wroclaw University of Health and Sport Sciences, issued on 14 February 2023. It is permissible to admit candidates to the Doctoral School outside the standard limit if they obtain funding for the doctoral scholarship from research projects carried out at the Wroclaw University of Health and Sport Sciences and successfully complete the admission procedure, meeting the requirement specified in section 6.
11. The admission procedure for the Doctoral School takes place during the following period: from 21 August to 25 September 2023.

§ 2
List of documents

1. List of documents required from the candidate:

– application for admission to the Doctoral School (questionnaire) – i.e. a printout generated after completing the online candidate registration available at https://irk.awf.wroc.pl/.

– A master's degree diploma (with supplement) – original documents for verification together with photocopies; a university certificate confirming completion of studies, including the grade point average, is acceptable on the condition that the diploma is submitted before the start of the programme.

– A certificate or diploma confirming proficiency in a modern foreign language at level B2 or higher (if applicable).

– A current medical certificate confirming no contraindications to undertaking studies in the doctoral school, issued by an occupational medicine physician or a physician authorised to perform preventive examinations (the referral form and certificate template are available for download on the website:https://irk.awf.wroc.pl/).

– CV

– A statement of consent from a University academic teacher holding the title of professor or the degree of doktor habilitowany to assume academic supervision of the Candidate (form available on the Doctoral School's website in the "Admission 2023-2024" section).

– A description of the planned research project (doctoral dissertation), in Polish and in English (maximum 2 typed pages each), approved and signed by an academic teacher of the

University holding the title of professor or the degree of doktor habilitowany. The project must include, in particular: an introduction, aims, research material, research methods, and references.

– A declaration confirming sufficient proficiency in the English language to participate in classes (declaration form for candidates available on the Doctoral School's website in the "Admission 2023-2024" section).

2. List of documents confirming the candidate's scientific achievements:

– A list of scientific articles published (or accepted for publication) in academic journals or in peer-reviewed proceedings of an international conference which, in the year of publication, were included in the register of the Polish Ministry of Education and Science (MEiN), confirmed by the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences.

– A list of monographs or chapters in monographs published by a publishing house included in the register of the Polish Ministry of Education and Science (MEiN), confirmed by the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences.

– A list of scientific conferences in which the candidate actively participated.

– A list of scientific clubs in which the candidate actively participated.

– A list of research grants in which the candidate has participated.

3. The list of scientific achievements must be accompanied by the following documentation:

– a photocopy of a published scientific article with the publisher's title page (ISBN or ISSN, as well as volume, month and year of publication), or a photocopy of an article accepted for publication with confirmation of the assigned DOI number (the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences verifies the journal's Impact Factor),

– a photocopy of the title page of the monograph, or a copy of the book chapter together with the monograph's title page (including ISBN or ISSN, year of publication and publisher), certified by the Scientific Information Centre of the Wroclaw University of Physical Education,

– a certificate confirming active participation in a conference, or the conference programme, or a statement issued by the conference organiser confirming active participation;

– a document confirming participation in scientific clubs issued by the university,

– - a document confirming participation in a research grant issued by the grant manager.

4. The Candidate must submit full texts of the articles, monographs and book chapters listed in items 2 and 3 to the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences in order to obtain official confirmation of the publication record.
5. If the submitted documentation concerning scientific achievements is incomplete, the Candidate will be informed of the need to provide the missing documents no later than by 13 September 2023. Failure to provide the missing documents within the specified time limit will result in the achievement not being recognised for evaluation.
6. The documents referred to in section 5 may be sent by Polish postal mail or by courier. The date of submission of the documents shall be deemed to be the date of the postmark or the date of dispatch of the courier shipment.

§ 3
Admission procedure

1. The admission process to the Doctoral School consists of three stages.

Stage I:

- The Online Candidate Registration System (IRK) is available on the University website at https://irk.awf.wroc.pl/ from 21 August 2023 to 31 August 2023
- Submission of documents: from 21 August 2023 to 04 September 2023 to the Admission Committee.

Stage II of the admission process: competitive selection procedure from 05 September 2025 to 15 September 2023.

Stage III of the admission process: an oral examination in English a qualification interview, held from 18 to 22 September 2023; publication of the ranking list on 25 September 2023.

§ 4
Assessment of academic achievements and candidate qualification

1. Candidate qualification is conducted by the Selection Committee in Stages II and III of the admission process.
2. Stage II of the admission process: preliminary qualification based on the Candidate's documented scientific achievements
   a. publication(s):

- articles published in journals without an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Education and Science (MEiN), in which the Candidate is the sole author – 4 points for each article,
- articles published in journals without an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Education and Science (MEiN), in which the Candidate is a co-author – 2 points for each article,
- a monograph or a chapter in a monograph published by a publisher listed by the Ministry of Education and Science (MEiN) where the Candidate is the sole author – 4 points per publication,
- a monograph or a chapter in a monograph published by a publisher listed by the Ministry of Education and Science (MEiN) where the Candidate is a co-author – 2 points per publication,
- articles published in journals with an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Education and Science (MEiN), in which the Candidate is the sole author – 25 points for each article,
- articles published in journals with an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Education and Science (MEiN), in which the Candidate is a co-author – 12 points for each article,

b. active participation in a conference/conferences – 2 points (none: 0 points),

c. active participation in a scientific club/clubs – 2 points (none: 0 points),

d. participation in a research grant/grants – 4 points (none: 0 points).

3. A maximum of ten candidates selected according to the ranking list from the preliminary qualification proceed to Stage III of the admission process.
4. If more than one Candidate occupies position 10 on the ranking list with the same number of points, all Candidates with that score progress to Stage III.
5. Stage III of the admission process: English-language examination and interview: a. English-language examination – conducted by a language instructor (score: 0-5 points),
   b. the interview will be conducted by a Selection Committee composed of four members (each of the four members awards 0-10 points), resulting in a final score being the sum of points awarded: 0-40 points
6. If a member of the Selection Committee is the Candidate's academic adviser, that member is excluded from the Committee's work and replaced by another Committee member.
7. The exclusion of a Committee member from assessing a particular Candidate is recorded in the Committee's minutes.

8. A representative of the Doctoral Students' Government may participate in the qualification interview as an observer, without the right to evaluate the Candidate.
9. The purpose of the interview is to assess the Candidate's aptitude for scientific work and research interests. During the interview, the Committee evaluates the Candidate's statements concerning:
   a. the proposed research project (in particular: topic, schedule, feasibility of research, etc.),
   b. the Candidate's scientific achievements,
   c. previous research experience, including work in research teams,
   d. previous experience related to acquiring professional competencies,
   e. contacts and collaboration with other research institutions (including international institutions).
10. The outcome of the qualification procedure is the total number of points awarded to the Candidate for their scientific achievements, the examination in English and the interview.
11. The final admission score is calculated as the sum of points obtained in Stages II and III, together with the Candidate's grade-point average from master's studies, converted into points using the following multipliers: up to 4.29 x 1.0; 4.30-4.50 × 1.5; 4.51-5.0 x2.
12. A Candidate may be admitted to the Doctoral School if they obtain at least 15 points in the admission process.
13. On the basis of the final scores, a ranking list is prepared.
14. The five Candidates who meet the requirement set out in section 12 and obtain the highest number of points are admitted to the Doctoral School; the remaining Candidates are placed on the reserve list in order of ranking.
15. In the event that it is not possible to determine the list of Candidates admitted to the Doctoral School considering that the last admitted Candidate has the same number of points as at least one subsequent Candidate, an additional criterion is applied: the grade-point average from the final semester of master's studies, converted into points using a multiplier of 1. This value is added to the Candidate's overall admission score.

§5
Admission to the Doctoral School outside the standard limit

1. Candidates recruited to participate in projects carried out under research programmes at the Wroclaw University of Health and Sport Sciences may be admitted to the Doctoral School outside the standard limit, provided that funding for their doctoral scholarship is secured

from the project (Resolution No. 14/2023 of the Rector of the Wroclaw University of Health and Sport Sciences of 14 February 2023).

2. A Candidate meeting the above requirement must submit a document confirming participation in the research project and a document confirming the funding of the doctoral scholarship from that project, certified by the Vice-Rector for Research and International Cooperation.
3. Admission for such Candidates is carried out in accordance with the admission rules described in §3-4 (Stages I-III).
4. A candidate applying for a place outside the quota must obtain no less than 15 points as defined in §1(6).

§6
Admission of foreign nationals to the Doctoral School

1. Foreign nationals may commence and pursue training in doctoral schools in accordance with Article 323 of the Law on Higher Education and Science, based on:
   a. international agreements, under the terms specified therein;
   b. agreements concluded by the University with foreign entities, under the terms specified therein;
   c. a decision of the minister;
   d. a decision of the Director of the Polish National Agency for Academic Exchange (NAWA) with regard to NAWA scholarship holders;
   e. a decision of the Director of the National Science Centre (NCN) granting funds for basic research in the form of a research project, fellowship or scholarship awarded in a competitive procedure;
   f. an administrative decision of the Rector, the Director of an institute of the Polish Academy of Sciences (PAN), the Director of a research institute or the Director of an international institute.
2. A candidate who meets one of the conditions specified in section 1 may take part in the admission process.
3. The admission process for international candidates is conducted according to the rules described in §§1-4.

4. The candidate may send scans of the documents referred to in §2 by e-mail to the address of the Admission Committee. The original documents must be submitted to the Admission Committee no later than 4 September 2023.
5. The documents referred to in section 4 may be sent by Polish postal mail or by courier. The date of submission of the documents shall be deemed to be the date of the postmark or the date of dispatch of the courier shipment.
6. The Director of the Doctoral School verifies whether the documentation submitted by the candidate is complete.
7. Failure to submit all required documents referred to in sections 4-5 results in the candidate not being admitted to the next stage of the admission procedure. The candidate is informed of this via the Internet Candidate Registration system (IRK).
8. The assessment of academic achievements and the qualification of an international candidate are carried out according to the rules described in §4.
9. On the basis of the ranking list referred to in §4(13), the Rector issues an administrative decision on the admission of the international candidate to the Doctoral School.
10. An administrative decision of the Rector is not required in cases listed in section 1(c–e).
11. Following the Rector's administrative decision, the international candidate is entered on the list of doctoral students.
12. The Rector's administrative decision referred to in section 9 may be subject to a request for reconsideration or a complaint to the administrative court.

§7
Concluding remarks

1. Admission to the Doctoral School is based on the ranking list, excluding Candidates admitted beyond the limit of five places (§5).
2. The results of the admission process are public.
3. Admission to the Doctoral School is granted through entry on the list of doctoral students.
4. A candidate entered on the list of doctoral students must submit a written confirmation of commencing education in the Doctoral School of the Wroclaw University of Health and Sport Sciences by 29 September 2023.
5. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.

Admission Rules for the Doctoral School

at the Wroclaw University of Health and Sport Sciences

for the 2024/2025 academic year

§1
General principles

1. Admission to the Doctoral School at the Wroclaw University of Health and Sport Sciences is conducted through a competitive selection process, in accordance with Article 200 of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2023, item 742, as amended).
2. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language. The candidate submits a declaration confirming their command of English at a level sufficient to participate in classes conducted in this language.
3. The field of the candidate's completed higher education studies does not have to correspond to the discipline in which the candidate intends to prepare their doctoral dissertation.
4. Each candidate is required to select a research topic in the discipline of physical culture sciences, which will constitute the subject of their doctoral dissertation.
5. The selected research topic must be approved by an academic teacher of the University holding the title of professor or the degree of doktor habilitowany. The list of research topics consistent with the discipline of physical culture sciences, together with the list of academic staff holding the title of professor or the degree of doktor habilitowany, is available on the Doctoral School website in the Admission section.
6. A Candidate may be admitted to the Doctoral School if they obtain at least 30 points in the admission process.
7. The admission process to the Doctoral School is carried out by the Admission Committee appointed by the Rector and by a Selection Committee composed of six members, with four designated to conduct the qualification procedure.
8. The tasks of the Admission Committee include Stage I of the admission process to the Doctoral School, as described in §3.

9. The tasks of the Selection Committee include Stages II and III of the admission process to the Doctoral School, as described in §3-4.
10. The limit of five places at the Doctoral School is set by Ordinance No. 4/2024 of the Rector of the Wroclaw University of Health and Sport Sciences, issued on 8 February 2024. It is permissible to admit candidates to the Doctoral School outside the standard limit if they obtain funding for the doctoral scholarship from research projects carried out at the Wroclaw University of Health and Sport Sciences and successfully complete the admission procedure, meeting the requirement specified in section 6.
11. The admission procedure for the Doctoral School takes place during the following period: from 12 August to 20 September 2024.

§2

List of documents

1. List of documents required from the candidate:

   – application for admission to the Doctoral School (questionnaire) – i.e. a printout generated after completing the online candidate registration available at https://irk.awf.wroc.pl/.

   – A master's degree diploma (with supplement) – original documents for verification together with photocopies; a university certificate confirming completion of studies, including the grade point average, is acceptable on the condition that the diploma is submitted before the start of the programme.

   – A certificate or diploma confirming proficiency in a modern foreign language at level B2 or higher (if applicable).

   – A current medical certificate confirming no contraindications to undertaking studies in the doctoral school, issued by an occupational medicine physician or a physician authorised to perform preventive examinations (the referral form and certificate template are available for download on the website:https://irk.awf.wroc.pl/).

   – CV

   – A statement of consent from a University academic teacher holding the title of professor or the degree of doktor habilitowany to assume academic supervision of the Candidate (form available on the Doctoral School's website in the "Admission 2024-2025" section).

   – A description of the planned research project (doctoral dissertation), in Polish and in English (maximum 2 typed pages each), approved and signed by an academic teacher of the University holding the title of professor or the degree of doktor habilitowany. The

project must include, in particular: the title, an introduction, aims, research material, research methods and references.

– A declaration confirming sufficient proficiency in the English language to participate in classes (declaration form for candidates available on the Doctoral School's website in the "Admission 2024-2025" section).

– A statement confirming that the candidate is not enrolled in any other doctoral school.

2. List of documents confirming the candidate's scientific achievements:

– A list of scientific articles published (or accepted for publication) in academic journals or in peer-reviewed proceedings of an international conference which, in the year of publication, were included in the register of the Polish Ministry of Science and Higher Education (MNiSW), confirmed by the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences.

– A list of monographs or chapters in monographs published by a publishing house included in the register of the Polish Ministry of Science and Higher Education (MNiSW), confirmed by the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences.

– A list of scientific conferences in which the candidate actively participated.

– A list of scientific clubs in which the candidate actively participated.

– A list of research grants in which the candidate has participated.

3. The list of scientific achievements must be accompanied by the following documentation:

– a photocopy of a published scientific article with the publisher's title page (ISBN or ISSN, as well as volume, month and year of publication), or a photocopy of an article accepted for publication with confirmation of the assigned DOI number (the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences verifies the journal's Impact Factor),

– a photocopy of the title page of the monograph, or a copy of the book chapter together with the monograph's title page (including ISBN or ISSN, year of publication and publisher), certified by the Scientific Information Centre of the Wroclaw University of Physical Education,

– a certificate confirming active participation in a conference, or the conference programme, or a statement issued by the conference organiser confirming active participation;

– a document confirming participation in scientific clubs issued by the university,

– - a document confirming participation in a research grant issued by the grant manager.

4. The Candidate must submit full texts of the articles, monographs and book chapters listed in items 2 and 3 to the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences in order to obtain official confirmation of the publication record.
5. In the event that the submitted documents are incomplete, the candidate will not be admitted to the admission procedure.
6. If supporting documents for a given academic achievement are not provided, that achievement will not be taken into account in the evaluation.

§3

Admission procedure

1. The admission process to the Doctoral School consists of three stages.

Stage I:

– The Online Candidate Registration System (IRK) is available on the University website at https://irk.awf.wroc.pl/ from 12 August 2024 to 31 August 2024

– Submission of documents: from 12 August 2024 to 06 September 2024 to the Admission Committee.

Stage II of the admission process: competitive selection procedure from 09 September 2024 to 13 September 2024.

Stage III of the admission process: an oral examination in English a qualification interview, held from 16 September 2024 to 19 September 2024; publication of the ranking list on 20 September 2024.

§4

Assessment of academic achievements and candidate qualification

1. Candidate qualification is conducted by the Selection Committee in Stages II and III of the admission process.
2. Stage II of the admission process: preliminary qualification based on the Candidate's documented scientific achievements
   a. publication(s):

      - articles published in journals without an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNiSW), in which the Candidate is the sole author – 4 points for each article,

- articles published in journals without an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNiSW), in which the Candidate is a co-author – 2 points for each article,
- a monograph or a chapter in a monograph published by a publisher listed by the Ministry of Science and Higher Education (MNiSW) where the Candidate is the sole author – 4 points per publication,
- a monograph or a chapter in a monograph published by a publisher listed by the Ministry of Science and Higher Education (MNiSW) where the Candidate is a co-author – 2 points per publication,
- articles published in journals with an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNiSW), in which the Candidate is the sole author – 25 points for each article,
- articles published in journals with an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNiSW), in which the Candidate is a co-author – 12 points for each article,

b. active participation in a conference/conferences – 2 points (none: 0 points),
c. active participation in a scientific club/clubs – 2 points (none: 0 points),
d. participation in a research grant/grants – 4 points (none: 0 points).

3. A maximum of ten candidates selected according to the ranking list from the preliminary qualification proceed to Stage III of the admission process.
4. If more than one Candidate occupies position 10 on the ranking list with the same number of points, all Candidates with that score progress to Stage III.
5. Stage III of the admission process: English-language examination and interview:
   a. English-language examination – conducted by a language instructor (score: 0-5 points),
   b. the interview will be conducted by a Selection Committee composed of four members (each of the four members awards 0-10 points), resulting in a final score being the sum of points awarded: 0-40 points
6. If a member of the Selection Committee is the Candidate's academic adviser, that member is excluded from the Committee's work and replaced by another Committee member.
7. The exclusion of a Committee member from assessing a particular Candidate is recorded in the Committee's minutes.
8. A representative of the Doctoral Students' Government may participate in the qualification interview as an observer, without the right to evaluate the Candidate.

9. The purpose of the interview is to assess the Candidate's aptitude for scientific work and research interests. During the interview, the Committee evaluates the Candidate's statements concerning:
    a. the proposed research project (in particular: topic, schedule, feasibility of research, etc.),
    b. the Candidate's scientific achievements,
    c. previous research experience, including work in research teams,
    d. previous experience related to acquiring professional competencies,
    e. contacts and collaboration with other research institutions (including international institutions).
10. The outcome of the qualification procedure is the total number of points awarded to the Candidate for their scientific achievements, the examination in English and the interview.
11. The final admission score is calculated as the sum of points obtained in Stages II and III, together with the Candidate's grade-point average from master's studies, converted into points using the following multipliers: up to 4.29 x 1.0; 4.30-4.50 × 1.5; 4.51-5.0 x2.
12. A Candidate may be admitted to the Doctoral School if they obtain at least 30 points in the admission process.
13. On the basis of the final scores, a ranking list is prepared.
14. The five Candidates who meet the requirement set out in section 12 and obtain the highest number of points are admitted to the Doctoral School; the remaining Candidates are placed on the reserve list in order of ranking.
15. In the event that it is not possible to determine the list of Candidates admitted to the Doctoral School considering that the last admitted Candidate has the same number of points as at least one subsequent Candidate, an additional criterion is applied: the grade-point average from the final semester of master's studies, converted into points using a multiplier of 1. This value determines the Candidate's overall admission score.

§5

Admission to the Doctoral School outside the standard limit

1. Candidates recruited to participate in projects carried out under research programmes at the Wroclaw University of Health and Sport Sciences may be admitted to the Doctoral School outside the standard limit, provided that funding for their doctoral scholarship is secured from the project (Resolution No. 4/2024 of the Rector of the Wroclaw University of Health and Sport Sciences of 8 February 2024).

2. A Candidate meeting the above requirement must submit a document confirming participation in the research project and a document confirming the funding of the doctoral scholarship from that project, certified by the Vice-Rector for Research and International Cooperation.
3. Admission for such Candidates is carried out in accordance with the admission rules described in §3-4 (Stages I-III).
4. A candidate applying for a place outside the quota must obtain no less than 30 points as defined in §1(6).

§6
Admission of foreign nationals to the Doctoral School

1. Foreign nationals may commence and pursue training in doctoral schools in accordance with Article 323 of the Law on Higher Education and Science, based on:
   a. international agreements, under the terms specified therein;
   b. agreements concluded by the University with foreign entities, under the terms specified therein;
   c. a decision of the minister;
   d. a decision of the Director of the Polish National Agency for Academic Exchange (NAWA) with regard to NAWA scholarship holders;
   e. a decision of the Director of the National Science Centre (NCN) granting funds for basic research in the form of a research project, fellowship or scholarship awarded in a competitive procedure;
   f. an administrative decision of the Rector, the Director of an institute of the Polish Academy of Sciences (PAN), the Director of a research institute or the Director of an international institute.
2. A candidate who meets one of the conditions specified in section 1 may take part in the admission process.
3. The admission process for international candidates is conducted according to the rules described in §§1-4.
4. The candidate may send scans of the documents referred to in §2 by e-mail to the address of the Admission Committee. The original documents must be submitted to the Admission Committee no later than 6 September 2024.

5. The documents referred to in section 4 may be sent by Polish postal mail or by courier. The submission date is understood as the date on which the documents are received by the Admission Committee
6. The Director of the Doctoral School verifies whether the documentation submitted by the candidate is complete.
7. Failure to submit all required documents referred to in sections 4-5 results in the candidate not being admitted to the next stage of the admission procedure. The candidate is informed of this via the Internet Candidate Registration system (IRK).
8. The assessment of academic achievements and the qualification of an international candidate are carried out according to the rules described in §4.
9. On the basis of the ranking list referred to in §4(13), the Rector issues an administrative decision on the admission of the international candidate to the Doctoral School.
10. An administrative decision of the Rector is not required in cases listed in section 1(c–e).
11. Following the Rector's administrative decision, the international candidate is entered on the list of doctoral students.
12. The Rector's administrative decision referred to in section 9 may be subject to a request for reconsideration or a complaint to the administrative court.

§7
Concluding remarks

1. Admission to the Doctoral School is based on the ranking list, excluding Candidates admitted beyond the limit of five places (§5).
2. The results of the admission process are public.
3. Admission to the Doctoral School is granted through entry on the list of doctoral students.
4. Five candidates who meet the requirement set out in § 3(12) and obtain the highest scores will be entered on the list of admitted candidates, provided they submit a written confirmation of their intention to undertake education in the Doctoral School at the University School of Physical Education in Wrocław by 27 September 2024 (the declaration form is available on the Doctoral School website under "Admissions 2024-2025"). Failure to submit the confirmation of undertaking education in the Doctoral School will result in non-admission to the Doctoral School at the University School of Physical Education in Wrocław.
5. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.

Admission Rules for the Doctoral School

at the Wroclaw University of Health and Sport Sciences

for the 2025/2026 academic year

§1
General principles

1. Admission to the Doctoral School at the Wroclaw University of Health and Sport Sciences is conducted through a competitive selection process, in accordance with Article 200 of the Polish Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws of 2024, item 1571, as amended).
2. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language. The candidate submits a declaration confirming their command of English at a level sufficient to participate in classes conducted in this language.
3. A candidate who is a foreign national or a Polish citizen holding foreign educational documents referred to in § 1(2) shall submit their documents in accordance with the rules laid down in Senate Resolution No. 31/2024 of 20 June 2024 concerning the admission principles and admission procedure for foreign candidates and Polish citizens with foreign documents confirming education.
4. Pursuant to Articles 326 and 327 of the Act of 20 July 2018 – Law on Higher Education and Science, a Candidate referred to in section 3 holds:
   4.1 A diploma issued by an authorised higher education institution operating within the higher education system of a Member State of the European Union, the Organisation for Economic Co-operation and Development (OECD) or the European Free Trade Association (EFTA) – parties to the Agreement on the European Economic Area, confirming the completion of:.

   1) second-cycle studies – which confirms, in the Republic of Poland, the attainment of education at the level of second-cycle studies;

   2) at least four-year long-cycle studies – which confirms, in the Republic of Poland, the attainment of education at the level of second-cycle studies, provided that the

diploma is recognised as equivalent to a second-cycle diploma in the country where it was issued.

4.2 A diploma confirming the completion of studies abroad which entitles the holder to apply for the doctoral degree in the country whose higher education system includes the awarding institution; such a diploma entitles the holder to apply for admission to a doctoral school in the Republic of Poland.

4.3 A diploma confirming completion of studies issued by a foreign higher education institution does not confirm the attainment, in the Republic of Poland, of education at a specific level of studies and does not grant the entitlements referred to in Article 326(2) of the Act if:

1) the institution that issued the diploma or the institution where the education was delivered:

a) does not operate within the higher education system of any country, or

b) under the domestic law of the country whose higher education system includes that institution, was not an accredited higher education institution on the date of issuing the diploma or delivered a programme of study that lacked accreditation;

2) the programme of study, or part thereof, was carried out in breach of the regulations of the country where the education was delivered.

4.4 Pursuant to Article 326 of the Act of 20 July 2018 – Law on Higher Education and Science, the Director of the Polish National Agency for Academic Exchange (NAWA) shall, at the request of an interested entity, provide a written statement concerning a diploma issued by a foreign institution, including the level of studies and the status of the institution.

4.5 Pursuant to Article 327 of the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2024, item 1571, as amended), a diploma issued abroad may be recognised as equivalent to the relevant Polish diploma and professional title under an international agreement on equivalence; in the absence of such an agreement, equivalence may be granted through a nostrification procedure.

4.6 Once the diploma has been recognised as equivalent, the individual gains the right to use the corresponding Polish professional title.

4.7 The completion of higher education at a given level by a foreign national who has been granted refugee status or subsidiary protection, or by a foreign national holding a temporary residence permit issued on the grounds of the circumstances referred to in Article 159(1)(1)(c) or (d) of the Act of 12 December 2013 on Foreigners, as well as

by a Polish citizen who arrived in the territory of the Republic of Poland from the territory of Ukraine between 24 February 2022 and the date specified in the regulations issued pursuant to Article 2(4) of the Act of 12 March 2022 on Assistance to Citizens of Ukraine in Connection with the Armed Conflict on the Territory of that State (Journal of Laws of 2024, item 167, as amended[4]), or by a Ukrainian citizen residing in the territory of the Republic of Poland whose stay is considered lawful pursuant to Article 2(1) of the Act of 12 March 2022 on Assistance to Citizens of Ukraine in Connection with the Armed Conflict on the Territory of that State, who does not hold a diploma of graduation, may be confirmed through proceedings conducted to verify the completion of studies at the specified level.

5. The field of the candidate's completed higher education studies does not have to correspond to the discipline in which the candidate intends to prepare their doctoral dissertation.
6. Each candidate is required to select a research topic in the discipline of physical culture sciences, which will constitute the subject of their doctoral dissertation.
7. The selected research topic must be approved by an academic teacher of the University holding the title of professor or the degree of doktor habilitowany. The list of research topics consistent with the discipline of physical culture sciences, together with the list of academic staff holding the title of professor or the degree of doktor habilitowany, is available on the Doctoral School website in the Admission section.
8. A Candidate may be admitted to the Doctoral School if they obtain at least 30 points in the admission process.
9. The admission process to the Doctoral School is carried out by the Admission Committee appointed by the Rector and by a Selection Committee composed of six members, with four designated to conduct the qualification procedure.
10. The tasks of the Admission Committee include Stage I of the admission process to the Doctoral School, as described in §3.
11. The tasks of the Selection Committee include Stages II and III of the admission process to the Doctoral School, as described in §3-4.
12. The limit of five places at the Doctoral School is set by Ordinance No. 16/2025 of the Rector of the Wroclaw University of Health and Sport Sciences, issued on 30 January 2025. It is permissible to admit candidates to the Doctoral School outside the standard limit if they obtain funding for the doctoral scholarship from research projects carried out at the Wroclaw University of Health and Sport Sciences and successfully complete the admission procedure, meeting the requirement specified in §5.

13. The admission procedure for the Doctoral School takes place during the following period: 04 August - 19 September 2025

§2
List of documents

1. List of documents required from the candidate:

   – application for admission to the Doctoral School (questionnaire) – i.e. a printout generated after completing the online candidate registration available at https://irk.awf.wroc.pl/. – A master's degree diploma (with supplement), as referred to in §1(2) – original documents for verification together with photocopies; a university certificate confirming completion of studies, including the grade point average, is acceptable on the condition that the diploma is submitted before the start of the programme. Furthermore, if any of the above-required documents have been issued in a language other than Polish, a certified translation into Polish is required.

   – A certificate or diploma confirming proficiency in a modern foreign language at level B2 or higher (if applicable).

   – A current medical certificate confirming no contraindications to undertaking studies in the doctoral school, issued by an occupational medicine physician or a physician authorised to perform preventive examinations (the referral form and certificate template are available for download on the website:https://irk.awf.wroc.pl/). – CV

   – A statement of consent from a University academic teacher holding the title of professor or the degree of doktor habilitowany to assume academic supervision of the Candidate (form available on the Doctoral School's website in the "Admission 2025–2026" section).

   – A description of the planned research project (doctoral dissertation), in Polish and in English (maximum 2 typed pages each), approved and signed by an academic teacher of the University holding the title of professor or the degree of doktor habilitowany. The project must include, in particular: the title, an introduction, aims, research material, research methods and references.

   – A declaration confirming sufficient proficiency in the English language to participate in classes (declaration form for candidates available on the Doctoral School's website in the "Admission 2025-2026" section).

– A declaration confirming sufficient proficiency in the Polish language to participate in classes (declaration form for international candidates available on the Doctoral School's website in the "Admission 2025-2026" section).

– A statement confirming that the candidate is not enrolled in any other doctoral school.

2. List of documents confirming the candidate's scientific achievements:

– A list of scientific articles published (or accepted for publication) in academic journals or in peer-reviewed proceedings of an international conference which, in the year of publication, were included in the register of the Polish Ministry of Science and Higher Education (MNiSW), confirmed by the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences.

– A list of monographs or chapters in monographs published by a publishing house included in the register of the Polish Ministry of Science and Higher Education (MNiSW), confirmed by the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences.

– A list of scientific conferences in which the candidate actively participated.

– A list of scientific clubs in which the candidate actively participated.

– A list of research grants in which the candidate has participated.

3. The list of scientific achievements must be accompanied by the following documentation:

– a photocopy of a published scientific article with the publisher's title page (ISBN or ISSN, as well as volume, month and year of publication), or a photocopy of an article accepted for publication with confirmation of the assigned DOI number (the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences verifies the journal's Impact Factor),

– a photocopy of the title page of the monograph, or a copy of the book chapter together with the monograph's title page (including ISBN or ISSN, year of publication and publisher), certified by the Scientific Information Centre of the Wroclaw University of Physical Education,

– a certificate confirming active participation in a conference, or the conference programme, or a statement issued by the conference organiser confirming active participation,

– a document confirming participation in scientific clubs,

– a document confirming participation in the implementation of a research grant, certified by the principal investigator.

4. The Candidate must submit full texts of the articles, monographs and book chapters listed in sections 2 and 3 to the Scientific Information Centre of the Wroclaw University of Health and Sport Sciences in order to obtain confirmation of the list of publications.
5. If supporting documents for a given academic achievement are not provided, that achievement will not be taken into account in the evaluation.
6. In the event that the submitted documents are incomplete, the candidate will not be admitted to the admission procedure.

§3

Admission procedure

1. The admission process to the Doctoral School consists of three stages.

Stage I:

– The Online Candidate Registration System (IRK) is available on the University website at https://irk.awf.wroc.pl/ from 04 August 2025 to 31 August 2025

– Submission of documents: from 04 August 2020 to 05 September 2025 to the Admission Committee.

Stage II of the admission process: competitive selection procedure from 08 September 2025 to 12 September 2025.

Stage III of the admission process: an oral examination in English a qualification interview, held from 15 September 2024 to 18 September 2025; publication of the ranking list on 19 September 2025.

§4

Assessment of academic achievements and candidate qualification

1. Candidate qualification is conducted by the Selection Committee in Stages II and III of the admission process.
2. Stage II of the admission process: preliminary qualification based on the Candidate's documented scientific achievements

   a. publication(s):

   – articles published in journals without an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNiSW), in which the Candidate is the sole author – 4 points for each article,

– articles published in journals without an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNiSW), in which the Candidate is a co-author – 2 points for each article,

– a monograph or a chapter in a monograph published by a publisher listed by the Ministry of Science and Higher Education (MNiSW) where the Candidate is the sole author – 4 points per publication,

– a monograph or a chapter in a monograph published by a publisher listed by the Ministry of Science and Higher Education (MNiSW) where the Candidate is a co-author – 2 points per publication,

– articles published in journals with an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNiSW), in which the Candidate is the first or sole author – 15 points for each article,

– articles published in journals with an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNiSW), in which the Candidate is a co-author – 12 points for each article,

b. active participation in a conference/conferences – 2 points (none: 0 points),

c. active participation in a scientific club/clubs – 2 points (none: 0 points),

d. participation in the implementation of a research grant/grants financed through a competitive call – 4 points (0 points if none).

3. A maximum of ten candidates selected according to the ranking list from the preliminary qualification stage shall advance to Stage III of the admission process, provided that they have obtained points for at least one of the research achievements specified in §4(2).
4. If more than one Candidate occupies position 10 on the ranking list with the same number of points, all Candidates with that score progress to Stage III.
5. Stage III of the admission process: English-language examination and interview: a. English-language examination – conducted by a language instructor (score: 0-5 points),

b. the interview will be conducted by a Selection Committee composed of four members (each of the four members awards 0-10 points), resulting in a final score being the sum of points awarded: 0-40 points

6. If a member of the Selection Committee is the Candidate's academic adviser, that member is excluded from the Committee's work and replaced by another Committee member.
7. The exclusion of a Committee member from assessing a particular Candidate is recorded in the Committee's minutes.

8. A representative of the Doctoral Students' Government may participate in the qualification interview as an observer, without the right to evaluate the Candidate.
9. The purpose of the interview is to assess the Candidate's aptitude for scientific work and research interests. During the interview, the Committee evaluates the Candidate's statements concerning:
    a. the presented research project (including, in particular, the originality of the research problem within the discipline of physical culture sciences; the aim; research questions or hypotheses; research design; research methodology; feasibility of research and the bibliography relevant to the project, etc.)
    b. the scientific achievements presented, with a clear specification of the candidate's contribution to each publication,
    c. previous research experience, including work in research teams,
    d. contacts and collaboration with other research institutions (including international institutions).
10. The outcome of the qualification procedure is the total number of points awarded to the Candidate for their scientific achievements, the examination in English and the interview.
11. The final admission score is calculated as the sum of points obtained in Stages II and III, together with the Candidate's grade-point average from master's studies, converted into points using the following multipliers: up to 4.29 x 1.0; 4.30-4.50 × 1.5; 4.51-5.0 x2.
12. A Candidate may be admitted to the Doctoral School if they obtain at least 30 points in the admission process.
13. On the basis of the final scores, a ranking list is prepared.
14. The five Candidates who meet the requirement set out in section 12 and obtain the highest number of points are admitted to the Doctoral School; the remaining Candidates are placed on the reserve list in order of ranking.
15. In the event that it is not possible to determine the list of Candidates admitted to the Doctoral School considering that the last admitted Candidate has the same number of points as at least one subsequent Candidate, an additional criterion is applied: the grade-point average from the final semester of master's studies, converted into points using a multiplier of 1. This value determines the Candidate's overall admission score.

§5
Admission to the Doctoral School outside the standard limit

1. Candidates recruited to participate in projects carried out under research programmes at the Wroclaw University of Health and Sport Sciences may be admitted to the Doctoral School outside the standard limit, provided that funding for their doctoral scholarship is secured from the project (Resolution No. 16/2025 of the Rector of the Wroclaw University of Health and Sport Sciences of 30 January 2025).
2. A Candidate meeting the above requirement must submit a document confirming participation in the research project and a document confirming the funding of the doctoral scholarship from that project, certified by the Vice-Rector for Research.
3. Admission for such Candidates is carried out in accordance with the admission rules described in §3-4 (Stages I-III).
4. A candidate applying for a place outside the quota must obtain no less than 30 points as defined in §1(8).

§6
Admission of foreign nationals to the Doctoral School

1. Foreign nationals may commence and pursue training in doctoral schools in accordance with Article 323 of the Law on Higher Education and Science, based on:
   a. international agreements, under the terms specified therein;
   b. agreements concluded by the University with foreign entities, under the terms specified therein;
   c. a decision of the minister;
   d. a decision of the Director of the Polish National Agency for Academic Exchange (NAWA) with regard to NAWA scholarship holders;
   e. a decision of the Director of the National Science Centre (NCN) granting funds for basic research in the form of a research project, fellowship or scholarship awarded in a competitive procedure;
   f. an administrative decision of the Rector, the Director of an institute of the Polish Academy of Sciences (PAN), the Director of a research institute or the Director of an international institute.
2. A candidate who meets one of the conditions specified in section 1 may take part in the admission process.

3. The admission process of international candidates follows the rules set out in §§1-4, as well as the principles laid down in the Senate Resolution of the Wroclaw University of Health and Sport Sciences concerning the admission rules and procedure for foreign applicants whose educational qualifications were obtained abroad.
4. The candidate may send scans of the documents referred to in §2 by e-mail to the address of the Admission Committee. The original documents must be submitted to the Admission Committee no later than 5 September 2025.
5. The documents referred to in section 4 may be sent by Polish postal mail or by courier. The submission date is understood as the date on which the documents are received by the Admission Committee
6. The Director of the Doctoral School verifies whether the documentation submitted by the candidate is complete.
7. Failure to submit all required documents referred to in sections 4-5 results in the candidate not being admitted to the next stage of the admission procedure. The candidate is informed of this via the Internet Candidate Registration system (IRK).
8. The assessment of academic achievements and the qualification of an international candidate are carried out according to the rules described in §4.
9. On the basis of the ranking list referred to in §4(13), the Rector issues an administrative decision on the admission of the international candidate to the Doctoral School.
10. An administrative decision of the Rector is not required in cases listed in section 1(c–e).
11. Following the Rector's administrative decision, the international candidate is entered on the list of doctoral students.
12. The Rector's administrative decision referred to in section 9 may be subject to a request for reconsideration or a complaint to the administrative court.

§7
Concluding remarks

1. Admission to the Doctoral School is based on the ranking list, excluding Candidates admitted beyond the limit of five places (§5).
2. The results of the admission process are public.
3. Admission to the Doctoral School is granted through entry on the list of doctoral students.
4. Five candidates who meet the requirement set out in § 4(14) and obtain the highest scores will be entered on the list of admitted candidates, provided they submit a written

confirmation of their intention to undertake education in the Doctoral School at the University School of Physical Education in Wrocław by 26 September 2025 (the declaration form is available on the Doctoral School website under “Admissions 2025-2026”). Failure to submit the confirmation of undertaking education in the Doctoral School will result in non-admission to the Doctoral School at the University School of Physical Education in Wrocław.

5. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.

Admission to the Doctoral School

at the Wroclaw University of Health and Sport Sciences

for the 2025/2026 academic year

<table>
<tr><td colspan="3">Admission procedure
04 August to 19 September 2025</td></tr>
<tr><td rowspan="2">Stage I:
4 August - 5 September 2025</td><td colspan="2">Competition procedure</td></tr>
<tr><td>Stage II of the admission process
8 September - 12 September 2025</td><td>Stage III of the admission process
15 September - 19 September 2025</td></tr>
<tr><td>- electronic registration
04 August - 31 August 2025

- submission of documents
4 August - 5 September 2025</td><td>- preliminary evaluation of Candidates based on the documents confirming their scientific achievements
8 September - 12 September 2025

- preparation of a ranking list and selection of the 10 candidates with the highest scores for scientific achievements
12 September 2025</td><td>- oral examination in English and interview
15 September - 18 September 2025

- publication of the ranking list
19 September 2025

- a written confirmation of commencement of training in the Doctoral School by 26 September 2025.</td></tr>
<tr><td>All candidates</td><td>A maximum of ten candidates selected according to the ranking list from the preliminary qualification stage shall advance to Stage III of the admission process, provided that they have obtained points for at least one of the research achievements specified in §4(2) of the Regulations.*</td><td>5 candidates with the highest scores</td></tr>
</table>

Recruitment Committee **Competition Commission**

*If more than one Candidate occupies position 10 on the ranking list with the same number of points, all Candidates with that score progress to Stage III.

Scoring:

Stage II of the admission process **preliminary selection of candidates based on documented scientific achievements**	
ACHIEVEMENT	**POINTS**
• articles published in journals without an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNiSW), in which the Candidate is the sole author	**4 points for each publication**
• articles published in journals without an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNiSW), in which the Candidate is a co-author	**2 points for each publication**
• a monograph or a chapter in a monograph published by a publisher listed by the Ministry of Science and Higher Education (MNiSW) where the Candidate is the sole author	**4 points for each publication**
• a monograph or a chapter in a monograph published by a publisher listed by the Ministry of Science and Higher Education (MNiSW) where the Candidate is a co-author	**2 points for each publication**
• articles published in journals with an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNiSW), in which the Candidate is the first or sole author	**15 points for each publication**
• articles published in journals with an Impact Factor which, in the year of publication, were included in the list of the Polish Ministry of Science and Higher Education (MNiSW), in which the Candidate is a co-author	**12 points for each publication**
• active participation in conferences/conferences	**2 points (none: 0 points)**
• active participation in a scientific club/clubs	**2 points (none: 0 points)**

• participation in the implementation of a research grant/grants financed through a competitive call	**4 points (none: 0 points)**

Stage III of the admission process oral examination in English and interview	
examination in English is conducted by a language examiner	**0-5 points**
interview – Selection Committee	each of the four members of the committee awards a score ranging from **0 to 10 points** total score: **0-40 points**
grade-point average from master's studies, converted into points using the following multipliers:	**up to 4.29 x 1.0** **4.30-4,50 x 1,5** **4.51-5,0 x2**
Admission to the Doctoral School based on the ranking list.	Score threshold – not less than **30 points**

.....
Place and date

Declaration
of commencement of studies at the Doctoral School

at the Wroclaw University of Health and Sport Sciences

CANDIDATE DETAILS:

1. Last name: .....
2. First name(s): .....
3. PESEL (Personal Identification Number): .....

I hereby declare that, in accordance with the Admission Rules for the Doctoral School for the 2025/2026 academic year (Resolution No. 5/2025 of the Senate of the Wroclaw University of Health and Sport Sciences dated 27 February 2025), I undertake to commence training at the Doctoral School of the Wroclaw University of Health and Sport Sciences in the 2025/2026 academic year.

.....
(date and legible signature of applicant)

Ordinance No. 70-2025 Appointment of the 2025-26 Selection Committee

Ordinance No. 70/2025
of the Rector
of the Wroclaw University of Health and Sport Sciences
of 28 July 2025

regarding: the appointment of the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2025/2026 academic year

pursuant to: pursuant to Article 23(1–2) in conjunction with Article 200(2) of the Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws of 2024, item 1571, as amended), hereinafter referred to as the Act, as well as §1(1) and (9) of the Annex to Senate Resolution No. 5/2025 of 27 February 2025 on the admission rules for the Doctoral School for the 2025/2026 academic year

it is decreed as follows:

§ 1

1. I hereby appoint the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2025/2026 academic year, in the following composition:
   Chair: dr hab. Jadwiga Pietraszewska, prof. AWF Wrocław
   Members: prof. dr hab. Marek Woźniewski
   dr hab. Dariusz Mroczek, prof. AWF Wrocław
   dr hab. Krzysztof Pezdek, prof. AWF Wrocław
   dr hab. Tomasz Sipko, prof. AWF Wrocław
   language examine: mgr Magdalena Krygiel-Bartoszewicz
2. Administrative support for the Selection Committee is provided by the Doctoral School Office.

§ 2

1. The Selection Committee conducts the preliminary qualification of Candidates based on the submitted documents regarding their scientific achievements and prepares a ranking list, from which up to ten Candidates with the highest scores are selected to advance to Stage III of the admission process.
2. Stage III of the admission process will be held on the following dates:
   15 September 2025 – oral examination in English,
   17 September 2025 – interview.

§ 3

I entrust supervision over the organisation of the qualification procedure to the Admission Committee.

§ 4

The Ordinance shall become effective as of the date of signature.

Rector

dr hab. Tadeusz Stefaniak, prof. AWF Wrocław

Ordinance No. 48/2025 – changes to the composition of the 2025-2026 Admission Committee

Ordinance No. 48/2025
of the Rector
of the Wroclaw University of Health and Sport Sciences
of 18 April 2025

regarding: changes to the composition of the Admission Committee established by Rector's Ordinance No. 12/2025

Pursuant to: Article 23(2)(2) in conjunction with Article 72(1) of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text of Journal of Laws of 2024, item 1571, as amended), and § 59(5) of the Statute of the Wroclaw University of Health and Sport Sciences, adopted by Senate Resolution No. 35/2024 of 12 September 2024,

I hereby decree as follows:

§ 1

I hereby amend the composition of the Admission Committee appointed by Rector's Order No. 12/2025 of 30 January 2025 concerning the admission of candidates to the first year of studies at the University School of Physical Education in Wrocław for the 2025/2026 academic year, as follows:

1. I hereby appoint Ms Elżbieta Jackowska as the second Deputy Head of the Secretariat to the Committee
2. and remove Ms Kamila Cierniak from the Committee Secretariat.

§ 2

In all other respects, Rector's Order No. 12/2025 of 30 January 2025 shall remain unchanged.

§ 3

The Ordinance shall become effective as of the date of signature.

Rector

dr hab. Tadeusz Stefaniak, prof. AWF Wrocław

Ordinance No. 12-2025 Appointment of the 2025-26 Admission Committee

Ordinance No. 12/2025
of the Rector
of the Wroclaw University of Health and Sport Sciences
of 30 January 2025

regarding: the admission of candidates to the first year of studies at the Wroclaw University of Health and Sport Sciences for the 2025/2026 academic year.

Pursuant to: Article 23(2)(2) in conjunction with Article 72(1) of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text of Journal of Laws of 2024, item 1571, as amended), and § 59(5) of the Statute of the Wroclaw University of Health and Sport Sciences, adopted by Senate Resolution No. 35/2024 of 12 September 2024,

I hereby decree as follows:

§ 1

The Admission Committee is hereby appointed to conduct the admission procedure for all degree programmes offered at the Wroclaw University of Health and Sport Sciences. The admission period for all degree programmes taught in Polish at the University is set from 1 June 2025 to 30 September 2025. The admission period for all degree programmes taught in English at the University is set from 1 February 2025 to 30 September 2025. The admission period for the Doctoral School is set from 4 August 2025 to 19 September 2025.

§ 2

For the purpose of conducting the admission process for the first year of studies, I hereby appoint the **Admission Committee** in the following composition:

Chair – **dr Dominika Zawadzka**

Deputy Chair – **dr Anna Sebastjan**

Secretary – **mgr inż. Ewa Derwich**

Head of the Secretariat – **mgr inż. Izabela Ubowska**

Deputy Head of the Secretariat – **mgr Magdalena Zagrobelna**

Coordinator of the Physiotherapy Faculty – **dr Rafał Bugaj**

Coordinator of the Faculty of Physical Education and Sport – **dr Justyna Andrzejewska**

Director of the Doctoral School – **prof. dr hab. Katarzyna Kisiel-Sajewicz**

Representatives of the Students' Government – **Magdalena Kimel,**
Lidia Bar,

Representatives of the Doctoral Students' Government – **mgr Agata Tomaszczyk,**
mgr Adrian Drożdżowski

§ 3

For the purpose of conducting the admission process for the first year of studies, I hereby appoint the **Secretariat of the Admission Committee** in the following composition:

dr Dorota Wojna

dr Magdalena Siemiatycka

dr Dorota Jakubiec

dr Łukasz Kamiński

dr Anna Malska-Śmiałowska

dr Katarzyna Kochan-Jacheć

dr inż. Anna Broniecka

mgr Paulina Jabłońska

mgr Zuzanna Gadkowska

mgr Agata Tomaszczyk

mgr Hanna Naleśniak

mgr Adriana Lechka-Mioduszewska

mgr inż. Maciej Kosim

Kamila Cierniak

Admission to the Doctoral School – **mgr Anna Cierniak**

IT support – a staff member of the IT Centre.

Administrative support – staff members of the Chancellery.

§ 4

1. **The duties of the Chair of the Admission Committee shall include, in particular, the following:**

- organisational preparation and establishing the timetable of the Committee's work for conducting the admission process in accordance with the conditions and procedure of the qualification process for individual degree programmes, levels and modes of study, as set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences, as well as in the Act and its implementing regulations;
- defining tasks for the members of the Admission Committee;
- exercising substantive supervision of the work of the Committee, in accordance with the conditions and procedure of the qualification process laid down in the above Resolution;
- exercising supervision of the work of the Secretariat of the Committee;
- decision-making regarding documentation and qualification scoring of foreign candidates and candidates holding secondary school certificates obtained outside Poland;
- approving candidate lists and reports on the qualification process for candidates admitted to studies, prepared on the basis of verification compliant with the admission procedure for a given programme and within the established admission limits;

- approving the lists of admitted candidates and signing decisions on non-admission to the first year of studies;
- considering letters and appeals submitted by candidates and meeting with applicants;
- chairing meetings of the Admission Committee.

2. The duties of the Head of the Secretariat of the Admission Committee shall include, in particular, the following:

- organisational preparation and establishing the timetable of the Secretariat's work for conducting the admission process in accordance with the conditions and procedure of the qualification process for individual degree programmes, levels and modes of study, as set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences, as well as in the Act and its implementing regulations;
- defining the detailed scope of duties and tasks of members of the Secretariat;
- ensuring the availability of required forms, office materials and equipment necessary for the work of the Secretariat;
- supervising the Secretariat's work, particularly regarding verification and completeness of candidate documentation and electronic data entry;
- supervising the preparation of reports on the qualification process for candidates admitted to studies, based on verification compliant with the admission procedure for a given programme and within the established admission limits;
- preparing reports on the course of the admission process;
- providing information regarding admission procedures, including by telephone and e-mail;
- participating in meetings of the Admission Committee;
- providing the relevant dean's offices with the lists and full documentation of candidates admitted to the first year of studies in each degree programme, in accordance with the decisions of the Admission Committee.

3. The duties of the Secretariat of the Admission Committee shall include, in particular, the following:

- conducting the admission process in accordance with the conditions and procedure of the qualification process set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and the regulations of the Ministry of Science and Higher Education;
- receiving and verifying documentation of candidates qualified for individual degree programmes, levels and modes of study, in accordance with the admission conditions and procedure contained in the applicable Senate Resolution, Act and implementing regulations;

- certifying copies of documents as true to the original;
- maintaining the correspondence register;
- maintaining and completing mandatory documentation and scoring in the electronic admission system (entering and updating data);
- notifying candidates, where their documents are submitted by post, of any deficiencies in their documentation;
- preparing lists and reports with the results of the qualification process for candidates in individual degree programmes, levels and modes of study;
- preparing documentation for issuing decisions on admission or non-admission to the first year of studies;
- sending decisions on non-admission to candidates (including returning documentation of non-admitted candidates);
- preparing reports/lists of candidates admitted to studies, drawn up on the basis of verification compliant with the admission procedure for a given programme and within the established admission limits;
- providing candidates with information regarding admission procedures, including by telephone and e-mail;
- providing the relevant dean's offices with the lists of candidates admitted to the first year of studies together with the required documentation;
- performing other tasks assigned by the Secretary of the Admission Committee and the Head of the Secretariat for the Admission Committee;
- preparing admission documentation for submission to the University Archive.

4. The duties of the Secretary of the Admission Committee shall include, in particular, the following:

- supervising the work of the Committee in accordance with the conditions and procedure of the qualification process set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences, the Act and its implementing regulations;
- supervising the work of the Secretariat, particularly regarding the completeness and registration of documents;
- preparing the forms for admission documentation (decisions) and preparing the substantive content of letters addressed to candidates;
- preparing documentation and qualification scoring of foreign candidates and candidates holding secondary school certificates obtained outside Poland;
- supervising the preparation of reports on the qualification process for candidates admitted and not admitted to individual degree programmes, levels and modes of study, based on

verification compliant with the admission procedure for a given programme and within the established admission limits;

- maintaining reporting and statistics regarding the admission process;
- participating in meetings of the Admission Committee;
- preparing and submitting the final report (in writing) on the course of the admission process.

§ 5

The Admission Committee is appointed for the period from the entry into force of this Ordinance until the Appointment of the Admission Committee for the next academic year.

§ 6

Academic teachers and administrative staff employed at the Wroclaw University of Health and Sport Sciences shall receive task-based allowances for their participation in the work of the Admission Committee, as set out in the Remuneration Regulations.

§ 7

The Ordinance shall become effective as of the date of signature.

Rector

dr hab. Tadeusz Stefaniak, prof. AWF Wrocław

Ordinance No. 56-2024 Change to the composition of the 2024-25 Selection Committee

Ordinance No. 56/2024
of the Rector
of the Wroclaw University of Health and Sport Sciences
of 16 September 2024

regarding: changes to the composition of the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2024/2025 academic year

pursuant to: Article 23(2)(2) in conjunction with Article 200(2) of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2023, item 742, as amended), and Senate Resolution No. 8/2024 of 29 February 2024 on the admission rules for the Doctoral School for the 2024/2025 academic year,

I hereby decree as follows:

§ 1

I hereby change the composition of the Selection Committee responsible for conducting the qualification procedure for candidates applying to the Doctoral School at the Wroclaw University of Health and Sport Sciences for 2024/2025 academic year, appointed by the Rector's Ordinance No. 36/2024 of 2 July 2024, by removing mgr Bronisław Wilczopolski from the Committee and appointing mgr Agnieszka Sikorska in his place.

§ 2

In all other respects, Rector's Order No. 36/2024 of 2 July 2024 shall remain unchanged.

§ 3

The Ordinance shall become effective as of the date of signature.

Rector
of
of the Wroclaw University of Health and Sport Sciences

dr hab. Tadeusz Stefaniak, prof. AWF Wrocław

Ordinance No. 36-2024 Appointment of the 2024-25 Selection Committee

Ordinance No. 36/2024
of the Rector
of the Wroclaw University of Health and Sport Sciences
of 02 July 2024

regarding: the appointment of the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2024/2025 academic year
pursuant to: Article 23(2)(2) in conjunction with Article 200(2) of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2023, item 742, as amended), and Senate Resolution No. 8/2024 of 29 February 2024 on the admission rules for the Doctoral School for the 2024/2025 academic year, I hereby decree as follows:

§ 1

I hereby appoint the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2024/2025 academic year.
in the following composition:
Chair: Director of the Doctoral School – dr hab. Małgorzata Mraz, prof. AWF
Members: prof. dr hab. Katarzyna Kisiel-Sajewicz
dr hab. Dariusz Mroczek, prof. AWF
prof. dr hab. Krzysztof Maćkała
dr hab. Jadwiga Pietraszewska, prof. AWF
language examiner: mgr Bronisław Wilczopolski
administrative services: mgr Anna Cierniak

§ 2

1. The Selection Committee conducts the preliminary qualification of Candidates based on the submitted documents regarding their scientific achievements and prepares a ranking list, from which up to ten Candidates with the highest scores are selected to advance to Stage III of the admission process.
2. Stage III of the admission process will be held on the following dates:
16 September 2024 – oral examination in English,
18 September 2024 – interview.

§ 3

I entrust supervision over the organisation of the qualification procedure to the Director of the Doctoral School.

§ 4

The Ordinance shall become effective as of the date of signature.

Rector
of
the Wroclaw University of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

Ordinance No. 33-2024 Appointment of the 2024-25 Admission Committee

ORDINANCE No. 33/2024
of the Rector
of the Wroclaw University of Health and Sport Sciences
of 12 June 2024.

regarding: the admission of candidates to the first year of studies at the Wroclaw University of Health and Sport Sciences for the 2024/2025 academic year.

pursuant to: Article 23(2)(2) in conjunction with Article 72(1) of the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws 2023, item 742, as amended), and § 63(5) of the Statute of the Wroclaw University of Health and Sport Sciences, **I hereby decree as follows:**

§ 1

The Admission Committee is hereby appointed to conduct the admission procedure for all study programmes offered at the Wroclaw University of Health and Sport Sciences commencing on 1 June 2024, and for the Doctoral School commencing on 12 August 2024.

§ 2

For the purpose of conducting the admission process for the first year of studies, I hereby appoint the **Admission Committee** in the following composition:

1. Chair – dr Agnieszka Pisula-Lewandowska, prof. AWF
2. Deputy Chair – dr Dominika Zawadzka
3. Secretary – mgr Anna Olszańska
4. Head of the Secretariat – mgr inż. Izabela Ubowska
5. Coordinator of the Physiotherapy Faculty – dr Dorota Wójtowicz, prof. AWF
6. Coordinator of the Faculty of Physical Education and Sport – dr hab. Marta Wieczorek, prof. AWF
7. Director of the Doctoral School
8. Representatives of the Students' Council – Kinga Kulińska
9. Representatives of the Doctoral Students' Government – mgr Agata Tomaszczyk

§ 3

For the purpose of conducting the admission process for the first year of studies, I hereby appoint the **Secretariat of the Admission Committee** in the following composition:

1. Head of the Secretariat – mgr inż. Izabela Ubowska
2. Deputy Head of the Secretariat– mgr inż. Ewa Derwich
3. Deputy Head of the Secretariat – mgr Magdalena Zagrobelna
4. Members:
   dr Jolanta Gnitecka
   mgr Elżbieta Jackowska
   dr Dorota Jakubiec
   mgr inż. Maciej Kosim
   mgr Adrianna Lechka-Mioduszewska
   mgr Ligia Poniatowska
   dr Anna Sebastjan
   mgr Magdalena Siemiatycka
   dr Piotr Załęcki
5. IT support – a staff member of the IT Centre.
6. Administrative support – staff members of the Chancellery.
7. Admission to the Doctoral School – mgr Anna Cierniak.
8. Staff Member of the Careers and Admissions Office.

§ 4

1. The duties of the Chair of the Admission Committee shall include,

in particular, the following:

- organisational preparation and establishing the timetable of the Committee's work for conducting the admission process in accordance with the conditions and procedure of the qualification process for individual degree programmes, levels and modes of study, as set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences, as well as in the Act and its implementing regulations;
- defining tasks for the members of the Admission Committee;
- exercising substantive supervision of the work of the Committee, in accordance with the conditions and procedure of the qualification process laid down in the above Resolution;
- exercising supervision of the work of the Secretariat of the Committee;
- decision-making regarding documentation and qualification scoring of foreign candidates and candidates holding secondary school certificates obtained outside Poland;
- approving candidate lists and reports on the qualification process for candidates admitted to studies, prepared on the basis of verification compliant with the admission procedure for a given programme and within the established admission limits;
- approving the lists of admitted candidates and signing decisions on non-admission to the first year of studies;
- considering letters and appeals submitted by candidates and meeting with applicants;
- chairing meetings of the Admission Committee.

2. The duties of the Head of the Secretariat of the Admission Committee shall include, in particular, the following:

- organisational preparation and establishing the timetable of the Secretariat's work for conducting the admission process in accordance with the conditions and procedure of the qualification process for individual degree programmes, levels and modes of study, as set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences, as well as in the Act and its implementing regulations;
- defining the detailed scope of duties and tasks of members of the Secretariat;
- ensuring the availability of required forms, office materials and equipment necessary for the work of the Secretariat;
- supervising the Secretariat's work, particularly regarding verification and completeness of candidate documentation and electronic data entry;
- supervising the preparation of reports on the qualification process for candidates admitted to studies, based on verification compliant with the admission procedure for a given programme and within the established admission limits;
- preparing reports on the course of the admission process;
- providing information regarding admission procedures, including by telephone and e-mail;
- participating in meetings of the Admission Committee;
- providing the relevant dean's offices with the lists and full documentation of candidates admitted to the first year of studies in each degree programme, in accordance with the decisions of the Admission Committee.

3. The duties of the Secretariat of the Admission Committee shall include, in particular, the following:

- conducting the admission process in accordance with the conditions and procedure of the qualification process set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Education and Science;

- receiving and verifying documentation of candidates qualified for individual degree programmes, levels and modes of study, in accordance with the admission conditions and procedure contained in the applicable Senate Resolution, Act and implementing regulations;
- certifying copies of documents as true to the original;
- maintaining the correspondence register;
- maintaining and completing mandatory documentation and scoring in the electronic admission system (entering and updating data);
- notifying candidates, where their documents are submitted by post, of any deficiencies in their documentation;
- preparing lists and reports with the results of the qualification process for candidates in individual degree programmes, levels and modes of study;
- preparing documentation for issuing decisions on admission or non-admission to the first year of studies;
- sending decisions on non-admission to candidates (including returning documentation of non-admitted candidates);
- preparing reports/lists of candidates admitted to studies, drawn up on the basis of verification compliant with the admission procedure for a given programme and within the established admission limits;
- providing candidates with information regarding admission procedures, including by telephone and e-mail;
- providing the relevant dean's offices with the lists of candidates admitted to the first year of studies together with the required documentation;
- performing other tasks assigned by the Secretary of the Admission Committee and the Head of the Secretariat for the Admission Committee;
- preparing admission documentation for submission to the University Archive.

4. The duties of the Secretary of the Admission Committee shall include, in particular, the following:

- supervising the work of the Committee in accordance with the conditions and procedure of the qualification process set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences, the Act and its implementing regulations;
- supervising the work of the Secretariat, particularly regarding the completeness and registration of documents;
- preparing the forms for admission documentation (decisions) and preparing the substantive content of letters addressed to candidates;
- preparing documentation and qualification scoring of foreign candidates and candidates holding secondary school certificates obtained outside Poland;
- supervising the preparation of reports on the qualification process for candidates admitted and not admitted to individual degree programmes, levels and modes of study, based on verification compliant with the admission procedure for a given programme and within the established admission limits;
- maintaining reporting and statistics regarding the admission process;
- participating in meetings of the Admission Committee;
- preparing and submitting the final report (in writing) on the course of the admission process.

§ 5

The Admission Committee is appointed for the period from the entry into force of this Ordinance until the Appointment of the Admission Committee for the next academic year.

§ 6

1. Academic teachers and administrative staff employed at the Wroclaw University of Health and Sport Sciences shall receive task-based allowances (paid as a one-off or on a monthly basis) for their participation in the work of the Admission Committee.

2. The task-based allowance is financed from the fees paid by applicants seeking admission to the first year of studies offered at the Wroclaw University of Health and Sport Sciences in the 2024/2025 academic year, on the basis of payment lists signed by the Chair of the Admissions Committee and approved by the Rector.

§ 7

The Ordinance shall become effective as of the date of signature.

RECTOR
of
the Wroclaw University of Health and Sport Sciences – prof. dr hab. Andrzej Rokita

Ordinance No. 51-2023 Appointment of the 2023-24 Selection Committee

Ordinance No. 51/2023
of the Rector
of the Wroclaw University of Health and Sport Sciences
of 10 July 2023

regarding: the appointment of the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2023/2024 academic year

pursuant to: Article 28(2)(2) in conjunction with Article 200(2) of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2023, item 742), and Senate Resolution No. 5/2023 of 23 February 2023 on the admission rules for the Doctoral School,
I hereby decree as follows:

§ 1

I hereby appoint the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2023/2024 academic year.
in the following composition:
Chair: Director of the Doctoral School – dr hab. Małgorzata Mraz, prof. AWF
Members: prof. dr hab. Katarzyna Kisiel- Sajewicz
dr hab. Dariusz Mroczek, prof. AWF
prof. dr hab. Krzysztof Maćkała,
dr hab. Tomasz Sipko, prof. AWF
language examiner: mgr Bronisław Wilczopolski
administrative services: mgr Anna Cierniak

§ 2

1. The Selection Committee conducts the preliminary qualification of Candidates based on the submitted documents regarding their scientific achievements and prepares a ranking list, from which up to ten Candidates with the highest scores are selected to advance to Stage III of the admission process.
2. Stage III of the admission process will be held on the following dates:
8-19 September 2023 – oral examination in English,
19-20 September 2022 – interview.

§ 3

I entrust supervision over the organisation of the qualification procedure to the Director of the Doctoral School.

§ 4

The Ordinance shall become effective as of the date of signature.

Rector
of
the Wroclaw University
of Health and Sport Sciences
prof. dr hab. Andrzej Rokita

Ordinance No. 43-2023 Appointment of the 2023-24 Admission Committee

ORDINANCE No. 43/2023
of the Rector of the Wroclaw University
of Health and Sport Sciences
of 14 June 2023

regarding: the admission of candidates to the first year of studies at the Wroclaw University of Health and Sport Sciences for the 2023/2024 academic year.

pursuant to: Article 23(2)(2) in conjunction with Article 72(1) of the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws 2023, item 742), and § 63(5) of the Statute of the Wroclaw University of Health and Sport Sciences,
I hereby decree as follows:

§ 1

The Admission Committee is hereby appointed to conduct the admission procedure for all study programmes offered at the Wroclaw University of Health and Sport Sciences commencing on 1 June 2023, and for the Doctoral School commencing on 21 August 2023.

§ 2

For the purpose of conducting the admission process for the first year of studies, I hereby appoint the **Admission Committee** in the following composition:

1. Chair – dr Agnieszka Pisula-Lewandowska
2. Deputy Chair – dr hab. Ryszard Bartoszewicz, prof. AWF
3. Secretary – mgr Anna Olszańska
4. Head of the Secretariat – mgr inż. Izabela Ubowska
5. Coordinator of the Physiotherapy Faculty – dr Dorota Wójtowicz
6. Coordinator of the Faculty of Physical Education and Sport – dr hab. Aneta Stosik, prof. AWF
7. Director of the Doctoral School – dr hab. Małgorzata Mraz, prof. AWF
8. Representatives of the Students' Council – Dominika Stęchły
9. Representatives of the Doctoral Students' Government – mgr Marcin Smolarek

§ 3

For the purpose of conducting the admission process for the first year of studies, I hereby appoint the **Secretariat of the Admission Committee** in the following composition:

1. Head of the Secretariat – mgr inż. Izabela Ubowska
2. Deputy Head of the Secretariat – mgr inż. Ewa Gigołła
3. Deputy Head of the Secretariat – mgr Magdalena Zagrobelna
4. Members:
   mgr Elżbieta Jackowska
   mgr Adrianna Lechka-Mioduszewska
   mgr inż. Karolina Lorek
   mgr Marzena Parafińska
   mgr Ligia Poniatowska
   dr Anna Sebastjan
   mgr Magdalena Siemiatycka
   dr Piotr Załęcki
5. IT support – a staff member of the IT Centre.
6. Administrative support – staff members of the Chancellery.
7. Admission to the Doctoral School – mgr Anna Cierniak.
8. Staff Member of the Careers and Admissions Office.

§ 4

1. The duties of the Chair of the Admission Committee shall include,
in particular, the following:
- organisational preparation and establishing the timetable of the Committee's work for conducting the admission process in accordance with the conditions and procedure of the qualification process for individual degree programmes, levels and modes of study, as set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences, as well as in the Act and regulations issued by the Ministry of Education and Science;
- defining tasks for the members of the Admission Committee;
- exercising substantive supervision of the work of the Committee, in accordance with the conditions and procedure of the qualification process laid down in the above Resolution;
- exercising supervision of the work of the Secretariat of the Committee;
- decision-making regarding documentation and qualification scoring of foreign candidates and candidates holding secondary school certificates obtained outside Poland;
- approving candidate lists and reports on the qualification process for candidates admitted to studies, prepared on the basis of verification compliant with the admission procedure for a given programme and within the established admission limits;
- approving the lists of admitted candidates and signing decisions on non-admission to the first year of studies;
- considering letters and appeals submitted by candidates and meeting with applicants;
- chairing meetings of the Admission Committee.

2. The duties of the Head of the Secretariat of the Admission Committee shall include, in particular, the following:
- organisational preparation and establishing the timetable of the Secretariat's work for conducting the admission process in accordance with the conditions and procedure of the qualification process for individual degree programmes, levels and modes of study, as set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Education and Science;
- defining the detailed scope of duties and tasks of members of the Secretariat;
- ensuring the availability of required forms, office materials and equipment necessary for the work of the Secretariat;
- supervising the Secretariat's work, particularly regarding verification and completeness of candidate documentation and electronic data entry;
- supervising the preparation of reports on the qualification process for candidates admitted to studies, based on verification compliant with the admission procedure for a given programme and within the established admission limits;
- preparing reports on the course of the admission process;
- providing information regarding admission procedures, including by telephone and e-mail;
- participating in meetings of the Admission Committee;
- providing the relevant dean's offices with the lists and full documentation of candidates admitted to the first year of studies in each degree programme, in accordance with the decisions of the Admission Committee.

3. The duties of the Secretariat of the Admission Committee shall include, in particular, the following:
- conducting the admission process in accordance with the conditions and procedure of the qualification process set out in the applicable Resolution of the Senate of the Wroclaw

University of Health and Sport Sciences and regulations issued by the Ministry of Education and Science;
- receiving and verifying documentation of candidates qualified for individual degree programmes, levels and modes of study, in accordance with the admission conditions and procedure contained in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Education and Science;
- certifying copies of documents as true to the original;
- maintaining the correspondence register;
- maintaining and completing mandatory documentation and scoring in the electronic admission system (entering and updating data);
- notifying candidates, where their documents are submitted by post, of any deficiencies in their documentation;
- preparing lists and reports with the results of the qualification process for candidates in individual degree programmes, levels and modes of study;
- preparing documentation for issuing decisions on admission or non-admission to the first year of studies;
- sending decisions on non-admission to candidates (including returning documentation of non-admitted candidates);
- preparing reports/lists of candidates admitted to studies, drawn up on the basis of verification compliant with the admission procedure for a given programme and within the established admission limits;
- providing candidates with information regarding admission procedures, including by telephone and e-mail;
- providing the relevant dean's offices with the lists of candidates admitted to the first year of studies together with the required documentation;
- performing other tasks assigned by the Secretary of the Admission Committee and the Head of the Secretariat for the Admission Committee;
- preparing admission documentation for submission to the University Archive.

4. The duties of the Secretary of the Admission Committee shall include, in particular, the following:
- supervising the work of the Committee in accordance with the conditions and procedure of the qualification process set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Education and Science;
- supervising the work of the Secretariat, particularly regarding the completeness and registration of documents;
- preparing the forms for admission documentation (decisions) and preparing the substantive content of letters addressed to candidates;
- preparing documentation and qualification scoring of foreign candidates and candidates holding secondary school certificates obtained outside Poland;
- supervising the preparation of reports on the qualification process for candidates admitted and not admitted to individual degree programmes, levels and modes of study, based on verification compliant with the admission procedure for a given programme and within the established admission limits;
- maintaining reporting and statistics regarding the admission process;
- participating in meetings of the Admission Committee;
- preparing and submitting the final report (in writing) on the course of the admission process.

§ 5

The Admission Committee is appointed for the period from the entry into force of this Ordinance until the Appointment of the Admission Committee for the next academic year.

§ 6

1. Academic teachers and administrative staff employed at the Wroclaw University of Health and Sport Sciences shall receive task-based allowances (paid as a one-off or on a monthly basis) for their participation in the work of the Admission Committee. Individuals not employed by the Wroclaw University of Health and Sport Sciences shall receive remuneration under a civil law contract.
2. The task-based allowance is financed from the fees paid by applicants seeking admission to the first year of studies offered at the Wroclaw University of Health and Sport Sciences in the 2023/2024 academic year, on the basis of payment lists signed by the Chair of the Admissions Committee and approved by the Rector.

§ 7

3. The Ordinance shall become effective as of the date of signature.

RECTOR
of
of the Wroclaw University of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

Ordinance No. 70-2022 Appointment of the 2022-23 Selection Committee

Ordinance No. 70/2022
of the Rector of the Wroclaw University of Health and Sport Sciences
of 29 June 2022

regarding: the appointment of the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2022/2023 academic year

pursuant to: Article 28(2)(2) in conjunction with Article 200(2) of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2022, item 574, as amended), and Senate Resolution No. 10/2022 of 25 February 2022 on the admission rules for the Doctoral School,

I hereby decree as follows:

§ 1

I hereby appoint the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2022/2023 academic year.

in the following composition:

Chair: Director of the Doctoral School – dr hab. Małgorzata Mraz, prof. AWF

Members: dr hab. Katarzyna Kisiel- Sajewicz, prof. AWF
dr hab. Dariusz Mroczek, prof. AWF
prof. dr hab. Krzysztof Maćkała,
dr hab. Tomasz Sipko, prof. AWF
instructor examine: Maciej Erbert
administrative services: mgr Anna Cierniak

§ 2

1. The Selection Committee conducts the preliminary qualification of Candidates based on the submitted documents regarding their scientific achievements and prepares a ranking list, from which up to ten Candidates with the highest scores are selected to advance to Stage III of the admission process.

2. Stage III of the admission process will be held on the following dates:
19 September 2022 – oral examination in English,
20 September 2022 – interview.

§ 3

I entrust supervision over the organisation of the qualification procedure to the Director of the Doctoral School.

§ 4

The Ordinance shall become effective as of the date of signature.

Rector
of the Wroclaw University of Health and Sport Sciences
prof. dr hab. Andrzej Rokita

Ordinance No. 66-2022 Appointment of the 2022-23 Admission Committee

ORDINANCE No. 66/2022
of the Rector of the Wroclaw University of Health and Sport Sciences
of 23 June 2022

regarding: the admission of candidates for the first year of full-time and part-time studies of the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2022/2023 academic year.

pursuant to: Article 23(2)(2) in conjunction with Article 72(1) of the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2022, item 574, as amended), and § 63(5) of the Statute of the Wroclaw University of Health and Sport Sciences,
I hereby decree as follows:

§ 1

The Admission Committee is hereby appointed to conduct the admission procedure for all study programmes offered at the Wroclaw University of Health and Sport Sciences commencing on 1 June 2022, and for the Doctoral School commencing on 1 August 2022.

§ 2

For the purpose of conducting the admission process for the first year of studies, I hereby appoint the **Admission Committee** in the following composition:

1. Chair – dr Agnieszka Pisula-Lewandowska
2. Deputy Chair – dr hab. Ryszard Bartoszewicz, prof. AWF
3. Deputy Chair – prof. dr hab. Małgorzata Słowińska-Lisowska
4. Secretary – mgr Anna Olszańska
5. Head of the Secretariat – mgr inż. Izabela Ubowska
6. Coordinator of the Physiotherapy Faculty – dr Dorota Wójtowicz
7. Coordinator of the Faculty of Physical Education and Sport – dr hab. Aneta Stosik-Sołtyk
8. Director of the Doctoral School – dr hab. Małgorzata Mraz, prof. AWF
9. Representatives of the Students' Council – Alicja Juszczak
10. Representatives of the Doctoral Students' Government – Marcin Smolarek

§ 3

For the purpose of conducting the admission process for the first year of studies, I hereby appoint the **Secretariat of the Admission Committee**
in the following composition:

1. Head of the Secretariat – mgr inż. Izabela Ubowska
2. Deputy Head of the Secretariat – mgr inż. Ewa Gigołła
3. Deputy Head of the Secretariat – mgr Magdalena Zagrobelna
4. Members:
   Bożena Filipiak,
   mgr Elżbieta Jackowska,
   mgr Adrianna Lechka-Mioduszewska,
   Agnieszka Lenczewska-Krawczyk,
   mgr Karolina Lorek,
   mgr inż. Maciej Kosim,
   Elżbieta Krzesaj,
   mgr Marzena Parafińska,
   mgr Ligia Poniatowska,
   dr Paweł Posłuszny,
   dr Anna Sebastjan,
   mgr Magdalena Siemiatycka,
   mgr inż. Łukasz Szumowski,
   dr Piotr Załęcki,

mgr Justyna Żurawek.

5. IT support – a staff member of the IT Centre.
6. Administrative support – staff member of the Chancellery.
7. Admission to the Doctoral School – mgr Anna Cierniak.

§ 4

1. The duties of the Chair of the Admission Committee shall include,
in particular, the following:
- organisational preparation and establishing the timetable of the Committee's work for conducting the admission process in accordance with the conditions and procedure of the qualification process for individual degree programmes, levels and modes of study, as set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences, as well as in the Act and regulations issued by the Ministry of Education and Science;
- defining tasks for the members of the Admission Committee;
- exercising substantive supervision of the work of the Committee, in accordance with the conditions and procedure of the qualification process laid down in the above Resolution;
- exercising supervision of the work of the Secretariat of the Committee;
- decision-making regarding documentation and qualification scoring of foreign candidates and candidates holding secondary school certificates obtained outside Poland;
- approving candidate lists and reports on the qualification process for candidates admitted to studies, prepared on the basis of verification compliant with the admission procedure for a given programme and within the established admission limits;
- approving the lists of admitted candidates and signing decisions on non-admission to the first year of studies;
- considering letters and appeals submitted by candidates and meeting with applicants;
- chairing meetings of the Admission Committee.

2. The duties of the Head of the Secretariat of the Admission Committee shall include, in particular, the following:
- organisational preparation and establishing the timetable of the Secretariat's work for conducting the admission process in accordance with the conditions and procedure of the qualification process for individual degree programmes, levels and modes of study, as set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Education and Science;
- defining the detailed scope of duties and tasks of members of the Secretariat;
- ensuring the availability of required forms, office materials and equipment necessary for the work of the Secretariat;
- supervising the Secretariat's work, particularly regarding verification and completeness of candidate documentation and electronic data entry;
- supervising the preparation of reports on the qualification process for candidates admitted to studies, based on verification compliant with the admission procedure for a given programme and within the established admission limits;
- preparing reports on the course of the admission process;
- providing information regarding admission procedures, including by telephone and e-mail;
- participating in meetings of the Admission Committee;
- providing the relevant dean's offices with the lists and full documentation of candidates admitted to the first year of studies in each degree programme, in accordance with the decisions of the Admission Committee.

3. The duties of the Secretariat of the Admission Committee shall include, in particular, the following:
- conducting the admission process in accordance with the conditions and procedure of the qualification process set out in the applicable Resolution of the Senate of the Wroclaw

University of Health and Sport Sciences and regulations issued by the Ministry of Education and Science;
- receiving and verifying documentation of candidates qualified for individual degree programmes, levels and modes of study, in accordance with the admission conditions and procedure contained in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Education and Science;
- certifying copies of documents as true to the original;
- maintaining the correspondence register;
- maintaining and completing mandatory documentation and scoring in the electronic admission system (entering and updating data);
- notifying candidates, where their documents are submitted by post, of any deficiencies in their documentation;
- preparing lists and reports with the results of the qualification process for candidates in individual degree programmes, levels and modes of study;
- preparing documentation for issuing decisions on admission or non-admission to the first year of studies;
- sending decisions on non-admission to candidates (including returning documentation of non-admitted candidates);
- preparing reports/lists of candidates admitted to studies, drawn up on the basis of verification compliant with the admission procedure for a given programme and within the established admission limits;
- providing candidates with information regarding admission procedures, including by telephone and e-mail;
- providing the relevant dean's offices with the lists of candidates admitted to the first year of studies together with the required documentation;
- performing other tasks assigned by the Secretary of the Admission Committee and the Head of the Secretariat for the Admission Committee;
- preparing admission documentation for submission to the University Archive.

4. The duties of the Secretary of the Admission Committee shall include, in particular, the following:
- supervising the work of the Committee in accordance with the conditions and procedure of the qualification process set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Education and Science;
- supervising the work of the Secretariat, particularly regarding the completeness and registration of documents;
- preparing the forms for admission documentation (decisions) and preparing the substantive content of letters addressed to candidates;
- preparing documentation and qualification scoring of foreign candidates and candidates holding secondary school certificates obtained outside Poland;
- supervising the preparation of reports on the qualification process for candidates admitted and not admitted to individual degree programmes, levels and modes of study, based on verification compliant with the admission procedure for a given programme and within the established admission limits;
- maintaining reporting and statistics regarding the admission process;
- participating in meetings of the Admission Committee;
- preparing and submitting the final report (in writing) on the course of the admission process.

§ 5

The Admission Committee is appointed for the period from the entry into force of this Ordinance until the Appointment of the Admission Committee for the next academic year.

§ 6

1. Academic teachers and administrative staff employed at the Wroclaw University of Health and Sport Sciences shall receive task-based allowances (paid as a one-off or on a monthly basis) for their participation in the work of the Admission Committee.

2. The task-based allowance is financed from the fees paid by applicants seeking admission to the first year of studies offered at the Wroclaw University of Health and Sport Sciences in the 2022/2023 academic year, on the basis of payment lists signed by the Chair of the Admissions Committee and approved by the Rector.

§ 7

The Ordinance shall become effective as of the date of signature.

Rector
of
of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

Ordinance No. 62-2021 – Change to the composition of the 2021-22 Selection Committee

Ordinance No. 62/2021
of the Rector of the Wroclaw University of Health and Sport Sciences
of 14 September 2021

regarding: changes to composition of the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2021/2022 academic year

pursuant to: Article 28(2)(2) in conjunction with Article 200(2) of the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws 2021, item 478, as amended), § 69(9) of the Statute of the Wroclaw University of Health and Sport Sciences and Senate Resolution No. 5/2021 of 25 February 2021 on the rules of admission to the Doctoral School,

I hereby decree as follows:

§ 1

I hereby change the composition of the Selection Committee responsible for conducting the qualification procedure for candidates applying to the Doctoral School at the Wroclaw University of Health and Sport Sciences for 2021/2022 academic year, appointed by Ordinance No. 40/2021 of 16 July 2021, by removing Ms Anna Strużyk and appointing Ms Magdalena Kordas in her place.

§ 2

In all other respects, Rector's Order No. 40/2021 of 16 June 2021 shall remain unchanged.

§ 3

The Ordinance shall become effective as of the date of signature.

Rector
of
the Wroclaw University of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

Ordinance No. 40-2021 Appointment of the 2021-22 Selection Committee

Ordinance No. 40/2021
of the Rector of the Wroclaw University of Health and Sport Sciences
of 16 June 2021

regarding: the appointment of the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2021/2022 academic year

pursuant to: Article 28(2)(2) in conjunction with Article 200(2) of the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws 2021, item 478, as amended), § 69(9) of the Statute of the Wroclaw University of Health and Sport Sciences and Senate Resolution No. 5/2021 of 25 February 2021 on the rules of admission to the Doctoral School,

I hereby decree as follows:

§ 1

I hereby appoint the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2021/2022 academic year, in the following composition:

Chair: Director of the Doctoral School – dr hab. Małgorzata Mraz, prof. AWF

Members: dr hab. Katarzyna Kisiel- Sajewicz, prof. AWF
dr hab. Dariusz Mroczek, prof. AWF
dr hab. Krzysztof Maćkała, prof. AWF
dr hab. Tomasz Sipko, prof. AWF
mgr Anna Strużyk
administrative services: mgr Anna Cierniak

§ 2

1. The Selection Committee conducts the preliminary qualification of Candidates based on the submitted documents regarding their scientific achievements and prepares a ranking list, from which up to ten Candidates with the highest scores are selected to advance to Stage III of the admission process.
2. Stage III of the admission process will be held remotely, with the use of information technologies that allow for proper monitoring and recording, on the following dates:
20 September 2021 – oral examination in English via remote communication platform, 22 September 2021– interview via remote communication platform.

§ 3

I entrust supervision over the organisation of the qualification procedure to the Director of the Doctoral School.

§ 4

The Ordinance shall become effective as of the date of signature.

Rector
of
of Health and Sport Sciences

Prof. Dr. Andrzej Rokita

Ordinance No. 37-2021 Appointment of the 2021-22 Admission Committee

Ordinance No. 37/2021
of the Rector of the Wroclaw University of Health and Sport Sciences of 15 June 2021

regarding: the admission of candidates for the first year of full-time and part-time studies at the Wroclaw University of Health and Sport Sciences for the 2021/2022 academic year.

Pursuant to: Article 23(2)(2) in conjunction with Article 72(1) of the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws 2021, item 478, as amended), and § 63(5) of the Statute of the Wroclaw University of Health and Sport Sciences, **I hereby decree as follows:**

§ 1

The Admission Committee is hereby appointed to conduct the admission procedure for all study programmes offered at the Wroclaw University of Health and Sport Sciences commencing on 1 June 2021, and for the Doctoral School commencing on 2 August 2021.

§ 2

For the purpose of conducting the admission process for the first year of studies, I hereby appoint the **Admission Committee** in the following composition:

1. Chair – dr Agnieszka Pisula-Lewandowska
2. Deputy Chair – dr hab. Ryszard Bartoszewicz, prof. AWF
3. Deputy Chair – prof. dr hab. Małgorzata Słowińska-Lisowska
4. Secretary – mgr Anna Olszańska
5. Head of the Secretariat – mgr inż. Izabela Ubowska
6. Coordinator of the Physiotherapy Faculty – dr Dorota Wójtowicz
7. Coordinator of the Faculty of Physical Education and Sport – dr Aneta Stosik-Sołtyk
8. Director of the Doctoral School – dr hab. Małgorzata Mraz, prof. AWF
9. Representatives of the Students' Council – Kamila Jaje
10. Representatives of the Doctoral Students' Government – mgr Natalia Danek

§ 3

For the purpose of conducting the admission process for the first year of studies, I hereby appoint the **Secretariat of the Admission Committee** in the following composition:

1. Head of the Secretariat – mgr inż. Izabela Ubowska
2. Deputy Head of the Secretariat – mgr inż. Ewa Gigołła
3. Deputy Head of the Secretariat – mgr Magdalena Zagrobelna
4. Members:
   dr Jolanta Gnitecka
   dr Katarzyna Gruszka
   mgr Elżbieta Jackowska
   mgr Adrianna Lechka-Mioduszewska
   dr Katarzyna Kochan-Jacheć
   mgr inż. Maciej Kosim
   mgr inż. Anna Koziatek
   dr Paweł Posłuszny
   dr Anna Sebastjan

mgr Magdalena Siemiatycka

mgr Dorota Szarafińska-Juszcza

5. IT support – a staff member of the IT Centre.
6. Administrative support – an employee of the Chancellor's Office.
7. Admission to the Doctoral School – mgr Anna Cierniak.

§ 4

1. The duties of the Chair of the Admission Committee shall include, in particular, the following:

- organisational preparation and establishing the timetable of the Committee's work for conducting the admission process in accordance with the conditions and procedure of the qualification process for individual degree programmes, levels and modes of study, as set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences, as well as in the Act and regulations issued by the Ministry of Education and Science;
- defining tasks for the members of the Admission Committee;
- exercising substantive supervision of the work of the Committee, in accordance with the conditions and procedure of the qualification process laid down in the above Resolution;
- exercising supervision of the work of the Secretariat of the Committee;
- decision-making regarding documentation and qualification scoring of foreign candidates and candidates holding secondary school certificates obtained outside Poland;
- approving candidate lists and reports on the qualification process for candidates admitted to studies, prepared on the basis of verification compliant with the admission procedure for a given programme and within the established admission limits;
- approving the lists of admitted candidates and signing decisions on non-admission to the first year of studies;
- considering letters and appeals submitted by candidates and meeting with applicants;
- chairing meetings of the Admission Committee.

2. The duties of the Head of the Secretariat of the Admission Committee shall include, in particular, the following:

- organisational preparation and establishing the timetable of the Secretariat's work for conducting the admission process in accordance with the conditions and procedure of the qualification process for individual degree programmes, levels and modes of study, as set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Education and Science;
- defining the detailed scope of duties and tasks of members of the Secretariat;
- ensuring the availability of required forms, office materials and equipment necessary for the work of the Secretariat;
- supervising the Secretariat's work, particularly regarding verification and completeness of candidate documentation and electronic data entry;
- supervising the preparation of reports on the qualification process for candidates admitted to studies, based on verification compliant with the admission procedure for a given programme and within the established admission limits;
- preparing reports on the course of the admission process;
- providing information regarding admission procedures, including by telephone and e-mail;
- participating in meetings of the Admission Committee;
- providing the relevant dean's offices with the lists and full documentation of candidates admitted to the first year of studies in each degree programme, in accordance with the decisions of the Admission Committee.

3. The duties of the Secretariat of the Admission Committee shall include, in particular, the following:

- conducting the admission process in accordance with the conditions and procedure of the qualification process set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Education and Science;
- receiving and verifying documentation of candidates qualified for individual degree programmes, levels and modes of study, in accordance with the admission conditions and procedure contained in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Education and Science;
- certifying copies of documents as true to the original;
- maintaining the correspondence register;
- maintaining and completing mandatory documentation and scoring in the electronic admission system (entering and updating data);
- notifying candidates, where their documents are submitted by post, of any deficiencies in their documentation;
- preparing lists and reports with the results of the qualification process for candidates in individual degree programmes, levels and modes of study;
- preparing documentation for issuing decisions on admission or non-admission to the first year of studies;
- sending decisions on non-admission to candidates (including returning documentation of non-admitted candidates);
- preparing reports/lists of candidates admitted to studies, drawn up on the basis of verification compliant with the admission procedure for a given programme and within the established admission limits;
- providing candidates with information regarding admission procedures, including by telephone and e-mail;
- providing the relevant dean's offices with the lists of candidates admitted to the first year of studies together with the required documentation;
- performing other tasks assigned by the Secretary of the Admission Committee and the Head of the Secretariat for the Admission Committee;
- preparing admission documentation for submission to the University Archive.

4. The duties of the Secretary of the Admission Committee shall include, in particular, the following:

- supervising the work of the Committee in accordance with the conditions and procedure of the qualification process set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Education and Science;
- supervising the work of the Secretariat, particularly regarding the completeness and registration of documents;
- preparing the forms for admission documentation (decisions) and preparing the substantive content of letters addressed to candidates;
- preparing documentation and qualification scoring of foreign candidates and candidates holding secondary school certificates obtained outside Poland;
- supervising the preparation of reports on the qualification process for candidates admitted and not admitted to individual degree programmes, levels and modes of study, based on verification compliant with the admission procedure for a given programme and within the established admission limits;
- maintaining reporting and statistics regarding the admission process;
- participating in meetings of the Admission Committee;
- preparing and submitting the final report (in writing) on the course of the admission process.

§ 5

The Admission Committee is appointed for the period from the entry into force of this Ordinance until the Appointment of the Admission Committee for the next academic year.

§ 6

1. Academic teachers and administrative staff employed at the Wroclaw University of Health and Sport Sciences shall receive a one-off task allowance for their participation in the work of the Admission Committee.
2. The task-based allowance is financed from the fees paid by applicants seeking admission to the first year of studies offered at the Wroclaw University of Health and Sport Sciences in the 2021/2022 academic year, on the basis of payment lists signed by the Chair of the Admissions Committee and approved by the Rector.

§ 7

The Ordinance shall become effective as of the date of signature.

Rector
of
the Wroclaw University of Health and Sport Sciences

Prof. Dr. Andrzej Rokita

Ordinance No. 58-2020 Appointment of the 2020-21 Selection Committee

Ordinance No. 58/2020
of the Rector of the Wroclaw University of Health and Sport Sciences
of 23 June 2020

regarding: the appointment of the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2020/2021 academic year

pursuant to: Article 28(2)(2) in conjunction with Article 200(2) of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2020, item 85, as amended), and Senate Resolution No. 5/2020 of 27 February 2020 on the admission rules for the Doctoral School,

I hereby decree as follows:

§ 1

I hereby appoint the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2020/2021 academic year, in the following composition:

Chair: Director of the Doctoral School – dr hab. Małgorzata Mraz, University Professor

Members: dr hab. Katarzyna Kisiel- Sajewicz, University Professor
dr hab. Dariusz Mroczek, University Professor
dr hab. Krzysztof Maćkała, University Professor
dr hab. Tomasz Sipko, University Professor
mgr Anna Strużyk
administrative services: mgr Anna Cierniak

§ 2

1. The Selection Committee conducts the preliminary qualification of Candidates based on the submitted documents regarding their scientific achievements and prepares a ranking list, from which up to eight Candidates with the highest scores are selected to advance to Stage III of the admission process.

2. Stage III of the admission process will be held remotely, with the use of information technologies that allow for proper monitoring and recording, on the following dates:

15 September 2020 – oral examination in English via remote communication platform
16 September 2020 – interview via remote communication platform.

§ 3

I entrust supervision over the organisation of the qualification procedure to the Director of the Doctoral School.

§ 4

The Ordinance shall become effective as of the date of signature.

Rector
of
of Health and Sport Sciences
prof. dr hab. Andrzej Rokita

Ordinance No. 56-2020 Appointment of the 2020-21 Admission Committee

ORDINANCE No. 56/2020
of the Rector of the Wroclaw University of Health and Sport Sciences
of 19 June 2020

regarding: the admission of candidates for the first year of full-time and part-time studies at the Wroclaw University of Health and Sport Sciences for the 2020/2021 academic year.

pursuant to: Article 23(2)(2) in conjunction with Article 72(1) of the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws 2020, item 85, as amended), and § 63(5) of the Statute of the Wroclaw University of Health and Sport Sciences,
I hereby decree as follows:

§ 1

1. The admission procedure for all degree programmes offered at the Wrocław University School of Physical Education begins on 1 June 2020.
2. The admission procedure for the Doctoral School commences on 31 July 2020.

§ 2

For the purpose of conducting the admission process for the first year of studies, I hereby appoint the **Admission Committee** in the following composition:

1. Chair – dr Agnieszka Pisula-Lewandowska
2. Deputy Chair – dr hab. Ryszard Bartoszewicz, prof. AWF
3. Deputy Chair – prof. dr hab. Małgorzata Słowińska-Lisowska
4. dr hab. Jadwiga Pietraszewska, prof. AWF
5. dr hab. Małgorzata Mraz, prof. AWF
6. dr Dorota Wójtowicz
7. Secretary – mgr Anna Olszańska
8. Head of the Secretariat – mgr inż. Izabela Ubowska
9. Representatives of the Doctoral Students' Government – mgr Natalia Danek
10. Representatives of the Students' Council – Natalia Klimkowska

§ 3

For the purpose of conducting the admission process for the first year of studies, I hereby appoint the **Secretariat of the Admission Committee**
in the following composition:

1. Head of the Secretariat – mgr inż. Izabela Ubowska
2. Deputy Head of the Secretariat – mgr inż. Ewa Gigołła
3. Deputy Head of the Secretariat – mgr Magdalena Zagrobelna
4. Members:
   dr Katarzyna Gruszka
   dr Agnieszka Surynt
   dr Anna Sebastjan
   mgr inż. Agnieszka Bielawska
   mgr Anna Cierniak
   mgr Elżbieta Jackowska
   mgr Adrianna Lechka-Mioduszewska
   mgr inż. Maciej Kosim
   mgr inż. Anna Koziatek

mgr Dorota Szarafińska-Juszczak
mgr Magdalena Siemiatycka
mgr Magdalena Skowron
mgr inż. Łukasz Szumowski
Alina Rozmus

5. IT support – a staff member of the IT Centre.

§ 4

1. The duties of the Chair of the Admission Committee shall include, in particular, the following:

- organisational preparation and establishing the timetable of the Committee's work for conducting the admission process in accordance with the conditions and procedure of the qualification process for individual degree programmes, levels and modes of study, as set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences, as well as in the Act and regulations issued by the Ministry of Science and Higher Education;
- defining tasks for the members of the Admission Committee;
- exercising substantive supervision of the work of the Committee, in accordance with the conditions and procedure of the qualification process laid down in the above Resolution;
- exercising supervision of the work of the Secretariat of the Committee;
- decision-making regarding documentation and qualification scoring of foreign candidates and candidates holding secondary school certificates obtained outside Poland;
- approving candidate lists and reports on the qualification process for candidates admitted to studies, prepared on the basis of verification compliant with the admission procedure for a given programme and within the established admission limits;
- approving the lists of admitted candidates and signing decisions on non-admission to the first year of studies;
- considering letters and appeals submitted by candidates and meeting with applicants;
- chairing meetings of the Admission Committee.

2. The duties of the Head of the Secretariat of the Admission Committee shall include, in particular, the following:

- organisational preparation and establishing the timetable of the Secretariat's work for conducting the admission process in accordance with the conditions and procedure of the qualification process for individual degree programmes, levels and modes of study, as set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Science and Higher Education;
- defining the detailed scope of duties and tasks of members of the Secretariat;
- ensuring the availability of required forms, office materials and equipment necessary for the work of the Secretariat;
- supervising the Secretariat's work, particularly regarding verification and completeness of candidate documentation and electronic data entry;
- supervising the preparation of reports on the qualification process for candidates admitted to studies, based on verification compliant with the admission procedure
- for a given programme and within the established admission limits;

- preparing reports on the course of the admission process;
- providing information regarding admission procedures, including by telephone and e-mail;
- participating in meetings of the Admission Committee;
- providing the relevant dean's offices with the lists and full documentation of candidates admitted to the first year of studies in each degree programme, in accordance with the decisions of the Admission Committee.

3. The duties of the Secretariat of the Admission Committee shall include, in particular, the following:

- conducting the admission process in accordance with the conditions and procedure of the qualification process set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and the regulations of the Ministry of Science and Higher Education;
- receiving and verifying documentation of candidates qualified for individual degree programmes, levels and modes of study, in accordance with the admission conditions and procedure contained in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Science and Higher Education;
- certifying copies of documents as true to the original;
- maintaining the correspondence register;
- maintaining and completing mandatory documentation and scoring in the electronic admission system (entering and updating data);
- notifying candidates, where their documents are submitted by post, of any deficiencies in their documentation;
- preparing lists and reports with the results of the qualification process for candidates in individual degree programmes, levels and modes of study;
- preparing documentation for issuing decisions on admission or non-admission to the first year of studies;
- sending decisions on non-admission to candidates (including returning documentation of non-admitted candidates);
- preparing reports/lists of candidates admitted to studies, drawn up on the basis of verification compliant with the admission procedure for a given programme and within the established admission limits;
- providing information regarding admission procedures, including by telephone and e-mail;
- providing the relevant dean's offices with the lists of candidates admitted to the first year of studies together with the required documentation;
- performing other tasks assigned by the Secretary of the University Admission Committee and the Head of the Secretariat for the University Admission Committee;
- preparing admission documentation for submission to the University Archive.

4. The duties of the Secretary of the Admission Committee shall include, in particular, the following:

- supervising the work of the Committee in accordance with the conditions and procedure of the qualification process set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Science and Higher Education;
- supervising the work of the Secretariat, particularly regarding the completeness and registration of documents;

- preparing the forms for admission documentation (decisions) and preparing the substantive content of letters addressed to candidates;
- preparing documentation and qualification scoring of foreign candidates and candidates holding secondary school certificates obtained outside Poland;
- supervising the preparation of reports on the qualification process for candidates admitted and not admitted to individual degree programmes, levels and modes of study, based on verification compliant with the admission procedure for a given programme and within the established admission limits;
- maintaining reporting and statistics regarding the admission process;
- participating in meetings of the Admission Committee;
- preparing and submitting the final report (in writing) on the course of the admission process.

§ 5

The Admission Committee is appointed for the period from the entry into force of this Ordinance until the Appointment of the Admission Committee for the next academic year.

§ 6

1. Academic teachers and non-academic staff employed at the University of Physical Education in Wrocław shall receive a one-off task allowance for their participation in the work of the Admission Committee, in accordance with the University's Remuneration Regulations.
2. The task-based allowance is financed from the fees paid by applicants seeking admission to the first year of studies offered at the Wroclaw University of Health and Sport Sciences in the 2020/2021 academic year, on the basis of payment lists signed by the Chair of the Admissions Committee and approved by the Rector.

§ 7

The Ordinance shall become effective as of the date of signature.

RECTOR
of
of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

Ordinance No. 58-2019 Appointment of the 2019-20 Selection Committee

Ordinance No. 58/2019
of the Rector of the Wroclaw University of Health and Sport Sciences
of 1 July 2019

regarding: the appointment of the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2019/2020 academic year

Pursuant to: Article 28(2)(2) in conjunction with Article 200(2) of the Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws, item 1668, as amended), as well as Senate Resolutions No. 27/2019 of 23 May 2019 and No. 30/2019 of 31 May 2019 on the admission rules for the Doctoral School,

I hereby decree as follows:

§ 1

I hereby appoint the Selection Committee to conduct the qualification procedure as part of the admission of candidates to the Doctoral School at the Wroclaw University of Health and Sport Sciences for the 2019/2020 academic year.
in the following composition:

Chair: Director of the Doctoral School – dr hab. Małgorzata Mraz, prof. nadzw.,

Members: dr hab. Dariusz Mroczek,
dr hab. Krzysztof Maćkała,
dr hab. Tomasz Sipko,
mgr Bronisław Wilczopolski
administrative services: mgr Anna Cierniak.

§ 2

The qualification procedure for candidates in the admission process will take place on the following dates:

16 September 2019 – examination in English,

20 September 2019 – interview.

§ 3

I entrust supervision over the organisation of the qualification procedure to the Director of the Doctoral School.

§ 4

The Ordinance shall become effective as of the date of signature.

Rector
of the Wroclaw University of Health and Sport Sciences

dr hab. Andrzej Rokita, prof. nadzw.

Ordinance No. 40-2019 Appointment of the 2019-20 Admission Committee

ORDINANCE No. 40/2019
of the Rector of the Wroclaw University of Health and Sport Sciences
of 21 May 2019.

Regarding: the appointment of the Academic Admission Committee for the 2019/2020 academic year

Pursuant to: Article 23(2)(2) of the Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws, item 1668, as amended), the Regulation of the Minister of Science and Higher Education of 28 September 2018 (item 1861), and Article 227(3) of the Act of 3 July 2018 – Introductory Provisions to the Act: Law on Higher Education and Science (Journal of Laws, item 1669), in conjunction with §103 of the Statute of the Wrocław University of Health and Physical Education,
I hereby decree as follows:

§ 1

I. The admission procedure for all degree programmes offered at the Wrocław University School of Physical Education begins on **01 June 2019**.

§ 2

For the purpose of conducting the admission process for the first year of studies, I hereby appoint the **University Admission Committee**
in the following composition:

1. Chair – dr Agnieszka Pisula-Lewandowska
2. Deputy Chair – dr hab. Ryszard Bartoszewicz, prof. AWF
3. Deputy Chair – prof. Małgorzata Słowińska-Lisowska
4. Secretary – dr Dorota Wojna
5. Head of the Secretariat – mgr inż. Izabela Ubowska
6. Coordinator of the Physiotherapy Faculty – dr Dorota Wójtowicz
7. Coordinator of the Faculty of Sport Sciences – dr hab. Jadwiga Pietraszewska, prof. AWF
8. Coordinator of the Faculty of Physical Education – dr hab. Jacek Stodółka
9. Director of the Doctoral School – dr hab. Małgorzata Mraz, prof. AWF
10. Representatives of the Students' Council – Marta Lewkowicz
11. Representatives of the Doctoral Students' Government – mgr Kamil Michalik

§ 3

For the purpose of conducting the admission process for the first year of studies, I hereby appoint the **University Secretariat of the Admission Committee** in the following composition:

1. Head of the Secretariat – mgr inż. Izabela Ubowska
2. Deputy Head of the Secretariat – mgr inż. Ewa Gigołła
3. Deputy Head of the Secretariat – mgr Magdalena Zagrobelna
4. Members:
   mgr inż. Agnieszka Bielawska

mgr Anna Cierniak
dr Magdalena Chrobot
mgr inż. Lidia Dąbik
dr Katarzyna Gruszka
mgr Adrianna Lechka-Mioduszewska
mgr Joanna Kleczek
mgr inż. Maciej Kosim
mgr inż. Anna Koziatek
dr Regina Kumala
dr Anna Kwaśny
Alina Rozmus
dr Agnieszka Surynt
mgr Dorota Szarafińska-Juszczak

5. Administrative support – an employee of the Career and Entrepreneurship Office
6. IT support – a staff member of the IT Centre.

§ 4

To conduct the competency entrance examination for the second-cycle studies in Physiotherapy, I hereby appoint the **Theoretical Examination Committee**:

- Head: - dr hab. Ryszard Jasiński
- Deputy Head: - dr Jerzy Rafał Piechura
  - dr Rafał Bugaj
- Members: - designated academic staff of the Faculty of Physiotherapy.
- **Subcommittee for the Assessment of Results:**
- Head: - dr Maciej Mraz
- Deputy Head: - dr Monika Kurzaj
- Members: - dr Justyna Hanuszkiewicz
  - dr Iwona Krysiak-Zielonka
  - dr Zdzisław Lewandowski
  - mgr inż. Jarosław Mazur

§ 5

The admission procedure for candidates applying to full-time and part-time **second-cycle studies in Physiotherapy** – **theoretical competency test** – will take place on **20 July 2019 (Saturday) at 10:00 in Pavilion P-4.**

§ 6

1. The duties of the Chair of the University Admission Committee shall include, in particular, the following:

- organisational preparation and establishing the timetable of the Committee's work for conducting the admission process in accordance with the conditions and procedure of the qualification process for individual degree programmes, levels and modes of study, as set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences, as well as in the Act and regulations issued by the Ministry of Science and Higher Education;

- defining tasks for the members of the University Admission Committee;
- exercising substantive supervision of the work of the Committee, in accordance with the conditions and procedure of the qualification process laid down in the above Resolution;
- exercising supervision of the work of the Secretariat of the Committee;
- exercising supervision over the work of the Theoretical Examination Committee and its proceedings;
- decision-making regarding documentation and qualification scoring of foreign candidates and candidates holding secondary school certificates obtained outside Poland;
- approving candidate lists and reports on the qualification process for candidates admitted to studies, prepared on the basis of verification compliant with the admission procedure for a given programme and within the established admission limits;
- approving the lists of admitted candidates and signing decisions on non-admission to the first year of studies;
- considering letters and appeals submitted by candidates and meeting with applicants;
- chairing meetings of the University Admission Committee.

2. The duties of the Head of the Secretariat of the University Admission Committee shall include, in particular, the following:

- organisational preparation and establishing the timetable of the Secretariat's work for conducting the admission process in accordance with the conditions and procedure of the qualification process for individual degree programmes, levels and modes of study, as set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Science and Higher Education;
- defining the detailed scope of duties and tasks of members of the Secretariat;
- ensuring the availability of required forms, office materials and equipment necessary for the work of the Secretariat;
- supervising the Secretariat's work, particularly regarding verification and completeness of candidate documentation and electronic data entry;
- supervising the preparation of reports on the qualification process for candidates admitted to studies, based on verification compliant with the admission procedure for a given programme and within the established admission limits;
- preparing reports on the course of the admission process;
- providing information regarding admission procedures, including by telephone and e-mail;
- participating in meetings of the University Admission Committee;
- providing the relevant dean's offices with the lists and full documentation of candidates admitted to the first year of studies in each degree programme, in accordance with the decisions of the University Admission Committee.

3. The duties of the Secretariat of the University Admission Committee shall include, in particular, the following:

- conducting the admission process in accordance with the conditions and procedure of the qualification process set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and the regulations of the Ministry of Science and Higher Education;
- receiving and verifying documentation of candidates qualified for individual degree programmes, levels and modes of study, in accordance with the admission conditions and procedure contained in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Science and Higher Education;
- certifying copies of documents as true to the original;
- maintaining the correspondence register;
- maintaining and completing mandatory documentation and scoring in the electronic admission system (entering and updating data);
- notifying candidates, where their documents are submitted by post, of any deficiencies in their documentation;
- preparing lists and reports with the results of the qualification process for candidates in individual degree programmes, levels and modes of study;
- preparing documentation for issuing decisions on admission or non-admission to the first year of studies;
- sending decisions on non-admission to candidates (including returning documentation of non-admitted candidates);
- preparing reports/lists of candidates admitted to studies, drawn up on the basis of verification compliant with the admission procedure for a given programme and within the established admission limits;
- providing information regarding admission procedures, including by telephone and e-mail;
- providing the relevant dean's offices with the lists of candidates admitted to the first year of studies together with the required documentation;
- performing other tasks assigned by the Secretary of the University Admission Committee and the Head of the Secretariat for the University Admission Committee;
- preparing admission documentation for submission to the University Archive.

4. The duties of the Secretary of the University Admission Committee shall include, in particular, the following:

- supervising the work of the Committee in accordance with the conditions and procedure of the qualification process set out in the applicable Resolution of the Senate of the Wroclaw University of Health and Sport Sciences and regulations issued by the Ministry of Science and Higher Education;
- supervising the work of the Secretariat, particularly regarding the completeness and registration of documents;
- preparing the forms for admission documentation (decisions) and preparing the substantive content of letters addressed to candidates;
- preparing documentation and qualification scoring of foreign candidates and candidates holding secondary school certificates obtained outside Poland;
- accepting the report on theoretical examination results,

- supervising the preparation of reports on the qualification process for candidates admitted and not admitted to individual degree programmes, levels and modes of study, based on verification compliant with the admission procedure for a given programme and within the established admission limits;
- maintaining reporting and statistics regarding the admission process;
- participating in meetings of the University Admission Committee;
- preparing and submitting the final report (in writing) on the course of the admission process.

§ 7

The duties of the Head of the Theoretical Examination shall include, in particular:

- preparing a sufficient number of test papers;
- securing rooms for the written examination;
- appointing an adequate number of invigilators for the test examination;
- dividing candidates into groups and assigning examination rooms;
- supervising and ensuring the anonymous conduct of the theoretical examination;
- supervising the work of the Subcommittee for the Assessment of Results;
- providing the Secretary of the Academic Admissions Committee the protocol of the test results together with a written report on the course of the examination;
- preparing the examination/test documentation for submission to the Secretary of the Committee and to the University Archives.

§ 8

The University Admission Committee is appointed for the period from the entry into force of this Ordinance until the Appointment of the University Admission Committee for the next academic year.

§ 9

1. Academic teachers employed at the Wrocław University of Health and Sport Sciences who take part in the work of the admission committee shall receive, once in the 2019/2020 academic year, an additional remuneration in accordance with the regulations in force.
2. Administrative staff employed at the Wrocław University of Health and Sport Sciences who take part in the work of the admission committee shall receive, once in the 2019/2020 academic year, a discretionary bonus or a task-based allowance.

§ 10

The remuneration specified in § 9 is financed from the fees paid by applicants seeking admission to the first year of studies offered at the Wroclaw University of Health and Sport Sciences in the 2019/2020 academic year, on the basis of payment lists signed by the Chair of the University Admissions Committee and approved by the Rector.

§ 11

I hereby set the fee for applicants to first-, second- and third-cycle studies at **PLN 85** for each programme and form of study.

§ 12

Candidates shall pay the application fee to an individual bank account assigned to them.

§ 13

The Ordinance shall become effective as of the date of signature.

RECTOR
of
of Health and Sport Sciences

dr hab. Andrzej Rokita, prof. nadzw.

RESOLUTION No. 29/2019
of the Senate of the Wroclaw University of Health and Sport Sciences
of 23 May 2019

regarding: adoption of the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

Pursuant to: Article 205(1-4) and 20 of the Polish Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws item 1668, as amended)

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby adopts the Regulations of the Doctoral School, constituting an appendix to this resolution.

§ 2

These Regulations shall be consulted with the doctoral students' government within three months of their adoption.

§ 3

The resolution shall enter into force as of the date of adoption, with effect from the start of the 2019/2020 academic year.

President of the Senate
of
the Wroclaw University of Health and Sport Sciences

dr hab. Andrzej Rokita, prof. nadzw.

Appendix No. 1 to Resolution 29/2019

REGULATIONS OF THE DOCTORAL SCHOOL
AT
THE WROCLAW UNIVERSITY OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on national legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Act of 20 July 2018 – Law on Higher Education and Science (Journal of Laws, item 1668, as amended), hereinafter referred to as the Act;
- the Act of 3 July 2018 – Provisions introducing the Act: Law on Higher Education and Science (Journal of Laws of 2018, item 1669);
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2019, item 300);
- the Regulation of the Minister of Science and Higher Education of 24 September 2018 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws, item 1835);
- the Regulation of the Minister of Science and Higher Education of 21 September 2018 on doctoral diplomas, post-doctoral diplomas and doctoral student identity cards (Journal of Laws, item 1837);
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws, item 2218);
- the Regulation of the Minister of Science and Higher Education of 20 September 2018 on fields of science, and scientific and artistic disciplines (Journal of Laws, item 1818)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (Journal of Laws, item 1838)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (Journal of Laws, item 658)
- the Statute of the Wroclaw University of Health and Sport Sciences (2019).

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.
3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education of 24 September 2018 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise. Article 206 shall apply accordingly.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.
4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Secretariat of the Doctoral School.
3. Substantive supervision over education at the Doctoral School is exercised by the Scientific College Council.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is obliged to cooperate with the Deans of Faculties and with the Doctoral Students' Government.

7. The Director, in consultation with the Council of the Doctoral School, prepares an evaluation of the Doctoral School in the form of a self-assessment report at intervals not longer than every six years, according to the schedule established by the Committee for Evaluation of Science.

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their education upon submission of the doctoral dissertation.
5. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
2. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding the doctoral degree.
3. The qualifications and research interests of the auxiliary supervisor must justify substantive alignment with the thematic scope of the doctoral student's research interests, and the person must have a documented research record in this area as well as at least five years of academic experience following the award of the doctoral degree.
4. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific College Council, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including the following:
   a) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;
   b) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.

5. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place without suspending the doctoral student's status at the Doctoral School and within no more than one month.
6. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the IRP, which includes a detailed schedule for the preparation of the doctoral dissertation and scientific activities, and submits it to the Scientific College Council within 12 months from the start of training.
2. The IRP, together with the curriculum, forms the basis of doctoral training.
3. The IRP specifies the research and academic activities planned for completion during the course of training at the Doctoral School. A template containing the detailed schedule for preparing the doctoral dissertation and scientific activities will be published on the website of the Doctoral School.
4. If an auxiliary supervisor is appointed, the plan must be submitted after obtaining their opinion.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. The rules for preparing the doctoral dissertation are determined by the Scientific College Council.
5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
6. This time limit may be extended, in justified cases related to the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years.

7. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.
8. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.
9. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.

§ 7

1. The mid-term assessment is carried out halfway through the training period specified in the curriculum, during the fourth semester
2. The assessment concerns the implementation of the doctoral student's IRP.
3. The mid-term assessment results in either a positive or a negative result. The result, together with its justification, is public.
4. The assessment is conducted by a committee composed of three members, including at least one person holding the degree of doktor habilitowany or the title of professor in the discipline in which the dissertation is being prepared, employed outside the institution running the Doctoral School. The supervisor and auxiliary supervisor may not serve as members of the assessment committee.
5. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
6. The assessment concerns the implementation of the dissertation preparation schedule and the scientific activities specified in the IRP.
7. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(3).
8. A doctoral student who, following a positive mid-term assessment, is employed by the University as an academic teacher for more than half of a full-time position is exempt from the obligation to complete professional placements.
9. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
   1) the mid-term assessment result is negative;

2) they fail to submit the dissertation within the deadline set in the IRP;
3) they resign from the programme.

2. A doctoral student may be removed from the register of doctoral students if:
   1) they make unsatisfactory progress in preparing the dissertation;
   2) they fail to meet the obligations set out in these Regulations.
3. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.
4. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code.
5. At the doctoral student's request, the Director may also suspend training for a total period of up to one year in the case of:
   1) temporary incapacity to undertake training due to illness;
   2) the need to provide personal care for an ill family member;
   3) the need to provide personal care for a child under the age of four or a child with a disability certificate;
   4) holding a disability certificate.
6. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
7. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations,

and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.

8. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
9. After the extended time limit referred to in section 8 has expired, the doctoral student may apply for a further extension of the time limit for the submission of the dissertation under the procedure set out in §6(6-9).
10. After extending the time limit for the submission of the dissertation, the Director of the Doctoral School exempts the doctoral student from the obligation to complete professional placements.

11. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.
3. The Senate determines the admission dates and the detailed procedure for the admission and competition process for the Doctoral School each year, and publishes this information no later than 30 June of the year preceding the academic year concerned. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
4. Admission to the Doctoral School is based on the ranking list.
5. The results of the admission process are public.
6. Admission to the Doctoral School is granted through entry on the list of doctoral students.
7. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
8. A person admitted to the Doctoral School acquires the rights of a doctoral student upon taking the oath, the wording of which is set out in the Statute.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.

2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.
5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
    1) high-level research competences and a substantial degree of scientific independence,
    2) knowledge of the principles governing the dissemination of research results,
    3) the ability to write research papers and present their findings,
    4) academic teaching skills and professional qualifications in modern teaching methods and techniques,
    5) enhancement of language competences,
    6) social competences relevant to research, academic and teaching activities,
    7) preparation of the doctoral dissertation in accordance with the research plan.
2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in both paper and electronic form) using the following grading scale: 2

(unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.

6. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
7. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
8. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.
9. The core programme of study at the Doctoral School is approved by the Senate following an opinion from the Senate Committee for Teaching.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. The evaluation of teaching practice (classes taught by doctoral students) is conducted each semester according to the study programme and the rules governing teaching placements.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, both the winter semester and the summer semester, according to the academic calendar.

3. The report template is provided as a separate document available on the Doctoral School's website.
4. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the winter semester session and up to two weeks before the start of the next semester for the summer session.
5. The Council of the Doctoral School conducts a semester evaluation of each doctoral student based on the submitted reports and an annual evaluation of supervisory support based on the implementation of the IRP.
6. Reports from both the doctoral student evaluation and the evaluation of supervisory support are submitted to the Director of the Doctoral School.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
    1) the establishment of the Doctoral School,
    2) the designation of the discipline in which doctoral students are trained,
    3) admission rules and the number of available places,
    4) learning outcomes for the programme of study,
    5) the curriculum,
    6) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
    1) record number,
    2) first name(s) and last name,
    3) date and place of birth,
    4) PESEL number or, if not applicable, the name and number of the identity document,
    5) information on the master's degree, master's degree in engineering or equivalent qualification held,

6) the date of entry onto the list of doctoral students,
7) the discipline of training,
8) the date of commencement of training,
9) the amount of the doctoral scholarship awarded and any changes thereto,
10) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
11) the date of submission and approval of the Individual Research Plan,
12) the dates and periods of the time limit for submitting the dissertation,
13) the dates and periods of suspension of training,
14) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   1) change of first name or last name;
   2) change of supervisor, supervisors or auxiliary supervisor;
   3) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the OMNIS portal, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, the credits for consecutive semesters of training, as well as information on:
   1) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor;
   2) the submission of the Individual Research Plan;
   3) the result of the mid-term assessment;
   4) certified proficiency in a modern foreign language in accordance with § 5(2)(2);
   5) any extension(s) of the time limit for submitting the doctoral dissertation;
   6) the suspension of training;
   7) the resumption of training;
   8) the attainment of learning outcomes at Level 8 of the Polish Qualifications Framework;
   9) the submission of the dissertation;
   10) removal from the register of doctoral students.

9. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
10. The doctoral student's personal file contains, in particular, the following:
    1) documents submitted and generated during the admission process,
    2) information on admission to the Doctoral School,
    3) the oath signed by the doctoral student,
    4) the doctoral student's declaration of consent to the processing of personal data;
    5) confirmation of receipt of the doctoral student's electronic identity card and any duplicate;
    6) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
    7) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
    8) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
    9) the Individual Research Plan,
    10) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
    11) information on scientific achievements,
    12) information on research placements at national or international research institutions, together with reports,
    13) information on awards and distinctions received,
    14) information on extensions of time limits for completing teaching activities included in the curriculum,
    15) information on the results of semester evaluations,
    16) the result of the mid-term assessment together with justification,
    17) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
    18) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,
    19) the submitted doctoral dissertation in electronic form, together with a positive opinion from the supervisor, supervisors or the supervisor and auxiliary supervisor,

20) the decision on removal from the register of doctoral students and confirmation of delivery,
21) updates submitted concerning changes in the doctoral student's personal data,
22) the clearance form,
23) any other documents submitted by the doctoral student or relating to the candidate's case,
24) confirmation of receipt of documents when they are issued.

11. Documentation of courses included in the curriculum is maintained in the form of electronic grade reports within the OMNIS electronic system.
12. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship, which is non-returnable.
2. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
3. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.
4. The total period of receiving the doctoral scholarship may not exceed four years.
5. The period referred to in section 4 does not include any period of suspension in the Doctoral School.
6. The monthly doctoral scholarship amounts to at least:
   1) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   2) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;
7. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 4, applicable on the date of submitting the application for suspension.

8. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 4(1) above.
9. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
10. A doctoral student may not be employed as an academic teacher or research worker.
11. This prohibition does not apply to employment:
    1) for the purpose of implementing a research project, as a beneficiary of a scheme, programme or competition announced by NAWA, NCBiR, NCN or an international competition for research projects;
    2) for the duration of a research or teaching project financed from European Union funds or by another grant-awarding body;
    3) after a positive mid-term assessment, except that where employment exceeds half of the full-time workload, the scholarship amounts to 40% of the monthly scholarship referred to in section 4(2). A doctoral student in such employment is not entitled to the full doctoral scholarship.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
    1) the loan may be granted to a doctoral student who has not yet reached the age of 35;
    2) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.

§ 17

A doctoral student may apply for:

1) accommodation in a student hall of residence or meals in the student canteen, in accordance with the Regulations of the "Spartakus" Student Hall of Residence approved by the Rector of the Wroclaw University of Health and Sport Sciences;
2) accommodation for the doctoral student's spouse or child in a student hall of residence under the same conditions.

IX. Final provisions

§ 18

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.
2. The Regulations become effective as of 1 October 2019.

Resolution No. 16/2021
of the Senate of the Wroclaw University of Health and Sport Sciences
of 29 April 2021

regarding: amendments to the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

pursuant to: Article 205(1)-(4) of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws, item 2021, item 478) and § 69(5) of the Statute of the Wroclaw University of Health and Sport Sciences

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby amends the Regulations of the Doctoral School introduced by Senate Resolution No. 29/2019 of 23 May 2019, as set out in the appendix to this Resolution.

§ 2

The resolution shall enter into force as of the date of adoption, with effect from the 2021/2022 academic year.

President of the Senate
of
the Wroclaw University of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

Appendix to Resolution No. 16/2021

REGULATIONS OF THE DOCTORAL SCHOOL
AT
THE WROCLAW UNIVERSITY OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on national legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2021, item 478), hereinafter referred to as the Act;
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2021, item 423);
- the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws, item 1847);
- the Regulation of the Minister of Science and Higher Education of 21 September 2018 on doctoral diplomas, post-doctoral diplomas and doctoral student identity cards (Journal of Laws, item 1837);
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws, item 2218);
- the Regulation of the Minister of Science and Higher Education of 20 September 2018 on fields of science, and scientific and artistic disciplines (Journal of Laws, item 1818)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (Journal of Laws, item 1838)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (Journal of Laws, item 658)
- the Statute of the Wroclaw University of Health and Sport Sciences (2020).

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.
3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise. Article 206 shall apply accordingly.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.
4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Secretariat of the Doctoral School.
3. Substantive supervision over education at the Doctoral School is exercised by the Scientific College Council.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is required to cooperate with the University Management Board and with the Doctoral Students' Government.

7. The Director, in consultation with the Council of the Doctoral School, prepares an evaluation of the Doctoral School in the form of a self-assessment report at intervals not longer than every six years, according to the schedule established by the Committee for Evaluation of Science.

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their education upon submission of the doctoral dissertation.
5. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
2. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding the doctoral degree.
3. The qualifications and research interests of the auxiliary supervisor must demonstrate substantive alignment with the doctoral student's research interests, as confirmed by a documented record of scientific achievements.
4. The detailed requirements for supervisors and auxiliary supervisors are defined in the regulations governing the procedure for awarding the doctoral degree at the Wrocław University of Physical Education, approved by the Scientific College Council.
5. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific College Council, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including, in particular, the following:
    1) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;

2) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.

6. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place within no more than one month.
7. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the IRP, which must be submitted to the Scientific College Council within 12 months of the start of training.
2. If an auxiliary supervisor is appointed, the IRP must be submitted after obtaining their opinion.
3. The IRP includes a detailed schedule for the preparation of the doctoral dissertation and for the candidate's research activities.
4. The IRP must be prepared in accordance with the template provided on the Doctoral School's website.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. The rules for preparing the doctoral dissertation are determined by the Scientific College Council.
5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
6. This time limit may be extended, in justified cases related to the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years.
7. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.

8. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.
9. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.

§ 7

1. The mid-term assessment is conducted halfway through the period of education specified in the curriculum, upon completion of the fourth semester.
2. The assessment concerns the implementation of the doctoral student's IRP. The assessment is intended to evaluate the doctoral student's progress halfway through the training period and to review the implementation of the Individual Research Plan.
3. The mid-term assessment results in either a positive or a negative result. The result of the mid-term assessment, together with its justification, is public and is made available in the Public Information Bulletin.
4. The mid-term assessment is carried out by a committee composed of three members, appointed for a given academic year by the Scientific College Council, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
5. The committee consists of three members, including the following:
    1) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;
    2) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
6. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.
7. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
8. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.

9. A representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as an observer.
10. The mid-term assessment is based on:
    1) the doctoral student's Individual Research Plan,
    2) the doctoral student's semester reports together with evaluation forms,
    3) documentation confirming the progress of the doctoral dissertation, including the supervisor's opinion,
    4) documentation of scientific achievements,
    5) an interview between the committee and the doctoral student.
11. The detailed rules and criteria for the mid-term assessment are provided in a separate document available on the Doctoral School's website.
12. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. The committee makes decisions by an absolute majority of votes.
13. The mid-term assessment results in either a positive or a negative result.
14. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(3).
15. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
    1) the mid-term assessment result is negative;
    2) they fail to submit the dissertation within the deadline set in the IRP;
    3) they resign from the programme.
2. A doctoral student may be removed from the register of doctoral students if:
    1) they make unsatisfactory progress in preparing the dissertation;
    2) they fail to meet the obligations set out in these Regulations.
3. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.
4. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code.

5. At the doctoral student's request, the Director may also suspend training for a total period of up to one year in the case of:
   1) temporary incapacity to undertake training due to illness;
   2) the need to provide personal care for an ill family member;
   3) the need to provide personal care for a child under the age of four or a child with a disability certificate;
   4) holding a disability certificate.
6. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
7. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations, and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.
8. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
9. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.
10. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.

3. The admission dates and the detailed procedure for the admission and competitive selection process for the Doctoral School are made public no later than five months before the start of the admission process.
4. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
5. Admission to the Doctoral School is based on the ranking list.
6. The results of the admission process are public.
7. Admission to the Doctoral School is granted through entry on the list of doctoral students.
8. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
9. A person admitted to the Doctoral School acquires the rights of a doctoral student upon taking the oath, the wording of which is set out in the Statute.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.
2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.
5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
    1) high-level research competences and a substantial degree of scientific independence,
    2) knowledge of the principles governing the dissemination of research results,
    3) the ability to write research papers and present their findings,

4) academic teaching skills and professional qualifications in modern teaching methods and techniques,
5) enhancement of language competences,
6) social competences relevant to research, academic and teaching activities,
7) preparation of the doctoral dissertation in accordance with the research plan.

2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. The core programme of study at the Doctoral School is approved by the Senate following an opinion from the Doctoral Students' Government within 14 days. If the 14-day period expires without an opinion being issued, the requirement to obtain such an opinion is deemed fulfilled.
6. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in both paper and electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.
7. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
8. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
9. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. Teaching practice observations are carried out by the supervisor at least once each semester.
6. A doctoral student employed by the University as an academic teacher for more than half of a full-time position is exempt from completing teaching practice after receiving a positive mid-term assessment.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, according to the academic calendar.
3. The report template is provided as a separate document available on the Doctoral School's website.
4. The Doctoral School Council conducts a semester evaluation/an annual evaluation of the doctoral student based on the reports submitted by the candidate, with reference to the IRP and the learning outcomes. Reports from the doctoral student's evaluation procedure are submitted to the Director of the Doctoral School and subsequently forwarded to the doctoral student.
5. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the

winter semester session and up to two weeks before the start of the next semester for the summer session.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
   1) the establishment of the Doctoral School,
   2) the designation of the discipline in which doctoral students are trained,
   3) admission rules and the number of available places,
   4) learning outcomes for the programme of study,
   5) the curriculum,
   6) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
   1) record number,
   2) first name(s) and last name,
   3) date and place of birth,
   4) PESEL number or, if not applicable, the name and number of the identity document,
   5) information on the master's degree, master's degree in engineering or equivalent qualification held,
   6) the date of entry onto the list of doctoral students,
   7) the discipline of training,
   8) the date of commencement of training,
   9) the amount of the doctoral scholarship awarded and any changes thereto,
   10) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
   11) the date of submission and approval of the Individual Research Plan,
   12) the dates and periods of the time limit for submitting the dissertation,
   13) the dates and periods of suspension of training,

14) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   1) change of first name or last name,
   2) change of supervisor, supervisors or auxiliary supervisor,
   3) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the OMNIS portal, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, the credits for consecutive semesters of training, as well as information on:
   1) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor,
   2) the submission of the Individual Research Plan,
   3) the result of the mid-term assessment,
   4) certified proficiency in a modern foreign language in accordance with § 5(2)(2),
   5) any extension(s) of the time limit for submitting the doctoral dissertation,
   6) the suspension of training,
   7) the resumption of training,
   8) the attainment of learning outcomes at level 8 of the Polish Qualifications Framework,
   9) the submission of the dissertation, 10) removal from the register of doctoral students.
9. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
10. The doctoral student's personal file contains, in particular, the following:
    1) documents submitted and generated during the admission process,
    2) information on admission to the Doctoral School,
    3) the oath signed by the doctoral student,
    4) the doctoral student's declaration of consent to the processing of personal data,
    5) confirmation of receipt of the doctoral student's electronic identity card and any duplicate;

6) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
7) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
8) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
9) the Individual Research Plan,
10) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
11) information on scientific achievements,
12) information on research placements at national or international research institutions, together with reports,
13) information on awards and distinctions received,
14) information on extensions of time limits for completing teaching activities included in the curriculum,
15) information on the results of semester evaluations,
16) the result of the mid-term assessment together with justification,
17) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
18) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,
19) the submitted doctoral dissertation in electronic form, together with a positive opinion from the supervisor, supervisors or the supervisor and auxiliary supervisor,
20) the decision on removal from the register of doctoral students and confirmation of delivery,
21) updates submitted concerning changes in the doctoral student's personal data,
22) the clearance form,
23) any other documents submitted by the doctoral student or relating to the candidate's case,
24) confirmation of receipt of documents when they are issued.

11. Documentation of courses included in the curriculum is maintained in the form of electronic grade reports within the OMNIS electronic system.

12. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship, which is non-returnable.
2. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
3. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.
4. The total period of receiving the doctoral scholarship may not exceed four years.
5. The period referred to in section 2 does not include any period of suspension in the Doctoral School.
6. The monthly doctoral scholarship amounts to at least:
   1) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   2) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;
7. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 4, applicable on the date of submitting the application for suspension.
8. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 4(1) above.
9. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
10. A doctoral student may not be employed as an academic teacher or research worker.
11. This prohibition does not apply to employment:

1) for the purpose of implementing a research project, as a beneficiary of a scheme, programme or competition announced by NAWA, NCBiR, NCN or an international competition for research projects;
2) for the duration of a research or teaching project financed from European Union funds or by another grant-awarding body;
3) after a positive mid-term assessment, except that where employment exceeds half of the full-time workload, the scholarship amounts to 40% of the monthly scholarship referred to in section 4(2). A doctoral student in such employment is not entitled to the full doctoral scholarship.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
   1) the loan may be granted to a doctoral student who has not yet reached the age of 35;
   2) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.
3. A doctoral student may apply for:
   1) accommodation in a student hall of the University,
   2) accommodation for a spouse and/or child in accordance with the Regulations of the "Spartakus" Student Residence Hall, approved by ordinance of the Rector of the Wroclaw University of Health and Sport Sciences.

IX. Final provisions

§ 17

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.
2. The Regulations become effective as of 1 October 2021.

RESOLUTION No. 23/2023
of the Senate
of the Wroclaw University of Health and Sport Sciences
of 27 April 2023

regarding: amendments to the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

pursuant to: Article 205(1-4) of the Act of20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2022, item 574, as amended), and § 69(5) of the Statute of the Wroclaw University of Health and Sport Sciences

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby amends the Regulations of the Doctoral School introduced by Senate Resolution No. 29/2019 of 23 May 2019, as set out in the appendix to this Resolution.

§ 2

Upon entry into force of this resolution, Senate Resolution No. 16/2021 of 29 April 2021 shall cease to apply.

§ 3

The resolution shall enter into force as of the date of adoption, with effect from the 2023/2024 academic year.

President of the Senate
of
the Wroclaw University
the Wroclaw University of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

Appendix No. 1 to Resolution 23/2023

REGULATIONS OF THE DOCTORAL SCHOOL AT THE WROCLAW UNIVERSITY OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on national legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2022, item 574, as amended), hereinafter referred to as the Act
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2022, item 1009, as amended)
- the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws of 2019, item 1847)
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws of 2018, item 2218)
- the Regulation of the Minister of Education and Science of 11 September 2022 on fields of science, and scientific and artistic disciplines (Journal of Laws of 2022, item 2202)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (Journal of Laws, item 1838, as amended)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (consolidated text: Journal of Laws of 2022, item 428)
- the Statute of the Wroclaw University of Health and Sport Sciences

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.

3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the Doctoral School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A

doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.

4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Secretariat of the Doctoral School.
3. Substantive supervision over education at the Doctoral School is exercised by the Scientific College Council.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is required to cooperate with the University Management Board and with the Doctoral Students' Government.
7. The Director, in consultation with the Doctoral School Council, prepares an evaluation of the Doctoral School in the form of a self-assessment report, in accordance with the schedule established for the given year by the Science Evaluation Commission (KEN).

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their education upon submission of the doctoral dissertation.
5. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. Within three months of commencing training, a supervisor or supervisors are assigned to the doctoral student. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
2. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding the doctoral degree.
3. The qualifications and research interests of the auxiliary supervisor must demonstrate substantive alignment with the doctoral student's research interests, as confirmed by a documented record of scientific achievements.
4. The detailed requirements for supervisors and auxiliary supervisors are defined in the regulations governing the procedure for awarding the doctoral degree at the Wroclaw University of Health and Sport Sciences, approved by the Scientific College Council.
5. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific College Council, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including, in particular, the following:
    1) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;
    2) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.
6. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place within no more than one month.
7. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the IRP, which must be submitted to the Scientific College Council within 12 months of the start of training.

2. If an auxiliary supervisor is appointed, the IRP must be submitted after obtaining their opinion.
3. The IRP includes a detailed schedule for the preparation of the doctoral dissertation and for the candidate's research activities.
4. The IRP must be prepared in accordance with the template provided on the Doctoral School's website.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. The rules for preparing the doctoral dissertation are determined by the Scientific College Council.
5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
6. This time limit may be extended, in justified cases related to the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years.
7. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.
8. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.
9. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.

§ 7

1. The mid-term assessment is conducted halfway through the period of education specified in the curriculum, upon completion of the fourth semester.

2. The assessment concerns the implementation of the doctoral student's IRP. The assessment is intended to evaluate the doctoral student's progress halfway through the training period and to review the implementation of the Individual Research Plan.
3. The mid-term assessment results in either a positive or a negative result. The result of the mid-term assessment, together with its justification, is public and is made available in the Public Information Bulletin.
4. The mid-term assessment is carried out by a committee composed of three members, appointed for a given academic year by the Scientific College Council, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
5. The committee consists of three members, including the following:
    1) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;
    2) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
6. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.
7. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
8. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.
9. A representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as an observer.
10. The mid-term assessment is based on:
    1) the doctoral student's Individual Research Plan,
    2) the doctoral student's semester reports together with evaluation forms,
    3) documentation confirming the progress of the doctoral dissertation, including the supervisor's opinion,
    4) documentation of scientific achievements,

5) an interview between the committee and the doctoral student.

11. The detailed rules and criteria for the mid-term assessment are provided in a separate document available on the Doctoral School's website.
12. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. The committee makes decisions by an absolute majority of votes.
13. The mid-term assessment results in either a positive or a negative result.
14. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(4).
15. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
   1) the mid-term assessment result is negative;
   2) they fail to submit the dissertation within the deadline set in the IRP;
   3) they resign from the programme;
   4) they fail to commence the programme;
   5) violate the prohibition referred to in Article 200(7) or Article 209(10) of the Act;
   6) are given the disciplinary penalty of expulsion from the doctoral school.
2. In proceedings concerning removal from the register

in the case referred to in section 1(5), the doctoral student is required to submit, within a period of no fewer than 30 days, a resignation from education in another doctoral school or from employment as an academic teacher or research employee.

3. A doctoral student may be removed from the register of doctoral students if:
   1) they make unsatisfactory progress in preparing the dissertation;
   2) they fail to meet the obligations set out in these Regulations.
4. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.
5. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code.
6. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the

doctoral scholarship referred to in §15(6), applicable on the date of submitting the application for suspension.

7. At the doctoral student's request, the Director may also suspend training for a total period of up to one year in the case of:
   1) temporary incapacity to undertake training due to illness;
   2) the need to provide personal care for an ill family member;
   3) the need to provide personal care for a child under the age of four or a child with a disability certificate;
8. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
9. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations, and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.
10. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
11. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.
12. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.

3. The admission dates and the detailed procedure for the admission and competitive selection process for the Doctoral School are made public no later than five months before the start of the admission process.
4. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
5. Admission to the Doctoral School is based on the ranking list.
6. The results of the admission process are public.
7. Admission to the Doctoral School is granted through entry on the list of doctoral students.
8. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
9. A person admitted to the Doctoral School acquires the rights of a doctoral student upon taking the oath, the wording of which is set out in the Statute.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.
2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.
5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
    1) high-level research competences and a substantial degree of scientific independence,
    2) knowledge of the principles governing the dissemination of research results,
    3) the ability to write research papers and present their findings,

4) academic teaching skills and professional qualifications in modern teaching methods and techniques,
5) enhancement of language competences,
6) social competences relevant to research, academic and teaching activities,
7) preparation of the doctoral dissertation in accordance with the research plan.

2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. The core programme of study at the Doctoral School is approved by the Senate following an opinion from the Doctoral Students' Government within 14 days. If the 14-day period expires without an opinion being issued, the requirement to obtain such an opinion is deemed fulfilled.
6. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in both paper and electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.
7. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
8. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
9. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. Teaching practice observations are carried out by the supervisor at least once each semester.
6. A doctoral student employed by the University as an academic teacher for more than half of a full-time position is exempt from completing teaching practice after receiving a positive mid-term assessment.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, according to the academic calendar.
3. The report template is provided as a separate document available on the Doctoral School's website.
4. The Doctoral School Council conducts an annual evaluation of the doctoral student based on the semester reports submitted by the candidate, with reference to the IRP and the learning outcomes.
5. Reports from the doctoral student's evaluation procedure are submitted to the Director of the Doctoral School and subsequently forwarded to the doctoral student and the supervisors.
6. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the

winter semester session and up to two weeks before the start of the next semester for the summer session.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
   1) the establishment of the Doctoral School,
   2) the designation of the discipline in which doctoral students are trained,
   3) admission rules and the number of available places,
   4) learning outcomes for the programme of study,
   5) the curriculum,
   6) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
   1) record number,
   2) first name(s) and last name,
   3) date and place of birth,
   4) PESEL number or, if not applicable, the name and number of the identity document,
   5) information on the master's degree, master's degree in engineering or equivalent qualification held,
   6) the date of entry onto the list of doctoral students,
   7) the discipline of training,
   8) the date of commencement of training,
   9) the amount of the doctoral scholarship awarded and any changes thereto,
   10) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
   11) the date of submission and approval of the Individual Research Plan,
   12) the dates and periods of the time limit for submitting the dissertation,
   13) the dates and periods of suspension of training,

14) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   1) change of first name or last name,
   2) change of supervisor, supervisors or auxiliary supervisor,
   3) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the OMNIS portal, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, the credits for consecutive semesters of training, as well as information on:
   1) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor,
   2) the submission of the Individual Research Plan,
   3) the result of the mid-term assessment,
   4) certified proficiency in a modern foreign language in accordance with § 5(2)(2),
   5) any extension(s) of the time limit for submitting the doctoral dissertation,
   6) the suspension of training,
   7) the resumption of training,
   8) the attainment of learning outcomes at level 8 of the Polish Qualifications Framework,
   9) the submission of the dissertation;
   10) removal from the register of doctoral students.
9. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
10. The doctoral student's personal file contains, in particular, the following:
    1) documents submitted and generated during the admission process,
    2) information on admission to the Doctoral School,
    3) the oath signed by the doctoral student,
    4) the doctoral student's declaration of consent to the processing of personal data,
    5) confirmation of receipt of the doctoral student's electronic identity card and any duplicate;

6) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
7) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
8) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
9) the Individual Research Plan,
10) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
11) information on scientific achievements,
12) information on research placements at national or international research institutions, together with reports,
13) information on awards and distinctions received,
14) information on extensions of time limits for completing teaching activities included in the curriculum,
15) information on the results of semester evaluations,
16) the result of the mid-term assessment together with justification,
17) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
18) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,
19) the submitted doctoral dissertation in electronic form, together with a positive opinion from the supervisor, supervisors or the supervisor and auxiliary supervisor,
20) the decision on removal from the register of doctoral students and confirmation of delivery,
21) updates submitted concerning changes in the doctoral student's personal data,
22) the clearance form,
23) any other documents submitted by the doctoral student or relating to the candidate's case,
24) confirmation of receipt of documents when they are issued.

11. Documentation of courses included in the curriculum is maintained in the form of electronic grade reports within the OMNIS electronic system.

12. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship, which is non-returnable.
2. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
3. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.
4. The total period of receiving the doctoral scholarship may not exceed four years.
5. The period referred to in section 4 does not include any period of suspension, nor the period of training in a doctoral school in the case referred to in Article 206(2) of the Act.
6. The monthly doctoral scholarship amounts to at least:
   1) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   2) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;
7. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 6, applicable on the date of submitting the application for suspension.
8. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 6(1) above.
9. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
10. A doctoral student may not be employed as an academic teacher or research worker.
11. This prohibition does not apply to employment:

1) for the purpose of implementing a research project, as a beneficiary of a scheme, programme or competition announced by NAWA, NCBiR, NCN or an international competition for research projects;
2) for the duration of a research or teaching project financed from European Union funds or by another grant-awarding body;
3) after a positive mid-term assessment, except that where employment exceeds half of the full-time workload, the scholarship amounts to 40% of the monthly scholarship referred to in Article 209(4)(2). A doctoral student in such employment is not entitled to the full doctoral scholarship.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
   1) the loan may be granted to a doctoral student who has not yet reached the age of 35;
   2) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.
3. A doctoral student may apply for:
   1) accommodation in a student hall of the University,
   2) accommodation for a spouse and/or child in accordance with the Regulations of the "Spartakus" Student Residence Hall, approved by ordinance of the Rector of the Wroclaw University of Health and Sport Sciences.

IX. Final provisions

§ 17

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.
2. The Regulations become effective as of 1 October 2023.

RESOLUTION No. 20/2024
of the Senate
of the Wroclaw University of Health and Sport Sciences
of 25 April 2024

regarding: amendments to the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

pursuant to: Article 205(1-4) of the Act of20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2023, item 742, as amended), and § 69(5) of the Statute of the Wroclaw University of Health and Sport Sciences

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby amends the Regulations of the Doctoral School introduced by Senate Resolution No. 29/2019 of 23 May 2019, as set out in the appendix to this Resolution.

§ 2

Upon entry into force of this resolution, Senate Resolution No. 23/2023 of 27 April 2023 shall cease to apply.

§ 3

The resolution shall enter into force as of the date of adoption, with effect from the 2024/2025 academic year.

President of the Senate
of
the Wroclaw University
the Wroclaw University of Health and Sport Sciences

prof. dr hab. Andrzej Rokita

Appendix No. 1 to Resolution 20/2024

REGULATIONS OF THE DOCTORAL SCHOOL
AT
the Wroclaw University
OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on national legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2023, item 742, as amended), hereinafter referred to as the Act;
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2023, item 1230, as amended);
- the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws of 2019, item 1847)
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws of 2018, item 2218)
- the Regulation of the Minister of Education and Science of 11 September 2022 on fields of science, and scientific and artistic disciplines (Journal of Laws of 2022, item 2202)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (Journal of Laws, item 1838, as amended)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (consolidated text: Journal of Laws of 2022, item 428)
- the Statute of the Wroclaw University of Health and Sport Sciences

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.

3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the Doctoral School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A

doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.

4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Secretariat of the Doctoral School.
3. Substantive supervision over education at the Doctoral School is exercised by the Scientific College Council.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany. A representative of the Doctoral Students' Government may be invited to meetings of the Doctoral School Council.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is obliged to cooperate with the Doctoral Students' Government.
7. The quality of education in the Doctoral School is evaluated by the Science Evaluation Committee (KEN), according to the schedule established by KEN.

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their training upon submitting their doctoral dissertation together with a positive opinion from the supervisor or supervisors.

5. The doctoral student submits the doctoral dissertation, in both paper and electronic form, accompanied by a positive opinion from the supervisor/supervisors, to the Doctoral School Office within the deadline specified in the Individual Research Plan (IRP).
6. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. Within three months of commencing training, a supervisor or supervisors are assigned to the doctoral student.
2. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the Scientific College Council by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
3. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding at least the doctoral degree.
4. The detailed requirements for supervisors and auxiliary supervisors are defined in the regulations governing the procedure for awarding the doctoral degree at the Wrocław University of Physical Education, adopted by the Scientific College Council.
5. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific College Council, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including, in particular, the following:
    1) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;
    2) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.
6. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place within no more than one month.
7. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the IRP, which must be submitted to the Director o the Doctoral School within 12 months of the start of training.
2. If an auxiliary supervisor is appointed, the IRP must be submitted after obtaining their opinion.
3. The IRP includes a detailed schedule for the preparation of the doctoral dissertation and for the doctoral student's research activities.
4. The IRP must be prepared in accordance with the template provided on the Doctoral School's website.
5. Detailed information on the procedure for submitting the IRP is set out in the document "Procedure for submitting and approving the draft Individual Research Plan and presenting the Individual Research Plan," available on the Doctoral School website.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. The guidelines for the preparation of the dissertation in the form of a manuscript and a publication series shall be determined by the Scientific College Council.
5. The final time limit for submitting the doctoral dissertation is the end of the eighth semester of training. Submission of the dissertation is required to complete the eighth semester and to complete training at the Doctoral School.
6. This time limit may be extended, in justified cases related to the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years.
7. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.
8. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.

9. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.

§ 7

1. The mid-term assessment is conducted halfway through the period of education specified in the curriculum, upon completion of the fourth semester.
2. The assessment concerns the implementation of the doctoral student's IRP. The assessment is intended to evaluate the doctoral student's progress halfway through the training period and to review the implementation of the Individual Research Plan.
3. The mid-term assessment results in either a positive or a negative result. The result, together with its justification, is public.
4. The mid-term assessment is carried out by a committee composed of three members, appointed for a given academic year by the Scientific College Council, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
5. The committee consists of three members, including the following:
   1) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;
   2) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
6. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.
7. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
8. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.
9. A representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as an observer.
10. The mid-term assessment is based on:

1) the doctoral student's Individual Research Plan,
2) the doctoral student's semester reports together with evaluation forms,
3) documentation confirming the progress of the doctoral dissertation, including the supervisor's opinion,
4) documentation of scientific achievements,
5) an interview between the committee and the doctoral student.

11. The detailed rules and criteria for the mid-term assessment are provided in a separate document available on the Doctoral School's website.
12. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. The committee makes decisions by an absolute majority of votes.
13. The mid-term assessment results in either a positive or a negative result.
14. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(4).
15. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
   1) the mid-term assessment result is negative;
   2) they fail to submit the dissertation within the deadline set in the IRP;
   3) they resign from the programme;
   4) they fail to commence the programme;
   5) violate the prohibition referred to in Article 200(7) or Article 209(10) of the Act;
   6) are given the disciplinary penalty of expulsion from the doctoral school.
2. In proceedings concerning removal from the register of doctoral students in the case referred to in section 1(5), the doctoral student is required to submit, within a period of no fewer than 30 days, a resignation from education in another doctoral school or from employment as an academic teacher or research employee.
3. A doctoral student may be removed from the register of doctoral students if:
   1) they make unsatisfactory progress in preparing the dissertation;
   2) they fail to meet the obligations set out in these Regulations.
4. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.

5. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code.
6. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in §15(6), applicable on the date of submitting the application for suspension.
7. At the doctoral student's request, the Director may also suspend training for a total period of up to one year in the case of:
    1) temporary incapacity to undertake training due to illness;
    2) the need to provide personal care for an ill family member;
    3) the need to provide personal care for a child under the age of four or a child with a disability certificate;
8. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
9. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations, and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.
10. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
11. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.
12. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.
3. The admission dates and the detailed procedure for the admission and competitive selection process for the Doctoral School are made public no later than five months before the start of the admission process.
4. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
5. Admission to the Doctoral School is based on the ranking list.
6. The results of the admission process are public.
7. Admission to the Doctoral School is granted through entry on the list of doctoral students.
8. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
9. A person admitted to the Doctoral School acquires the rights of a doctoral student upon taking the oath, the wording of which is set out in the Statute.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.
2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.
5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
   1) high-level research competences and a substantial degree of scientific independence,
   2) knowledge of the principles governing the dissemination of research results,
   3) knowledge of the principles governing the transfer of research results to the economic and social spheres,
   4) the ability to write research papers and present their findings,
   5) academic teaching skills and professional qualifications in modern teaching methods and techniques,
   6) enhancement of language competences,
   7) social competences relevant to research, academic and teaching activities,
   8) preparation of the doctoral dissertation in accordance with the research plan.
2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. The core programme of study at the Doctoral School is approved by the Senate following an opinion from the Doctoral Students' Government within 14 days. If the 14-day period expires without an opinion being issued, the requirement to obtain such an opinion is deemed fulfilled.
6. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in paper and/or electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good); 4.5 (good plus); 5 (very good); as well as pass/fail where applicable.

7. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
8. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
9. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to up to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures, specified on the Doctoral School's website.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. Teaching practice observations are carried out by the supervisor at least once each semester.
6. A doctoral student employed by the University as an academic teacher for more than half of a full-time position is exempt from completing teaching practice after receiving a positive mid-term assessment.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, according to the academic calendar.
3. The report template is provided as a separate document available on the Doctoral School's website.

4. The Doctoral School Council conducts an annual evaluation of the doctoral student based on the semester reports submitted by the candidate, with reference to the IRP and the learning outcomes.
5. Reports from the doctoral student's evaluation procedure are submitted to the Director of the Doctoral School and subsequently forwarded to the doctoral student and the supervisors.
6. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the winter semester session and up to two weeks before the start of the next semester for the summer session.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
    1) the establishment of the Doctoral School,
    2) the designation of the discipline in which doctoral students are trained,
    3) admission rules and the number of available places,
    4) learning outcomes for the programme of study,
    5) the curriculum,
    6) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
    1) record number,
    2) first name(s) and last name,
    3) date and place of birth,
    4) PESEL number or, if not applicable, the name and number of the identity document,
    5) information on the master's degree, master's degree in engineering or equivalent qualification held,
    6) the date of entry onto the list of doctoral students,

7) the discipline of training,
8) the date of commencement of training,
9) the amount of the doctoral scholarship awarded and any changes thereto,
10) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
11) the date of submission and approval of the Individual Research Plan,
12) the dates and periods of the time limit for submitting the dissertation,
13) the dates and periods of suspension of training,
14) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   1) change of first name or last name,
   2) change of supervisor, supervisors or auxiliary supervisor,
   3) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the electronic student/doctoral student service system, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, as well as the credits for consecutive semesters of training.
9. The doctoral student has access to documentation, in particular concerning:
   1) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor,
   2) an Individual Research Plan (IRP),
   3) the result of the mid-term assessment,
   4) certified proficiency in a modern foreign language in accordance with § 5(2)(2),
   5) any extension(s) of the time limit for submitting the doctoral dissertation,
   6) the suspension of training,
   7) the resumption of training,
   8) the attainment of learning outcomes at level 8 of the Polish Qualifications Framework,
   9) the submission of the dissertation,
   10) removal from the register of doctoral students.

10. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
11. The doctoral student's personal file contains, in particular, the following:
    1) documents submitted and generated during the admission process,
    2) information on admission to the Doctoral School,
    3) the oath signed by the doctoral student,
    4) the doctoral student's declaration of consent to the processing of personal data, in the form of a GDPR-compliant data-processing consent clause,
    5) confirmation of receipt of the doctoral student's electronic identity card and any duplicate;
    6) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
    7) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
    8) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
    9) the Individual Research Plan,
    10) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
    11) information on scientific achievements,
    12) information on research placements at national or international research institutions, together with reports,
    13) information on awards and distinctions received,
    14) information on extensions of time limits for completing teaching activities included in the curriculum,
    15) information on the results of semester/annual evaluations,
    16) the result of the mid-term assessment together with justification,
    17) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
    18) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,

19) the paper version of the doctoral dissertation, accompanied by a positive opinion from the supervisor/supervisors and submitted within the deadline specified in the Individual Research Plan (IRP),
20) information confirming the submission of the doctoral dissertation and the initiation of the procedure for the award of the doctoral degree, certified by the Chair of the Scientific Discipline Council,
21) updates submitted concerning changes in the doctoral student's personal data,
22) the clearance form,
23) the decision on removal from the register of doctoral students and confirmation of delivery,
24) any other documents submitted by the doctoral student or relating to the candidate's case,
25) confirmation of receipt of documents when they are issued.

12. The documentation of courses completed as part of the curriculum is maintained in the form of electronic records via the university's electronic student-management system.
13. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship,
2. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
3. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.
4. The total period of receiving the doctoral scholarship may not exceed four years.
5. The period referred to in section 4 does not include any period of suspension, nor the period of training in a doctoral school in the case referred to in Article 206(2) of the Act.
6. The monthly doctoral scholarship amounts to at least:
   1) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   2) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;

7. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 6, applicable on the date of submitting the application for suspension.
8. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 6(1) above.
9. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
10. The doctoral scholarship is not granted to a doctoral student whose training in the Doctoral School entails an obligation to be employed by the Wroclaw University of Health and Sport Sciences
    1) under an employment contract;
    2) with remuneration exceeding that of a professor.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
    1) the loan may be granted to a doctoral student who has not yet reached the age of 35;
    2) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.
3. A doctoral student may apply for:
    1) accommodation in a student hall of the University,
    2) accommodation for a spouse and/or child in accordance with the Regulations of the Student Residence Halls, approved by ordinance of the Rector of the Wroclaw University of Health and Sport Sciences.

IX. Final provisions

§ 17

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.

2. The Regulations shall enter into force on the date of adoption, with effect from 1 October 2024.

Resolution No. 17/2025
of the Senate
of the Wroclaw University of Health and Sport Sciences
of 24 April 2025

regarding: amendments to the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences

Pursuant to: Article 205(1-4) of the Polish Act of 20 July 2018 – Law on Higher Education and Science (consolidated text of Journal of Laws of 2024, item 1571, as amended), and §64(5) of the Statute of the Wroclaw University of Health and Sport Sciences, adopted by Senate Resolution No. 35/2024 of 12 September 2024

The Senate adopted the following resolution:

§ 1

The Senate of the Wroclaw University of Health and Sport Sciences hereby amends the Regulations of the Doctoral School introduced by Senate Resolution No. 29/2019 of 23 May 2019, as set out in the appendix to this Resolution.

§ 2

Upon entry into force of this resolution, Senate Resolution No. 20/2024 of 25 April 2024 shall cease to apply.

§ 3

The resolution shall enter into force as of the date of adoption, with effect from the 2025/2026 academic year.

President of the Senate

Dr. Tadeusz Stefaniak, prof. AWF Wrocław

Appendix to Senate Resolution No. 17/2025

REGULATIONS
OF THE DOCTORAL SCHOOL OF
OF HEALTH AND SPORT SCIENCES

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I. Legal basis

These Regulations are based on general legal acts and the internal regulations of the Wroclaw University of Health and Sport Sciences, including the following:

- the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2024, item 1571, as amended), hereinafter referred to as the Act;
- the Act of 13 October 1998 on the social security system (consolidated text: Journal of Laws of 2025, item 350);
- the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof (Journal of Laws of 2019, item 1847)
- the Regulation of the Minister of Science and Higher Education of 14 November 2018 on the second-level characteristics of learning outcomes for Levels 6-8 of the Polish Qualifications Framework (Journal of Laws of 2018, item 2218)
- the Regulation of the Minister of Education and Science of 11 September 2022 on fields of science, and scientific and artistic disciplines (consolidated text: Journal of Laws of 2025, item 211)
- the Regulation of the Minister of Science and Higher Education of 25 September 2018 on the minimum monthly basic remuneration for professors at public higher education institutions (consolidated text: Journal of Laws of 2024, item 1407)
- the Regulation of the Minister of Science and Higher Education of 1 April 2019 on scholarships of the minister in charge of higher education and science for students and outstanding young researchers (consolidated text: Journal of Laws of 2022, item 428)
- the Statute of the Wroclaw University of Health and Sport Sciences, adopted by Senate Resolution No. 35/2024 of 12 September 2024

II. General provisions

1. A doctoral school may be run by an academic higher education institution which conducts scientific activity exclusively in one discipline that is a discipline in theology, in physical culture studies or an artistic discipline, and which holds a scientific category of A+, A or B+ in that discipline.
2. At the Wroclaw University of Health and Sport Sciences, the Doctoral School is established by the Rector.

3. The Doctoral School at the Wroclaw University of Health and Sport Sciences, hereinafter referred to as the Doctoral School, is a university-wide organisational unit directly subordinate to the Rector.
4. The Doctoral School is an organised form of doctoral education designed to prepare candidates for the award of the doctoral degree.
5. The Doctoral School referred to in section 2 educates doctoral students in the field of medical and health sciences and in the discipline of physical culture sciences.
6. Doctoral education is free of charge.
7. No fees are charged for conducting the procedure for the award of the doctoral degree if the applicant has completed their education in the Doctoral School.
8. The University ensures that persons with disabilities are provided with conditions enabling their full participation in the admission process and in doctoral education in the Doctoral School, as well as in conducting research activity.
9. The rules for educating foreign nationals at the Doctoral School are governed by the Act and by the Regulation of the Minister of Science and Higher Education of 23 September 2019 on the template of the certificate issued by an institution providing studies or education at a doctoral school confirming admission of a foreigner to full-time studies or doctoral-school training, or continuation thereof.
10. The University shall loose the right to operate the Doctoral School if it ceases to meet the requirements set out in Article 198(3-5) of the Act; this takes effect at the end of the academic year in which the circumstances arise.
11. If education at the Doctoral School is discontinued, Article 206 of the Act shall apply.

III. Organisation of the Doctoral School

§ 1

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act.
2. A person admitted to the School at the Wroclaw University of Health and Sport Sciences begins their education and acquires the rights of a doctoral student upon taking the oath. A doctoral student confirms taking the oath by signing the oath document.
3. Once the person admitted to the Doctoral School has acquired these rights, they receive an electronic doctoral student identity card, which confirms their doctoral student status. A

doctoral student has the right to hold the electronic doctoral student identity card until the completion of their education at the School or removal from the register of doctoral students.

4. A doctoral student is entitled to social security and public health insurance as provided for in separate regulations.
5. A doctoral student is entitled to holiday breaks of up to eight weeks per year, which should be taken during periods free from classes.
6. A doctoral student must comply with the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences.

§ 2

1. The organisational structure of the Doctoral School consists of the Director and the Council of the Doctoral School.
2. Administrative services are provided by the Doctoral School Office.
3. Substantive supervision over education provided within the Doctoral School is exercised by the Scientific Discipline Council for Physical Culture Sciences.
4. The Council of the Doctoral School is an advisory and consultative body, composed of six members, that provides expert support to the Director. Council members are appointed by the Rector upon the request of the Director from among academic teachers holding the title of professor or the degree of doktor habilitowany. A representative of the Doctoral Students' Government may be invited to meetings of the Doctoral School Council.
5. Doctoral students at the Wroclaw University of Health and Sport Sciences form the Doctoral Students' Government and may join doctoral organisations.
6. The Director is obliged to cooperate with the Doctoral Students' Government.
7. The quality of education in the Doctoral School is evaluated by the Science Evaluation Committee (KEN), according to the schedule established by KEN.

§ 3

1. Doctoral education at the Doctoral School lasts eight semesters.
2. Doctoral education is conducted in accordance with the official academic calendar.
3. Education is carried out on the basis of the study programme and the Individual Research Plan (hereinafter: IRP).
4. A doctoral student completes their training upon submitting their doctoral dissertation together with a positive opinion from the supervisor or supervisors.

5. The doctoral student submits the doctoral dissertation, in both paper and electronic form, accompanied by a positive opinion from the supervisor/supervisors, to the Doctoral School Office within the deadline specified in the Individual Research Plan (IRP).
6. The doctoral dissertation may be submitted, and the Doctoral School completed, earlier than scheduled, but not before the end of the sixth semester of education.

§ 4

1. Within three months of commencing training, a supervisor or supervisors are assigned to the doctoral student.
2. A request for the appointment of a supervisor (supervisors, or a supervisor together with an auxiliary supervisor), accompanied by a statement of reasons, is submitted to the to the Scientific Discipline Council for Physical Culture Sciences by the Director of the Doctoral School, upon written request from the person seeking the award of the doctoral degree, no later than three months after the start of the academic year.
3. A supervisor may be a person holding the degree of doktor habilitowany or the title of professor, and an auxiliary supervisor may be a person holding at least the doctoral degree.
4. The detailed requirements for supervisors and auxiliary supervisors are defined in the regulations governing the procedure for awarding the doctoral degree at the Wrocław University of Physical Education.
5. A supervisor/supervisors, or a supervisor together with an auxiliary supervisor may be removed at any stage of doctoral training by the Scientific Discipline Council for Physical Culture Sciences, upon a written request submitted by the Director of the Doctoral School, if significant reasons arise, including, in particular, the following:
   a) insufficient substantive or time-related supervision of the doctoral student, as specified in the schedule of the Individual Research Plan (IRP), resulting in failure to carry out the stages of training, as confirmed by the semester evaluation and the mid-term assessment;
   b) extraordinary circumstances affecting the supervisor/supervisors or the auxiliary supervisor.
6. The change of supervisor/supervisors, or supervisor and auxiliary supervisor must take place within no more than one month.
7. A new supervisor/supervisors or auxiliary supervisor is appointed in accordance with the above procedures.

§ 5

1. The doctoral student, in consultation with the supervisor or supervisors, prepares the Individual Research Plan (IRP), which must be submitted to the Director o the Doctoral School within 12 months of the start of training.
2. If an auxiliary supervisor is appointed, the IRP must be submitted after obtaining their opinion.
3. The IRP includes a detailed schedule for the preparation of the doctoral dissertation and for the doctoral student's research activities.
4. The IRP specifies the deadline for the submission of the doctoral dissertation.
5. The IRP must be prepared in accordance with the template provided on the Doctoral School's website.
6. Detailed information on the procedure for submitting the IRP is set out in the document "Procedure for submitting and approving the draft Individual Research Plan and presenting the Individual Research Plan," available on the Doctoral School website.

§ 6

1. The doctoral dissertation must constitute an original solution to a scientific problem in the discipline of physical culture sciences or in the field of medical and health sciences.
2. The doctoral dissertation must demonstrate the candidate's general theoretical knowledge and their ability to conduct independent research.
3. The dissertation may take the form of a written work, including a scholarly monograph, a collection of published and thematically related scientific articles or an independent and distinct part of a collective work.
4. Guidelines concerning the form of the doctoral dissertation are set out in the Regulations on Proceedings for the Award of the Doctoral Degree at the Wroclaw University of Health and Sport Sciences.
5. Guidelines for the preparation of the written version of the dissertation referred to in § 6(3), as well as the author's summary are specified in separate regulations.
6. The final deadline for the submission of the doctoral dissertation is the date of completion of education provided for in the study programme.
7. This deadline may be extended In the following cases:
    a) the need to conduct long-term research, upon the supervisor's opinion, for the duration of such research, but for no longer than two years;
    b) a justified scientific study visit or research internship, following consultation with the supervisor, for the duration thereof, but for no longer than 2 years;

c) a temporary inability to pursue education due to illness, following consultation with the supervisor, for the duration thereof, but for no longer than 2 years;
d) the need to take personal care of a sick family member, a child under the age of 4 or a child with a disability certificate.

8. The extension is granted upon a reasoned request submitted by the doctoral student and endorsed by the supervisor.
9. The request must be submitted to the Director of the Doctoral School after obtaining the opinion of the Council of the Doctoral School.
10. The Director may extend the time limit for the submission of the doctoral dissertation after the justification has been approved by the Council of the Doctoral School, simultaneously exempting the doctoral student from the obligation to attend classes.
11. The total period by which the deadline for submission of the doctoral dissertation may be extended, in the cases referred to in section 7, shall not exceed two years. In justified cases referred to in section 7, the submission deadline may be extended once for a maximum period of one year.

§ 7

1. The mid-term assessment is conducted halfway through the period of education specified in the curriculum, upon completion of the fourth semester.
2. The assessment concerns the implementation of the doctoral student's IRP. The assessment is intended to evaluate the doctoral student's progress halfway through the training period and to review the implementation of the Individual Research Plan.
3. The mid-term assessment is carried out by a committee composed of three members, appointed for a given academic year by the Scientific Discipline Council for Physical Culture Sciences, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
4. The committee consists of three members, including the following:
   a) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;
   b) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
5. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.

6. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students whose IRPs are subject to mid-term assessment; and ensures that the relevant information is published on the website of the Doctoral School.
7. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.
8. A representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as an observer.
9. The mid-term assessment is based on:
    a) the doctoral student's Individual Research Plan,
    b) the doctoral student's semester reports together with evaluation forms,
    c) documentation confirming the progress of the doctoral dissertation, including the supervisor's opinion,
    d) documentation of scientific achievements,
    e) an interview between the committee and the doctoral student.
10. The detailed rules and criteria for the mid-term assessment are provided in a separate document available on the Doctoral School's website.
11. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. The committee makes decisions by an absolute majority of votes.
12. The mid-term assessment results in either a positive or a negative result.
13. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with § 8(4).
14. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

§ 8

1. A doctoral student is removed from the register of doctoral students if:
    a) the mid-term assessment result is negative;
    b) they fail to submit the dissertation within the deadline set in the IRP;
    c) they resign from the programme;
    d) they fail to commence the programme;
    e) they violate the prohibition referred to in Article 200(7);
    f) they are given the disciplinary penalty of expulsion from the doctoral school.

2. In proceedings concerning the removal of a doctoral student from the register of doctoral students, in the case referred to in Article 203(1)(5), the doctoral student shall be requested to submit, within a period of no less than 30 days from the date of delivery of the request, a resignation from education at another doctoral school.
3. A doctoral student may be removed from the register of doctoral students if:
   a) they make unsatisfactory progress in preparing the dissertation;
   b) they fail to meet the obligations specified in Article 207.
4. Removal from the register of doctoral students is effected by an administrative decision issued by the Director of the Doctoral School. The decision may be appealed by submitting a request for reconsideration of the case to the Director of the Doctoral School.
5. At the doctoral student's request, the Director of the Doctoral School suspends training for the duration of maternity leave, complementary maternity leave, leave under the conditions of maternity leave, paternity leave or parental leave, as defined in the Polish Labour Code of 26 June 1974.
6. Suspension of training entails the suspension of the obligation to attend courses included in the curriculum, to complete course requirements, to carry out the Individual Research Plan, and to undertake professional placements.
7. Within 14 days before the end of the suspension period, the doctoral student must submit a declaration of their intention to resume studies to the Director of the Doctoral School.
8. Once the suspension period has ended, the doctoral student resumes training from the semester in which it was suspended, in accordance with the applicable Regulations, and must submit an updated version of the Individual Research Plan to the Director of the Doctoral School.
9. Upon the doctoral student's request, the Director of the Doctoral School shall extend the time limit for submitting the doctoral dissertation by the duration of the suspension.
10. An application to extend the time limit for the submission of the dissertation must include the opinion of the supervisor or supervisors, or the supervisor and auxiliary supervisor, as applicable. An application to suspend training must include a note prepared by an administrative employee, based on documents submitted by the doctoral student confirming the relevant entitlements or justifying the application.
11. Templates for the application to extend the time limit for the submission of the dissertation and for the application to suspend training are published on the Doctoral School's website.

IV. Admission to the Doctoral School

§ 9

1. A person may be admitted to the Doctoral School if they hold a master's degree, a master's degree in engineering or an equivalent qualification, or if they meet the conditions specified in Article 186(2) of the Act, and have a command of English sufficient to participate in classes conducted in this language.
2. A doctoral student may be enrolled in only one doctoral school at a time.
3. Admission to the Doctoral School is carried out through a competitive selection process under the rules established by the Senate.
4. The admission dates and the detailed procedure for the admission and competitive selection process for the Doctoral School are made public no later than five months before the start of the admission process.
5. The admission process to the Doctoral School is conducted by the Admission Committee and the Selection Committee appointed by the Rector.
6. Admission to the Doctoral School is based on the ranking list.
7. The results of the admission process are public.
8. Admission to the Doctoral School is granted through entry on the list of doctoral students.
9. Refusal of admission to the Doctoral School is issued by way of an administrative decision. The decision may be appealed by submitting a request for reconsideration of the case.
10. A person admitted to the Doctoral School shall commence their studies and acquire the rights of a doctoral student upon taking the oath.

V. Programme of Study at the Doctoral School

§ 10

1. The Doctoral School provides teaching staff with the highest qualifications.
2. Academic teachers of the University, as well as academic staff from other higher education institutions and research units, employed as teaching, research, or research and teaching staff, may be involved in the education of doctoral students.
3. The programme of study at the Doctoral School should be defined in sufficiently general terms to allow for an individualised learning pathway for each doctoral student.
4. The Doctoral School provides a curriculum that includes, among other elements, academic teaching skills, language training and the development of soft skills.

5. Where possible, the School's teaching offer may take into account specific requests submitted by doctoral students regarding particular types of classes.

§ 11

1. The programme of study at the Doctoral School prepares doctoral students for research and teaching careers. In particular, it is designed to ensure that they achieve learning outcomes in the following areas:
   a) high-level research competences and a substantial degree of scientific independence,
   b) knowledge of the principles governing the dissemination of research results,
   c) knowledge of the principles governing the transfer of research results to the economic and social spheres,
   d) the ability to write research papers and present their findings,
   e) academic teaching skills and professional qualifications in modern teaching methods and techniques,
   f) enhancement of language competences,
   g) social competences relevant to research, academic and teaching activities,
   h) preparation of the doctoral dissertation in accordance with the research plan.
2. The programme of study is implemented through lectures, classes, seminars, workshops, laboratory sessions, consultations, placements and teaching practice. These forms of instruction are delivered through direct contact with academic teachers and through the doctoral student's independent work; online formats and e-learning courses may also be used.
3. The rules for passing each course in a given semester, as well as the examination dates, are communicated to doctoral students during the first class meeting by the academic teacher responsible for the course.
4. Training at the Doctoral School is conducted in accordance with the core teaching programme, which defines the scope of training and the number of teaching hours based on the intended learning outcomes.
5. The framework study programme of the Doctoral School is defined by the Senate. The establishment of the framework curriculum requires consultation with the doctoral students' self-government. If the 14-day period specified in the Statute of the University of the Wroclaw University of Health and Sport Sciences lapses without an opinion being issued, the consultation requirement shall be deemed to have been fulfilled.

6. Completion of each course listed in the curriculum is recorded by the academic teacher in the grade report (in paper and/or electronic form) using the following grading scale: 2 (unsatisfactory); 3 (satisfactory); 3.5 (satisfactory plus); 4 (good);

4.5 (good plus); 5 (very good); as well as pass/fail where applicable.

7. In the event that a doctoral student receives a failing grade in an examination, they are entitled to one resit attempt.
8. In the event that a doctoral student fails to pass one course, they may receive a conditional enrolment for the following semester, provided that the missing course is completed in the next academic year.
9. Classes may also be held on Saturdays and Sundays according to the approved schedule, excluding public holidays.

§ 12

1. The programme of study at the Doctoral School includes compulsory professional placements in the form of teaching or assisting in teaching, amounting to up to 60 teaching hours per academic year.
2. The rules for completing teaching practice are set out in separate regulations, which also specify the documentation requirements and evaluation procedures, specified on the Doctoral School's website.
3. Teaching practice is organised, supervised and assessed by the supervisor. The supervision of teaching practice must be documented (through an observation report).
4. The observation report (template) is provided as a separate document available on the Doctoral School's website.
5. Teaching practice observations are carried out by the supervisor at least once each semester.

VI. Rules of training at the Doctoral School

§ 13

1. The course of training is documented on the basis of reports submitted by doctoral students on the implementation of their Individual Research Plans, confirmed by the supervisor/supervisors or the supervisor and auxiliary supervisor, and based on the completed curriculum.
2. Reports are submitted at the end of each semester, according to the academic calendar.

3. The report template is provided as a separate document available on the Doctoral School's website.
4. The Doctoral School Council conducts an annual evaluation of the doctoral student based on the semester reports submitted by the candidate, with reference to the IRP and the learning outcomes.
5. Reports from the doctoral student's evaluation procedure are submitted to the Director of the Doctoral School and subsequently forwarded to the doctoral student and the supervisors.
6. Where justified, a doctoral student may apply to the Director of the Doctoral School for an extension of the examination and assessment session: up to 30 days after the end of the winter semester session and up to two weeks before the start of the next semester for the summer session.
7. The doctoral student shall complete the study programme and the Individual Research Plan.

VII. Documentation of the training process

§ 14

1. Administrative services related to the documentation of the course of training are provided by the Doctoral School Office.
2. The Doctoral School Office collects and stores documents relating in particular to the following:
   a) the establishment of the Doctoral School,
   b) the designation of the discipline in which doctoral students are trained,
   c) admission rules and the number of available places,
   d) learning outcomes for the programme of study,
   e) the curriculum,
   f) the academic year schedule.
3. The Doctoral School maintains an electronic register of doctoral students.
4. Each doctoral student is assigned a student record number.
5. The following data are entered into the doctoral student's record:
   a) record number,
   b) first name(s) and last name,
   c) date and place of birth,
   d) PESEL number or, if not applicable, the name and number of the identity document,

e) information on the master's degree, master's degree in engineering or equivalent qualification held,
f) the date of entry onto the list of doctoral students,
g) the discipline of training,
h) the date of commencement of training,
i) the amount of the doctoral scholarship awarded and any changes thereto,
j) the date of appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
k) the date of submission and approval of the Individual Research Plan,
l) the dates and periods of the time limit for submitting the dissertation,
m) the dates and periods of suspension of training,
n) the date of completion of training – the date of submission of the doctoral dissertation.

6. Additionally, the following information is entered into the candidate's record (with dates) when applicable:
   a) change of first name or last name,
   b) change of supervisor, supervisors or auxiliary supervisor,
   c) removal from the register of doctoral students.
7. The record number also serves as the number of the electronic student record and of the doctoral student's electronic identity card.
8. The electronic record, accessible to the doctoral student through the electronic student/doctoral student service system, contains the individual study plan for each semester, the credits for courses included in the study programme and for completed professional placements, as well as the credits for consecutive semesters of training.
9. The doctoral student has access to documentation, in particular concerning:
   a) the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor,
   b) an Individual Research Plan (IRP),
   c) the result of the mid-term assessment,
   d) certified proficiency in a modern foreign language,
   e) any extension(s) of the time limit for submitting the doctoral dissertation,
   f) the suspension of training,
   g) the resumption of training,

h) the attainment of learning outcomes at level 8 of the Polish Qualifications Framework,
i) the submission of the dissertation,
j) removal from the register of doctoral students.

10. The record number is also placed on the doctoral student's personal file, which is kept in the Doctoral School Office for the duration of the candidate's training.
11. The doctoral student's personal file contains, in particular, the following:
    a) documents submitted and generated during the admission process,
    b) information on admission to the Doctoral School,
    c) the oath signed by the doctoral student,
    d) the doctoral student's declaration of consent to the processing of personal data, in the form of a GDPR-compliant data-processing consent clause,
    e) the doctoral student's declaration authorising the Wroclaw University of Health and Sport Sciences to report academic achievements in the discipline of physical culture studies at the Wroclaw University of Health and Sport Sciences,
    f) a declaration of commencement of studies at the Doctoral School,
    g) a statement confirming that the candidate is not enrolled in any other doctoral school,
    h) confirmation of receipt of the doctoral student's electronic identity card and any duplicate,
    i) information on the amount of the doctoral scholarship, any changes to it and the basis for such changes,
    j) information on the appointment of the supervisor or supervisors, or the supervisor and auxiliary supervisor, together with their details,
    k) information on changes of supervisor, supervisors or auxiliary supervisor, together with relevant details,
    l) the Individual Research Plan,
    m) reports on the implementation of the Individual Study Plans together with confirmation of semester completion,
    n) information on scientific achievements,
    o) information on research placements at national or international research institutions, together with reports,
    p) information on awards and distinctions received,
    q) information on extensions of time limits for completing teaching activities included in the curriculum,

r) information on the results of semester/annual evaluations,
s) the result of the mid-term assessment together with justification,
t) applications submitted by the doctoral student for an extension of the time limit for the submission of the dissertation and information on the outcome of such applications,
u) applications submitted by the doctoral student for the suspension of training and information on the suspension granted,
v) the paper version of the doctoral dissertation, accompanied by a positive opinion from the supervisor/supervisors and submitted within the deadline specified in the Individual Research Plan (IRP),
w) information confirming the submission of the doctoral dissertation and the initiation of the procedure for the award of the doctoral degree, certified by the Chair of the Scientific Discipline Council for Physical Culture Sciences,
x) updates submitted concerning changes in the doctoral student's personal data,
y) the clearance form,
z) the decision on removal from the register of doctoral students and confirmation of delivery,
aa) any other documents submitted by the doctoral student or relating to the candidate's case,
bb) confirmation of receipt of documents when they are issued.

12. The documentation of courses completed as part of the curriculum is maintained in the form of electronic records via the university's electronic student-management system.
13. After completion of the programme, the doctoral student's personal file is transferred by the Doctoral School Office to the University Archive.

VIII. Doctoral scholarship and other benefits

§ 15

1. A doctoral student who does not hold the doctoral degree receives a doctoral scholarship.
2. The doctoral scholarship is paid by the entity operating the Doctoral School.
3. The Director of the Doctoral School authorises the payment of the doctoral scholarship to all doctoral students entered on the list of doctoral students.
4. The scholarship is paid for twelve months each year, beginning with the first month of the academic year in which the doctoral student commenced training at the Doctoral School.

5. The total period of receiving the doctoral scholarship may not exceed four years.
6. The period referred to in section 4 does not include any period of suspension, nor the period of training in a doctoral school in the case referred to in Article 206(2) of the Act.
7. The monthly doctoral scholarship amounts to at least:
   a) 37% of the professor's remuneration – until the month in which the mid-term assessment takes place;
   b) 57% of the professor's remuneration – following the month in which the mid-term assessment takes place;
8. During a period of suspension of training, the rules for determining the maternity allowance apply accordingly, except that the basis for calculation is the monthly amount of the doctoral scholarship referred to in section 7, applicable on the date of submitting the application for suspension.
9. A doctoral student who holds a disability certificate, a certificate confirming the degree of disability or a certificate referred to in Articles 5 and 62 of the Polish Act of 27 August 1997 on Vocational and Social Rehabilitation and Employment of Persons with Disabilities, receives a scholarship increased by 30% of the amount referred to in section 7(a) above.
10. A doctoral student who submits their doctoral dissertation earlier than the completion date specified in the programme of study continues to receive the doctoral scholarship until the scheduled completion date, but for no longer than six months.
11. The doctoral scholarship is not granted to a doctoral student whose training in the Doctoral School entails an obligation to be employed by the Wroclaw University of Health and Sport Sciences

1) under an employment contract;
2) with remuneration exceeding that of a professor.

§ 16

1. A doctoral student may apply for a student loan, under the terms laid down in the Act.
2. The provisions on student loans apply accordingly, except that:
   a) the loan may be granted to a doctoral student who has not yet reached the age of 35;
   b) the loan is granted only once for the duration of training at the Doctoral School, for no longer than four years.
3. A doctoral student may apply for:
   a) accommodation in a student hall of the University,

b) accommodation for a spouse and/or child in accordance with the Regulations of the Student Residence Halls, approved by ordinance of the Rector of the Wroclaw University of Health and Sport Sciences.

IX. Final provisions

§ 17

1. In matters not regulated herein, the detailed provisions of the legal acts cited in Chapter I, as well as the documents published on the Doctoral School's website, shall apply.
2. The Regulations shall enter into force on the date of adoption, with effect from 1 October 2025.

Detailed Rules for the Mid-term Assessment

in the 2020-21 academic year

§ 1

General principles

1. The mid-term assessment concerns the implementation of the doctoral student's Individual Research Plan (IRP) and is conducted halfway through the period of education specified in the curriculum, that is, upon completion of the fourth semester. The result (positive/negative) of the mid-term assessment, together with its justification, is public and is made available in the Public Information Bulletin.
2. The mid-term assessment is carried out by a Mid-Term Assessment Committee composed of three members, appointed by the Scientific College Council, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
3. The committee consists of three members, including the following:

   1) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;

   2) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
4. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.
5. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students; and ensures that the relevant information is published on the website of the Doctoral School.

6. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.
7. A member of the Doctoral School Council and a representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as observers.
8. The Committee's meeting, both its open and closed sessions, are recorded in the minutes.
9. The organisation and conduct of the mid-term assessment are the responsibility of the Director of the Doctoral School.

§ 2

Specific rules

1. The mid-term assessment is based on:
   - the doctoral student's Individual Research Plan – Appendix No. 1,
   - the doctoral student's semester reports together with evaluation forms (semesters 1-4) – Appendix No. 2 and Appendix No. 3,
   - the self-evaluation report prepared according to the template in force at the Doctoral School of the University School of Physical Education in Wrocław – Appendix No. 4,
   - the supervisor's opinion on the implementation of the IRP and the doctoral dissertation – Appendix No. 5,
   - the supervisor's annual reports – Appendices No. 6 and 7,
   - an interview between the Committee and the doctoral student, with the possible participation of the supervisor.
3. The mid-term assessment criteria concern, in particular, the following:
   - the progress made in implementing the IRP and adherence to the planned schedule;
   - measurable outcomes related to the doctoral dissertation, including, for example, a dissertation outline, completed chapters, articles published or prepared for publication, a set of thematically related scientific articles constituting the

dissertation – based on the self-evaluation report and the percentage level of progress in preparing the doctoral dissertation

3. The Committee issues a positive evaluation if the doctoral student is completing the IRP without unjustified delays and their current progress indicates the likelihood of submitting the dissertation on time.
4. The justification for a positive evaluation may also include recommended adjustments to the IRP.
5. Failure to meet the condition described in point 3 results in a negative evaluation.
6. Mid-term assessment procedure and stages of the Committee's work:
    - Submission of the complete set of documents to the Doctoral School Office – by 1 September 2021
    - Transfer of documents (in paper or electronic form, as agreed) to the Chair and members of the Mid-Term Assessment Committee – by 7 September 2021
    - Review of the documents by the Committee and preparation of a preliminary assessment – by 17 September 2021
    - Committee meeting, held either in person or online (including both the open and closed parts of the meeting) – by 24 September 2021
    - Publication of the mid-term assessment outcome – by 28 September 2021
    - The doctoral student may submit an appeal within two weeks of receiving the decision.
7. The doctoral student and the supervisor are invited to attend the open part of the Committee meeting, which is held online.
8. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. Committee decisions, whether positive or negative, are made by an absolute majority of votes in an open vote.
9. The Chair of the Committee signs both the mid-term assessment decisions for doctoral students and the report documenting the procedure.

10. Each mid-term assessment decision for a doctoral student must include a justification referring to every task specified in the IRP and may include recommendations for modifying the IRP.
11. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with the Regulations of the Doctoral School.
12. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

Detailed Rules for the Mid-term Assessment

in the 2021-22 academic year

§ 1

General principles

1. The mid-term assessment concerns the implementation of the doctoral student's Individual Research Plan (IRP) and is conducted halfway through the period of education specified in the curriculum, that is, upon completion of the fourth semester. The result (positive/negative) of the mid-term assessment, together with its justification, is public and is made available in the Public Information Bulletin.
2. The mid-term assessment is carried out by a Mid-Term Assessment Committee composed of three members, appointed by the Scientific College Council, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
3. The committee consists of three members, including the following:

   1) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;

   2) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
4. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.
5. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students; and ensures that the relevant information is published on the website of the Doctoral School.
6. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.

7. A member of the Doctoral School Council and a representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as observers.
8. The Committee's meeting, both its open and closed sessions, are recorded in the minutes.
9. The organisation and conduct of the mid-term assessment are the responsibility of the Director of the Doctoral School.

§ 2

Specific rules

1. The mid-term assessment is based on:
   - the doctoral student's Individual Research Plan – Appendix No. 1,
   - the doctoral student's semester reports together with evaluation forms (semesters 1-4) – Appendix No. 2 and Appendix No. 3,
   - the self-evaluation report prepared according to the template in force at the Doctoral School of the University School of Physical Education in Wrocław – Appendix No. 4,
   - the supervisor's opinion on the implementation of the IRP and the doctoral dissertation – Appendix No. 5,
   - (a possible interview between the Committee and the doctoral student, with the participation of the supervisor).
2. The mid-term assessment criteria concern, in particular, the following:
   - the progress made in implementing the IRP and adherence to the planned schedule;
   - measurable outcomes related to the doctoral dissertation, including, for example, a dissertation outline, completed chapters, articles published or prepared for publication, a set of thematically related scientific articles constituting the dissertation – based on the self-evaluation report and the percentage level of progress in preparing the doctoral dissertation
3. The Committee issues a positive evaluation if the doctoral student is completing the IRP without unjustified delays and their current progress indicates the likelihood of submitting the dissertation on time.

3. The justification for a positive evaluation may also include recommended adjustments to the IRP.
4. Failure to meet the condition described in point 3 results in a negative evaluation.
5. Mid-term assessment procedure and stages of the Committee's work:

   - Submission of the complete set of documents by second-year Doctoral Students to the Doctoral School Office by **30 June 2022** (paper version and electronic version).

   - Transfer of documents (in paper or electronic form, as agreed) to the Chair and members of the Mid-Term Assessment Committee – by **20 July 2022**

   - Review of the documents by the Committee and preparation of a preliminary assessment – by **01 September 2022**

   - Committee meeting, held either in person or online **by 09 September 2022** (including both the open and closed parts of the meeting) (the exact date to be agreed with the Chair).

   - Publication of the mid-term assessment outcome by **15 September 2022**

   - The doctoral student may submit an appeal within two weeks of receiving the decision.
6. The doctoral student and the supervisor are invited to attend the open part of the Committee meeting, which is held online.
7. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. Committee decisions, whether positive or negative, are made by an absolute majority of votes in an open vote.
8. The Chair of the Committee signs both the mid-term assessment decisions for doctoral students and the report documenting the procedure.
9. Each mid-term assessment decision for a doctoral student must include a justification referring to every task specified in the IRP and may include recommendations for modifying the IRP.
10. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with the Regulations of the Doctoral School.
11. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

Detailed Rules for the Mid-term Assessment

in the 2022-23 academic year

§ 1

General principles

1. The mid-term assessment concerns the implementation of the doctoral student's Individual Research Plan (IRP) and is conducted halfway through the period of education specified in the curriculum, that is, upon completion of the fourth semester. The result (positive/negative) of the mid-term assessment, together with its justification, is public and is made available in the Public Information Bulletin.
2. The mid-term assessment is carried out by a committee composed of three members, appointed by the Scientific College Council, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
3. The committee consists of three members, including the following:

   1) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;

   2) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
4. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.
5. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students; and ensures that the relevant information is published on the website of the Doctoral School.
6. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.

7. A member of the Doctoral School Council and a representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as observers.
8. The Committee's meeting, both its open and closed sessions, are recorded in the minutes.
9. The organisation and conduct of the mid-term assessment are the responsibility of the Director of the Doctoral School.

§ 2

Specific rules

1. The mid-term assessment is based on:

   - the doctoral student's Individual Research Plan – Appendix No. 1,

   - the doctoral student's semester reports together with evaluation forms (semesters 1-4) – Appendix No. 2 and Appendix No. 3,

   - the self-evaluation report prepared according to the template in force at the Doctoral School of the University School of Physical Education in Wrocław – Appendix No. 4,

   - the supervisor's opinion on the implementation of the IRP and the doctoral dissertation – Appendix No. 5.

2. The mid-term assessment criteria concern, in particular, the following:
   - the progress made in implementing the IRP and adherence to the planned schedule;
   - measurable outcomes related to the doctoral dissertation, including, for example, a dissertation outline, completed chapters, articles published or prepared for publication, a set of thematically related scientific articles constituting the dissertation – based on the self-evaluation report and the percentage level of progress in preparing the doctoral dissertation

3. The Committee issues a positive evaluation if the doctoral student is completing the IRP without unjustified delays and their current progress indicates the likelihood of submitting the dissertation on time.
4. The justification for a positive evaluation may also include recommended adjustments to the IRP.
5. Failure to meet the condition described in point 3 results in a negative evaluation.
6. Mid-term assessment procedure and stages of the Committee's work:

   – Appointment of the committee for the mid-term assessment by the Scientific College Council, by **30 June 2023**

   - Submission of the complete set of documents by second-year Doctoral Students to the Doctoral School Office by **30 June 2023** (paper version and electronic version).

   - Transfer of documents (in paper or electronic form, as agreed) to the Chair and members of the Mid-Term Assessment Committee – by **21 July 2023**

   - Review of the documents by the Committee and preparation of a preliminary assessment – by **01 September 2023**

   - Committee meeting, held either in person or online **by 15 September 2023** (including both the open and closed parts of the meeting) (the exact date to be agreed with the Chair).

   - The mid-term assessment decision is announced by **22 September 2023**

   - The doctoral student may submit an appeal within two weeks of receiving the decision.
7. The doctoral student is invited to the open part of the meeting, together with the supervisor (or supervisors), if applicable. The doctoral student and the supervisor(s) may take part online.
8. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. Committee decisions, whether positive or negative, are made by an absolute majority of votes in an open vote.

9. The Chair of the Committee signs both the mid-term assessment decisions for doctoral students and the report documenting the procedure.
10. Each mid-term assessment decision for a doctoral student must include a justification referring to every task specified in the IRP and may include recommendations for modifying the IRP.
11. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with the Regulations of the Doctoral School.
12. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

Detailed Rules for the Mid-term Assessment

in the 2023-24 academic year

§ 1

General principles

1. The mid-term assessment concerns the implementation of the doctoral student's Individual Research Plan (IRP) and is conducted halfway through the period of education specified in the curriculum, that is, upon completion of the fourth semester. The result (positive/negative) of the mid-term assessment, together with its justification, is public and is made available in the Public Information Bulletin.
2. The mid-term assessment is carried out by a committee composed of three members, appointed by the Scientific College Council, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
3. The committee consists of three members, including the following:

   1) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared;

   2) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertations are prepared.
4. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.
5. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students; and ensures that the relevant information is published on the website of the Doctoral School.
6. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.

7. A member of the Doctoral School Council and a representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as observers.
8. The Committee's meeting, both its open and closed sessions, are recorded in the minutes.
9. The organisation and conduct of the mid-term assessment are the responsibility of the Director of the Doctoral School.

§ 2

Specific rules

1. The mid-term assessment is based on:

   - the doctoral student's Individual Research Plan – Appendix No. 1,

   - the doctoral student's semester reports together with evaluation forms (semesters 1-4) – Appendix No. 2 and Appendix No. 3,

   - the self-evaluation report prepared according to the template in force at the Doctoral School of the University School of Physical Education in Wrocław – Appendix No. 4,

   - the supervisor's opinion on the implementation of the IRP and the doctoral dissertation – Appendix No. 5.

2. The mid-term assessment criteria concern, in particular, the following:
   - the progress made in implementing the IRP and adherence to the planned schedule;
   - measurable outcomes related to the doctoral dissertation, including, for example, a dissertation outline, completed chapters, articles published or prepared for publication, a set of thematically related scientific articles constituting the dissertation – based on the self-evaluation report and the percentage level of progress in preparing the doctoral dissertation

3. The Committee issues a positive evaluation if the doctoral student is completing the IRP without unjustified delays and their current progress indicates the likelihood of submitting the dissertation on time.
4. The justification for a positive evaluation may also include recommended adjustments to the IRP.
5. Failure to meet the condition described in point 3 results in a negative evaluation.
6. Mid-term assessment procedure and stages of the Committee's work:

   - Appointment of the committee for the mid-term assessment by the College Council, by **30 June 2024**

   - Submission of the complete set of documents by second-year Doctoral Students to the Doctoral School Office by **19 July 2024** (paper version and electronic version).

   - Transfer of documents (in paper or electronic form, as agreed) to the Chair and members of the Mid-Term Assessment Committee – by **08 August 2024**

   - Review of the documents by the Committee and preparation of a preliminary assessment – by **06 September 2024**

   - Committee meeting, held either in person or online **by 18 September 2024** (including both the open and closed parts of the meeting) (the exact date to be agreed with the Chair).

   - The mid-term assessment decision is announced by **23 September 2024**

   - The doctoral student may submit an appeal within two weeks of receiving the decision.
7. The doctoral student is invited to the open part of the meeting, together with the supervisor (or supervisors), if applicable. The doctoral student and the supervisor(s) may take part online.
8. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. Committee decisions, whether positive or negative, are made by an absolute majority of votes in an open vote.

9. The Chair of the Committee signs both the mid-term assessment decisions for doctoral students and the report documenting the procedure.
10. Each mid-term assessment decision for a doctoral student must include a justification referring to every task specified in the IRP and may include recommendations for modifying the IRP.
11. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with the Regulations of the Doctoral School.
12. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

Detailed Rules for the Mid-term Assessment

in the 2024-25 academic year

§ 1

General principles

1. The mid-term assessment concerns the implementation of the doctoral student's Individual Research Plan and is conducted halfway through the period of education specified in the curriculum, that is, upon completion of the fourth semester. The result (positive/negative) of the mid-term assessment, together with its justification, is public and is made available in the Public Information Bulletin.
2. The mid-term assessment is carried out by a committee composed of three members, appointed by the Scientific Discipline Council for Physical Culture Sciences, upon the request of the Director of the Doctoral School and following the opinion of the Council of the Doctoral School.
3. The committee consists of three members, including the following:

   a) one person employed outside the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertation is prepared;

   b) two persons employed at the Wroclaw University of Health and Sport Sciences, holding the degree of doktor habilitowany or the title of professor in the field and discipline in which the doctoral dissertation is prepared.
4. A member of the committee who is employed outside the institution running the doctoral school is entitled to remuneration amounting to 20% of a professor's salary.
5. The supervisor and the auxiliary supervisor may not serve as members of the committee assessing the doctoral student under their supervision.
6. The Director of the Doctoral School establishes the schedule of the mid-term assessment, including the dates and locations of committee meetings; prepares the list of doctoral students; and ensures that the relevant information is published on the website of the Doctoral School.

7. The mid-term assessment schedule, including the dates and venue of committee meetings and the list of doctoral students, must be announced not later than 30 days prior to the scheduled date.
8. A representative of the Doctoral Students' Government of the Wroclaw University of Health and Sport Sciences may attend the committee meetings as an observer.
9. The Committee's meeting, both its open and closed sessions, are recorded in the minutes.
10. The organisation and conduct of the mid-term assessment are the responsibility of the Director of the Doctoral School.

§ 2

Specific rules

1. The mid-term assessment is based on:

- the doctoral student's Individual Research Plan – Appendix No. 1,
- the doctoral student's semester reports together with evaluation forms (semesters 1-4) – Appendix No. 2 and Appendix No. 3,
- the self-evaluation report prepared according to the template in force at the Doctoral School of the University School of Physical Education in Wrocław – Appendix No. 4,
- the supervisor's opinion on the implementation of the IRP and the doctoral dissertation – Appendix No. 5.

2. The mid-term assessment criteria concern, in particular, the following:

- the progress made in implementing the IRP and adherence to the planned schedule;
- measurable outcomes related to the doctoral dissertation, including, for example, a dissertation outline, completed chapters, articles published or prepared for publication, a set of thematically related scientific articles constituting the dissertation – based on the self-evaluation report and the percentage level of progress in preparing the doctoral dissertation

3. The Committee issues a positive evaluation if the doctoral student is completing the IRP without unjustified delays and their current progress indicates the likelihood of submitting the dissertation on time.

4. The justification for a positive evaluation may also include recommended adjustments to the IRP.
5. Failure to meet the condition described in point 3 results in a negative evaluation.
6. Mid-term assessment procedure and stages of the Committee's work:

   - Appointment of the committee for the mid-term assessment by the Scientific Discipline Council for Physical Culture Sciences, by **30 June 2025**

   – Submission of the complete set of documents by second-year Doctoral Students to the Doctoral School Office by **30 June 2025** (paper version and electronic version).

   - Transfer of documents (in paper or electronic form, as agreed) to the Chair and members of the Mid-Term Assessment Committee – by **08 August 2025**

   - Review of the documents by the Committee and preparation of a preliminary assessment – by **05 September 2025**

   - Committee meeting, held either in person or online **by 19 September 2025** (including both the open and closed parts of the meeting) (the exact date to be agreed with the Chair).

   - The mid-term assessment decision is announced by **24 September 2025**
7. The doctoral student is invited to the open part of the meeting, together with the supervisor (or supervisors), if applicable. The doctoral student and the supervisor(s) may take part online.
8. The result of the mid-term assessment is determined at a closed meeting of the committee, without the candidate's participation. Committee decisions, whether positive or negative, are made by an absolute majority of votes in an open vote.
9. The Chair of the Committee signs both the mid-term assessment decisions for doctoral students and the report documenting the procedure.
10. Each mid-term assessment decision for a doctoral student must include a justification referring to every task specified in the IRP and may include recommendations for modifying the IRP.
11. If the mid-term assessment result is negative, the doctoral student is removed from the register of doctoral students, in accordance with the Regulations of the Doctoral School.

12. After the mid-term assessment has been completed, the Director of the Doctoral School submits a report on its results to the Rector.

Mid-Term Assessment Form

Mid-term assessment of the progress made in implementing the Individual Research Plan (IRP) for the period
from **.....** to **.....**

First and last name of the doctoral student:	
Topic of the dissertation (as specified in the IRP):	
Revised doctoral dissertation topic (submitted after the IRP, in accordance with the report):	
Discipline of education:	**Physical culture sciences**
Supervisor(s):	
Auxiliary supervisory:	
Planned date of submission of the doctoral dissertation (as stated in the IRP):	

The meeting of the Committee was held in a hybrid format on **.....**

I. Composition of the Committee

No.	First and last name, university	Function
1.		Committee Chair
2.		Committee Member
3.		Committee Member

II. Detailed assessment

Description of the task in accordance with the IRP	Implemented/not implemented/modified
1.	
2.	
3.	
4.	

Description of the implementation of the research tasks:

1.

2.

3.

Summary:

Assessment of the progress made in implementing the IRP and adherence to the planned schedule:

……

Assessment of measurable outcomes related to the doctoral dissertation, including, for example, a dissertation outline, completed chapters, articles published or prepared for publication, a set of thematically related scientific articles constituting the dissertation – based on the self-evaluation report and the percentage level of progress in preparing the doctoral dissertation

……

III. Mid-term assessment

POSITIVE	NEGATIVE

IV. Statement of reasons

……

……

……

……

……

V. Signatures

No.	First and last name, university, function	Signature
1.		
2.	Wroclaw University of Health and Sport Sciences	
3.	Wroclaw University of Health and Sport Sciences	

RECORD

of the open vote at the meeting of the Committee

for the mid-term assessment held on ……

regarding the decision on the outcome of the mid-term assessment of the doctoral student

…….

The Committee, at its meeting on ……., conducted an open vote on the outcome of the mid-term assessment of ……..

MEMBERS ELIGIBLE TO VOTE	YES	NO	ABSTAIN	SIGNATURE

Result of the open vote:

Number of members eligible to vote		Result of the vote		
total	present	YES	NO	ABSTAIN
3				

As a result of the open vote, the Mid-Term Assessment Committee, at its meeting on ……., decided to award a *positive/negative* mid-term assessment to Mr/Ms ……..

Chair
of the Mid-term Assessment Committee

……

Decision No. ....

dated .....

ON THE EVALUATION OF THE IMPLEMENTATION OF THE INDIVIDUAL RESEARCH PLAN

AS PART OF THE MID-TERM ASSESSMENT

Mr/Ms

.....

Acting pursuant to Article 202(2–5) of the Act of 20 July 2018 – Law on Higher Education and Science (consolidated text: Journal of Laws of 2024, item 1571, as amended), §7 of the Regulations of the Doctoral School at the Wroclaw University of Health and Sport Sciences, and the Rules for Conducting the Mid-term Assessment in the …… academic year,
the committee appointed to carry out the mid-term assessment of the progress in implementing the Individual Research Plan, in the following composition:
Committee Chair: ……

Committee Member: ……..
Committee Member: ……..

having reviewed the self-evaluation report on the implementation of the Individual Research Plan, the semester reports, the evaluation forms and the supervisor's opinion, hereby decides to issue a

positive/negative

assessment of the implementation of the Individual Research Plan by the Doctoral Student.
Statement of reasons:

……

……

……

Chair of the Mid-term Assessment Committee

……..

AKADEMIA WYCHOWANIA FIZYCZNEGO
IM. POLSKICH OLIMPIJCZYKÓW WE WROCŁAWIU

REKTOR
dr hab. Tadeusz Stefaniak, prof. AWF Wrocław

HR EXCELLENCE IN RESEARCH

Wrocław, dnia 25 sierpnia 2025 r.

R.0131.43.2025

PEŁNOMOCNICTWO

Działając na podstawie art. 23 ust. 1 i 2 ustawy z dnia 20 lipca 2018 r. – Prawo o szkolnictwie wyższym i nauce (Dz. U. z 2024 r. poz. 1571 ze zm.), §27 ust. 1 i 2, §28 ust. 3 oraz §64 ust. 9 – 11 Statutu Akademii Wychowania Fizycznego im. Polskich Olimpijczyków we Wrocławiu, stanowiącego załącznik do Uchwały nr 35/2024 Senatu AWF Wrocław z dnia 12 wrzenia 2024 r., §8 ust. 4 (dalej „Statut"), §9 ust. 8 i 9 Regulaminu Szkoły Doktorskiej w Akademii Wychowania Fizycznego im. Polskich Olimpijczyków we Wrocławiu stanowiącego załącznik do Uchwały nr 17/2025 Senatu AWF Wrocław z dnia 24 kwietnia 2025 r. (dalej „Regulamin Szkoły Doktorskiej"), rozporządzenia Ministra Edukacji i Nauki z dnia 27 września 2021 r. w sprawie ewaluacji jakości kształcenia w szkole doktorskiej (Dz.U. 2021 poz. 1847) oraz a także art. 98 i następnych ustawy z dnia 23 kwietnia 1964 r. Kodeks cywilny (Dz. U. z 2024 i poz 1061 ze zm.)

UPOWAŻNIAM
Panią
prof. dr hab. KATARZYNĘ KISIEL-SAJEWICZ
Dyrektor Szkoły Doktorskiej AWF Wrocław

do:

1) podejmowania decyzji we wszystkich sprawach dotyczących Szkoły Doktorskiej, niezastrzeżonych do kompetencji organów Uczelni, lub innych podmiotów Szkoły Doktorskiej,
2) występowania do właściwych organów Uczelni z wnioskami we wszystkich sprawach dotyczących Szkoły Doktorskiej,
3) wykonywania innych czynności przewidzianych przepisami prawa, postanowieniami Statutu oraz uchwałami i zarządzeniami organów Uczelni,
4) dysponowania, w ramach udzielonego upoważnienia, środkami finansowymi wyodrębnionymi w budżecie Uczelni w planie finansowym na funkcjonowanie Szkoły Doktorskiej,
5) rozpatrywania zastrzeżeń doktorantów we wszystkich sprawach dotyczących Szkoły Doktorskiej, niezastrzeżonych do kompetencji organów Uczelni,
6) wydawanie decyzji administracyjnych, w tym:
   a) o odmowie przyjęcia do Szkoły Doktorskiej,
   b) w sprawie skreślenia z listy doktorantów,
7) dokonania wpisu na listę doktorantów,
8) przedłużania terminu na złożenie przez doktoranta rozprawy doktorskiej w sposób określony w Regulaminie Szkoły Doktorskiej,

9) zawieszenia na wniosek doktoranta kształcenia na wniosek doktoranta na okres odpowiadający czasowi trwania urlopu macierzyńskiego, uzupełniającego urlopu macierzyńskiego, urlopu na warunkach urlopu macierzyńskiego, urlopu ojcowskiego oraz urlopu rodzicielskiego, określonych w ustawie z dnia 26 czerwca 1974 r. - Kodeks pracy,
10) zlecenia wypłaty stypendium wszystkim doktorantom wpisanym na listę doktorantów

Nadto upoważnienie obejmuje wykonywanie czynności związane z procesem ewaluacji, w tym w szczególności:

1) Podpisywanie dokumentów ewaluacyjnych, w tym: - raportu samooceny, - oświadczenia o zgodności informacji ze stanem faktycznym i prawnym zawartych w raporcie, - oświadczenia o merytorycznej tożsamości zawartych w raporcie informacji, - oświadczenia o merytorycznej tożsamości dokumentów, tj. zasad rekrutacji do szkoły doktorskiej oraz regulaminu Szkoły Doktorskiej obowiązujących w okresie objętym ewaluacją.
2) Uzgadnianie z Przewodniczącym Zespołu Oceniającego harmonogramu wizytacji.
3) Dokonywanie czynności w trakcie wizytacji, w szczególności:
   - udostępnianie na wezwanie Przewodniczącego Zespołu Oceniającego dokumentów dotyczących funkcjonowania Szkoły Doktorskiej, innych niż wymienionych w § 4 ust. 2 pkt 1 rozporządzenia (tj. zasad rekrutacji i regulaminu Szkoły Doktorskiej),
   - udostępnianie w systemie wskazanych dokumentów dotyczących funkcjonowania szkoły doktorskiej niezbędnych do przeprowadzenia ewaluacji (z wyłączeniem wymienionych w § 4 ust. 2 pkt 1), z wyznaczeniem terminu nie krótszego niż 7 dni od dnia otrzymania wezwania.
4) Udzielanie na wezwanie Przewodniczącego Zespołu Oceniającego informacji i wyjaśnień w sprawach dotyczących przeprowadzanej ewaluacji.
5) Umożliwianie członkom zespołu oceniającego na wezwanie przewodniczącego tego zespołu indywidualnych albo grupowych spotkań z:
   - organami Szkoły Doktorskiej, - osobami odpowiedzialnymi za kształcenie w Szkole Doktorskiej, - doktorantami, ich promotorami i promotorami pomocniczymi,
   - osobami odpowiedzialnymi za obsługę administracyjną Szkoły Doktorskiej, oraz umożliwienia dostępu do pomieszczeń i infrastruktury dydaktyczno-badawczej wykorzystywanej do prowadzenia kształcenia w szkole doktorskiej.
6) Zapewnienie członkom Zespołu Oceniającego pomieszczeń i sprzętu niezbędnego do wykonywania czynności związanych z przeprowadzoną ewaluacją.
7) Wnoszenie uwag do raportu z ewaluacji za pośrednictwem systemu, w terminie 14 dni od dnia jego otrzymania.
8) Wnoszenie uzupełnień do raportu samooceny.
9) Wnoszenie zastrzeżeń do oceny Komisji Ewaluacji Nauki.

Zobowiązuję Panią do wykonywania pełnomocnictwa przy zachowaniu szczególnej staranności, zgodnie z obowiązującymi przepisami, a w szczególności: ustawą z dnia 27 sierpnia 2009r. o

finansach publicznych (Dz. U. z 2024 r. poz. 1530), ustawą z dnia 20 lipca 2018 r. - Prawo o szkolnictwie wyższym i nauce, ustawą z dnia 17 grudnia 2004 r. o odpowiedzialności za naruszenie dyscypliny finansów publicznych (Dz. U. z 2024 r. poz. 104), rozporządzeniem Ministra Edukacji i Nauki z dnia 27 września 2021 r. w sprawie ewaluacji jakości kształcenia w szkole doktorskiej (Dz.U. 2021 poz. 1847) oraz przepisami Kodeksu cywilnego i Kodeksu pracy.

Pełnomocnictwo zostaje udzielone na czas pełnienia przez Panią funkcji Dyrektora Szkoły Doktorskiej AWF Wrocław, **nie dłużej jednak niż do 31 sierpnia 2028 r.**

Pełnomocnikowi nie przysługuje prawo do udzielania dalszych pełnomocnictw.

Odwołanie niniejszego pełnomocnictwa może nastąpić w każdej chwili, w dowolnej formie, na piśmie, za pośrednictwem środków komunikacji elektronicznej lub ustnie.

Pełnomocnik jest zobowiązany do zwrotu pełnomocnictwa, które wygasło lub zostało odwołane.

REKTOR

.....
dr hab. Tadeusz Stefaniak, prof. AWF Wrocław

(pieczęć i podpis Rektora)

Otrzymują:
1) Pełnomocnik
2) a/a
Do wiadomości (kopia)
Dział Spraw Pracowniczych (do akt pracownika)

KEN

2023-2027

NATIONAL INFORMATION PROCESSING INSTITUTE

Minister of Science and Higher Education
Republic of Poland

Assessment of the quality of education in doctoral schools
is made by the Science Evaluation Committee

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