

# INSTRUCTIONS ON THE COLLECTION AND TRANSPORT OF STOOL SAMPLES TESTED FOR THE PRESENCE OF SALMONELLA/SHIGELLA

**The test for sanitary and epidemiological purposes includes  
three stool samples collected on three consecutive days on transport swabs.**

SAMPLES ARE ACCEPTED AT THE LABORATORY, UL. NOWOWIEJSKIEGO 60 IN POZNAŃ

**FROM MONDAY TO THURSDAY 7:30-13:00.**  
**WE DO NOT ACCEPT SAMPLES ON FRIDAYS!!!**

**NOTE: Do not collect stool samples during antibiotic therapy and for 7 days after antibiotic therapy!**

- Buy three transport swabs (you can buy them at our Laboratory from 7:30 to 14:00 - cost 3 PLN). Samples should be collected according to the following scheme:



DAY 1 – swab no. 1	DAY 2 – swab no. 2	DAY 3 – swab no. 3
<ul style="list-style-type: none"> <li>defecate into a clean, scalded dish; a disposable plate can also be used;</li> <li>using the swab, collect some stool from several places so that <b><u>it is clearly visible on the swab.</u></b></li> </ul>		
<ul style="list-style-type: none"> <li><b>if the sample does not contain sufficient material it will not be accepted.</b></li> <li>put the swab into the transport test tube, close it carefully, describe with the name and surname of the person from whom the material was collected and the date and time of collection.</li> <li>store the collected samples at refrigerator temperature (2-8°C). DO NOT FREEZE!</li> <li>place the swabs for testing in a single transparent foil bag and <b>deliver all three swabs to the laboratory on the third day (on the fourth day at the latest).</b></li> </ul>		

- Fill in the Test Order legibly and carefully (it is available at the Laboratory and on the website of WSSE [Voivodship Unit of the State Sanitary Inspection] in Poznań).
- The cost of the test is 150 PLN. Payment shall be made upon the delivery of the samples.
- The results can be picked up in one week in person or by a person authorized in writing.
- After receiving the results, you should go to the occupational medicine physician to obtain a medical certificate.

Stool

Swab with a clear trace of stool

No trace of stool on the swab

Clear trace of stool on the swab

Transport test tube

SAMPLE COLLECTED INCORRECTLY

SAMPLE COLLECTED CORRECTLY

Kał

Wacik z wyraźnym śladem kału

Brak śladu kału na waciku

Wyraźny ślad kału na waciku

Próbówka z podłożem transportowym

Źle pobrana próbka

Dobrze pobrana próbka